

SOCIALIZATION OPPORTUNITIES FOR INDIVIDUALS WITH A HIGH LEVEL OF INDEPENDENCE

These programs are for individuals who have developmental disability diagnoses such as Asperger's Syndrome, Learning Disabilities, and Tourette Syndrome, but don't necessarily meet OMRDD eligibility due to their level of independence.

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Referral + Information Center (212) 780-4491/ 4493 referrals@ahrcnyc.org	Individuals, 18+ with ID diagnosis who travel independently.	Sunday Trips: Year round groups meet every Sunday. Group chooses activities such as cultural events; dining out; sporting events; theater. Some cost depending on trip. Super Saturday: October – June, various activities to choose from, including DJ lessons, Dance, Yoga, Music, Drama in one location. Free. Bowling: October – May, group meets at bowling alley + competes weekly ending with an inter-borough tournament in May. Cost of bowling + shoe hire. Basketball Club: Group meets weekly for practice, drills and inter group competitions. Free.
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Referral + Information Center (212) 780-4491/ 4493 referrals@ahrcnyc.org	Individuals, 13+ with ID diagnosis who travel independently.	City Teens: Group meets weekly in one central location and travels on public transportation to events within NYC, including sports games, theater, dining out and cultural events. Free.
Birch Family Services	Friendship Group 104 West 29 th St. 3 rd Fl. NY, NY 10001	Andrew Smith-Trevino (212) 616-1847 or andrew.smith@birchfamilyservices.org	Persons with high functioning DD, ages 17-25.	Monthly socialization + recreation groups. Fees may apply.
Child Study Center, NYU Langone Medical Center	1 Park Avenue 7 th Floor NY, NY 10016	Intake: (646) 754-5000 Clinic Director: Sarah.kuriakose@nyumc.org	Individuals with autism ages 12 months to adulthood.	Social opportunities, including social group + mentoring program, for college students + graduates with ASD. Fee charged.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 NY, NY 10006	Miriam Castro (212) 677-8550	Adults 18+ with epilepsy who can travel independently..	NY Weekends Recreation Program. Activities in all 5 boroughs. Do not need to meet OPWDD eligibility..

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The Global & Regional Asperger Syndrome Partnership (GRASP)	419 Lafayette St. NY, NY 10003	888-474-7277 info@grasp.org www.grasp.org	People with Asperger Syndrome or ASD, their family members, clinicians	Monthly support group in Manhattan for adults and teens on the spectrum, 2nd Wednesday of each month, 6:00-8:00 pm (see website for address). Cost: free, but you must subscribe via the website before attending a meeting (the subscription is free). No fee. Also, online discussion groups in English and Spanish for teens, adults, family members, clinicians.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729 mlader@jccnyc.org	16-21 year olds on the high functioning end of the autistic spectrum + other special needs.	Sunday recreation program emphasizing life skills + social skills. Fee charged.
The Jewish Community Center of Manhattan	Adaptations 334 Amsterdam Ave. NY, NY 10023	Dorsey Massey, (646) 505-4447 dmassey@jccmanhattan.org	Adults in their 20s + 30's w/ DD or LD with a high level of independence.	Place for indivs. of all backgrounds to socialize, learn, grow + deepen connections to one another + the community. Offers social + recreational activities. E-mail for intake + fees.
The Jewish Community Center of Manhattan	Connections 334 Amsterdam Ave. NY, NY 10023	Hannah Badain hbdain@jccmanhattan.org	Non-college-bound adults in their 20s + 30's w/ DD w/ ability to be travel trained + function well as a group member.	Community social + recreation program integrating independent + daily living skills. Designed to complement vocational + volunteer experiences. Fee charged.
The Jewish Community Center of Manhattan	40+ Group 334 Amsterdam Ave. NY, NY 10023	Allison Kleinman, Dir. Center for Special Needs (646) 505-4367 akleinman@jccmanhattan.org	High functioning adults in their 40s + 50's w/ DD or LD.	Social activities + outings, support, resources. Fee charged.
Job Path	22 West 38 th St. 11 th Floor NY, NY 10018	Carolann Granata (212) 944-0564	Persons aged 18-25 years with an Autism Spectrum Disorder.	Highly structured social skills building program.

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L.E.A.D.D., Inc.	Mailing address: 2920 Ave. R Box 179 Brooklyn, NY 11229	Arnie Idelson (718) 627-1981 or info@leaddclub.com www.leaddclub.com	Persons age 18+ w/ DD or LD who can travel independently.	Therapeutic recreation + socialization program. Meetings are Thurs evenings from 6-8pm + 1 Saturday afternoon/ month at a pre-planned community location. \$60 monthly fee. Non-Medicaid.
Match Konnection at the JCC in Manhattan	334 Amsterdam Ave. NY, NY 10023	Myrna Zinn (718) 548-1933	Young Adults with LD and/or ASD in their 20's and 30's.	A safe, exciting environment to meet new friends and cultivate old friendships. This program offers an opportunity to have new experiences and have fun. \$10 fee charged. Scholarships available. Must pre-register. Monthly events. Weekly tap dance classes available.
QSAC	Quality Services for the Autism Community 253 West 35 th St. 16 th Floor NY, NY 10001	Dita Ruc (718) 728-8476 x1418	Children with high functioning autism/ Asperger's Syndrome	Teach appropriate social skills in a group setting. Transportation included.
Ramapo for Children	Staff Assistant Experience PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha (845)876-8406 www.ramapoforchildren.org	Young adults ages 18-25 with social, emotional or learning challenges.	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
The Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center One Gustave L. Levy Place, Box 1230 NY, NY 10029	Michelle Gorenstein-Holtzman (212) 241-9193	School age children with autism spectrum disorder. Must be verbally fluent.	Social skills groups for individuals with ASD. Fee charged.
Spectrum Services	303 5 th Ave. Suite 1003 NY, NY 10016	www.spectrumservicesnyc.com	Persons with Asperger's syndrome or other ASDs.	Fee for service specialized social skills development. Free adult support group.

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Yachad / National Jewish Council for Disabilities	11 Broadway 13 th Floor NY, NY 10004	Becca Zebovitz (212) 613-8156	Jewish persons with a diverse range of special needs.	A plethora of support groups focusing on social skills, transition into work force, and building new relationships.
YAI	320 W. 13th St. 2nd floor NY, NY 10014	Leisure Connection Edna Bey (212) 273-2779	Adults, 18+ yrs., with mild learning disabilities, able to travel independently.	Socialization/recreation program: 3rd Sat. of each month. Fee: \$30 per year. No staff chaperones.
YAI	460 West 34 th St. 11 th Floor NY, NY 10001	YAI <u>LINK</u> (212) 273-6182	Children + young adults with autism spectrum disorder.	Social skills groups through the YAI Autism Center available. Fee charged.
YAI	Hankering for More 460 W. 34 th St. 11 th Floor NY, NY 10001	(212) 273-6339 hfm@yai.org	Persons living in the tri-state area, ages 21+, with mild cognitive limitations + able to travel independently, ambulatory.	We host social + educational programs 1x/month at various cultural + recreational places in and around Manhattan (e.g. museum tours, cooking lessons, bowling). Runs from Sept-May. Interviews for program admission done in summer. Apply via www.yai.org/hfm . All events are free. Currently have a waiting list.
YAI	Groups held at various locations.	YAI LINK (212) 273-6182 www.yai.org/autism	Young adults, ages 16-35, with a high level of independence + an autism spectrum disorder. Must travel independently.	Series of social + recreational classes, offered weekday, evenings + weekends. Previous class offerings include improvisational theatre and yoga.