

MANHATTAN FAMILY SUPPORT COMMITTEE

ATTENDANCE

September 10, 2013

Name	Agency	Phone Number	Address (if not on list for mailing)	E-Mail
Sunghee Park	Parent Korea Autism Society of NY	323-371-7584	226 E 70th St, Apt 5E New York, NY 10021	ssb1225@gmail.com
Bethany Chase	COOKE center	212-477-1297 ext 110	60 MacDougal St NY NY 10012	chasead cookecenter.org
Eileen Ruiz-Lopez	UCF NY	212-677-7400 x758	120 E 23rd St New York, NY 10010	erui@ucfnyc.org
Claire McLoughlin	UCF NYC	212-979-9700 x201	122 E 23rd St NY NY 10010	cmcloughlin@ucfnyc.org
Ilika Brito	UCF of NYC	212-683-6700 x202	80 Marden Lane NY NY 10038	Projectconnect@ucfnyc.org
Dans Rodriguez	Sinergia	212-643-2840	205 Lexington Ave NY NY 10035	drodriguez@sinerгия.org
Janet Davis	Metro DDO	(212) 229-3112	45 Mott St. NY, NY 10065	janet.davis@opdd.ny.gov
Shy Parker	Parent	212-477-1225	201 E 17 St NYC 10003	eruter2000@yahoo.com
Jill Sakowitz	ECDC	212-746-6075	409 E. 60th St. Suite 312 NY NY 10022	jissakowitz@ecdc.org jissakowitz@nyp.org
Pat-Lin Chung	GHD	718-307-6563	125-10 DWS Blvd. # 2705 Kew Gardens, N.Y. 11415	Pat@GHINC.org

MANHATTAN FAMILY SUPPORT COMMITTEE

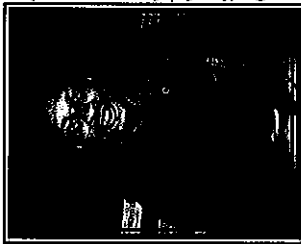
ATTENDANCE
September 10, 2013

Name	Agency	Phone Number	Address (if not on list for mailing)	E-Mail
Margaret Skues	BIDNYS	(212) 989-0338	41 Stone St SE Newport, NY 10914-5152	mmskues@aol.com
Kaleena Teoh	Lower East Side Family Union	(212) 260-0040 x 1222	227 E. 3rd Street, New York, NY 10009	kateoh@iesfu.org
Margaret Puddington	PAWEL	212 799 2042	562 West End Ave 100 24	margaret.puddington@gmail.com
Mark Ampah	CS-S.H.B	(212) 567- 2847	107 Payson Ave NY NY 10034	mark.ampah@cs-hb.org
Jennifer Shaul	YAF	212-273- 6289	460 W. 34th St NY NY 10001	jennifer.shaul@yaf.org
Jay Williams	Citipire	718-454-6940		JWilliams@citipire.org
Jeanne Schwelzopf	Healthcare Foundation	(646) 675-5957	150 William Street NYC, NY 10038	Jjeannines@healthcarefoundation.org
Jacqueline Pimmols	CP of NY's	917-939-2344	330 W. 34th Street 15th Floor NY, NY 10001	jpimmolo@cpofnys.org
Samantha Sanderdeman	Sprout	(212) 222-9575	270 W. 46th St. NY, NY 10025	samantinas@gosprout.org
Amf B. Higgins	WEL NYC			abhiggins@welny.org

Who Do I Contact?

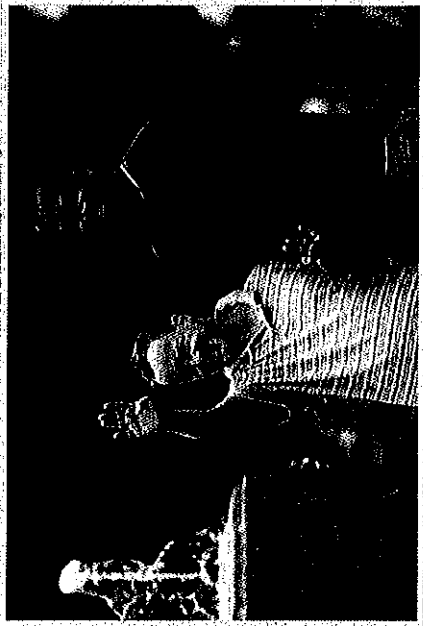
To request Respite services please contact Ms. Jessie Jabbour, Coordinator of Clinical and Family Support Services at (917) 886-0760 or Mr. Mark Ampah, Respite Supervisor at (212) 567-2847.

An application for services will be forwarded to you and must be returned with current psychological & psychosocial assessments, a current ISP, and medical with PPD evaluation.



Agency personnel will schedule an intake interview with you, the person who will receive services and other interested parties such as the Service Coordinator. Upon completion of the intake process, applicants will be notified of their acceptance and become eligible to schedule respite services with CGSHB.

Each person is allowed up to 4 weekend respite stays per year and is eligible for a one week respite during the summer or school vacation periods.



Catholic Guardian Society And Home Bureau

Serving the needs of families, children and individuals with special needs since 1908

1011 First Avenue, New York, NY 10022



Catholic Guardian
Society
And Home Bureau



RESPIRE PROGRAM

Nearly 200 individuals with developmental disabilities call CGSHB home.

Each Resident is unique, with their own likes and dislikes, their own abilities and disabilities, their own needs and personal dreams.

Our mission is to help those in our care to fulfill their dreams.

Why not take a look at CGSHB's Respite Program to see how it can help you and your loved one?



CGSHB

Phone: (212) 371-1000 Ext. 2336

Planned Weekend Respite

Respite is an opportunity for caregivers to take a break from the everyday responsibilities of caring for a developmentally disabled family member.

Catholic Guardian Society and Home Bureau (CGSHB) operates a 1 bedroom apartment located at 107 Payson Avenue in Manhattan, to provide planned weekend respite for 2 individuals from Friday evenings to Sunday evenings on a regular scheduled basis. In addition, the Respite program is open for 14 full weeks coinciding with the Board of Education's recesses, holidays and the summer months of July and August.

The Respite program cares for 2 individuals during each planned stay. Participants are matched by our staff based upon age, abilities and interests. There is one to one staff in the daytime hours and one awake staff on duty during the overnights.

Family members are expected to provide background information on each participant's interests, preferred activities, special needs, pertinent medical history and food preferences. A schedule of activities will be planned for each day.



Transportation can also be provided on a limited basis.

Who Is Eligible?



All applicants must be a resident of Manhattan living at Home. Adults and Children five years of age and above. Individuals must be ambulatory and capable of negotiating stairs.

CGSHB has extensive experience working to support individuals with developmental disabilities.

The Respite Program can serve persons with mild medical and behavioral conditions. Medication is administered by our trained staff.



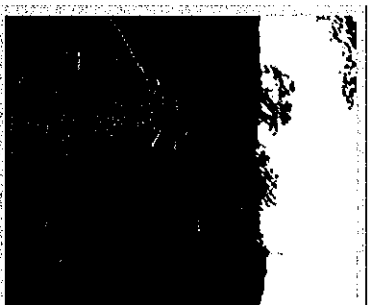
Staff

All the staff for the Respite program are employees of CGSHB. Staff are provided ongoing training by the agency's clinical and administrative staff. Our experienced staff will care for each individual's needs, including monitoring health, emotional well being and escorting individuals to and from recreational and cultural activities.

Our administrative and management staff work closely to provide the Respite program staff with on-going supervision, 24 hour on-call availability and to assist in providing a schedule of daily activities.



Each participant and family member will have the opportunity to provide feedback on our respite service through an anonymous satisfaction survey.





seaver autism center for research & treatment @ mount sinai



Icahn
School of
Medicine at
Mount
Sinai

Icahn School of Medicine at Mount Sinai
Seaver Autism Center for Research and Treatment

PRESENTS THE SEVENTEENTH

Advances in Autism Conference

Sunday
October 6, 2013

SPECIAL GUEST SPEAKER: **LINMARIE SIKICH, MD**
*Associate Professor and Director of the Adolescent and School-age Psychiatric Intervention Research Program (ASPIRE)
University of North Carolina at Chapel Hill School of Medicine*

COURSE DIRECTOR
JOSEPH D. BUXBAUM, PhD

DISTINGUISHED SCIENTIFIC SPEAKERS: Joseph D. Buxbaum, PhD
Abraham (Avi) Reichenberg, PhD
Ting Wang, PhD

There are ten National Institutes of Health Autism Centers of Excellence in the United States. At the 17th Annual Advances in Autism Conference, representatives of three of these Centers, including two from the Seaver Autism Center, will present updates on the ongoing research.

EMERGENCY RESPITE

Emergency respite provides on a short-term basis a needed break from caregiving responsibilities for families who are faced with emergency situations.

WHO IS ELIGIBLE FOR EMERGENCY RESPITE SERVICES?

Families who reside in Manhattan or Queens.
Families who have a member who is diagnosed with a developmental disability living with them.
Families who need in-home supports to give them a break because they are overwhelmed and are experiencing a great deal of stress.
Families who have a family emergency such as hospitalization or death in the family.
Families with other situations considered eligible for emergency respite interventions.

HOW DOES A FAMILY ACCESS THIS SERVICE?

Contact Manhattan Emergency Respite at:
212-273-6229

or Queens Emergency Respite at:
718-793-2182 ext 221

and request approval for this respite reimbursement.

The family hires a worker and pays the worker directly. A fee and amount of time are agreed upon.

A respite timesheet is mailed to the family to document hours of respite and the family submits this form for reimbursement after the service is completed.

The family is responsible for paying the worker and assumes responsibility for the worker.

Reimbursement takes approximately 3 weeks to process from the date the timesheet is submitted.

ABOUT YAI NETWORK

YAI Network is an award-winning network of not-for-profit health and human service agencies for people with developmental and learning disabilities. YAI has more than 300 programs serving over 20,000 individuals and families in the five boroughs of New York, Nassau, Suffolk, Westchester, Rockland, Orange and Sullivan Counties, New Jersey, and Puerto Rico.

Founded in 1957, YAI has a proud history of providing services to people with disabilities and their families who reside in New York City. Our staff is uniquely qualified to address the individual needs of people with intellectual, developmental and learning disabilities.

Our mission is to build a brighter future for people with disabilities.



460 West 34th Street, 11th Floor
New York, NY 10001

Tel: 212-273-6100 Fax: 212-268-1083

For information about any of the programs or services offered by YAI Network, please call YAI's LINK: 212-273-6182

Or visit our website at www.yai.org

Stephen E. Freeman, LCSW
Chief Executive Officer

Eliot P. Green
Chairman of the Board

Thomas A. Dem, LCSW
Chief Operating Officer

Karen Wegman, MBA
Chief Financial Officer

Marco Damiani, MA

Senior Director of Clinical and Family Services

Kevin Travers, LCSW

Director of Clinical and Family Services



Helping families in crisis

CRISIS INTERVENTION PROGRAM

For information or to make a referral

212-273-6200
(Manhattan)

718-793-2182
ext 221
(Queens)

Services are available in English and Spanish.

Evening appointments are available.

YAI Network
Clinical and Family Services

WHAT IS A CRISIS?

A crisis is an event or situation that significantly compromises a family's ability to function or provide care to their family member with a developmental disability.

It is not only the event itself, but also the family's perception and response to the situation that determines whether a crisis exists.

If the family's existing means of coping and/or supports are not adequate in this situation, the crisis will generalize throughout other areas of the family's life.

WHAT SITUATIONS COULD LEAD TO A CRISIS?

- Death or illness of the primary caregiver
- Notice of eviction
- Challenging behavior
- Psychiatric problems
- Sexual or physical abuse
- Drug and alcohol related problems
- Arrest or imprisonment
- Change or loss of support system

WHAT ARE THE SERVICES PROVIDED?

INFORMATION AND REFERRAL- Provides individuals and families with information and referrals regarding OPWDD services.

ADVOCACY - Provides short-term service coordination to families that need assistance in accessing services.

CRISIS COUNSELLING - Brief therapy (2-8 sessions) for individuals or families, provided in the home or clinic.

CRISIS RESPITE - Provides funding or respite services for families that require immediate respite for an acute situation.

IN-HOME BEHAVIOR

MANAGEMENT - The behavior management program is an intensive, in-home intervention during which caregivers meet weekly with the family trainer/behavioral consultant to work on changing their child's behaviors. Caregivers must make a six-month commitment and keep data on a regular basis in order for the program to be effective. Interventions that include all caregivers are the most successful.

THE BEHAVIOR MANAGEMENT PROGRAM AND ITS PHASES

ASSESSMENT

During this phase, the behavioral consultant learns more about the family and the target behaviors through a combination of caregiver interviews and behavioral measures.

CAREGIVER AND FAMILY

TRAINING

Training consists of a combination of education about caregiving styles, child development, and use of behavioral techniques that are taught through psychoeducation, modeling, role play, and feedback sessions.

BEHAVIOR PLAN DEVELOPMENT

Caregivers and the behavioral consultant develop a detailed behavior plan that includes specific behavioral techniques to use when dealing with problem behaviors and positive behavioral structure, such as a chore chart or daily schedule.

BEHAVIORAL PLAN

IMPLEMENTATION

After a behavior plan is agreed upon, it is implemented for one month. After one month, modifications can be made based on caregiver and consultant observations.

YAI's behavior management programs are based upon the idea that changing problem behavior involves adding positive elements to the caregiving relationship. Rewards and positive reinforcement can greatly influence a person's behavior. At the same time, caregivers need to know behavioral techniques that will help them to set limits effectively.

The program involves a learning process that will continue after the plan has been implemented. At the end of the program, caregivers will be able to create and modify plans on their own.

FOR INFORMATION OR TO MAKE A REFERRAL PLEASE CONTACT US:

Manhattan 212-273-6200 (English), 212-273-6229 (Spanish)

Queens 718-793-2182 ext 221 (English), ext 231 (Spanish)

Services are available in English and Spanish.

► Autism Family Support Series

yai.org/autismsupport

For caregivers of people with autism spectrum disorders (ASD).

SEPTEMBER

Thursday 12th

How to talk to your child about bullying.

Dina Larina, LMHC, RPT

YAI Center for Specialty Therapy

Iris Varela, LMSW

Mental Health Clinician

YAI Center for Specialty Therapy

Wednesday 25th

**Meaningful stories for people with ASD:
a training to address executive
functioning skills in everyday life.**

Beth Diviney, PhD, BCBA

YAI Center For Specialty Therapy

OCTOBER

Tuesday 1st

**Why research matters: an overview
of categories of research in the
field of autism and how research
influences treatment.**

Alex Kolevzon, MD

Clinical Director

Seaver Autism Center for Research
and Treatment at Mount Sinai

Wednesday 16th

Sexuality: what parents need to know.

Catherine Jones, LCSW

Assistant Coordinator

YAI Crisis Intervention

Monday 21st

**Upcoming changes in funding and program
design for people with developmental
disabilities: what you need to know.**

Marco Damiani, MA

Executive Vice President

YAI Network

Tuesday 29th

**Guardianship and future care planning
for individuals with autism.**

Paola Martínez Boone, MSW

Advocate & Community Organizer
for Disability Rights

New York Lawyers for the Public Interest

NOVEMBER

Wednesday 13th

**Positive psychology in working with
individuals on the spectrum through
the lifespan.**

Jill Krata, PhD

Manager of Clinical Services

YAI Autism Center

Thursday 21st

**Needs, wants, wishes and dreams:
programs and services that bring relief
to parents of children with disabilities.**

Gary Shulman MSEd

Private Consultant

DECEMBER

Thursday 12th

**Behavior management: how to say no
without using the word no.**

Lana Small, MSW

Coordinator

YAI Project Assist

Mary Downing, BA

Senior Supervisor

YAI Project Assist

JANUARY

Wednesday 15th

**Looking to the future:
residential planning.**

Tom Ott, LCSW

YAI Residential Services

Fall 2013

Registration is required

Call ►YAI LINK 212.273.6182

FREE

For parents and caregivers
only – no children please.

Structure

First half: presentation

Second half: support

Location

460 West 34th Street

11th Floor

New York, NY 10001

Funded in part by NYS OPWDD and
NYC Council's Autism Initiative.

**All Sessions
10:00am to 12:30pm
Except where noted.**

**Para grupos en
español favor de
ver el reverso.**

Contact YAI LINK
for group offerings
in Mandarin

YAI Learning beyond disability.

► Autismo: Series de Grupo de Apoyo para la Familia

yai.org/autismsupport

Para proveedores de cuidado de personas con trastornos del espectro autista.

SEPTIEMBRE

Lunes 9

Herramientas para el éxito: Información y organización.

Morahina Rodríguez

Madre de Familia

Lisa Orbegoso, LCSW

Sr. Regional Supervisor of Mental Health
YAI Center for Specialty Therapy

Jueves 19

Elementos básicos para entrenar a su hijo a ir al baño efectivamente.

Luisa Paz, MA

Bilingual Assistant ABSS
YAI Project Intervene

OCTUBRE

Martes 1

Cuida tu salud: el conocimiento te da la bendición de la sabiduría.

Gloria Ramirez McVorrán, LMSW

Senior Community Relations/Communications
Department and Patient Navigator
Ralph Lauren Center for Cancer Care
and Prevention

NOVIEMBRE

Miércoles 6

Orientación al sistema de servicios para personas con discapacidades del desarrollo.

Mara Henriquez

Sr. Supervisor of Targeted Community Outreach
YAI LINK

Monica Cedeno, MA

Intake/Outreach Specialist
YAI Day Services

DICIEMBRE

Jueves 5

Cómo fomentar la independencia en niños con autismo.

Iris Varela, LMSW

Mental Health Clinician
YAI Center for Specialty Therapy

Martes 10 6:00pm – 8:00pm

Mi hijo(a) y mi familia tenemos fortalezas, trabajemos en identificarlas!

Rocío Ruiz, MA

Assistant Coordinator
YAI Clinical and Family Services

Lunes 16

La importancia de crear horarios y rutinas en casa.

Luisa Paz, MA

Bilingual, Assistant ABSS
YAI Project Intervene

Otoño 2013

Necesita registrarse

Llame a ► YAI LINK al
212.273.6182

Gratis

Para padres y proveedores de cuidado. No se permite la asistencia de niños.

Duración

1ra parte: presentación
2da parte: grupo de apoyo

Lugar

460 West 34th Street
11th Floor
New York, NY 10001

Financiado en parte por el
NYS OPWDD y el NYC Council's
Autism Initiative.

**Todas las sesiones
10:00am a 12:30pm**
Excepto donde se indique.

See the reverse side
for English groups.

YAI Viendo más allá
de la discapacidad.

▶ 家庭支持系列講座

Autism Family Support Series

yai.org/autismsupport

專為照顧自閉症患者的人士所舉辦

For caregivers of people with autism spectrum disorders (ASD).

六月 JUNE

2013 年 6 月 7 日星期五 上午 10 點至 12 點 30 分

Friday June 7th, 2013 10:00am to 12:30pm

自我保健和心理健康對自閉症兒童的家長的重要性

The Importance of Self-Care and Mental Health for Parents with Children with ASD.

講師：廖孟薇博士，社工師

Aries Meng-Wei Liao, PhD, LMSW YAI Center for Specialty Therapy

七月 JULY

2013 年 7 月 12 日星期五 上午 10 點至 12 點 30 分

Friday July 12th, 2013 10:00am to 12:30pm

如何獲得為中國家庭與自閉症兒童所提供的社區資源和服務：經驗分享

Where and How to Obtain Appropriate Community and Service Resources for Chinese Families with Children with ASD: Experience-Sharing.

講師：廖孟薇博士，社工師

Aries Meng-Wei Liao, PhD, LMSW YAI Center for Specialty Therapy

九月 SEPTEMBER

2013 年 9 月 13 日星期五 上午 10 點至 12 點 30 分

Friday September 13th, 2013 10:00am to 12:30pm

探討自閉症兒童的性發育

Explore Sexual Development in Children with ASD.

講師：廖孟薇博士，社工師

Aries Meng-Wei Liao, PhD, LMSW YAI Center for Specialty Therapy

十一月 NOVEMBER

2013 年 11 月 1 日星期五 上午 10 點至 12 點 30 分

Friday November 1st, 2013 10:00am to 12:30pm

建立社區支持：幫助亞太社群對自閉症多一分瞭解

Building Community Support: Help the Asian & Pacific Islander Communities Understand ASD.

講師：廖孟薇博士，社工師

Aries Meng-Wei Liao, PhD, LMSW YAI Center for Specialty Therapy

2013 夏天—秋天 Summer & Fall 2013

如需報名或索取更多資訊，

請致電留言：

Registration is required.

華語／普通話—▶YAI LINK

專線 212.273.6100 x2706

英語／English—▶YAI LINK

專線 212.273.6182

地點：

YAI 中央辦公大樓，紐約市曼哈頓

西 34 街 460 號

Location

460 West 34th Street

11th Floor

New York, NY 10001

本系列講座將以華語／普通話進行

This series of workshops will be conducted in Mandarin only.

YAI *reaching beyond disability.*

Come to learn, stay to connect.

FREE SESSIONS designed for families and caregivers...but open to all.

JUNE

THURSDAY 20th 10:00am - 12:30pm

*Resources and supports:
Navigating the system for people
with developmental disabilities.*

Manhattan

460 West 34th Street, 11th floor, Manhattan

JULY

WEDNESDAY 10th

Transition to adulthood.

Queens

80-02 Kew Gardens Road, Suite 110, Kew Gardens

AUGUST

TUESDAY 20th

Transition to adulthood

Long Island

555 Washington Avenue, Suite 1, Brentwood

WEDNESDAY 28th

Transition to adulthood.

Bronx

1241 Zerega Avenue, Bronx

SEPTEMBER

THURSDAY 12th

*Resources and supports:
Navigating the system for people
with developmental disabilities*

Brooklyn

3353 Nostrand Avenue, Marine Park

OCTOBER

WEDNESDAY 9th

Transition to adulthood.

Manhattan

460 West 34th Street, 11th floor, Manhattan

NOVEMBER

MONDAY 4th 10:00am - 12:30pm

Anger management.

Manhattan

460 West 34th Street, 11th floor, Manhattan

THURSDAY 7th

*Resources and supports:
Navigating the system for people
with developmental disabilities*

Queens

211-11 Northern Boulevard, Bayside

TUESDAY 12th

Transition to adulthood.

Westchester

677 White Plains Road, Tarrytown

DECEMBER

THURSDAY 12th

*Resources and supports:
Navigating the system for people
with developmental disabilities.*

Bronx

1241 Zerega Avenue, Bronx

Registration is required
yai.org/familyeducation

Or call ► YAI LINK 212.273.6182.

Structure

First half

Presentation – *Open to all.*

Second half

Support groups – *Open to families.*

All Sessions
6:00pm to 8:30pm

Except where noted.

June – December, 2013

YAI seeing beyond disability

Social Skills and Activity Based Groups

Children's Groups

- Requires New York State Office for People With Developmental Disabilities (OPWDD) eligibility
- For children residing with their families in Brooklyn

Ballet / Yoga

(Ages 5-10)

Fosters creative movement for children while focusing on improved balance, coordination, and attention

Social Skills

(Ages 5-12)

Promotes positive peer relationships amongst children through role playing, recognizing emotions, social stories, and modeling

Young Adult Groups

- Funded by the New York City Council's Autism Initiative
- For young adults residing throughout New York City
- Manhattan based

Yoga

(Ages 18-35)

Fosters creative movement for adults while focusing on improved balance, coordination, and attention

Improvistational

Theatre

(Ages 16-23)

Develops communication skills and response to social situations in a fun, spontaneous environment

To get started call

► YAI LINK

212.273.6182

Who Can Enroll:

Children and adults who have an autism spectrum disorder

When:

After-School/Evenings

Assessment Services

- Autism Diagnostic Observation Schedule (ADOS): A semi structured assessment used to evaluate an individual suspected of having autism

► The Autism Center assessment services are fee for service

To get started call

► **YAI LINK**

212.273.6182

Activity Based Groups

- Music Therapy
- Dancing
- Social Skills
- Ballet/Yoga
- Creative Arts

Where:

Groups are run throughout New York City or we can come to your agency/school

When:

After-School and on Saturdays throughout the year

Fee:

Tuition charged. Sliding scale fee and some scholarships available



HAWTHORNE FOUNDATION

5 Bradhurst Avenue
Hawthorne, New York 10532
Telephone (914) 592-8526 • Fax (914) 592-5321
www.hawthornefoundation.org

Founder

Eileen Bisordi, M.Ed.

Tina Marie Covington, Ph.D.*
Executive Director

Indu Bidichandani, MA
Chief Financial Officer

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Educational Programs

Hawthorne Country Day School

- Early Intervention
- Preschool
- School Age

5 Bradhurst Avenue
Hawthorne, NY 10532

Manhattan Campus
156 William Street
New York, NY 10038

Service Coordination
5 Bradhurst Avenue
Hawthorne, NY 10532
(all ages)

Adult Services

Hawthorne Day Habilitation
525 Executive Boulevard
Elmsford, NY 10523

Dalewood IRA
25 Dalewood Drive
Hartsdale, NY 10530

Lafayette IRA
287 Lafayette Avenue
Cortlandt Manor, NY 10567

Ossining IRA
53 Somerstown Road
Ossining, NY 10562

*Board Certified Behavior Analyst

Attention: Manhattan Parents

We Offer Free Services to Manhattan Families who are in need of Behavior Management Strategies!!

Do you have children with Aggressive, Self-Injurious, and Tantrum Behaviors?

Do they need assistance toileting or have limited language skills that cause frustration?

Our program provides each family with:
Behavioral Assessment
Behavioral Planning
Training for Family Members
Initial Implementation of Behavior Plan
Follow-up Visits and Phone Conferences

If you are interested in further information or would like to sign up for the program, please feel free to contact:

Jeannine Schmelzkopf, Ph.D., BCBA

Parent Education Coordinator

Phone: (646) 675-5957

E-mail: jeannines@hawthornecountryday.org

Community Residences

The agency operates supportive living residential facilities licensed and funded by OPWDD. These community residences provide on-site service coordination and residential habilitation services to adults with developmental disabilities. The residences are unique in that they can accommodate families with young children headed by an adult with a developmental disability. Sinergia operates Individualized Residential Alternatives (IRA) and Individualized Support Services (ISS), two models providing residential and support services for individuals with developmental disabilities.

Family Care

Family Care is a program through which individuals, including children with developmental disabilities or mental retardation live with families in certified homes in the community.

Home Care

The Home Care Program provides support to consumers with developmental disabilities in Manhattan and the Bronx, who live in the communities with their families. It provides in-home respite and assistance to the caregiver in personal dressing and activities of daily living and emergency services to consumers.

Medicaid Service Coordination

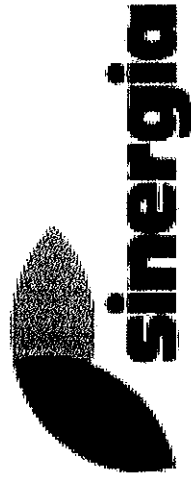
Medicaid Service Coordination (MSC) is a Medicaid State Plan service which assists persons with developmental disabilities in gaining access to necessary services appropriate to the needs of the individual. MSC's develop, implement and maintain an Individualized Service Plan (ISP) with and for each consumer.

Day Habilitation

Sinergia's Day Habilitation Program is a five day a week program that develops social, recreational and vocational skills of adults with developmental disabilities. Consumers participate in arts and crafts at the program site and market and sell the products they produce. They operate a cafe and participate in off-site community activities such as Meals on Wheels, and volunteer in hospitals and nursing homes.

Community Habilitation

Community Habilitation program provides individual habilitation assistance to individuals with disabilities in that person's home. The program assists individuals with disabilities in community integration, budgeting, shopping, travel training, escorting medical appointments, and teaches household skills. Flexible schedule is based on individuals' needs.



Providing Multicultural, Lifespan Services
For People with Disabilities



Sinergia, Inc.
2082 Lexington Avenue, 4th Floor
New York, NY 10035

Telephone: (212) 643-2840 Fax: (212) 643-2871
Toll Free: (866) 867-9665
Email: information@sineragiany.org
Website: www.sineragiany.org
<http://sinergialaesquimita.blogspot.com/>



2082 Lexington Avenue, 4th Floor
New York, NY 10035



History of Commitment

Sinergia, Spanish for synergy, is a 501 (C) (3), community based multi-service organization. Founded in 1977, Sinergia's mission is to enhance the well being of individuals and families through the human delivery system (s) with particular concentration on those *special populations* that traditionally have experienced difficulty in accessing human services. A guiding principle of the agency is to work in partnership with the families and individuals to achieve self-empowerment, ultimately enabling people to become their own advocates with the means to directly assist themselves and other families.

The agency's focus is to serve consumers and families in low-income communities traditionally under-served by government and other service providers. The agency operates a comprehensive array of programs and services which are delivered in a culturally and language appropriate manner across the individual's life-span. All services are free of charge.

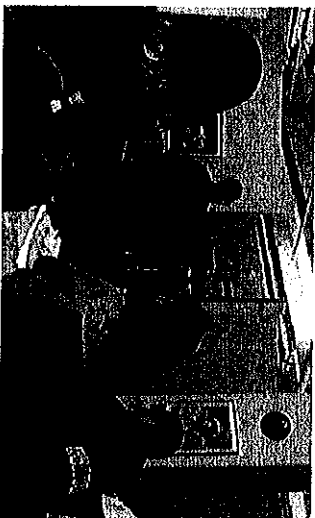


SERVICES PROVIDED BY SINERGIA

The Metropolitan Parent Center (MPC)

Parent Training and Information Center- The Metropolitan Parent Center is a Parent Training and Information Center, which helps families of children with disabilities to obtain free, appropriate public education (FAPE) in the least restrictive environment and access other needed services. The center is funded by Office of Special Education Programs of the US Department of Education. It is also a part of the NYS Parent Training Center network and the National PTIC Network.

MPC Workshops- The Center provides an intensive series and workshops on special education and services that assist parents to help their children achieve functional and academic goals that will lead them to independent, productive adult lives to the maximum extent possible. Parent support groups are facilitated and simultaneous interpretation services are provided in Spanish. The Richard M. Lash Resource Library contains materials in English and Spanish and is accessible to parents.



Housing Advocacy and

Neighborhood Preservation Program

Tier II Program- This program provides transitional housing for homeless families of individuals with developmental disabilities and is funded through the Department of Homeless Housing.

Neighborhood Preservation Program- This program is under the NYS Division of Housing and Community Renewal. It provides information and referral, workshops, homelessness prevention, housing improvement and advocacy. It works to develop and implement plans to create quality, affordable, integrated housing for individuals with developmental disabilities.

Community Residential Services Program which provides housing assistance is funded by the NY Office for Persons with Developmental Disabilities.

Family Support Services

Case Management Services- These services are provided to families of children, youth and adults with developmental disabilities, which link consumers to needed entitlements such as, SSI, Medicaid, Public Assistance and educational services. Non-Medicaid eligible families are also served.

East Harlem Based Alliance Case Management Services- These services are provided to families residing in East Harlem and the Upper Harlem Communities. Parent support groups are also available.

Parent Training Education- The "We Are Parents Too" program consists of 10-week cycles of parent information and training in which parents with developmental disabilities participate in workshop sessions. The program provides case management services, follow-up services and one-to-one assistance and support. Parents are linked and referred to provider agencies, family counseling and other services that will match their individual needs and assist them to become more effective parents. The coordinator of the program serves as a bridge between the foster care agency, the parent and the child.

Family Support Educational Advocacy- This program provides educational advocacy to help families of children from birth to age 26 who are experiencing problems in navigating the educational system and obtaining transition services in order that their children may receive a free and appropriate education. Families will receive assistance during transition and due process procedures.

Family Reimbursement Program- Sinergia's Family Reimbursement Program has available funds for reimbursement for purchases of goods and services for families with persons with developmental disabilities who reside in the boroughs of the Bronx and Brooklyn.

Respite - Day, overnight and weekend respite services are available for families who reside in Manhattan with children or adults who have mental retardation / developmental disabilities. Consumers will be cared for at a freestanding site in order that families may have some rest time, during emergency situations or to take care of personal issues.

Family Support Programs are funded by OPWDD



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Fax: (212) 643-2871
E-mail: information@sinerglany.org
Website: www.sinerglany.org
Visit our blog: <http://sinergiaesquinita.blogspot.com/>

Myrta Cuadra-Lash
Executive Director

Len Torres, Ed.D.
President, Board of Directors

Vacancy Report

September 10, 2013

OPPORTUNITIES AVAILABLE IN THE FOLLOWING PROGRAMS

Non-Medicaid Case Management
In Manhattan only

Educational Advocacy
In Manhattan only

Housing Advocacy
All Boroughs

Parent Training
All Boroughs

Overnight Respite
In Manhattan only

Family Reimbursement
In the Bronx and Brooklyn

**For more information please call Intake
(212) 643-2840 ext. 336**



United Cerebral Palsy of New York City Services and Supports 2013

After-School Program

Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Family Support eligible.
- Transportation is provided to the child's home only.

Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn, Bronx, and Manhattan, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include family medicine, women's health, dental, audiology services, psychiatry, podiatry, Optometry and neurology.

Residential Services

Residential settings are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities & NYS Cares registration list
- Must be OPWDD eligible

FAMILY CONNECT

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

Doorways to Independence

Housing Assistance Services

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing Court Advocacy - South Brooklyn Legal Services contract for Brooklyn and referrals to the Legal Aid Society for the Bronx, Manhattan, Queens and Staten Island

Home Assessments

Home assessments can be completed providing families with a report on possible modifications and equipment to make their home more accessible for their family member. Bronx, Brooklyn, Manhattan, Queens and Staten Island.

- Must be Family Support eligible

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island

\$500.00 limit for Bronx, Brooklyn and Manhattan
Staten Island limit is \$300.00

Special Brooklyn Camp Funds available.

Manhattan Durable Medical Equipment Funds available.

Funding available to assist families in paying for an item Medicaid or other funds will not cover.

Families can apply every 18 months in Brooklyn, Manhattan, and Staten Island

Families can apply every 12 months in the Bronx.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org

www.ucpnyc.org



United Cerebral Palsy of New York City Services and Supports 2013

Bronx Overnight Respite

Serves all five boroughs.

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Serves all ages
- Site is fully accessible

In-Home Respite

Bronx, Brooklyn, Manhattan, and Staten Island

- Must be waiver eligible and live with a family member.

TechWorks Resource Centers

Technology Resource Specialists are available to answer your assistive technology questions. Information on special products and services, their costs, obtaining them.

- Demonstration centers
- SHARE: Lending Libraries
- Equipment exchange program
- Assistive technology training

Day Habilitation

Opportunities in Day programs available in the Bronx, Brooklyn, Manhattan and Staten Island.

- Persons served must be age 21 and over to apply and have Medicaid or are eligible for Medicaid.

All sites are wheelchair accessible and transportation is available.

Supported Employment

Employment services for adults with DD. Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Applicants must go through ACCES-VR orientation and referral process.

Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Integrated programming
- Universal Pre-K
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

ACTION DAY CAMP

Three week summer day camp offers a summer experience for young people who reside in Brooklyn, ages 13-21, live with a family member. DD eligible and waiver eligible.

SPIRIT

Opportunities available for Saturday recreation in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29 who reside in Manhattan, Bronx, Brooklyn & Staten Island
- Transportation is provided

EXPLORE Club Disco

Free Friday nights events held in Manhattan, Brooklyn and Staten Island

- Staten Island waiver eligible
- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn and Staten Island
- Wheelchair accessible
- Transportation is not provided
- Light supper served

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

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www.ucpnyc.org



FREE WORKSHOPS

SEPTEMBER 2013

Workshops for all parents, professionals, and caregivers. No children please.

HAVING FUN WITH SENSORY INTEGRATION FOR YOUR CHILD (LIVE SESSION)

Wednesday, September 18th, 2013 160 Lawrence Ave. Brooklyn, NY 11230 – Rm. 205 Time: 10am-12pm.

This hands-on workshop will explore sensory processing issues involving your child's awkward, repetitious, challenging behavior and a decreased ability to process sensory information. There will be fun and practical activities demonstrated to support your child in home, school, and during recreational activities. There will be also opportunities to practice ways you can help your child.

Presenter: Margarita Gendelman, Certified Occupational Therapist

HAVING FUN WITH SENSORY INTEGRATION FOR YOUR CHILD (VIDEOCONFERENCE)

Wednesday, September 18th, 2013 281 Port Richmond Ave. Staten Island, NY 10302 - 2nd Fl. Time: 10am-12pm.

JOIN US FOR THIS LIVE VIDEOCONFERENCE OPPORTUNITY! THIS PRESENTATION WILL TAKE PLACE IN BROOKLYN BUT YOU WILL BE ABLE TO INTERACT FROM STATEN ISLAND AND COMMUNICATE AS IF YOU WERE SITTING NEXT TO EACH OTHER.

THE CURRENT STATE OF HOUSING IN NEW YORK CITY AND HOW FAMILY MEMBERS CAN GET AND KEEP BENEFITS INDIVIDUALS WITH DISABILITIES NEED

Tuesday, September 24th, 2013 122 E. 23rd Street. New York, NY 10010. Room 211 N Time: 10am-12pm.

Experts from UCP of NYC and CIDNY will be giving up-to-date information on housing trends in New York City as well as advice and pointers on how families can handle their unique situations. Procedures on how families can apply for and maintain public benefits such as SSI, SSDI, Medicaid, Medicare, Food Stamps, Etc. will also be reviewed by a CIDNY representative.

Presenters: Gail Kalmowitz, Housing Advocate- UCP of NYC & Donald Rickenbaugh, Director of Queens Services- CIDNY

USING VISUAL AIDS TO HELP CHILDREN UNDERSTAND AND FOLLOW ROUTINES

Wednesday, September 25th, 2013 1770 Stillwell Ave. Bronx, NY 10469 - First Floor Time: 10am-12pm.

Whether a child is verbal or nonverbal, visuals improve communication and behavior. In this workshop you will create visual supports to help children understand and follow routines and take home the materials you have made. Materials will be provided.

Presenter: Ramapo for Children

**To register for a workshop please
Call 718-436-7979 Ext. 704 or
Email familyconnect@ucpnyc.org**





TALLERES GRATIS

SEPTIEMBRE DE 2013

Talleres para padres, profesionales y cuidadores. Favor no traer niños

DIVIRTIÉNDOSE CON EJERCICIOS DE INTEGRACIÓN SENSORIAL PARA SU HIJO/A (TALLER EN VIVO)

Miércoles, 18 de Septiembre de 2013 160 Lawrence Ave. Brooklyn, NY 11230 – Salón 205 Hora: 10am-12pm.

En este taller interactivo exploraremos los problemas sensoriales que están relacionados con los comportamientos difíciles, repetitivos y extraños que a veces presenta su hijo/a. También exploraremos las dificultades que tienen los niños para procesar estímulos sensoriales. Le daremos recomendaciones prácticas y divertidas así como ideas sobre actividades para ayudar a su hijo en la casa, la escuela y las actividades recreativas.

Presentador: Margarita Gendelman, Certified Occupational Therapist

DIVIRTIÉNDOSE CON EJERCICIOS DE INTEGRACIÓN SENSORIAL PARA SU HIJO/A (VIDEOCONFERENCIA)

Miércoles, 18 de Septiembre de 2013 281 Port Richmond Ave. Staten Island, NY 10302 – 2º Piso Hora: 10am-12pm.

ESTE TALLER SE LLEVARA A CABO EN BROOKLYN, PERO USTED PODRA VER ESTA PRESENTACIÓN DESDE STATEN ISLAND, A TRAVÉS DE VIDEOCONFERENCIA. USTED PODRA COMPARTIR SUS IDEAS E INTERACTUAR CON LOS ASISTENTES EN BROOKLYN COMO SI ESTUVIERAN SENTADOS EN EL MISMO LUGAR.

EL ESTADO ACTUAL DE LA VIVIENDA PÚBLICA EN LA CIUDAD DE NUEVA YORK Y COMO LAS FAMILIAS PUEDEN OBTENER Y MANTENER LOS BENEFICIOS DE SUS FAMILIARES CON DISCAPACIDAD

Martes, 24 de Septiembre de 2013 122 E. 23rd Street. New York, NY 10010. Salón 211N Hora: 10am-12pm.

Expertos de UCP of NYC y CIDNY le darán información actualizada sobre el estado de la vivienda pública en la ciudad de Nueva York y consejos para afrontar algunas situaciones particulares que viven las familias. También le explicaran cómo aplicar y mantener beneficios públicos tales como SSI, SSDI, Medicaid, Medicare, Food Stamps, etc.

Presentador: Gail Kalmowitz, Housing Advocate- UCP of NYC & Donald Rickenbaugh, Director of Queens Services- CIDNY

SÍMBOLOS VISUALES PARA AYUDAR A LOS NIÑOS A ENTENDER Y SEGUIR RUTINAS

Miércoles, 25 de Septiembre de 2013 1770 Stillwell Ave. Bronx, NY 10469 – 1º Piso Hora: 10am-12pm.

Ya sea que un niño pueda comunicarse verbalmente o no, los símbolos visuales son una excelente estrategia para mejorar la comunicación y el comportamiento. En este taller usted creará símbolos visuales para ayudarles a los niños a entender y seguir rutinas. Usted podrá llevarse a casa el material que haya creado. Nosotros proveeremos los materiales.

Presentador: Ramapo for Children

**Para registrarse a un taller llame al
718-436-7979 Ext. 704 o escriba a
familyconnect@ucpnyc.org**



**DISPONIBLE
TRADUCCION
AL ESPAÑOL**



September 10, 2013

Dear Agency:

It is time to update the Manhattan Family Support Directory. We have compiled all of your entries on the attached pages and would like you to review the information.

- **DO make necessary changes DIRECTLY on the attached forms. Just cross out incorrect information and hand write correct information directly on the attached page(s).**
- **DO NOT rewrite or retype your entry.**
- **DO NOT confirm information on programs you don't know about. Please confer with your colleagues to ensure accuracy.**
- **DO review the categories below to see if your agency should be in additional ones.**
- **DO return the updates on time. If you don't, we make 2 follow-up phone calls, then contact your CEO. If no response, we remove you from the directory.**
- **Please DO NOT add categories that are not in the directory.**

Please return to Jennifer Shaoul, c/o YAI, 460 West 34th Street, 11th Floor, New York, NY 10001-2382 by **October 18, 2013**. You may also fax changes to Jennifer's attention at (212) 273-6590 or e-mail a PDF of the corrected information to Jennifer.shaoul@yai.org.

Please attach any new entries you may have, but remember, they must fit into the categories in the guide. Current categories are as follows:

Advocacy

After-School Programs

Article 16 Clinics

Article 28 Clinics

Behavior Management

Benefits Assistance

Camps (no new entries please)

Case Management/ Service Coordination

Community Habilitation (we only accept agency and contact person in this category)

Crisis Intervention

Family Training/Counseling

Guardianship Information/Financial Planning/ Future Care Planning

Housing Assistance/ Home Modification for Persons with Physical Disabilities

Information and Referral

Parent/ Sibling Support Groups

Recreation Programs

Reimbursement Programs

Religious Programs

Residential Programs (we only accept agency and contact person in this category)

Respite: Emergency

Respite: In-Home

Respite: Overnight/ Extended Stay

Services for Persons who are Physically Disabled, Medically Fragile, or Chronically Ill Socialization Opportunities for Individuals with a High Level of Independence

Specialty Skills Training (excluding behavior mgt; day hab; res hab)

Technology

Transportation

Waiver Services (we only accept Agency contact name and phone number for Family Education & Training in this category. All other Waiver services are in their respective categories or directories.)

If you do not have a current directory for reference, please call Jennifer to obtain one. The format for most entries is as follows (please indicate category):

AGENCY ADDRESS CONTACT POPULATION SERVED DESCRIPTION OF PROGRAM

Questions? Please contact Jennifer at (212) 273-6289 or jennifer.shaoul@yai.org.

Thank You,

Amy Bittinger & Jennifer Shaoul, Manhattan Family Support Committee