



CP of NYS  
Where Possibilities  
Become Realities

## Cerebral Palsy Associations of New York State and MTA New York City Transit

### ANNOUNCE...

### A *FREE* Travel Training Program for qualified Access-A-Ride Customers

Through personalized one-on-one instruction, trainees will learn to travel independently on one round trip bus or subway route to a destination of their choice in New York City. Travel Training can enable people with disabilities to safely and confidently travel by bus or subway in New York City's five boroughs as well as allowing greater flexibility in making and changing travel plans.

Trainees will master the following skills:

- Traveling safely at all times
- Planning a trip (use of schedules, signs, telephone, information services and landmarks)
- Remembering and following directions
- Requesting information/help from appropriate sources
- Identifying the correct stop at desired destination
- Coping with service disruptions, delays and emergencies
- Correctly using mobility aids (such as wheelchairs and scooters) on accessible mass transportation

Travel training is funded by MTA New York City Transit and provided by Cerebral Palsy Associations of New York State at no cost to trainees. Access-A-Ride customers 18 years and older may apply.

To apply or for more information  
Call 212-947-5770 ext. 627 or  
Email [traveltraining@cpofnys.org](mailto:traveltraining@cpofnys.org)

