Para grupos en español favor de ver el reverso

For caregivers of people with autism spectrum disorders (ASD).

### **JANUARY**

### Wednesday 14th

Medicaid Service Coordination: Making it Work for Families

### MaryBeth Fadelici,

Regional Coordinator, Parent to Parent of NYS

### Thursday 22nd

Best Practices for Working with Individuals with ASD: Remember It's OK to Have Fun!

Margaret M. Chiara, MA BCBA, Coordinator of ASD Development, YAI/NYL & Michael Boardman, MA, BCBA, ABA Supervisor, NYL

### Wednesday 28th

A Day in the Life in a Residence for an Individual on the Spectrum

Michelle Israel, LCSW, Residential Coordinator, YAI

### **FEBRUARY**

### Monday 9th

Independent Living Skills for Teens and Young Adults on the Autism Spectrum

Kate Palmer, MA, CCP, CAS, President/CEO, GRASP

### Wednesday 11th 6:00pm-8:00pm

I Get It Apps: Using Technology to Write Great Social Stories for Every Day Situations

Sharon M. Walters, MA, CCC-SLP, Director of Content, I Get It! & Amy Criscuolo, Parent, Managing Director, I Get It!

### Tuesday 24th

Assessment of Individuals with Autism Across the Lifespan

Charles Yurkewicz, PsyD, Assistant Supervisor of Psychological Assessments, YAI

### Thursday 26th

Top 10 Autism Resources

Michelle Lang, LMSW, Supervisor & Ashley Ahern, LMSW, Intake Specialist, YAI LINK

### MARCH

### Thursday 5th

What You Should Know About Relationships and Successful Parenting

### Jennifer Menges, LCSW,

Senior Coordinator, QA and Program Resources, YAI

### Wednesday 11th

Dealing with Loss: A Facilitated Conversation

### Katharina Anger, PhD,

Psychologist, Regional Senior Supervisor of Mental Health, Premier HealthCare

### Tuesday 17th

How to Build a Successful Family-School Relationship

Ann Esposito, EdD,

Assistant Director, NYL

### Wednesday 25th

Tips for Community Outings with your Child

### Sonia Williams,

Assistant Director, YAI Education & Training Department

### APRIL

### Thursday 2nd

The Positive Side of Stress

Laura T. Mitchell, LCSW,

Manager of Clinical Services, YAI Autism Center

### Tuesday 14th

Let's Talk: Teaching Communication Skills to Young Learners

Margaret M. Chiara, MA, BCBA, Coordinator of ASD Development, YAI/NYL

### Spring 2015

Registration is required Call >YAI LINK 212.273.6182

### FREE

For parents and caregivers only – no children please.

### Structure

First half: presentation Second half: support

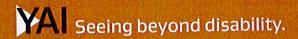
### Location

460 West 34<sup>th</sup> Street 11<sup>th</sup> Floor New York, NY 10001

Funded in part by NYS OPWDD and NYC Council's Autism Initiative.

All Sessions 10:00am to 12:30pm except where noted

yai.org/autismsupport



### See reverse side for English

### Autismo: Serie de Grupos de Apoyo para las Familia

Para proveedores de cuidado de personas con trastornos del espectro autista.

### **ENERO**

Jueves 8 10:00am-12:30pm

Consejería - Un Recurso para Manejar el Estrés

Erika Pérez-Tobón,

Senior Bilingual Asst. Applied Behavioral Sciences Specialist, Crisis Intervention Program, YAI

Jueves 15 6:00pm-8:00pm

Cómo Lidiar con la Pérdida de un Ser Querido

Dina Larina, LMHC, RPT, Mental Health Clinician &

Iris Varela, LMSW, Mental Health Clinician, YAI Center for Specialty Therapy

### **FEBRERO**

Jueves 26 10:00am-12:30pm

Modificación de Conducta: Consejos para promover una interacción positiva

Melissa Benzuly, LMSW, Mental Health Clinician, Premier HealthCare

### **MARZO**

Miércoles 18 10:00am-12:30pm

Manteniendo un Cuaderno de Atención Médica: Un Taller Práctico sobre Como Manejar el Cuidado de su Hijo

Silvia Verga, MA,

Regional Coordinator at Family to Family Health Information Center

Jueves 26 10:00am-12:30pm

El Autismo y las Habilidades Sociales

Rocio Ruiz, MA,

Coordinator, Family Services, YAI

### Primavera 2015

Necesita registrarse

Llame a > YAI LINK al 212.273.6182

Gratis

Para padres y proveedores de cuidado. No se permite la asistencia de niños.

Duración

1ra parte: presentación 2da parte: grupo de apoyo

460 West 34th Street 11th Floor New York, NY 10001

Financiado en parte por el NYS OPWDD y el NYC Council's Autism Initiative.





### ▶家庭支持系列講座

**Autism Family Support Series** 

專為照顧自閉症患者的人士所舉辦
For caregivers of people with autism spectrum disorders (ASD).

### 三月 March

2015年3月23日星期一

### 上午10點至12點30分

Monday, March 23, 2015 10am – 12:30pm

以正向回應為育兒工具-

Positive Reinforcement as a Parenting Tool: Fostering Good Behaviors and Communication in Families with Children with Developmental Disabilities

廖孟薇 博士,心理治療師, YAI Center for Specialty Therapy Aries Meng-Wei Liao, PhD, LMSW, YAI Center for Specialty Therapy

幫助有發育障礙兒童的家庭促進良好的行為發展和溝通方式

### 四月 April

2015年4月21日星期二

### 上午10點至12點30分

Tuesday, April 21, 2015 10am - 12:30pm

十大成功秘訣:如何獲得您需要的服務

Top 10 Tips for Success: How to Get the Services that You Need

許安安,華語諮詢專員, YAI LINK

Ann Hsu, MPH, Bilingual Mandarin Intake Specialist, YAI LINK

### 2015 春季 (Spring 2015)

如需報名或索取更多資訊, 請致電留言 Registration is required.

華語/普通話- ▶ YAI LINK 專線 212.273.6100 (按2) 英語/English- ▶ YAI LINK 專線 212.273.6182

### 地點:

YAI中央辦公大樓,紐約市頓, 西34街460號11樓

### Location

460 West 34<sup>th</sup> Street 11<sup>th</sup> Floor New York, NY 10001

\*\*本系列講座將以華語/普通話進行\*\*
This series of workshops will be conducted in Mandarin only.

感謝NYS OPWDD和 NYC Council's Autism Initiative的贊助

Funded in part by NYS OPWDD and NYC Council's Autism

简体字请看反面



### ▶家庭支持系列讲座

**Autism Family Support Series** 

专为照顾自闭症患者的人士所举办 For caregivers of people with autism spectrum disorders (ASD).

### 三月 March

2015年3月23日星期一

### 上午10点至12点30分

Monday, March 23, 2015 10am – 12:30pm

以正向回应为育儿工具 -帮助有发育障碍儿童的家庭促进良好的行为发展和沟通方

Positive Reinforcement as a Parenting Tool: Fostering Good Behaviors and Communication in Families with Children with Developmental Disabilities

廖孟薇 博士,心理治疗师, YAI Center for Specialty Therapy Aries Meng-Wei Liao, PhD, LMSW, YAI Center for Specialty Therapy

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Ann Hsu, MPH, Bilingual Mandarin Intake Specialist, YAI LINK

### 2015 春季 (Spring 2015)

如需报名或索取更多资讯, 请致电留言:

Registration is required.

华语/普通话 \_ ▶ YAI LINK 专线 212.273.6100 (按2) 英语/ English - ▶ YAI LINK 专线 212.273.6182

地点:

YAI中央办公大楼,纽约市曼西 34街460号11楼

Location 460 West 34<sup>th</sup> Street 11<sup>th</sup> Floor New York, NY 10001

\*\*本系列讲座将以华语/普通话进行\*\*
This series of workshops will be conducted in Mandarin only.

感谢NYS OPWDD和 NYC Council's Autism Initiative的赞助

Funded in part by NYS OPWDD and NYC Council's Autism Initiative.

繁體字請看反面



### yai.org/autism

### ► YAI Autism Center

### Adult Yoga Group\*

We will be offering free adult yoga and wellness classes for independent adults on the autism spectrum.

Tuesdays 4-5pm. Starting January 13th, 2015.

@ 460 W 34th St, 12 Floor, New York, NY 10001.

### Children's Social Skills Group\*

Free Social Skills Group for children aged 9-12 years old on the autism spectrum.

Promotes positive peer relationships amongst children through role playing, recognizing emotions, social stories, and modeling. Group is ideal for children who can independently engage in conversation.

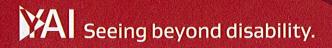
Wednesdays 4-5pm. Starting January 14, 2105.

@ 460 W 34th Street, 11th Floor, New York NY 10001.

### \*Registration/intake is required

To get started call **Laura Mitchell 212.273.6211** or email **laura.mitchell@yai.org** 

Funded by the New York City Council's Autism Initiative. For people residing in New York City.





### **► LINK MEMO**

TO: DD Council
FROM: Cathy Bechler
DATE: January 5<sup>th</sup> 2015

RE: Vacancies

### **FAMILY SERVICES VACANCIES:**

- Family Support Group for Caregivers of Children with Autism (all ages) Parent/caregiver support group for parents of children with Autism in English, Spanish and Mandarin. For more information, please contact YAI ► LINK at 212-273-6182. A schedule of the groups can be found through YAI's website: www.yai.org/autismsupport
- Phone-in support groups for parents of individuals on the autism spectrum and free yoga groups for independent adults on the autism spectrum (group located in Manhattan) Contact Laura Mitchell 212.273.6211 for more information
- **Free Education workshops** Workshops on a variety of topics held throughout the city, open to everyone. Check out <a href="https://www.yai.org/fews">www.yai.org/fews</a> for more information
- Adult Yoga Group Free adult yoga and wellness classes for independent adults on the autism spectrum. Tuesdays 4-5. Contact Laura Mitchell 212.273.6211 for more information and intake.
- Adult Yoga Group Free social skills group for children on the autism spectrum. Wednesdays 4-5. Contact Laura Mitchell 212.273.6211 for more information and to register.
- YAI Autism Center offering private pay programs in Yoga with Ballet/Dance social skills groups & music therapy. Call ► LINK 212-273-6182 for more information.
- Manhattan Star Academy Accepting inquiries for the school, a unique learning opportunity for elementary school children. Call Rae Eisdorfer at 212-420-0510 for more information, application and tuition.
- **Toilet training** 6-week program for parents living in Manhattan (through project intervene). Contact Danielle Bardwell at 212-273-6314.
- Family Reimbursement for Manhattan, Brooklyn and Queens families. Contact Shanique Soto at 212-273-6585
- Manhattan Based Recreation programs Recreation programs for individuals with DD 16+, Tuesdays through Saturdays. Openings for individuals living anywhere in NYC. Activities include weeknight group activities and Saturday trips. All levels welcome. No transportation provided. Contact Pamela Accardo at 212-273-6146 or Edna Bey at 212-273-6100 x2779.
- Manhattan Overnight Respite Ages 5 and up. Must be ambulatory. Contact Vanessa White Germany at 212-255-2673.
- Manhattan Holiday Respite ages 6-18 with DD, live at home with their family. Taking applications for waiting list contact Jenaire Feimster 212-273-6503
- Bronx Leisure Trax free or low-cost vacation program for OPWDD eligible adults living with their family in Bronx. Contact Michael VanConant at 212-273-6100 x 2364
- Emergency Respite Reimbursement for Brooklyn (call Cheryl Jones at 718-743-5311), Queens (call Jackie Nunez at 718-793-2182 x 231) & Manhattan (call Maria Leonardo at 212-273-6229) families.
- Independent Living Program 6 month classroom course for adults looking to develop their independent living skills. For Brooklyn, Bronx, Queens and Manhattan residents. Call ►LINK for more information 212-273-6182.
- Autism Social Skills Groups currently accepting applications for Social Skills groups for children aged 9-18 in Manhattan with
  ASD. In Brooklyn for children ages 5-12 years old with ASD. Children must reside at home with their family, be verbal with no major
  behaviors and OPWDD eligibility is needed. Contact ►LINK for more info 212-273-6182.
- **Leisure Trax** vacations/trips for adults 18 or older, free or low cost for those living with family in the Bronx. Trips are open to groups from other Boroughs contact 212-273-100 ext. 2364 or <a href="https://www.yai.org/travel">www.yai.org/travel</a>.
- **Brooklyn Extend-a-family** Overnight respite provided in home of host family. Ready availability for young children who are non-ambulatory. Contact Cheryl Jones at 718-743-5311. Also looking for Brooklyn families who would like to host, families are fully trained and reimbursed by YAI, call Cheryl Jones at 718-743-5311 for more information.
- Brooklyn Saturday Drop Off Saturday evenings for individuals 16+ with Mild to Moderate ID. Call Cheryl Jones at 718-743-5311
- Brooklyn Yoga Ballet 10-week Yoga/Ballet class for girls and boys with autism, from age 5 to 10 years old. Contact LINK for more information 212-273-6182.
- Overnight Respite Located in Corona section of Queens, for individuals 12+ from Brooklyn or Queens. Contact Marie Fazal at 718-393-3545
- **Project Grow** 5-week parent training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan, the Bronx, or Staten Island. Day and Evening groups in English, Spanish, Mandarin and Cantonese available. **Call** 212-273-6259.
- **Project Grown-up** 5-week training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan or Queens. Day and Evening groups in English, Spanish, *Mandarin and Cantonese*. **Call** Daisy Sosa at 212-273-6259.
- Queens Crisis Intervention program In home behavior management provided in English & Spanish. Parent training groups also offered, call Alison Fichera 718-793-2182 x221 or Jackie Nunez 718-793-2182 x231 (Spanish).
- Queens Family Training Program 6 week parent training for parents of children with Developmental Disabilities in English and Spanish through the Queens Crisis Intervention program, contact Jackie Nuñez 718-793-2182 x 231
- Queens Saturday Recreation Programs Recreation programs for 16+. Contact Edna Bey at 212-273-6100 x2779 FAMILY SERVICES VACANCIES (Cont):

- Queens Thank Goodness it's the Weekend Evening social 2 Fridays a month, age 16+. Edna Bey at 212-273-6100 x2779
- Parents with Special Needs Accepting referrals for parent training for parents with DD who live with their children in Manhattan, Brooklyn and Queens. Call 212-273-6100 x2360 for Manhattan and Brooklyn; contact Nafiza Somaipersaud for Queens 718-793-2182 x203.
- Queens After School Program After School program for 6-21 year old children residing in Queens. Contact Stacy Tinglin 718-793-8695 x210.
- Queens & Brooklyn: FREE Psychologicals and Psychosocials evaluations for those who are not Medicaid eligible and applying for OPWDD services. Call ►LINK at 212-273-6182.

### **PREMIER HEALTHCARE** (call ► LINK to make referrals 212-273-6182):

- Manhattan: There is ready availability of Internal Medicine, Pediatrics, Dental, Audiology, Gastroenterology, Gynecology, Podiatry, Prosthetics & Orthotics, Psychiatry and Speech Therapy.
- **Bronx**: There is ready availability of Internal Medicine, Pediatrics, Dentistry, Neurology (adult), Podiatry, Nutrition, Ophthalmology, Prosthetics & Orthotics, Audiology, OT, PT, Speech Therapy and Psychiatry.
- Queens: There is ready availability of Internal Medicine, Pediatrics, Podiatry, Dermatology, PT, Speech, Nutrition, Audiology, Endocrinology (child), Speech Therapy, Urology. Dental desensitization program.
- **Brooklyn:** There is ready availability of Internal Medicine, Pediatrics, Dentistry, Audiology, Podiatry, OT, PT, Speech Therapy, Nutrition, Ophthalmology, Urology, OT. Dental desensitization program.

### **CENTER FOR SPECIALTY THERAPY** (call ► LINK to make referrals 212-273-6182):

- Manhattan: There is ready availability for Psychological evaluations in English & Spanish and Psychosocial evaluations in English.
- **Queens:** There is ready availability for Psychosocial Evaluations (English & Spanish), Psychological testing (English) and Psychotherapy (Evening & Saturday hours available).
- **Brooklyn:** There is ready availability for Psychosocial Evaluations in English, and there is ready availability of Psychotherapy, particularly in mornings.
- **Bronx:** There is ready availability for Psychosocial Evaluations in English.
- Families living in Manhattan, Queens and Brooklyn who need evaluations to access OPWDD services but who do not have insurance that will cover the evaluations can call YAI ► LINK at 212-273-6182.

### **DAY HABILITATION:**

- Manhattan: Accepting referrals for the Manhattan Day Hab programs. Contact Domingo Hernandez at 212-645-1616.
- Brooklyn: Accepting applications for ambulatory individuals. Contact Nia Cordani at 718-646-7699 x 312.
- Queens: Accepting applications for all 3 Queens Day Hab programs. Contact Carlos Sanchez at 718-793-2182 x 258

### **EMPLOYMENT:**

- Manhattan Employment: Openings for Manhattan supported employment (all boroughs) Programs. Contact Satera Febus at 212-273-6100 x 2448.
- **Brooklyn Supported Employment:** Accepting applications Brooklyn Supported Employment program for adults with Developmental Disabilities. Call **Stefon Smith at 718–368–9311**.
- Queens Supported Employment: Accepting applications, call Chris Bechler at 718-389-1300 x227.
- **Bronx Supported Employment:** Accepting applications Bronx Supported Employment program for adults with Developmental Disabilities. Call Shena Patten at 718-792-6221 x 205.

There are openings city wide for individuals with Developmental Disabilities who are employed and who need follow along support services.

### **RESIDENTIAL:**

YAI has the following *potential* residential openings, call Tom Ott 212-273-6462 or ►LINK 212-273-6182 before sending a packet.

- Queens, IRA potential opening for a female, ambulatory (however this is a 1<sup>st</sup> floor opportunity so someone with an
  unsteady gait or ambulation limitations may be able to be accommodated), functioning in the low mild to high moderate
  level of intellectual ability, willing to live with a challenging roommate, ability to advocate for herself without resorting to
  violence.
- **Queens, IRA** potential opening for a male, ambulatory, willing to share a bedroom, functioning in the mild to moderate range of intellectual ability, able to live peacefully with 13 other people.

### EQUESTRIA

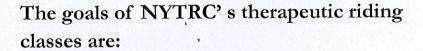
### THE NEW YORK THERAPEUTIC RIDING CENTER (NYTRC)

SERVES NEW YORKERS WITH DISABILITIES

AND IS NOW IN ITS 12th YEAR OF OPERATIONS
IN NEW YORK CITY

The New York Therapeutic Riding Center conducts year round therapeutic horseback riding classes for:

- Children and adults with physical, mental, and emotional disabilities living in the five boroughs of New York City
- Students with disabilities in public and private schools in New York City
- Patients referred by major hospitals and rehabilitation agencies in the New York metropolitan area.



- To teach children and adults with disabilities the equestrian skills needed to become good riders
- To use horse back riding activities to facilitate specific rehabilitation objectives for individuals with disabilities





The benefits of therapeutic horseback riding include:

- Improving balance, posture, coordination, and mobility
- Strengthening muscles and mobilizing trunk and pelvis
- Increasing attention span and promoting communication skills
- Improving confidence and self esteem

NYTRC's therapeutic riding classes are staffed by a NARHA certified therapeutic riding instructor and assisted by a cadre of volunteers.

The New York Therapeutic Riding Center works in close collaboration with several New York City and State government agencies.

For additional information, please call:

(212) 535 - 3917

### Evaluations of

### The Family & Professional Resource Fair December 18, 2014

Attendance: 728 total, including 361 family members [2013: 841 total, including 381 family members; 2012: 626 total, including 282 family

Number of surveys: 95 [2013: 157; 2012: 165; 2011: 125; 2010: 179]. 2014 is the first year we had separate evals for workshops.

## **GENERAL FEEDBACK ON FAIR: 95 EVALUATIONS**

Overall Quality of Fair: 58 (61%) Excellent 32 (33,6%) Good

1 (1%) Poor 2 (2,1%) Neutral

2 (2.1%) No answer

## Overall Feedback on Booths and Resources:

72 (75.7%) Very helpful 16 (16,8%) Somewhat helpful

6 (6.3%) No answer 1 (1%) Not helpful

# **QUESTIONS FOR FAMILIES AND SELF-ADVOCATES: 78 EVALUATIONS**

# l (my family member) was treated with respect during the Fair:

73 (93.5%) Yes 3 (3.8%) No 2 (2.5%) No Answer

# (my family member) have more choice and control as a result of this Fair: 65 (83.3%) Yes

6 (7.6%) No 7 (8.9%) No Answer

# I (my family member) can do more things in my community as a result of this Fair:

66 (84.6%) Yes

2 (2.5%) No

### am satisfied with this Fair:

44 (56.4%) Strongly agree 29.5 (37.8%) Agree

.5 (.6%) Disagree (0%) Strongly disagree

(5.1%) No answer

## My life is better because of this Fair:

33 (42.3%) Strongly agree

40 (51.2%) Agree

0 (0%) Disagree
0 (0%) Strongly disagree
5 (6.4%) No answer

## GENERAL COMMENTS/RECOMMENDATIONS

- It was very informative
- More booths, but otherwise this fair was very good
- A page in the directory with the definition of the acronyms the gentleman explained at the beginning of the fair, the ABCs of DD
- Maybe a bigger space.
- Find a larger venue, such as Javits Center
- Thank you! Happy holiday.
- Thanks for all. This Fair is very timely
- Many thanks for these fairs. They are very helpful
- Really it's just excellent.
- would like to continue like this. Thanks for everything
- learned about crisis and other programs for the disabled. This fair helps me a whole lot
- All good. The information is good. Thank you.
- More support and no limitation.
- Allow more time for each aspect so that the booths and workshops along with lunch do not coincide or conflict. Lengthen day by one hour.
- Fair held Saturday or Sunday would be helpful.
- Include Brooklyn, Queens, and Bronx outlets.
- In the years to come, would you hold workshops in the Far Rockaways, Queens?
- How do any of these services apply to elementary school-aged children?
- Raffle should be better organized

- Provide translation into Spanish. x4
  Offer very good translation into Spanish.
- Bilingual fair.
  Bilingual service is needed.
  More speech devices booths.

## FEEDBACK ON INDIVIDUAL WORKSHOPS:

		.5 somewhat knowl. Materials: 6.5 very helpful .5 somewhat helpful	
Creative Arts	16: 6 families	Info: 13 very helpful Presentation: 13 very clear	-Great programs!
	13 evals	Presenters: 13 very knowl. Materials: 12 very helpful 1 N/A	-Excellent, informative. -Great workshop, just maybe start a bit earlier.
Resources & Supports: Navigating	27: 9 families	Info: 7 very helpful Presentation: 6 very clear	[No comments]
ú	7 evals	1 somewhat clear Presenter: 6 very knowl 1 somewhat knowl Materials: 5 very helpful 2 somewhat helpful	
Guardianship	41: 20 families 25 evals	Info: 18 very helpful 6 somewhat helpful Presentation: 20.5 very helpful 4.5 somewhat h	-Don't change anything! Excellent presentation! -Presenter is great, able to engage/interact with audienceRecommendation: Alternatives to guardianshipRecommendation: Offer samples or template worksheets.
		Presenter: 19 very knowl. 6 somewhat knowl Materials: 19 very helpful 6 somewhat helpful	-Recommendaton: Offer lists of locations, free legal services and perhaps printed list with instruction guides directly from Surrogate CourtBigger room [London room holds 50]. It was distracting having Chinese translators in the background while listening to the presenterVery basic, not enough details. The comment "Google it"-why not tell the best sources on the internet.
Stress	45: 24 families	Info: 27 very helpful Presentation: 26 very helpful	<ul> <li>-Very helpful, funny, knowledgleable, and approachable. Thanks!</li> <li>-I love Gary's workshops.</li> </ul>
	27 evals	1 somewhat h Presenter: 26 very knowl.	<ul> <li>-More Gary! Longer time frame – work in small groups.</li> <li>-The interpreters don't speak all the time to people.</li> </ul>
		1 somewhat knowl. Materials: 23 very helpful	-Gary's workshop was very informative and enjoyableIt would be nicer if handout can be provided.
		1 not applicable	-Handouts with some of the resources mentioned would have been helpful. GREAT speaker!
How to Prevent Meltdowns	56 attended: 26 families	Info: 18 very helpful 1 somewhat helpful	<ul> <li>-Wonderful presentation. Response to questions.</li> <li>-She explained very good. Thank your</li> </ul>
	10 avale	Presentation: 18 very helpful	-Workshop was very informative. Great job!
		Presenter: 18 very knowl.	-Larger space. [Paris is supposed to hold 80 but was packed with 56.]
		Materials: 15 very helpful	<ul> <li>-would love the whole powerpoint.</li> <li>-Powerpoint needs to be larger; hard to read.</li> </ul>
		2 somewhat h 1 not helpful	<ul> <li>-Not enough copies of handout. I didn't get a copy.</li> <li>-More advanced class.</li> </ul>
		1 N/A	<ul> <li>-Make people sign in before they enter the workshop. [Many late arrivals.]</li> <li>-Ouestions should be open for post after workshop.</li> </ul>

### Overall Comments on Workshops:

- Break down the workshops so attendees can participate in more than one. Otherwise, keep up the good work. Very informative. Thank
- Workshops could be a little longer 1 ½ hours.
- Chairs too close together and need better system for translations
- More parents need to speak. Also, there needs to be a professional (MSC) to speak regarding steps [Front Door?].
- More time to be able to attend workshops.
- Schedule the workshops one after another in order to more benefit each individual.
- It's hard to choose workshops that are all at the same time.
- Specific to family or professional

## Suggestions for Future Workshops:

- Please consider having at least one valuable workshop in a separate room in Spanish for professionals.
- Recommendation: Self-direction
- Workshop on how to get what you need from an evaluation for a person with a DD
- Workshop on children with disabilities, ADHD, vision, bi-polar
- Workshop on vocational, self-employment
- Workshop on stress and sexual stress
- Workshop on how to tell if you child has food allergies.