

► YAI Autism Center

yai.org/autism

• **Adult Yoga Group***

We will be offering free adult yoga and wellness classes for independent adults on the autism spectrum.

Tuesdays 4-5pm. Starting January 13th, 2015.

@ 460 W 34th St, **12 Floor**, New York, NY 10001.

• **Children's Social Skills Group***

Free Social Skills Group for children aged 9-12 years old on the autism spectrum.

Promotes positive peer relationships amongst children through role playing, recognizing emotions, social stories, and modeling. Group is ideal for children who can independently engage in conversation.

Wednesdays 4-5pm. Starting January 14, 2105.

@ 460 W 34th Street, **11th Floor**, New York NY 10001.

***Registration/intake is required**

To get started call **Laura Mitchell 212.273.6211**
or email laura.mitchell@yai.org

Funded by the New York City Council's Autism Initiative.

For people residing in New York City.