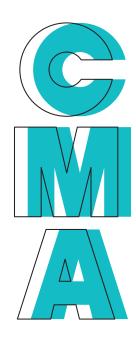
# VISITING THE CHILDREN'S MUSEUM OF THE ARTS



**Children's Museum of the Arts** 

#### Welcome to Children's Museum of the Arts!





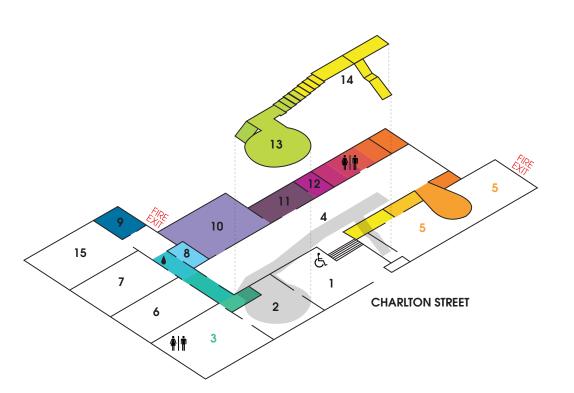
## When I walk into the museum, I have to go to the front desk and check in.





# The friendly people at Visitor Services are here to help me with my visit.

I can use a Map and make a schedule of all of the things I want to do on my visit.



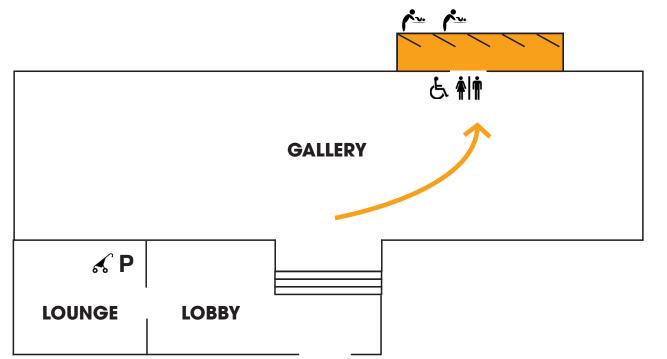
- 1 NEUBAUER FAMILY LOBBY
- 2 LOUNGE
- 3 WEE ARTS STUDIO
- 4 CYNTHIA C. WAINWRIGHT GALLERY
- 5 PEPPERMAN FAMILY **ART STUDIOS**
- 6 THE RUSSO FAMILY ART LAB 1
- 7 RUSSELL BERRIE FOUNDATION ART LAB 2
- 8 ARETÉ FOUNDATION AS ARRANGED BY JONATHAN Z. COHEN & JULIA PERSHAN COHEN QUIET ROOM
- 9 MEDIA LAB
- 10 POHLY TURAJ CLAY BAR
- 11 ACKERMAN FAMILY SOUND BOOTH
- 12 SWIRL STUDIO
- 13 THE BRIDGE
- **14** ADMINISTRATIVE OFFICES
- ♦ WATER FOUNTAIN



<sup>\*</sup> All spaces except 12 & 13 are accessible to wheelchairs

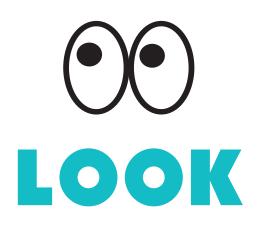
My first stop may be the bathroom. The bathrooms are located in the gallery up the stairs to the right. If I am hungry, snacks may be enjoyed in the Lounge.

Once I am ready, it is time to explore the museum.





There are many fun things to do at CMA. There are also some guidelines to having fun at CMA. Those guidelines are:



Keep your hands by your side when looking at the art made by other artists. Walk nicely through the galleries. Stay with my family or teacher.



Try something new! Make Art!



Take turns with the materials. Show your work. Talk about what you see.



#### At CMA, I will meet:

#### Teaching Artists



Teaching Artists are artists who enjoy teaching and creating projects I can explore.



#### Visitor Services



Visitor Services staff are friendly people who work to help visitors enjoy the museum.

If I am lost, I should look for someone wearing a name tag like this.

#### Other Children



Lots of children I can speak to, play with, and share materials with.

#### Other Adults



The museum is filled with other adults who I don't know. To be safe, I shouldn't stay with a stranger, I should stay with my family or teacher.



#### Getting Started:

If I am older than 5, I should sign up for a spot at the Clay Bar.

\* Sometimes the Clay Bar can be very busy and fill up.

If my family or group has different aged kids, we should start in the WEE Arts Studio.

\* Older kids can help younger kids explore and create!

# My family should then visit the rest of the museum.

\* We have to remember that some of the areas are for older kids (5+). In these areas, younger kids need to be surpervised. Younger kids can ask Teaching Artists how they can participate.





## Of I can visit the galleries and look at the art on the walls.







Loan make art too! There are workshops with "make sheets" that explain how to make art inspired by the galleries. Teaching Artists are there to help.





The WEE Arts Studio is a space for kids ages 5 and under to explore and play. There are 7 activities I can explore in the WEE Space.





Teaching Artists are there to help.



Another really cool place to visit is the Clay Bar. At the Clay Bar I can be inspired by a theme, or make anything I want out of clay.



I may need to sign up for the Clay Bar and wait my turn.

Teaching Artists are there to help.



#### The Rules in the Fine Arts Studio are:

- ♦ Respect others. Share materials, tools and space.
- ♦ Give your best effort.
- ♦ Create your own journey. Your artwork is special.
- ♦ Help all artists by cleaning up your work area.
- ♦ Stay with your child at all times. This is a fun time to collaborate.
- ♦ Refrain from cell phone use in the studio, except for photos.
- ♦ Keep all food and beverages in the lounge next to reception.

Younger artists (age 4) may also explore with more hands on adult supervision

The Fine Arts Studio is a place to explore materials and techniques.



In the Fine Arts Studio, I can create like

an artist.



When I'm done I should help clean up. Sharing is important to making art in a community space like a museum. Teaching Artists are there to help. Trying things on my own is fun too!



The Sound Booth is a place to make my own music. I also may need to sign up for the sound booth and wait my turn.





## There are fun places to play at CMA. There is a Swirl Studio and a Bridge to see.

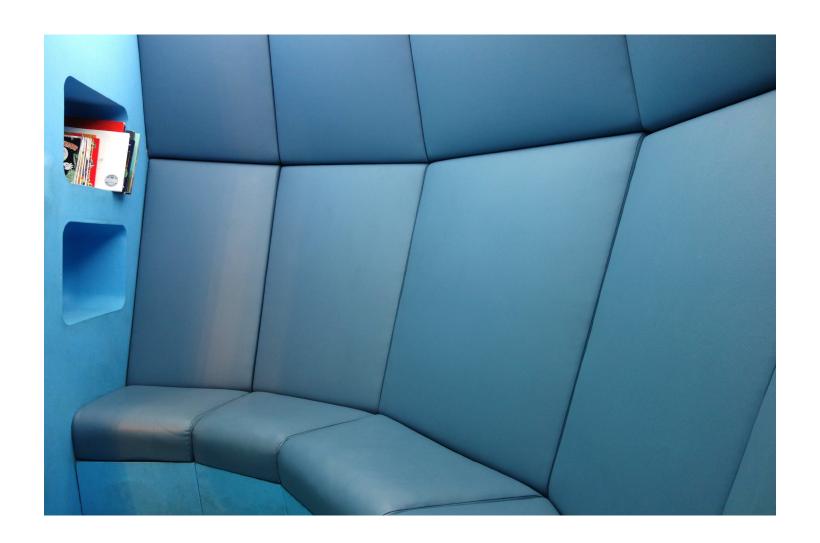




Sometimes artists make art called an installation in the Bridge space.



# Once I have explored the Museum, there is a quiet space to just relax.





#### Going to CMA is so much fun!





### CMA's Inclusive Programs & For Children With Physical Disabilities



#### Inclusive WEE (7 and Under) Sundays

Children ages 2-6 years old with physical disabilities, and their families. This Family Class provides multi-sensory experiences that encourage exploration. Students develop motor and language skills through art-making by layering a variety of exciting tactile materials to create new surfaces, textures, forms, shapes, and colors. Children are encouraged to self-regulate through individual projects and are supported through collaborative projects to gain important social skills. Teaching Artist also work to introduce the families to the museum.

**Upcoming Dates**: Sundays in 2016: 4/3, 5/1, 6/5 **Location**: Classes are held Sundays from 9:30-10:45 AM in the WEE Space.

#### Inclusive 8+ Trimester 2: Photography and Mixed Media Art (8 and UP) Sundays

Children ages 7-15 with physical disabilities, and their siblings and friends. This weekly drop-off course provides opportunities to create with skills gained in Photography integrating Fine Arts and Media Lab. Students are given the space to be independent from their parents, while activities are adapted to accommodate the specific abilities of each child. Students will explore the practice of combining various distinct visual art media, such as paper, paint, textiles, and sculpture. Students will use their photography as a foundation for new artwork. The class will also discover and discuss the work and techniques of notable mixed media artists. Students host exhibitions and screenings to share their work with the community.

**Trimester Dates include**: Sundays in 2016: 4/3, 4/10, 4/17, 5/1, 5/8, **5/15**, **6/5** and 6/12\*. Classes will be held in Art Lab 2 at CMA between 12:30-2:30, except when on field trips. Culminating event will be held on 6/12 at CMA.



#### Registration is required!

Please send an email to mlopez@cmany.org to be placed on our email list, and a registration form will be sent to you. Visit our website for more information www.cmany.org



### CMA's Inclusive Programs for Families Affected by Autism



#### STRIPES WEE (7 and Under) Saturdays

Children with an Autism Spectrum Disorder & their Families. By exploring different art mediums, this class focuses on tactile experiences while building creativity, self-regulated independence and communication skills. Families also participate in therapeutic music, and movement exercises. Classes are held on Saturdays from 9:30-10:45 AM in the WEE Space.

**Upcoming Dates**: Saturdays in 2016: 4/9, 4/23, 5/7, 5/21, 6/1, and 6/25

#### STRIPES MEDIA LAB (8 and UP) Saturdays

Children with an Autism Spectrum Disorder & their Families. This class uses art to build social skills and peer-to-peer relationships. Families will work on a series of collaborative projects incorporating a variety of art mediums in CMA's Media Lab and Sound Booth. Classes are held on Saturdays from 9:30-10:45 AM.

**Trimester Dates include**: Saturdays in 2016: 4/16, 5/14, and 6/4



#### Registration is required!

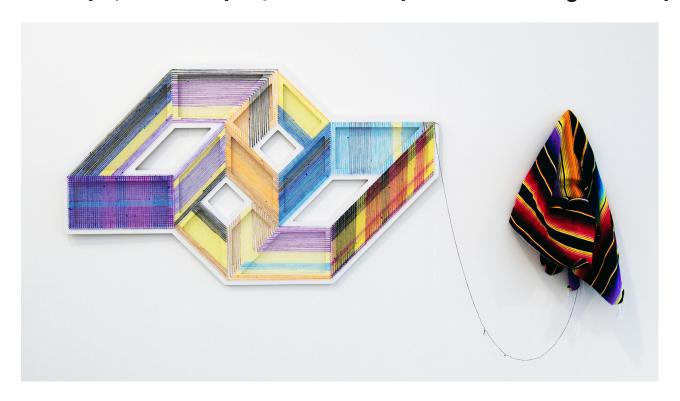
Please send an email to mlopez@cmany.org to be placed on our email list, and a registration form will be sent to you. Visit our website for more information www.cmany.org



#### **Current Exhibition:**

#### SEW WHAT?

#### February 2, 2016 - May 22, 2016 in the Cynthia C. Wainwright Gallery



**Parents!** Did you know that any child with a disability + their adult guest can visit CMA for FREE during public hours? Visit our website to register for **ART for ALL**.

**Teachers!** Visit our site to learn about discounted Group Visit rates for **NYC District 75** schools and programs providing special services to students with accessibility needs, groupvisits@cmany.org.

#### CMA Access Tools to help make your visit successful:

- Download our Social Story to help plan your visit.
- Check out our Tactile Tour bags to help explore the exhibitions.
- Listen to our **Audio Tours** with interviews from the artists and children.
- Ask for wall text in Large Print and Braille.

Call the front desk (212) 274-0986 to Plan Ahead and get information about travel, wheelchair access to the lift, and special events that might impact the comfort of your visit.



Ask about our Inclusive Sunday Programs for Children with Physical Disabilities

Inclusive Weekend Programs are generously supported by Mindy & Mark Dehnert and Goldman Sachs Gives; the CMA Young Professionals; George Link, Jr. Foundation; and The Barker Welfare Foundation. The Art For All program is made possible in part by the Institute of Museum and Library Services.





#### Programa

#### 8:30am REGISTRO Y REFRIGERIOS

#### 9:00am APERTURA

#### Bienvenida

Rocio Ruiz, MA, Senior Coordinator, Clinical and Family Services, YAI

George Contos, jD, CAP®, CEO, YAI Network

Victoria Stone-Cadena, Director of Outreach and Special Projects, Center for Latin American, Caribbean and Latino Studies



#### Oradora principal: RISA, SALUD Y VIDA

Erika Ruiz, Conferencista Internacional, Entrenadora de la Alegría y Embajadora de la Risa, nos ayudara a como desarrollar nuestra salud física, mental y emocional a través de la risodinamica.

#### 10:30am TALLERES

A Tutela legal: Su significado, definición y concepto en el planeamiento del futuro y de los beneficios públicos

Paola Martínez Boone, MSW, Senior Advoçate, New York Lawvers for the Public Interest

B POMs (medidas de resultados personales), autodirección, planeamiento centrado en la persona: Hacia una vida integral de más calidad

Mara Henriquez, Senior Supervisor of Targeted Community Outreach, YAI

**Rocio Ruiz, MA,** Senior Coordinator, Clinica, and Family, Services, YAI

**Cristy Torres, MSW,** Assistant Coordinator, Clinical and Family Services, YAI

Vilma Hernandez, BA, Assistant Psychologist, Clinical and Family Services, YAI

Adriana Botros, MA, Medicaid Service Coordinator, YAI

Moderadora:

Brigida Hernandez, PhD, Director of Research, YAI

 Autismo: Criterios diagnósticos, instrumento de evaluación y los últimos estudios

Dina Larina, MA, LMHC, Psychotherapist, Center for Specialty Therapy, YAI

Iris Varela, LMSW, Psychotherapist, Center for Specialty Therapy, YAI

#### **ALMUERZO**

11:45am-12:30pm

#### MINDFULNESS: LA CONCIENCIA DEL PRESENTE

#### 12:30pm-1:15pm

Dilia Mieses y Beatriz Rodriguez, Madres Mindfulness Skills Trainers

#### 1:15pm TALLERES

D La risa como receta y su valor terapéutico

**Erika Ruiz,** Conferencista Internacional, Entrenadora de la Alegria y Embajadora de la Risa

El impacto del arte expresivo en las personas con discapacidad intellectual y del desarollo (IDD)

Miguel Torres-Castro, MA, The apeutic Teaching Artist

F Autismo: Farmacología, tratamiento y sus efectos en el comportamiento

Marta Braña, MD, Psychiatrist

#### Registro

No seperior la asistensia da niño a

#### Debe registrarse antes del día Martes 3 de mayo del 2016

#### Opciones de registro

Página web yai.org/latino

E-mail

link@yai.org

Correo

Enviando el formulario adjunto

Fax

212.273.6581 Attn. Mara Henriquez

> Teléfono 212,273,6412

#### ¡Gratuita y en Español!

Martes 10 de mayo

UBICACION
CUNY Graduate Center

365 5ta Avenida, Ciudad de Nueva York

(En la esquina de la calle 34)

PARA FAMILIAS DE PERSONAS CON DISCAPACIDADES DEL DESARROLLO

Nambre	Apellido
Parket of the second of the second se	To

El Enfoque Centrado en la Persona:

¿Hacia dónde nos dirigimos?

PARA FAMILIAS DE PERSONAS CON DISCAPACIDADES DEL DESARROLLO

	Código Posta
Ciudad	Estado

GRATUITA y en Español!

Î	
	9
E-mail	Triéfono

C.	
1.4%	
- 3	
1	
150	
1368	
3.3	
1.00	
76	
1	
ERES 10:30ar	
	-
⋖	- 17
<u> </u>	- 1
2	-

legal	(medida
le le la	POMS
€	20

- side resultados personales)
  - 🔲 C Autismo; criterios diagnósticos

# TALLERES 1:15pm Selectione une solamente

- D La risa como receta
- E Arte expresivoE Autismo farmacologia

FOOOT MacVirold doost? A	C 130M 03
Viendo mās allā de la discapacidad.	IAY

West 34 Street, New York, 10001

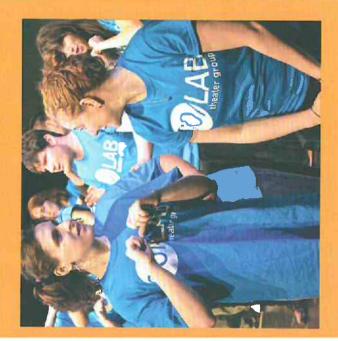
AUSPICIADA EN PARTE POR: CACLACLS

yai.org/latino

# ABOUT US

CO/LAB held its first class in the fall of 2011 with just 12 actors. Since then, we have become an established non-profit, reaching over 500 individuals with developmental disabilities through 400 theater workshops. Our team has worked with actors in four cities to create 18 original shows. With our crew of staff, volunteers and supporters, we continue to come up with new ways to improve our programs and grow the organization.

All of our programming is offered at little to no cost to the participant. We aim to provide acces to all those who need us, regardless of financial background.



"You make her life lighter because she starts believing in her own strengths."

- Iring CO/I

# CO/LAB PROGRAMS

At CO/LAB, we infuse all activities with a fun, energetic spirit. We believe that by collaborating within this positive environment, participants will take away essential skills – such as communication, focus and creativity – that can be applied to their school, work and home lives.

# On-Site Classes

CO/LAB's semester-long classes are recommended for participants ages 14+. Each class is led by a team of Teaching Artists and Supporting Artists, creating a 2:1 participant to staff ratio. Our drama and musical theater curriculum integrates individual acting exercises and ensemble collaboration. At the end of the semester, the actors' hard work and creativity light up the stage at the final performances. These original shows, created by the group, are guaranteed to leave you smiling... and just about always end with a standing ovation.

# Off-Site Workshops

For schools, day habilitation programs and community centers, CO/LAB will come to you! We offer one-day workshops as well as long-term residencies. Choose from our standard workshops in theater and improv, or have us customize a workshop to meet your specific curriculum needs. These can be tailored for children, teens or adults.

# Summer Guest Artist Series

We get awesome professional artists to come teach single workshops in their areas of expertise. The goal of the program is to expose CO/LAB actors to new aspects of theater and to other teaching styles and approaches. Past topics include Shakespeare, puppetry, dance, oncamera acting, design, music and many morel.

# GET INVOLVED

### Volunteer

CO/LAB is always looking for volunteers, and there are so many ways to help out! Some volunteers work alongside actors and Teaching Artists in the classroom. Others assist at events to ensure that things go off without a hitch. Have a special skill or expertise? We welcome anyone from photographers to psychologists to pitch in.

### Donate

Every year, CO/LAB has gotten bigger and better, but we couldn't do it without people like you. With your generous support, we can expand operations to include additional classes and staff, strengthen our outreach and fundraising efforts and, most importantly, offer more individuals a creative atmosphere in which to grow. When you donate \$200 or more, you will become part of our Benefactor's Circle, receiving special CO/LAB perks such as tickets to our shows, access to special events and a very special place in our family.

CO/LAB Theater Group is a recognized 501(c)3 non-profit corporation and all contributions are fully tax-deductible to the extent allowed by the law.

# Special Events

Our calendar of events offers the chance to interact with our staff, actors, and volunteers and to see the amazing things we're creating through CO/LAB. Twice a year, talented friends of CO/LAB light up the stage at our fan-favorite fundraising concert, CO/LABaret. We also love when participants get to show off everything they've learned and accomplished at end-ofsemester class performances. And we don't need an excuse to get together, so keep an eye out for other special events throughout the year!

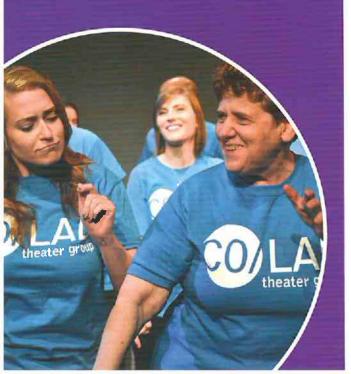
#### MISSION

CO/LAB Theater Group exists to offer individuals with developmental disabilities a creative and social outlet through theater arts.

Through our programming, we encourage the actors to collaborate as an ensemble, as well as discover their individual voices. We create a safe and judgment-free environment that provides participants the opportunity to express themselves both in class and on stage. We seek to honor and celebrate the individual, transcending the label of a disability.

"This is an outlet for me to let everything go and to be myself... and not be judged because I have disabilities... or I am different."

- Sylvia, CO/LAB Actor



#### STAY CONNECTED

For Class / Workshop Information: education@colabtheatergroup.com

For General Information: info@colabtheatergroup.com

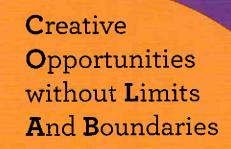


- www.colabtheatergroup.com
- colabtheater
- **f** COLABTheaterGroup
- **COLABTheaterGroup**
- @colabtheater

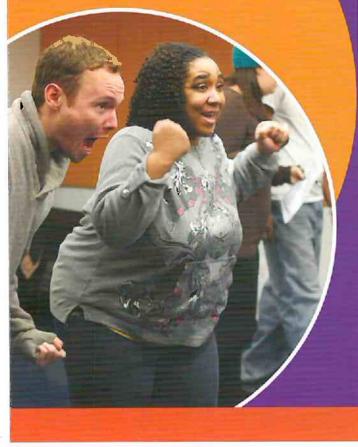


PO Box 727 • New York, NY 10108

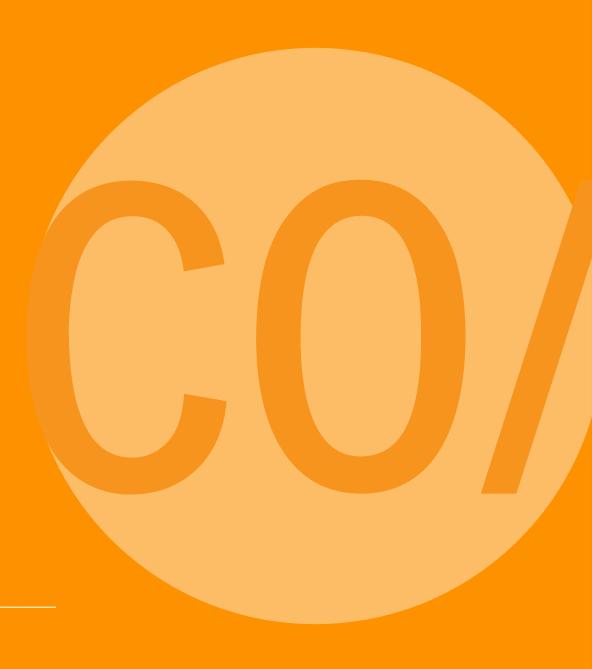




www.colabtheatergroup.com







CO/LAB theater group

#### **MISSION**



CO/LAB Theater Group is a non-profit organization dedicated to providing **Creative Opportunities without Limits And Boundaries.**CO/LAB exists to offer individuals with developmental disabilities a creative and social outlet through theater arts.

Through our programming, we encourage the actors to collaborate as an ensemble, as well as discover their individual voices. We create a safe and judgment-free environment that provides participants the opportunity to express themselves both in class and on stage. We seek to honor and celebrate the individual, transcending the label of a disability.



#### ABOUT CO/LAB

CO/LAB held its first class in the fall of 2011 with just 13 actors. Since then, we have become an established non-profit, reaching over 500 individuals with developmental disabilities

Our team has worked with actors in four cities to create over 20 original shows.





#### **CORE PROGRAMS**



#### **On-Site Classes**

CO/LAB's semester-long classes are designed for participants ages 14+. Each class is led by a team of Teaching Artists and Supporting Artists, creating a 2:1 participant to staff ratio. Our acting and musical theater curriculum integrates individual exercises and ensemble collaboration in order to create a full production with the cast.

#### **Summer Guest Artist Series:**

We get awesome professional artists to come teach single workshops in their areas of expertise. The goal of the program is to expose CO/LAB actors to new aspects of theater and to other teaching styles and approaches. Past topics include Shakespeare, puppetry, dance, on-camera acting, design, and music.





#### CO/LAB CONNECTS





For schools, day habilitation programs, support groups, and community centers, CO/LAB will come to you. CO/LAB's programming staff will work with your team in order to create a curriculum suited for the population you are working with. This might mean bringing our crew in once to teach the basics of theater and provide a fun activity night or it might mean a longer partnership to develop a specific skillset for your participants.

Every single partner that CO/LAB works with deserves a personal experience. We give each group individualized attention and specialized programming to suit your program's interests and goals.

Choose from our standard workshops in theater and improvisation or have us customize a workshop to meet your specific curriculum needs. Workshops can be tailored for children, teens or adults.



#### OFF SITE OPPORTUNITIES





#### Single Workshop (45-90 minutes):

- Get a taste for what we do at CO/LAB
- Workshops include a dance party, warm-up, focus game, and theater activities

#### Mini Residency (Series of 6-10 workshops):

- Increased skills building
- Program concludes with a work-sharing on the final day

#### Full Residency (10-15 Workshops):

- Get the full CO/LAB experience!
- Concludes with a final production for friends and family
- Gain valuable performance skills as well as develop an ensemble of players that trust and support one another

Past workshop and residency topics include building an ensemble, improvisation, environment, creating characters, communication skills, musical theater and problem solving.



#### PAST PARTNERSHIPS

- Aaron Academy
- AHRC
- ARC Mercer
- Emerge and See
- GRASP

- Heartshare
- Help on the Way
- Human First
- JCC Manhattan
- Lifespire

- LOTS Connection
- MSCR
- YAI Hankering for More
- YAI Independent Living Program







#### **BENEFITS**



#### In CO/LAB classes, we teach participants to:

- Contribute positively and respectfully to an ensemble.
- Perform confidently in front of family, friends, and the community.
- Give and receive constructive feedback during the rehearsal process.
- Create a safe, shared space that inspires risk taking and innovation.
- Use techniques for the body and voice to improve diction, vocal projection and body awareness.
- Present their own ideas to generate original material including characters, scenes, songs and dances.

We believe that by collaborating within this supportive environment, participants will take away essential skills – such as communication, focus, and creativity – that can be applied to their school, work, and home lives. Most importantly, at CO/LAB we infuse all activities with a positive, energetic spirit and encourage actors to do the same outside of class!





#### **TEACHING ARTISTS**









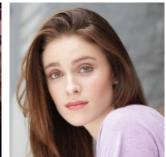












We staff each class with two Teaching Artists and additional Supporting Artists in order to provide a safe, creative space for all participants. Our Teaching Artists are trained performers and educators and have worked at/with the following organizations:

- Gotham Comedy Club
- The Acting Company
- The Tempest Ladies
- •The Deconstructive Theatre Project
- Syracuse Stage
- Steppenwolf Theater
- McCarton School
- Chamber Theater Productions
- Piven Theatre Workshop
- Alabama Shakespeare
- •Florida Studio Theater
- •Theater for a New City
- Arts Connection
- Parallel Exit
- Miami Theater Center



#### **TESTIMONIALS**



This is an outlet for me to let everything go and to be myself...and not be judged because I have disabilities..or I am different. -Sylvia, actor

an actor in CO/LAB. Being an actor is my dream.

- Paul, actor

CO/LAB has affected the individuals we serve at the Arc in a very positive way. Partnering with CO/LAB has been most beneficial to building our individuals' confidences as well as learning how to retain and recite various vocal and physical warm-ups as well as opening up the creative part of the brain by making something of their own for others to enjoy. - Jim Gaven, Staff - Arc

Mercer

In CO/LAB there is no wrong choice, or way to do something..it allows the actors a completely safe space to be themselves and create and have fun. -Lauren, volunteer

individuals with disabilities is incredibly tactful, respectful, and motivating.

-Irina, parent



#### **FAQ**



#### What if my participants have never done theater?

No problem at all! We tailor our programming for actors at all levels and are ready to start at the very beginning by creating a safe space. Shakespeare had to start somewhere!

#### Where do the workshops take place?

CO/LAB Staff can travel to your venue or usual meeting place if you have a room that can be mostly cleared of large furniture pieces to create an open playing space. If not, CO/LAB can help to secure a rehearsal and performance space on your behalf.

#### What about supplies?

CO/LAB Teaching Artists can bring whiteboards, music, and props with them on the go. We'll have you fill out a pre-workshop form to let us know of any supplies you already have on-site.

#### What if some of our actors have limited speech or mobility?

CO/LAB Teaching Artists are trained and experienced in working with a ride range of abilities in our workshops. Our number one priority is physical and emotional safety. We include everyone in each part of the lesson and try to challenge each actor to take creative risks.

#### Does our staff need to participate?

CO/LAB is prepared to teach without any additional staff, but you are welcome and encouraged to participate in our activities. No experience necessary!





# Are you ready for CO/LAB?

Contact us: education@colabtheatergroup.com





# Please answer all questions as honestly and as completely as you can.

# Please circle your answers:

Laure intercepts of in	M 1. F.					
I am interested in	Making Friends	Finding so	Finding someone to date			
I prefer a to socialize	with a chaperone alon	g in a group	alone			
I like talking on the phone  I do not like talking on the phone						
I prefer doing things in the	morning	Evening	no preference			
I prefer doing things	indoors	outdoors	both			
I smoke	yes	no	sometimes			
I drink	yes	no	sometimes			
I take drugs	yes	no	sometimes			
I drive	yes	no				
I am allergic to:	dogs	cats	other animals			
During the day I usually:						
During the evening I usually:						
On the weekends I usually:						
I would describe myself as:						
The kinds of things I find funny are:						
My idea of a friend is someone who:						
The things that turn me off about a person are:						
The things that turn me on about a person are:						



# You And I



# A Social Skills Training & Recreation Program

460 West 34th Street, New York, NY 10001 Office (212) 273-6202 Fax (212) 273-6356

# <u>APPLICATION</u>

## Information about yourself

Please be sure to answer all questions. This will help us to make the best possible match for you.

Name:						
MaleFemale The following information is for our records only:						
Address:		Apartment	Number:			
City:	State:	Zip Co	de:			
Phone Number:		Date o	f Birth:			
Age:	Height: _					
Please Circle Ethnic/Racial	Background:	African American	Hispanic			
Asian/Pacific Islander	White	American Indian	Other			
Level of disability/physical limitation(s):						
Other Issues:						
What language do you speak:						
Other ways I communicate are:						
Please circle: I travel independently I do not travel on my own						

The follow	ving are a list of interests.	Please circle	all that apply to you.		
Bowling			Traveling		
Cooking			Going to the Park		
Animals			Hiking		
Dancing:	Give Favorites	_	Swimming		
Music:	Rock & Roll Classical/Opera		Playing Cards/Games		
	Country Mellow		Working Out		
	Jazz Blues Other:		Reading		
Movies:	Comedy Drama Action Horror Other:	Sports:	Baseball Football Hockey Basketball Skiing		
Renting V	ideos				
Going to F	Restaurants		Playing Pool/Billiards		
Bike Ridin	ng				
Other Inte	erests/hobbies:				
Other important things I think the You And I should know about me:					
	9				

find out a little more about me (this can be a fried or family member).	
1.	
2.	
I claim all the above information to be true. I myself will result in dismissal from You And I. participation in You And I does not guarantee a I agree to assume the risks connected with thi YAI/National Institute for People with Disabiliti accidents or injuries connected with my participating that YAI will not be responsible for any events any person I meet while participating in this explained to me and I have had the opportunity understand that admission to You And I is at the	I further understand that membership and successful relationship with another person. s activity. I further agree that I will not hold les liable or responsible for any problems, pation in this dating program. I understand which occur during any date or results from activity. This information has been fully to ask questions about its meaning. I also
SignedApplicant	Date:
Signed	Date:
Print Name	Phone No
Signed Program Supervisor	Date:
Print Name	Phone No
Please return this questionnaire to:  Ms. Connie Senio	r

YAI/National Institute for People with Disabilities 460 West 34th Street
New York, NY 10001

# You And I: A Social Skills Training & Recreation Program

is designed to provide you with the opportunity to meet new people and have more meaningful and satisfying relationships.



Every month You And I holds "Getting To Know You" socials. At each social you will be able to attend up to three classes designed to help you develop some new social skills, and fine tune some old ones.

After attending these classes everyone will get a chance to practice, practice, practice as they talk, laugh, and dance the night away with other You And I members.

You And I is committed to providing you with a number of fun ways to meet new people and in a playful, safe, supportive environment while helping you learn some new ways to experience and enjoy your life.



The rest is up to you.

If you are over the age of 17 and live at home with your family in Manhattan you are eligible for this program.

For more information about the You And I: A Social Skills Training & Recreation Program call Connie Senior at (212) 273-2889.



## FREE WORKSHOPS

April 2016 -and-Early May 2016

Workshops for all parents, professionals, and caregivers. No children please.

#### STRATEGIES AND TECHNIQUES FOR INCREASING SAFETY

Thursday, April 7<sup>th</sup>, 2016

160 Lawrence Ave. Brooklyn, NY 11230

Time: 10am-12pm.

This workshop will give an overview of safety risks for individuals with developmental disabilities and proactive methods for reducing the likelihood of serious incidents. Focus will be on elopement and wandering; recommendations will be geared toward family members.

Presenter: Geoffrey Debery, M.A. BCBA, Eden II Diagnostic and Outreach Center- Director

#### POSITIVE DISCIPLINE AND BEHAVIOR GUIDANCE

Tuesday, April 12<sup>th</sup>, 2016 281 Port Richmond Ave. Staten Island, NY 10302 – Basement Time: 10am-12pm How does positive discipline differ from punishment and why is it more effective? What are some of the things that make it more likely that a

child will misbehave? How does one avoid power struggles yet still get a child to "obey"? How does the relationship one has with a child influence the child's behavior? What are age-appropriate developmental expectations for a child and how does this have an effect on behavior? How can one tell when to be firm and when to be flexible? What are some ways of dealing with challenging behaviors? This workshop will present ideas and suggestions that can be used immediately at home and at school.

Presenter: Dolores Reig, M.S. Ed. Early Childhood Specialist / Resource & Referral Coordinator -

Early Childhood Direction Center (ECDC)- Staten Island

#### **EMPOWERED PARENTS: BUILDING YOUR TOOLBOX**

Thursday, April 14th, 2016

160 Lawrence Ave. Brooklyn, NY 11230

Time: 10am-12pm.

This workshop will provide parents, caregivers and professionals with specific skills and strategies for connecting with your child to inspire behaviors change. Parents, caregivers and professionals will learn identifying the child's strengths to create success & increasing connection with the child to build mutual trust. Parents and caregivers can create healthy families by using tools that meet need and teach skills.

Presenter: Sheri Klugman - Ramapo for Children

ACCESSING SERVICES IN TODAY'S ENVIRONMENT: OBTAINING SERVICES THROUGH OPWDD'S FRONT DOOR

Thursday, April 21<sup>st</sup>, 2016

160 Lawrence Ave. Brooklyn, NY 11230

Time: 10am-12pm.

As OPWDD's process for service allocation changes, some find themselves struggling with the ins and outs of getting through the system. This presentation will guide you through the steps involved in finding out if you are eligible for services with the OPWDD, identify your needs, and help you work on a plan for getting those services in a timely manner. You don't have to do it alone; we're here to help you!

Presenter (UCP of NYC): Carol Lincoln, Director of Medicaid Service Coordination

#### **GUARDIANSHIP & SPECIAL NEEDS PLANNING**

Wednesday, May 4, 2016

160 Lawrence Avenue, Brooklyn, NY Room 205

Time: 10am-12pm.

During this workshop, the presenter will use her personal and professional experience as a parent of a special needs child to guide you through the process of planning for the future of your loved one with special needs including a discussion of guardianship, guardianship alternatives and special needs estate planning. The presenter will discuss how to provide for the legal and financial needs of children and youth with disabilities through the use of special needs trusts. She will also discuss how to provide for children with special needs in a matrimonial action and the use of ABLE acts.

Presenter: Adrienne Arkontaky Esq. - The Cuddy Law Firm- Vice President/Managing Attorney

To register for a workshop please Call 718-436-7979 Ext. 704 or Email familyconnect@ucpnyc.org





#### TALLERES GRATIS

## Abril del 2016 -Y-

### Principio de Mayo del 2016

Talleres para padres, profesionales y cuidadores. Favor no traer niños

#### ESTRATEGIAS Y TÉCNICAS PARA INCREMENTAR LA SEGURIDAD SE SUS SERES QUERIDOS CON DISCAPACIDAD Jueves, 7 de Abril del 2016 160 Lawrence Ave. Brooklyn, NY 11230 Hora: 10am-12pm

Este taller hará: Una revisión general de los potenciales riesgos para reducir la probabilidad de ocurrencia de serios incidentes. Se dará énfasis en cómo prevenir la fuga y recomendaciones para los miembros de familias y cuidadores,

Presentador: Geoffrey Debery, M.A. BCBA, Eden II Diagnostic and Outreach Center- Director

#### DISCIPLINA POSITIVA Y ORIENTACIÓN DE COMPORTAMIENTO

Martes, 12 de Abril del 2016 281 Port Richmond Ave. Staten Island, NY 10302

Hora: 10am-12pm

Usted aprendera, cual es la diferencia entre disciplina positive y el castigo, cuáles son algunas de las cosas que hacen más probable que un niño no obedezca, cómo evitar luchas de poder y conseguir que el niño(a) obedezca, cómo la relacion que uno establece con el niño (a) influencia su comportamiento, cuáles son expectativas razonables para la edad del niño (a) y cómo afecta esto su comportamiento, cómo se sabe cuando ser firme y cuando ser flexible, cómo reaccionar como padre o professional ante un comportamiento desafiante. Este taller presentara ideas y sugerencias que pueden incorporar de manera inmediata a la rutina de la escuela y el hogar.

Presentadora: Dolores Reig, M.S. Ed. Early Childhood Specialist / Resource & Referral Coordinator -Early Childhood Direction Center (ECDC)- Staten Island

#### VENGA Y APRENDA A CONSTRUIR SU CAJA DE RECURSOS PARA MEJORAR EL COMPORTAMIENTO DE SU NIÑO (A) Jueves, 14 de Abril, 2016 160 Lawrence Ave. Brooklyn, NY 11230 Hora: 10am-12pm

Este taller proporcionará a los padres, cuidadores y profesionales estrategias y técnicas para mejorar el cambio de comportamiento. Un énfasis en como identificar las habilidades del niño (a) para crear éxito y aumentar la posibilidad de dicho proceso e incrementar la mutua confianza entre padres y niños. Los padres y cuidadores pueden crear familias saludables mediante el uso de herramientas que satisfagan las necesidades y enseñan habilidades.

Presentadora: Sheri Klugman - Ramapo for Children

#### ACCEDER A LOS SERVICIOS HOY: OBTENER SERVICIOS A TRAVÉS DE LA PUERTA DE ENTRADA " FRONT DOOR" DE OPWDD

Jueves, 21 de Abril, 2016

160 Lawrence Ave. Brooklyn, NY 11230

Hora: 10am-12pm El proceso de obtener servicios por la Oficina De Personas Con Discapacidad Del Desarrollo (OPWDD) ha cambiado, algunas personas se encuentran sopesando con los pros y contras de adquirir servicios a través del sistema. Esta presentación le guiará a través de los pasos a seguir en determinar si su ser querido es elegible para los servicios, identificar sus necesidades y ayudarle a trabajar en un plan para obtener los servicios para su ser querido. Usted no tiene que hacerlo solo, estamos aquí para ayudarle!

Presentadora (UCP of NYC): Carol Lincoln, Directora de Coordinación de Servicios de Medicaid

### TUTELA Y PLANIFICACIÓN PARA PERSONAS CON NECESIDADES ESPECIALES

Miercoles, 4 de Mayo del, 2016 160 Lawrence Avenue, Brooklyn, NY

Hora: 10am-12pm.

Durante este taller, la presentadora utilizará su experiencia personal y profesional como una madre de una adolecente con necesidades especiales para guiarle en el proceso de planear para el futuro de su ser querido con necesidades especiales, incluyendo un enfasis en tutela, alternativas de tutelas y planificación financiera. La presentadora hablará sobre que hacer en un acta matrimonial en caso de divorcio y las

Presentadora: Adrienne Arkontaky Esq. – The Cuddy Law Firm- Vice President/Managing Attorney

Para registrarse a un taller llame al 718-436-7979 Ext. 704 o escriba a familyconnect@ucpnyc.org





# United Cerebral Palsy of New York City

# Family Reimbursement

UCP's Family Reimbursement program provides monies to family support eligible families. These monies cover the cost of items Medicaid does not traditionally cover, such as;

- Clothing
- Summer Camp
- Respite Care
- · Children's Furniture
- Nutritional Items
- Supplies
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chair
- Hospital beds/mattress
- Commodes
- Walkers



If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

An updated Level Of Care (LOC) or Psychological evaluation must be included with application. Families can apply every 12 months.

For more information call 718-859-5420 ext 244

UPC of NYC Family Reimbursement 110 Elmwood Avenue Brooklyn, NY 11230 projectconnect@ucpnyc.org www.ucpnyc.org



## United Cerebral Palsy of New York City Services and Supports 2016

#### **Healthcare Services**

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry, Psychiatry and Neurology.

#### Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

#### **Bronx Overnight Respite**

Serving all five boroughs.

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Site is fully accessible
- 3yrs and older
- Must be waiver enrolled

#### In-Home Respite

Serving Bronx, Brooklyn, Manhattan, and Staten Island

Must be waiver eligible and live with a family member

#### Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

#### Doorways to Independence

Housing Assistance Services/Home Modifications Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments a developed report on possible modifications and equipment to make the home more accessible.

#### Home Modifications

 Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

#### **Family Reimbursement**

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island Special Brooklyn Camp Funds available
- Manhattan Durable Medical Equipment Funds available
- Funding available to assist families in paying for an item Medicaid or other funds will not cover
- Families can apply every 12 months

#### Family Connect

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

# PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, <u>Projectconnect@ucpnyc.org</u>

www.ucpnyc.org



## United Cerebral Palsy of New York City Services and Supports 2016

#### Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Universal Pre-K
- Integrated programming
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

#### After-School Program

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Bronx P721x
- Transportation is provided by DOE-OPT

#### Day Habilitation

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- OPWDD eligibility
- HCBS Waiver (if living at home with family)

#### Supported Employment

Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Employment services for adults with developmental disabilities.

#### Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

#### SHARE Lending Library

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

#### ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13 21, live with a family member.

Must be in OPWDD waiver

#### **SPIRIT**

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island.
- Transportation is provided

#### **EXPLORE Club Disco**

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island.

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible
- Transportation is not provided
- Dinner and refreshments served

Staten Island Club Disco

Must be HCBS waiver and live with a family member who resides in Staten Island.

#### Medicaid Service Coordination (MSC)

Services available for Manhattan, Bronx, Brooklyn and Staten Island. MSC provides ongoing support and coordination of services for individuals and their families.

Must have Medicaid to be eligible

# PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island. 1-877-827-2666, <a href="mailto:Projectconnect@ucpnyc.org">Projectconnect@ucpnyc.org</a>

www.ucpnyc.org





2082 Lexington Avenue, 4th Floor New York, NY 10035 Tel: (212) 643-2840 Toll Free: (866) 867-9665 Fax: (212) 643-2871 E-maii: information@sinerglany.org Website: www.sinerglany.org Visit our blog: http://sinerglalesquinita.blogspot.com/

Donald Lash
Chief Executive Officer/President

Johnny C. Rivera President, Board of Directors

# Vacancy Report April 12, 2016 OPPORTUNTIES AVAILABLE IN THE FOLLOWING PROGRAMS

Non-Medicaid Case Management In Manhattan only

Educational Advocacy
In Manhattan only

Housing Advocacy All Boroughs

Overnight Respite In Manhattan only

Family Reimbursement
In the Bronx and Brooklyn only

For more information please call Intake (212) 643-2840 ext. 336

# ► Autism Family Support Series

For caregivers of people with autism spectrum disorders (ASD).

Para grupos en español favor de ver el reverso 中文請看反面

Spring 2016

#### APRIL

#### Thursday, April 14

Social/Sexual Education and Your Adult Child

**Bobra Fyne,** LMSW, Assistant Coordinator of Sex Education, YAI

#### Wednesday, April 20

Transition to Adulthood. It's not Just About a Day Activity

Michelle Lang, LMSW, Assistant Coordinator, YAI LINK

#### Thursday, April 28

Communicating with Professionals

**Gary Shulman,** MS Ed, Special Needs Consulting and Training

#### MAY

#### Thursday, May 5

Trouble Shooting Challenging Behaviors: Tips to Promote Positive Interactions

**Melissa Benzuly,** LMSW, Mental Health Clinician, Premier HealthCare

#### Friday, May 13

Top 10 Autism Resources

Michelle Lang, LMSW, Assistant Coordinator & Hayley Schapiro, LMSW, Assistant Supervisor, YAI LINK

#### **IUNE**

#### Thursday, June 2

Understanding Mindfulness

**Laura M Pascrell, LCSW**, Manager of Clinical Services, YAI Autism Center

#### Wednesday, June 15

Promoting Independence

Michelle Lang, LMSW, Assistant Coordinator, YAI LINK

#### Tuesday, June 28

How to Strengthen Your Family Member's Social Independence

Laura M. Pascrell, LCSW, Manager of Clinical Services YAI Autism Center, Hayley Schapiro, LMSW, Assistant Supervisor & Caroline Dunn, LMSW, Intake Specialist YAI LINK

#### Thursday, June 30

What in the World is the Medicald Waiver?

Michelle Lang, LMSW, Assistant Coordinator, YAI LINK

#### Registration is required

#### Call YAI LINK

212.273.6182 or go to vai.org/autismsupport

#### FREE

For parents and caregivers only – no children please.

#### Structure

First half: presentation Second half: support

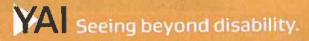
#### Location

460 West 34th Street 11th Floor New York, NY 10001

Funded in part by NYS OPWDD and NYC Council's Autism Initiative.

All Sessions 10:00am to 12:30pm except where noted

yai.org/autismsupport



## Autismo: Serie de Grupos de Apoyo para las Familia

Para proveedores de cuidado de personas con trastornos del espectro autista.

Primavera 2016

#### **ABRIL**

#### Jueves 21 10:00am-12:30pm

Lo que significa tener un hermano/a con Autismo

**Iris Varela,** LMSW, Mental Health Clinician, YAI Center for Specialty Therapy

#### **MAYO**

#### Jueves 26 10:00am-12:30pm

Modificación de Conducta: Consejos para promover una interacción positiva

**Melissa Benzuly**, LMSW, Mental Health Clinician, Premier HealthCare

# YAI anuncia su XII Conferencia Latina ¡Gratuita y en español!

El Enfoque Centrado en la Persona: ¿Hacia dónde nos dirigimos?

> Martes 10 de mayo 8:30am-2:30pm

CUNY Graduate Center • NYC

Para registrarse visite val.org/latino

# Necesita registrarse: Llame a VAI LINK al 212.273.6182 o yai.org/autismsupport

#### Gratie

Para padres y proveedores de cuidado. No se permite la asistencia de niños.

#### Duración

lra parte: presentación 2da parte: grupo de apoyo

#### Lugar

460 West 34th Street 11th Floor New York, NY 10001

Financiado en parte por el NYS OPWDD y el NYC Councilis

NYS OPWDD y el NYC ( Autism initiative,

# 家庭支持系列講座

#### 專為照顧自閉症患者的人士所舉辦

2016 春季

#### 四月 APRIL

2016年4月26日星期二 上午10點至12點30分

Tuesday, April 26, 2016, 10am - 12:30pm

您的孩子就要長大了應該怎麼辦?

Transition to Adulthood

許安安 華語諮詢專員, YAI LINK

Ann Hsu, MPH, Bilingual Mandarin Intake Specialist, YAJ LINK

#### 五月 MAY

2016年5月17日星期二 上午10點至12點30分

Tuesday, May 17, 2016, 10am - 12:30pm

為自閉症兒童開發促進藝術和社交的生活與教育環境 Creating Supportive Environments to Promote the Social Development of Children on the Spectrum 廖孟薇 博士, 心理治療師, YAI Center for Speciality Therapy

Aries Meng-Wei Liao, PhD, LMSW, YAI Center for Speciality Therapy

#### 六月 JUNE

2016年6月14日星期二 上午10點至12點30分

Tuesday, June 14, 2016, 10am - 12:30pm

如何協助我的孩子和家人了解自閉症的診斷

How to Talk to Your Child and Family Members about Your Child's Diagnosis

花薇淳 臨床心理學博士, SCO Family of Services Wei-Chun Vivi Hua, PsyD, SCO Family of Services

本系列 (主语以華語(普通話)進行。

請撥打 > VAI LINK 212.273.6182 來報名.

#### 免费

為家長與照顧者提供的講座,請勿帶孩童參加.

#### 流程

第一部份:講座

第二部份:互助團體

#### 地點

YAI中央辦公大樓, 紐約市曼哈頓, 西34街460號11樓

感謝NYS OPWDD和 NYC Council's Autism Initiative的贊助

YA! 超越身心障礙





Maria Leonardo <maria.leonardo@yai.org>

#### [Test] Emergency Respite Funds Available!

1 message

YAI LINK < link@yai.org>

Wed, Mar 23, 2016 at 8:48 PM

Reply-To: us8-45a65e1627-1cd2b866ff@inbound.mailchimp.com

To: maria.leonardo@yai org



# YAI's Manhattan Emergency Respite Fund

YAI has emergency respite funds available to help provide compensation to Manhattan families for temporary care during an emergency. These funds help pay for staffing, food, and other necessities identified by each family.

Contact Maria Leonardo at 212-273-6229 to apply.

This email was sent to maria.leonardo@yai.org
why did I get this? unsubscribe from this list update subscription preferences
YAI+460 West 34th Street - 11th Floor - New York, NY 10001 - USA



#### Sharing the Joy of the Movement Arts:

# Yoga, Dance and Gymnastics ... $Yo-Dan-Nastics^{TM}$



#### WINTER/SPRING PROGRAM

#### **CLASS DESCRIPTIONS**

- Yo-Dan-Nastics<sup>™</sup> is a unique, daring, and fun blend of Yoga, Dance and Gymnastics and a great training for the body, mind, and spirit
- Yoga Flow is a dynamic dance of yoga postures woven together with movement and breath, and finishes with stillness, contemplation, and loving-kindness meditation

#### SCHEDULE

Mondays (starts 2/15/16 and ends 6/13/16 for 17 classes; no class: 5/30/16)

- 4:30 5:10pm, CHILDREN, 3 5 years, Yo-Dan-Nastics
- 5:15 6:05pm, CHILDREN, 6 9 years, Yo-Dan-Nastics
- 6:15 7:05pm, TEENS/ADULTS ages 14 + years, Yoga Flow (NEW CLASS)

Fridays (starts 2/12/16 and ends 6/17/16 for 15 classes, no class: 3/4, 4/1, 5/6, 6/3)

• 6:00 – 8:00PM, SPECIAL NEEDS INDIVIDUALS, ages 14 + years, Yo-Dan-Nastics

#### PRICING

- Children: \$170 for all 17 classes, \$15 single (actual value: \$30/class)
- Teens/Adults: \$170 for all 17 classes, \$15 single (actual value: \$20/class)
- Special Needs: \$150 for all 15 classes, \$15 single (actual value: \$20/class)

NOTE: Fees will be prorated if starting after the beginning of the session.

Financial need-based scholarships are available for those who qualify. No one will be turned away for inability to pay.

#### LOCATION

DaNY Studios: 305 W. 38th St. @ 8th Ave., New York, NY

REGISTER at www.KeoniMovementArts.org or call (212) 643-9013. Space is limited.

Keoni Movement Arts (KMA) is a qualified 501(c)(3) nonprofit organization and does not discriminate on the basis of race, color, national or ethnic origin, religion, age, sex, sexual orientation, transgender status, marital status, disability, genetic predisposition or carrier status, alienage or citizenship, military or veteran status, or status as victim of domestic violence.