

Family Training/Counseling

Family training for family members in communication skills, behavior management, independence skills, and advocacy.

Agency	Address	Contact	Population Served	Description of Program
Advocates for Children of New York	151 West 30th St. 5th Floor New York, NY 10001	T: 212-947-9779 T: Helpline 866-427-6033, Mon.-Thurs.10AM-4PM W: www.advocatesforchildren.org and www.arisecoalition.org	Individuals with DD, birth-26	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Offers free workshops in the community for parents, professionals, and youth.
ArchCare	1432 Fifth Avenue New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Families of individuals with diagnosed or suspected DD	Behavioral + cognitive behavioral therapy for families of individuals with DD; periodic series of psycho-educational group sessions for parents + caregivers of individuals with DD-related behavioral challenges, with an ABA focus. Spanish language support group for parents of individuals with DD.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	Amanda Friedman or Alison Berkley T: 212-256-0846 C: Amanda Friedman 914-494-9888 E: info@atlasforautism.org W: www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disabilities	Coaching sessions to aid in behavioral understanding + supports, relationship building, + creating an inspired team of family, school + therapists. Fee charged.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	FACTS Program T: 518-459-7911 T: Family Helpline 800-444-6443 E: info@bianys.org W: www.bianys.org	Individuals with traumatic brain injuries which occurred before age 22 and their families	Counseling, information + referral, case management, advocacy training + emotional support. Also support groups and Family Helpline.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Individuals with epilepsy + their families	Individual, family + group training + counseling about epilepsy. Psychological counseling. Workshops + educational materials. Day + evening hours. Fee: sliding scale from \$0 up. Spanish spoken.

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GiGi's Playhouse	106 West 117th St. New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome+ their families	Family support and social groups, lectures about education, advocacy, and other topics for caregivers. All programs are free.
INCLUDEnyc	116 E. 16th St. 5th Floor New York, NY 10003	Resource line M-Th 9 am-3 pm T: Eng 212-677-4660 T: Span 212-677-4668 F: 212-254-4070 E: Info@INCLUDEnyc.org W: www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families	Training and technical assistance for parents and professionals on laws, regulations, rights, benefits, educational and other services. Workshops in English and Spanish.
JCC Manhattan	334 Amsterdam Ave New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD and their families	Groups for parents of toddlers, pre-schoolers, school aged children, teens, and young adults with DD. Groups for grandparents, siblings, fathers, couples + twins.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD + their families	Information + referral to services, advocacy, parent-to-parent connections, help with educational transition + residential issues: Advocacy + meeting info by phone and e-mail for a fee: \$20, if affordable. Call Mon.-Fri between 9am and 5pm except for emergencies.
Mercy Drive	60-69 Woodhaven Blvd Elmhurst, NY 11373	T: 718-275-9326 E: p.ossona@mercydriveinc.org W: www.mercydriveinc.org	Individuals with DD, ages 3 to 18. Medicaid eligible	In-home ONLY family education and training on a variety of topics. Mandatory two visits per fiscal year.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St., 11th Floor New York, NY 10001	Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD and their families	NYLPI's Education Program, housed in the Disability Justice (DJ) program, offers free trainings for parents + advocates in the community on various legal and advocacy related topics.

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Ramapo for Children	49 W. 38th St. 5th Floor New York, NY 10018	Alicia Barry T: 212-754-7003 W: www.ramapoforchildren.org	Families of individuals with DD	Parent support + education workshops on managing children's challenging behaviors, using visuals, structuring playdates + more. Ramapo Parent Education and Support workshops address the challenging behaviors of all children, including those with special needs such as autism spectrum disorders, and help parents feel empowered to meet their children's needs while reducing their own frustration and fatigue. Call for fees.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	T: 212-241-0961 W: www.icaahn.mssm.edu/research/centers/seaver-autism-center	Families of individuals with ASD, ages 0-adult	Family counseling/ therapy. Fee for service.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Emma Baber-Kessler T: 212-643-2840 x372 E: ebaberkessler@sinergiany.org W: www.sinergiany.org	Parents with Developmental Disabilities who are eligible for community habilitation and/or with children in foster care.	Weekly parent education classes, advocacy and case management.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals with an autism spectrum disorder	Free family support group.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	Parents with DD	Parents With Special Needs (PWSN): Support and training for mothers and fathers who have DD and who need guidance to foster a more rewarding family life through effective child rearing and household management. In-home skill training as well as educational and support group.

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YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 W: www.yai.org	Parents and caregivers of people with DD	Project Grow: Basic and advanced parent training related to issues of relationships and sexuality with adolescents and adults with developmental disabilities. English and Spanish groups offered. Public transportation reimbursement provided. Respite offered for some sessions.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/parentsupport	Parents and caregivers of individuals with DD	Project Grow: Group training for families teaching specific behavior techniques to promote positive family interactions. Peer support is also provided. English, Spanish, Cantonese and Mandarin groups offered. Respite offered for some sessions. Public transportation reimbursement provided.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/autismsupport	Parents and caregivers of people with DD	Parent Support Group: A therapeutic support group for parents and caregivers of a person with a developmental disability.