

Parent/Sibling Support Groups

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 5th Floor New York, NY 10038	Annette Spallino, LCSW T: 212-780-2592 T: Referral + Information Center 212-780-4491/ 4493 E: annette.spallino@ahrcnyc.org or referrals@ahrcnyc.org W: www.ahrcnyc.org	Siblings of individuals with IDD	Support groups for children, teens and adult siblings. Fee: Medicaid or sliding scale. Weekend sibshops for children and teenagers.
ArchCare	1249 Fifth Ave. New York, NY 10029	T: Clinic Intake 212-360-3777 or 917-484-4565 T: Reception 212-360-3703/4 W: www.archcare.org	Parents, adult siblings + other caregivers of individuals with DD	Caregiver supportive group therapy offered in English and Spanish.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	Brain Injury Association of NYS T: 800-444-6443 E: info@bianys.org W: www.bianys.org	Individuals with traumatic brain injuries, their families + friends	Call for list of NYC area support groups.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	Parents of children with DD and/or Autism, especially those of Caribbean background	Parent support groups.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Families of individuals with epilepsy	Caregiver Support Groups.
GiGi's Playhouse	106 West 117th St. New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome+ their families	Family support and social groups for English and Spanish-speakers. Most programs open to siblings. All programs are free.

Parent/Sibling Support Groups (cont'd)

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JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Parents of individuals with DD and their siblings, ages 6-12	Parent workshops and education programs available. Programs for siblings also available. Fee charged.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD + their families	Parent support
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Annie Washington T: 718-728-8476 x1219 or 718-7AUTISM W: www.qsac.com	Parents of individuals with autism who are living at home	Parent support groups providing support + information. English and Spanish groups available.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/autismsupport	Parents and caregivers of people with DD	Parent Support Group: A therapeutic support group for parents and caregivers of a person with a developmental disability.