

Respite: Overnight/Extended Stay

Overnight or extended stay respite is temporary care of an individual with developmental disabilities, provided at a respite center or a family care home, by trained respite workers. Respite is scheduled in advance for one night or more, according to the family's needs and the respite agency's policies.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD, age 4+, ambulatory, with no severe medical/behavioral problems	Out-of-home respite provided at a respite apartment, opened year-round, 24-hr. supervision. Up to 14 nights per month (42 nights total per year).
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with mild ID, ages 16+, who travel independently, self-medicate and are enrolled in the HCBS waiver	Hotel respite: 10 weekends/yr, Fri. pm-Sun. pm, Sept.-May. Groups of 5-6 individuals travel upstate to a hotel and participate in community activities, dining out+ socialization, accompanied by 2 staff. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with ID, ages 5-16, who are enrolled in the HCBS Waiver	Mini Camp operates Oct-May, weekend away to upstate camp location to participate in seasonal activities, arts & crafts, sports, music, dance + community outings. Wheelchair accessible.
ArchCare	1432 Fifth Avenue, New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Participants of the Program of All-Inclusive Care for the Elderly (PACE Program). Ages 55 and up	In home relief is provided by trained staff. Out of home respite is provided at a nursing home within the network.
Camp Oakhurst/NYSH	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland or Donna Albanese T: 732-531-0215 W: www.nysh.org	Individuals, ages 7-adult, with physical or developmental disabilities and/or diagnosed with autism	Scheduled overnight respite at Camp Oakhurst, for 2-12 days, 24-hr. supervision. Seasonal activities. Transportation (wheelchair accessible) provided. Spanish spoken.
Catholic Guardian Services	107 Payson Ave. New York, NY 10034	Bernadette Small T: 917-608-3073 W: www.catholicguardian.org	Individuals, ages 5+, with DD, ambulatory, may have limited medical + behavior problems	Weekend respite, Fri. pm-Sun. pm at respite apartment. 24-hr. supervision. Also open 2 months in the Summer 24 hours/day, 7 days/week and all school holidays. Community activities.

Respite: Overnight/Extended Stay (cont'd)

Agency	Address	Contact	Population Served	Description of Program
NY Foundling	Rockland	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org	Individuals with DD who are OPWDD eligible. Medicaid required.	Our respite program provides caregivers a brief rest from caring for their family members, offering support to those wishing to keep their loved one at home.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Claudia Vidal T: 212-643-2840 x351 E: cvidal@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	Overnight weekend/weekday respite. Wheelchair accessible. Spanish spoken.
St. Mary's Healthcare System for Children	29-01 216th St. Bayside, NY 11360	T: 718-281-8773 or 718-281-8705 W: www.stmaryskids.org	Individuals with DD, ages 0-18, who have Medicaid	Overnight respite up to 42 days per year in a hospital setting in Bayside, Queens. One stay, no longer than 30 days.
United Cerebral Palsy (UCP of NYC)	1822 Stillwell Ave. Bronx, NY 10469	Sita Boodram T: 718-652-9790 x294	Waiver eligible persons with DD. Ages 3 and up, including non-ambulatory + severely + profoundly ID.	Overnight respite up to 30 days/year. Can only stay up to 2 weeks at a time (14 days in emergency situations). Transportation provided for Manhattan, Brooklyn, Queens & Staten Island. Wheelchair accessible.
Visions Services for the Blind and Visually Impaired	500 Greenwich St. 3rd Floor New York, NY 10013	Carmen Thorne T: 212-625-1616 x107 W: www.visionsvcb.org	Children with visual impairments + DD up to age 21, including non-ambulatory. Children must attend with parent/legal guardian. Siblings are welcome	Weekend getaways + summer sessions at Visions VCB, a residential rehabilitation + training center in Spring Valley, NY. Many activities adapted with sound + tactile markings, guide rails on paths, etc. Boating, swimming, adapted computers, music, vision rehab training, etc. Round trip transportation provided from 23rd St. in Manhattan. Free service.
Yachad -The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals, ages 8-adulthood with DD	Monthly weekend (Shabbat) retreats in local host synagogue communities - mainstreamed with host youth. Fri. afternoon -Sat. night. Weekend Family Retreats.
YAI	319 W. 16th St. 3rd Floor New York, NY 10011	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People 4+, with DD who are ambulatory	24-hour supervision from Friday afternoon until Monday morning in a lovely Chelsea townhouse. Services are also available for certain week long stays, school vacations, and in emergency situations.