

Individuals ISS (Independent Support Services) Housing Subsidy

What is ISS?

ISS is available through the New York State Office for People with Developmental Disabilities (OPWDD). ISS is a permanent housing subsidy calculated based on an individual's income and on state HCR guidelines (Housing and Community Renewal) to assist them in paying their rent. The funds are provided on a monthly basis through non-profit agencies that support people with IDD/DD. People contribute a portion of their income toward their housing expenses.

ISS is available for individuals who are over the age of 18 and are living alone or with others. If living with others, the request will be for a percentage of the rent. The person must have clear tenancy rights in a shared living environment. A person is allowed to share with a parent or other family member. Funds can be used to pay for rent, mortgage or maintenance. If home is owned by a relative, the amount being charged cannot exceed the costs of the home.

ISS is not considered income by Social Security or HRA as per the SS POMS and Memorandum of Understanding.

How to access ISS

To access ISS, the MSC needs to initiate the service amendment or front door process and request ISS. Once approval is given, the MSC needs to identify an agency that will administer the ISS subsidy. In order for the agency to request the funding, they will need a written profile of need (including the individual's diagnosis), a budget application and a fully executed lease agreement. The agency will need to forward this to Pathea Walker at OPWDD to initiate the funding/approval.

How is the subsidy amount calculated?

The budget application is a way to determine how much can be requested from ISS based upon the persons income, number of bedrooms etc. The maximum amount that can be requested is:

1bedroom - \$1324

2 bedroom - \$1473

3 bedroom - 1812

Review the example attached of Charlie in a 1 bedroom apartment.

Advocacy

The subsidy amounts are not always sufficient to locate housing. There has been advocacy to increase the subsidy amounts. In addition, the startup funds are not sufficient and many times a persons needs additional items after the initial startup period has passed. A lease has to be signed prior to the agency having funds.

Housing Subsidy for People With Intellectual/Developmental Disabilities

Individual Supports and Services (ISS)

Permanent Housing Subsidy

ISS is available through the New York State Office for People with Developmental Disabilities (OPWDD). ISS is a permanent housing subsidy calculated based on an individual's income and on state HCR guidelines (Housing and Community Renewal) to assist them in paying their rent. The funds are provided on a monthly basis through non-profit agencies that support people with IDD/DD. People contribute a portion of their income toward their housing expenses.

Typical rental apartments with choice

The purpose of this subsidy is to support people to live independently in the community of their choice. It is for those looking for an alternative to certified community or institutionalized facilities; living at home with parents and siblings; or being homeless. Their responsibilities are the same as anyone else who is renting an apartment; they are obligated to the rules and regulations that are part of their lease.

Start-up Assistance

ISS provides a Start-Up Stipend to assist people to purchase household items and furniture. In addition it offers one month's rent to help someone either pay a Real Estate Broker Fee or Security Deposit.

Supports and Services

People receive whatever supports and services meet their needs through non-profit agencies to assist them to live independently. This may include staff to teach them independent living skills (i.e., cooking, cleaning, household maintenance, budgeting).

Charles' New Lease on Life

Charles is a young man who was living with his family and approaching high school graduation. Charles receives Social Security benefits (SSI) and also has a part time job. Combined, these income sources were not enough for him to afford to pay rent in New York City. He applied for, and was approved for the ISS Housing Subsidy. He now rents an apartment near Yankee Stadium where he and his roommate both grew up. Charles receives staffing supports to help him learn how to cook and keep his apartment clean. Charles has been an exemplary tenant and has even joined his Neighborhood Watch group. He enjoys visiting with his parents who still live in the community, and are there for him when he needs extra support.

Individual Support Services Budget Application
(To be completed for the individual requesting a housing stipend)

Line # I. Participant Information

(4)	a. Applicant Name	b. Date of Birth	c. TABS ID	
(5)	Address			
(6)	a. City/State/Zip	b. County		
(7)	a. DCSO	b. DCSO Contact		
(8)	a. Provider/Agency	b. Contact Phone #		
(9)	Agency Address			
(10)	a. Budget Start Date	b. Budget End Date		
(11)	a. Initial/Revised Request for Budget for Period:	b. Receiving Services Prior to 10/01/10	c. Relocation	
(12)	a. Price ID/Contract # (Housing)	a. DP Voucher No. - Transition Stipend		
(13)	a. Plan of Care Coordinator/MSO	b. Phone Number		

II. Household Information

(14)	a. Residents	
(17)	Individuals	1
(18)	Spouse/Significant Other	0
(19)	No. Dependent Children	0
(20)	Other Individuals (non-staff)	0
(21)	No. of Live-In-Caregivers	0
(22)	Total Residents	1

b. Other Resident Information

Name (Optional)	Relationship	Age	OMR Eligible

c. Bedrooms

(25)	No. Bedrooms in Home	0
------	----------------------	---

(27)	Does the ISS recipient receive Section 8 or USDA Rural Development Section 521?	7
------	---	---

III. Income

(28) Countable Income - input monthly amounts.

	Individual	Spouse/Significant Other	Children
(33)	SSI	\$ -	\$ -
(34)	SSDI	\$ -	\$ -
(35)	Welfare Assistance/TANF	\$ -	\$ -
(36)	Wages-Salary	\$ -	\$ -
(37)	Unemployment Insurance	\$ -	\$ -
(38)	Workers Compensation	\$ -	\$ -
(39)	Other (Specify)	\$ -	\$ -
(40)	Other (Specify)	\$ -	\$ -
(41)	Other (Specify)	\$ -	\$ -
(42)	Total Countable Income	\$ -	\$ -

(44) Deductions to Income - input monthly amounts.

	Individual	Spouse/Significant Other
(48)	Medicaid Spend Down/Buy in Premium	\$ -
(49)	Out of Pocket Medical Expenses	\$ -
(50)	Health Insurance Premiums	\$ -
(51)	Allowed Medicaid Health Deduction	\$ -
(52)	Unreimbursed Attendant Care for Disabled Family Member	\$ -
(53)	Allowed Attendant Care Deduction	\$ -
(54)	Dependent Children Deduction	\$ -
(55)	Personal Allowance Equivalent	\$ 200
(56)	Daycare Expenses - Children < 13 yrs.	\$ -
(57)	Other Eligible Deductions	\$ -
(58)	Total Deductions	\$ 200
(60)	Dependent's Income	\$ -
(62)	Net Income	\$ (200)

IV. Housing Stipend – Housing is defined as its rent, utilities included in lease, water and sewer, renter's or homeowner's insurance, if individual owns or is co-owner of the residence, mortgage payments including taxes, and association fees, co-op maintenance fees.

(64)

(67) Maximum Housing Stipend _____ 0
 (68) No. Bedrooms in Home _____ 0
 (70) No. Allowed Bedrooms per Stipend _____ 0
 (72) Maximum Household Housing Stipend #N/A

	<u>Individual</u>	<u>Spouse/ Significant Other</u>
(75) Housing Costs	\$ _____	\$ _____
(76) Household Housing Costs	\$ _____	\$ _____
(78) Individual Share of Housing Costs	\$ _____	\$ _____
(80) Dependent Share of Housing Costs	\$ _____	\$ _____
(82) Household Heat, Cooking Gas, and Electric Not Included in Lease	\$ _____	\$ _____
(84) Individual Share of Household Heat, Cooking Gas and Electric Not Included in Lease	\$ _____	\$ _____
(86) Dependent Share of Household Heat, Cooking Gas and Electric Not Included in Lease	\$ _____	\$ _____
(88) Insurance Costs	\$ _____	\$ _____
(90) Individual Share of Insurance Costs	\$ _____	\$ _____
(92) Dependent Share of Insurance Costs	\$ _____	\$ _____
(95) Funding Request Total Housing Stipend Requested	\$ _____	\$ _____
(99) Administration Administrative %	0.00%	0.00%

V. Transition Stipend

(102) Has a transition stipend previously provided? ? _____

(104) If answered yes to question 102, Date Received _____ Description _____

(106) Transition stipend base request (up to \$3,000) \$ _____

(108) Is the individual requesting one month's rent? ? _____

(110) Amount Requested for Security or First Month's Rent \$ _____

(112) Administrative % 0.00%

(116) Completed By: _____ Date _____

(118) Reviewed By: _____ Date _____

Sample

Individual Support Services Budget Application
(To be completed for the individual requesting a housing stipend)

I. Participant Information

(4)	a. Applicant's Name	CHARLES	b. Date of Birth	0	c. TABS ID	0
(5)	Address					
(6)	a. City/State/Zip		b. County			
(7)	a. DDSD		b. DDSD Contact			
(8)	a. Provider/Agency		b. Contact/Phone #			
(9)	Agency Address					
(10)	a. Budget Start Date		b. Budget End Date			
(11)	a. Initial/Revised Request for Budget for Period		b. Receiving Services Prior to 10/01/10		c. Reason(s)	
(12)	a. Price ID Contract # (Housing)		b. OP Voucher No. - (Transition Stipend)			
(13)	a. Plan of Care Coordinator (MSC)		b. Phone Number			

II. Household Information

a. Residents

- (16) Individual
- (17) Spouse/Significant Other
- (18) No. Dependent Children
- (19) Other individuals (non-staff)
- (20) No. of Lives In-Caregivers
- (21) Total Residents

1
0
0
0
0
1
1

b. Other Resident Information

Name (Optional)	Relationship	Age	OMR Eligible

c. Bedrooms

- (25) No. Bedrooms in Home

- (27) Does the IRS recipient receive Section 8 or USDA Rural Development Section 502?

NO

III. Income

- (29) Countable Income - Input monthly amounts.

	Individual	Spouse/Significant Other	Children
(33) SSI	\$ 800	\$ -	\$ -
(34) SSDI	\$ -	\$ -	\$ -
(35) Welfare Assistance/TANF	\$ -	\$ -	\$ -
(36) Wages/Salary	\$ -	\$ -	\$ -
(37) Unemployment Insurance	\$ -	\$ -	\$ -
(38) Workers Compensation	\$ -	\$ -	\$ -
(39) Other (Specify)	\$ -	\$ -	\$ -
(40) Other (Specify)	\$ -	\$ -	\$ -
(41) Other (Specify)	\$ -	\$ -	\$ -
(42) Total Countable Income	\$ 800	\$ -	\$ -

- (44) Deductions to Income - Input monthly amounts.

	Individual	Spouse/Significant Other
(48) Medicaid Spend Down/Buy in Premium	\$ -	\$ -
(49) Out of Pocket Medical Expenses	\$ -	\$ -
(50) Health Insurance Premiums	\$ -	\$ -
(51) Allowed Medical/Health Deduction	\$ -	\$ -
Unreimbursed Attendant Care for Disabled Family Member	\$ -	\$ -
(52) Allowed Attendant Care Deduction	\$ -	\$ -
(53) Dependent Children Deduction	\$ -	\$ -
(54) Personal Allowance Equivalent	\$ 200	\$ -
(55) Daycare Expenses - Children < 13 yrs.	\$ -	\$ -
(56) Other Eligible Deductions	\$ -	\$ -
(57) Total Deductions	\$ 200	\$ -
(58) Dependent's Income	\$ -	\$ -
(59) Net Income	\$ (200) 600	\$ -

auto deduct \$ 200

IV. Housing Stipend - Housing is defined as: as rent, utilities included in lease, water and sewer, renter's or homeowner's insurance; if individual owns or is co-owner of the residence, mortgage payment including taxes; condo association fees; co-op maintenance fees.

(67) Maximum Housing Stipend 0 1324
 (68) No. Bedrooms in Home 0 1
 (70) No. Allowed Bedrooms per Stipend 0 1
 (72) Maximum Household Housing Stipend N/A 1324

	Individual	Spouse/Significant Other
(74) Housing Costs	<u>\$ 4500</u>	<u>\$ _____</u>
(75) Household Housing Costs	<u>\$ 450</u>	<u>\$ _____</u>
(76) Individual Share of Housing Costs	<u>\$ _____</u>	<u>\$ _____</u>
(80) Dependent Share of Housing Costs	<u>\$ _____</u>	<u>\$ _____</u>
(82) Household Heat, Cooking Gas, and Electric Not Included in Lease	<u>\$ 50</u>	<u>\$ _____</u>
(84) Individual Share of Household Heat, Cooking Gas and Electric Not Included in Lease	<u>\$ _____</u>	<u>\$ _____</u>
(86) Dependent Share of Household Heat, Cooking Gas and Electric Not Included in Lease	<u>\$ _____</u>	<u>\$ _____</u>
(88) Insurance Costs	<u>\$ 25</u>	<u>\$ _____</u>
(90) Individual Share of Insurance Costs	<u>\$ _____</u>	<u>\$ _____</u>
(92) Dependent Share of Insurance Costs	<u>\$ _____</u>	<u>\$ _____</u>
(94) Funding Request Total Housing Stipend Requested	<u>\$ 975</u>	<u>\$ _____</u>
(96) Administration Administrative %	<u>0.00%</u>	<u>_____</u>

(101) **V. Transition Stipend**

(102) Has a transition stipend previously provided? ?

(104) If answered yes to question 102: Date Received _____ Description _____

(106) Transition stipend base request (max \$3,000) \$ 3000

(108) Is the individual requesting one month's rent? ? -> security deposit

Amount Requested for Security or First Month's Rent

(110) Rent \$ _____

(112) Administrative % 0.00%

(116) Completed By: _____ Date _____

(118) Reviewed By: _____ Date _____



STATE OF NEW YORK
OFFICE OF MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES

44 HOLLAND AVENUE • ALBANY • NEW YORK • 12228-0001

~~ELIJAH M. HOWE~~
~~Commissioner~~

~~THOMAS A. MAUL~~
~~Executive Deputy Commissioner~~

MEMORANDUM

TO: DDSO Directors
Deputy Directors for Community Services
Central Office Distribution #2
Individual Support Services Coordinators

FROM: Thomas A. Maul *TAM*
Commissioner

DATE: January 21, 1994

SUBJECT: Department of Social Services - Public Assistance Exempt Individual Support Services Payments

OMRDD has recently negotiated agreements with other State and Federal agencies to exempt individual support services funding to individuals so not to effect other generic benefits.

Agreements were negotiated with the Social Security Administration, Region II, for Supplemental Security Income (SSI) and State Department of Social Services for Medicaid and most recently for public assistance benefits.

The decision by the Social Security Administration allows individuals to receive individual support services funds without jeopardizing their SSI eligibility or adversely affecting their SSI benefit payments. When dealing with the Social Security Administration's field offices staff should always identify funding as individual support services funding.

The decision by the Department of Social Services to exempt individual support services funding from countable income for Medicaid eligibility purposes viewed individual support services funding as cash assistance based on need and furnished by a government agency and, therefore, should not effect Medicaid.



Right at home. Right in the neighborhood.

The decision to exempt individual support services funds from consideration for public assistance benefits viewed individual support services as a supplement to public assistance grants. The key is the use of individual support services funds as a payment of last resort. Public assistance funds should be part of the individual's budget before individual support services funding is determined. Individual support services funds should be used to fund service needs. It should only be used to pay room and board as a last resort.

I am pleased with the results of our requests in these three vital areas and we have requested an exemption and anticipate a favorable response from the Department of Social Services regarding food stamps.

As noted in these three situations, all other benefits and entitlements must be utilized before using individual supports services funds.

If you have any questions or need any further information on these decisions, please contact the Bureau of Housing and Family Care at (518) 473-1973.

TAM:PFC

INFORMATIONAL LETTER

TRANSMITTAL: 95 INF-23

TO: Commissioners of
 Social Services

DIVISION: Economic
 Security &
 Health and Long
 Term Care

DATE: July 12, 1995

SUBJECT: Office of Mental Retardation and Developmental
 Disabilities (OMRDD) Individual Support Services
 (ISS) Program

SUGGESTED
 DISTRIBUTION: Income Maintenance Directors
 Food Stamp Directors
 Medical Assistance Directors
 CAP Coordinator
 Social Services Directors
 Staff Development Coordinators

CONTACT PERSON: 1-800-343-8859
 Economic Security: Charles Giambalvo, extension
 4-9327 (AV1810)
 Food Stamps: Your Food Stamp Representative,
 extension 4-9225
 Health and Long Term Care: Ann Clearwater,
 extension 3-5457 (89A728)

ATTACHMENTS: None

FILING REFERENCES

Previous ADMs/INFs	Releases Cancelled	Dept. Regs.	Soc. Serv. Law & Other Legal Ref.	Manual Ref.	Misc. Ref.
		352.16(a) 387.11(c)			MARG Page 153 FSSB XII-A XII-G-2-G-4

Date July 12, 1995

Trans. No. 95 INF-23

Page No. 2

The purpose of this INF is to provide social services districts (SSDs) with:

- o information about the Individualized Support Services (ISS) program funded and operated by the New York State Office of Mental Retardation and Developmental Disabilities (OMRDD); and
- o guidelines for budgeting ISS funds received by PA, MA and FS applicants/recipients under current policy and regulations.

The OMRDD has developed the ISS program to enable qualified developmentally disabled persons to move from group or community homes to independent living environments. To accomplish this, OMRDD is making payments to individuals to help meet expenses of independent living.

ISS funds specific supports and services required by individuals to help them function in society on a level comparable to that of individuals who do not have developmental or physical disabilities. Supports and services funded through ISS include health care, staff assistance, social services, case management, housing and transportation.

ISS funding is only provided when there is no other source of funds available to pay for the support services.

ISS funds provided to public assistance (PA) or medical assistance (MA) A/Rs are excluded under 18 NYCRR 352.16(a) when calculating a PA budget and under page 153 of the Medical Assistance Reference Guide (MARG) when calculating an MA budget.

If ISS funds are used to obtain an apartment, SSD's may not duplicate the amount of money paid to the landlord for rent, security deposit or shelter related costs. If ISS funds reduce the A/R's actual shelter liability, the PA standard of need should be adjusted accordingly. ISS funds used to pay the difference between the local shelter maximum and the actual rent would not be budgeted for public assistance.

Individual Support Services (ISS) funds paid directly to an individual are counted as income for food stamps. However, if the payment of expenses is made directly to the provider the funds can be excluded as a vendor payment.

John C. Fredericks
Division of Economic Security

~~Richard Cody~~
Deputy Commissioner
Division of Health and Long
Term Care

**Individualized Services and Supports (ISS)
and Social Security Income (SSI)**

ISS payments are not considered income by SSI. The relevant Social Security policy is below. This is an extract from an internal SSA document that can be referenced with SSA if needed. It comes from their "POMS" manual.

~~~~~  
SI 00830.175 Assistance Based on Need (ABON)  
Citations:

Social Security Act as amended, Section 1612(b)(6);

20 CFR 416.1124(c)(2)

A. DEFINITIONS

1. Assistance Based on Need (ABON)

ABON is assistance:

provided under a program which uses income as a factor of eligibility; and

funded wholly by a State (including the District of Columbia, Indian tribes and the Northern Mariana Islands), a political subdivision of a State, or a combination of such jurisdictions.

EXCEPTION: State supplementary payments, as defined in SI 01401.001, made to refugees are considered to be ABON even if the Federal government reimburses the State.

NOTE: If a program uses income to determine payment amount but not eligibility, it is not ABON (e.g., some crime victims compensation programs).

2. Federal Funds

For purposes of this section, Federal funds means monies supplied

and directed by the Federal government for a specific use or specific type of program (e.g., community service block grants, Federal matching funds for AFDC). Monies not allocated for specific purposes are not considered Federal funds.

EXAMPLE Nonspecific Funding

Revenue sharing funds are not Federal funds for purposes of this section and programs using these funds are considered wholly State funded.

B. POLICY

Assistance based on need is excluded from income.

C. PROCEDURE

1. Precedent Exists

If a precedent exists:

Accept the claimant's allegation as to the type and source of assistance and exclude it without further development.

Document the file to show that a precedent exists only if you use a local precedent.

2. No Precedent Exists

If a precedent does not exist:

Use documents in the individual's possession or contact the administering agency to determine the program under which the assistance is provided.

Verify with agency personnel and/or program descriptions that no Federal or private funds are involved and that the program uses income in arriving at eligibility determinations.

Retain the evidence (either written material or oral statements

documented on a Report of Contact) for the field office precedent file.

NOTE: If evidence establishes that the assistance is excludable under this provision, it is not necessary to verify the amount of assistance and when it was received.

Document the file with copies of the original evidence, an RC, or mention that a local precedent exists.

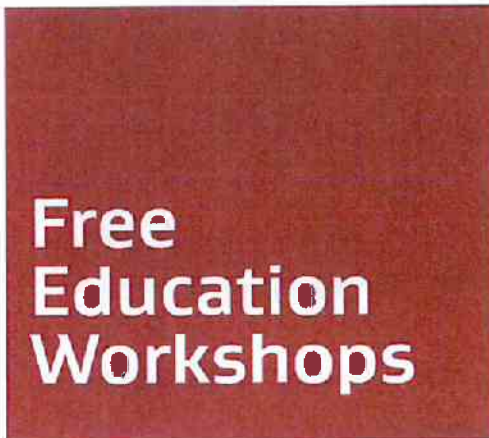
D. REFERENCE

Income based on need, SI 00830.170.

To Link to this section - Use this URL:  
<http://policy.ssa.gov/poms.nsf/links/0500830175>

SI 00830.175 - Assistance Based on Need (ABON) - 04/05/91

Para español favor de ver el reverso 中文請看反面



Fall 2016

Workshops take place at:

460 W 34<sup>th</sup> St, 11<sup>th</sup> Fl,  
New York, NY 10001

10am-12pm

No children please

## SEPTEMBER

Wednesday, September 21st

### Top 10 Developmental Disability Resources

Michelle Lang, LMSW, Senior Coordinator and  
Hayley Schapiro, LMSW, Assistant Supervisor,  
YAI LINK

## OCTOBER

Thursday, October 6th

### Demystifying Person Centered Thinking and Personal Outcome Measures (POMs)

Colleen Hellmann, MPA, YAI Learning and Talent  
Development and  
Tom Ott, LCSW, YAI Residential and Clinical Services,  
Certified Trainers in Person Centered Planning and POMs

Thursday, October 13th

### The Legal Landscape of Educational Placement

Bonnie Spiro Schinagle, Esq.,  
Special Education Attorney

Friday, October 21st

### Transition to Adulthood

Michelle Lang, LMSW, Senior Coordinator, YAI LINK

Wednesday October 26th

### How to Strengthen Social Independence

Hayley Schapiro, LMSW, Assistant Supervisor and  
Caroline Dunn, LMSW, Senior Intake Specialist,  
YAI LINK

## NOVEMBER

Tuesday, November 1st

### A Lesson in Self-Advocacy: Stick Up for Yourself and Let Your Voice be Heard

Janice McPhillips and  
Terry Bryson, YAI Self-Advocates

Friday, November 4th

### Self Direction

Michelle Lang, LMSW, Senior Coordinator and  
Nicole Riccio, Intake Specialist, YAI LINK

Tuesday, November 29th

### Supporting a Person with Autism: Positive Strategies to Use at Home

Tracy Kernan, LCSW, Director of Information and  
Outreach, YAI

## DECEMBER

Thursday, December 8th

### Mindfulness

Emily Gerner, LMSW, Intake Specialist and  
Nicole Riccio, Intake Specialist, YAI LINK

Registration is required

[www.yai.org/fews](http://www.yai.org/fews)

or call ► YAI LINK 212.273.6182

See the reverse side for English groups



460 W 34<sup>th</sup> St, 11<sup>th</sup> Fl, New York

No se permite la asistencia de niños.

地址: 460 W. 34th Street, 11樓, 曼哈頓

請勿帶孩童參加講座

## OCTUBRE

Martes 11 de octubre 10:00am-12:00pm

### Planeamiento Centrado en la Persona

Adriana Botros, MA, Medicaid Service Coordinator, YAI

Martes 25 de octubre 10:00am - 12:00pm

### Transición a la Vida Adulta

Mara Henriquez, Assistant Coordinator, YAI LINK

## NOVIEMBRE

Martes 15 de noviembre 10:00am-12:00pm

### Entendiendo la Autodirección

Adriana Botros, MA, Medicaid Service Coordinator, YAI

Necesita registrarse:  
visite la página web [yai.org/fews](http://yai.org/fews)  
o llame a ▶ YAI LINK 212.273.6182

## 九月

週四 9月22日 早上10點至12點

### 您的孩子就要長大了, 應該怎麼辦?

許安安, MPH, 資深華語諮詢專員, YAI LINK

## 十月

週三 10月19日 早上10點至12點

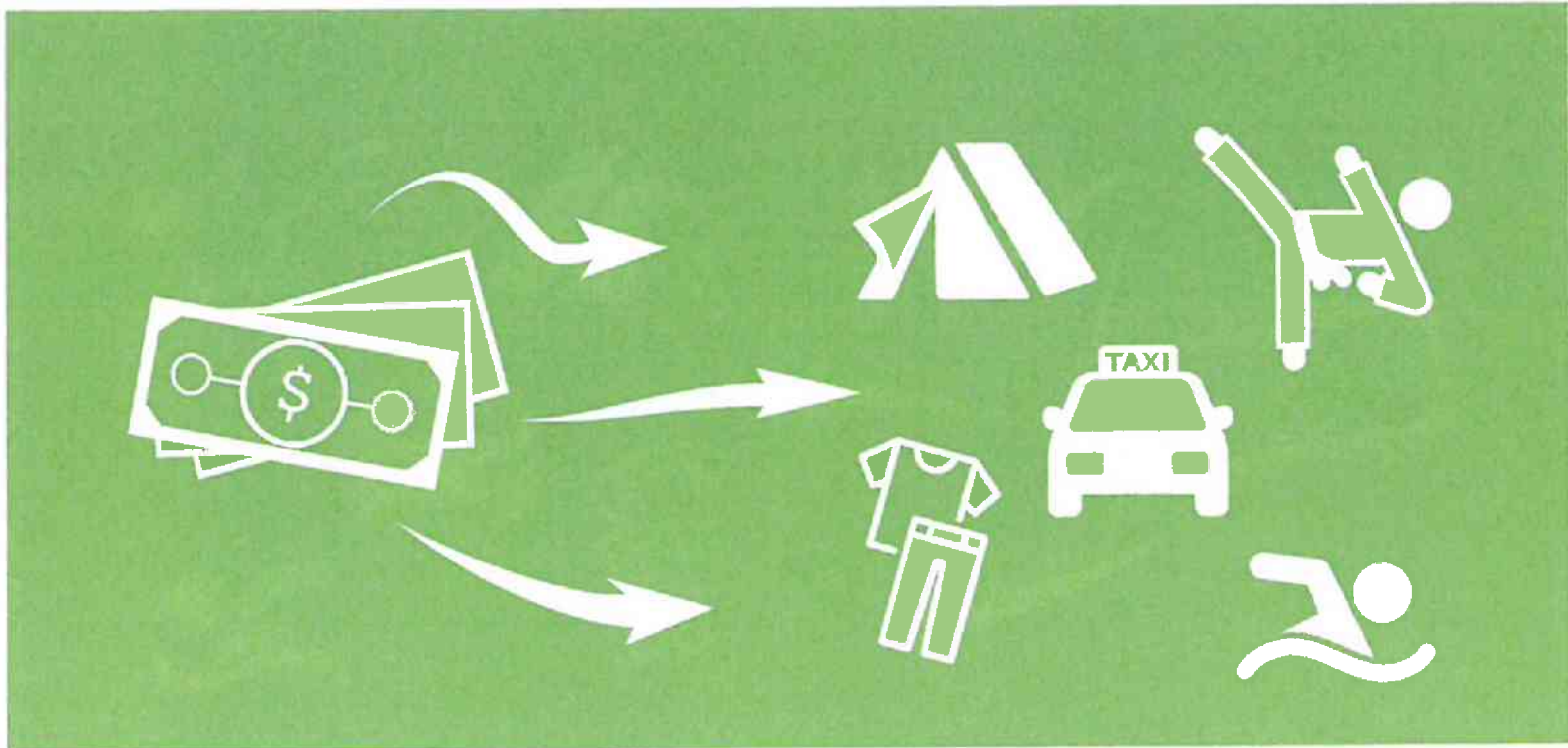
### 什麼是 "Self Direction" 或 "自我導向": 如何自我管理服務

Pat Liu Chang 家庭扶助服務部門主任, 亞美殘障福利中心, 許安安, MPH, 資深華語諮詢專員, YAI LINK

本系列講座將以華語/  
普通話進行, 請撥打  
▶ YAI LINK 212.273.6182 來報名

Financiado gracias a la generosa subvención de la fundación TAFT y el NYC Council's Autism Initiative

感謝TAFT基金會和NYC Council's Autism Initiative的贊助



## Family Reimbursement Fund

Reimbursement funding for eligible\* families to help pay for goods and services which are not reimbursed or obtained through other sources.

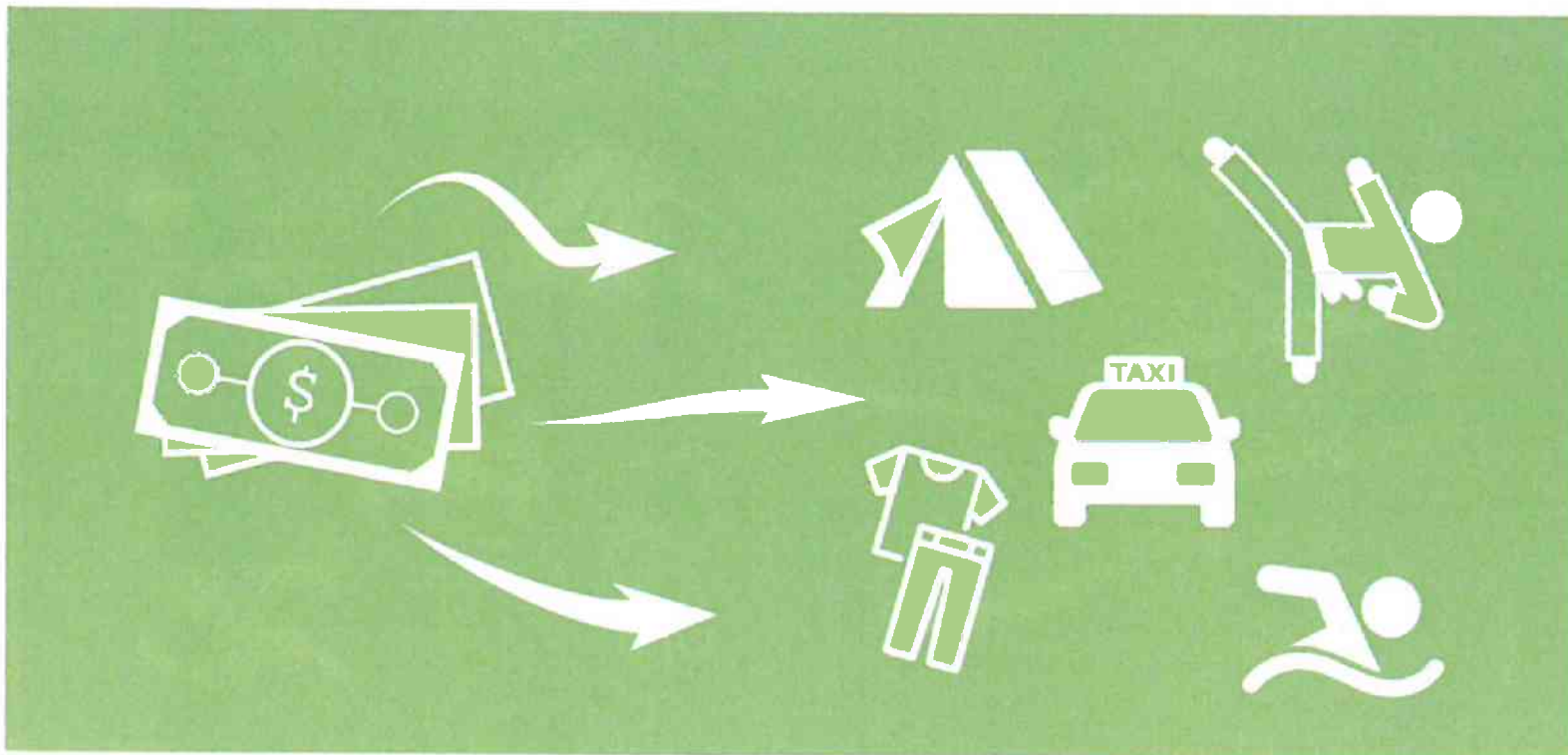
Applications for family reimbursement are reviewed by a parent committee and original receipts for goods and services purchased are required. Special camp fund for Brooklyn residents.

For more information please contact

**YAI LINK** at **212.273.6182** or email **[link@yai.org](mailto:link@yai.org)**

*\*OPWDD eligibility required; person with a disability must reside at home with their family in Brooklyn, Manhattan or Queens*





## Fondos de Reembolso para las Familias

Los fondos de reembolso para familias\* elegibles ayudan a pagar artículos o servicios que no son reembolsados u obtenidos a través de otros recursos.

Las aplicaciones para reembolso de familias son revisadas y aprobadas por el comité de padres. Es un requisito adjuntar los recibos originales de los artículos o servicios comprados. Los residentes de Brooklyn son elegibles para servicios de campamento.

Para mayor información, por favor contáctese con **YAI LINK** at **212.273.6182** o email **link@yai.org**

*\*Se requiere ser elegible por OPWDD; la persona con discapacidad debe residir en la casa con su familia en Brooklyn, Manhattan o Queens*



# Emergency Respite Fund



Funding for eligible\* families to help pay for respite services in an emergency situation.

Covered emergencies can include:

- medical hospitalization and recuperation
- attending a funeral
- family member sickness
- assistance with challenging behaviors
- other emergencies (please call)

For more information, please call:  
**YAI LINK** at 212.273.6182 or email [link@yai.org](mailto:link@yai.org)

*\*OPWDD eligibility required; must reside  
in Brooklyn, Queens or Manhattan*

# Fondos para Respiro de Emergencia



Los fondos de reembolso para familias\* elegibles ayudan a pagar los servicios de repite en una situación de emergencia.

Las emergencias pueden ser:

- hospitalización médica y recuperación
- asistencia a funeral
- enfermedad de un miembro de la familia
- asistencia en comportamientos desafiantes.
- para otras emergencias (por favor llame)

Para mayor informacion, comuniquese con:  
**YAI LINK** al 212.273.6182 o email [link@yai.org](mailto:link@yai.org)

*\*Se requiere ser elegible por OPWDD; la persona debe residir en Brooklyn, Manhattan o Queens.*



For information about connecting to YAI services, go to [yai.org/link](http://yai.org/link) or call us at 212.273.6182 - age range and eligibility requirements vary

## **BROOKLYN**

Ballet Yoga Group for Children on the Autism Spectrum

Center for Speciality Therapy: FREE psychological and psychosocial evaluations

Emergency Respite Reimbursement

Medical and Dental Desensitization

Parent Training: Parents with Special Needs

Social Skills Group for Children on the Autism Spectrum

## **MANHATTAN**

Center for Speciality Therapy: FREE psychological and psychosocial

Crisis Intervention

Emergency Respite Reimbursement

Family Reimbursement

Manhattan Star Academy: Private School

Parent Training: Behavior Management

Parent Training: Sexuality and Relationships

Parent Training: Parents with Special Needs

Social Skills Group for Children on the Autism Spectrum

You and I: Social and Networking Skills

## **BRONX**

Parent Training: Behavior Management

## **QUEENS**

Afterschool Program

Center for Speciality Therapy: FREE psychological and psychosocial evaluations

Crisis Intervention

Day Habilitation

Emergency Respite Reimbursement

Family Reimbursement

Medical and Dental Desensitization Program

Non Medicaid Community Habilitation

Overnight Respite

Parent Training: Sexuality and Relationships

Parent Training: Parents with Special Needs

## **STATEN ISLAND**

Parent Training: Behavior Management

## **ALL REGIONS**

Free Education Workshops: For people with disabilities, caregivers, and professionals

Independent Living Program

Premier HealthCare: Internal Medicine, Pediatrics, Dental and Ophthalmology

Social and Recreation Services

Supportive Employment Services

Autism Assessments, Neuropsychologicals

Resources and Supports Workshop: Learn about the I/DD System & Services

Residential: Contact YAI LINK for information on our residential waiting list

▶ Family Support Services

# In crisis?



## ASSISTANCE WITH

- Challenging behaviors
- Getting needed services
- Emergency respite funds
- Crisis counseling

# Getting help in a crisis.

Taking care of a family member with ID/DD is stressful at times. But when the family is overwhelmed, the right support can make all the difference.

## WE PROVIDE EXPERT ASSISTANCE WITH

### Behavior management

We will teach you how to address and modify challenging behaviors - in your home.

### Getting needed services

Our social workers will help connect you with the supports you need.

### Emergency respite funds

Funding for respite services in emergency situations.

### Crisis counseling

Short-term counseling to help enhance coping skills and identify solutions to problems.

**Manhattan** 212.273.6200

212.273.6229 *Español*

**Queens** 718.793.2182 Ext.4479

718.793.2182 Ext.4480 *Español*

*Evening hours available.*

[yai.org/helpinacrisis](http://yai.org/helpinacrisis)



Seeing beyond disability.



# We Are Parents Too



*2052 Lexington Avenue  
4th Floor, NY, NY 10035*

Partnering with Families  
to Protect the Rights of  
Individuals with Developmental  
Disabilities and their Children

*For more information please call 212-643-2840*





## We Are Parents Too

### Intensive Case Management

### Parenting Education

### Visit Coaching

### Parent Support Group

### Advocacy

**WAPT offers intensive case management for parents with developmental disabilities. Choose from the services we offer to create an individualized plan with your client.**

**Refer a Parent** Call WAPT, where a trained Social Worker will obtain background information and schedule an intake appointment.

**Intake** We will conduct a face-to-face meeting with parents to develop a rapport and complete a psychosocial history. We will collaboratively identify strengths and needs, and create a plan tailored to meet their specific goals.

**Parenting Group** We offer a ten-session program focused on relationship building, empathy, child development, parental self-soothing, stress management, and disciplinary techniques. Groups are structured to meet the needs of parents with disabilities, with client specific pacing, vocabulary and supportive learning tools to match individual learning styles.

**Visit Coaching** A trained Social Worker will coach parent-child visits, help transfer and implement newly learned skills from group, and support the relationships between parents and children.

**Parent Support Group** Our group allows Parenting Class graduates to maintain a deep sense of connection, and to continue supporting and learning from each other. Parents will have the opportunity to co-facilitate sessions with guidance from an experienced counselor. Workshops and presentations will be based on client interest in relevant topics in order to build awareness, and with the ultimate goal of fostering personal empowerment and self-confidence.

#### **Other Direct Services**

- Home visits to help transfer skills to the home environment
- Assistance and support navigating the legal system
- Help connect with resources and make referrals

**Advocacy for Social Change** We work with parents to advocate for policies and laws that recognize, respect and protect the rights of parents with disabilities.

#### **To refer a parent, please contact:**

**Emma Baber, LMSW, We Are Parents Too, Director**

**212-643-2840 ext 372**

**[ebaberkessler@sinergiany.org](mailto:ebaberkessler@sinergiany.org)**



Providing Multicultural, Lifespan Services for People with Disabilities

---

## **FAMILY SUPPORT EDUCATIONAL ADVOCACY**

Sinergia, Inc. provides Educational Advocacy services for families in **Manhattan** with children and/or young adults:

- ⇒ Who are 3-21 years of age
- ⇒ Who have developmental disabilities/mental retardation

**Services may include:**

- ⇒ In-depth consultation with a an Educational Specialist
- ⇒ Accompaniment to CSE and school meetings as needed
- ⇒ Legal advocacy as may be needed

For more information please contact Intake  
Specialist at (212) 643-2840.

---

### **Sinergia, Inc.**

2082 Lexington Avenue, 4th Floor  
New York, NY 10035



Phone: 212-643-2840  
Fax: 212-749-5021  
E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)  
[www.sinergiany.org](http://www.sinergiany.org)



Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

---

## **PROGRAMA DE APOYO A FAMILIAS ABOGACÍA EDUCACIONAL AUSPICIADO POR LOS SERVICIOS**

Sinergia Inc. proporciona servicios de defensoría educativa a familias con niños y jóvenes en **Manhattan**:

- ⇒ Desde las edades de 3 a 21 años
- ⇒ Que tienen una incapacidad del desarrollo

### **Servicios pueden incluir:**

- ⇒ Consulta con un especialista en educación
- ⇒ Escolta al comité de educación especial y reuniones escolares si es necesario
- ⇒ Abogacía legal cuando es necesario

Para más información por favor llame a la  
Especialista de Intake a 212-643-2840.

---

### **Sinergia, Inc.**

2082 Lexington Avenue, 4th Floor  
New York, NY 10035

Phone: 212-643-2840

Fax: 212-749-5021

E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)





Providing Multicultural, Lifespan Services for People with Disabilities

---

## FAMILY SUPPORT CASE MANAGEMENT

Non-Medicaid Case Management services are available for families with individuals diagnosed with a developmental disability who reside in **Manhattan, Brooklyn, the Bronx and Queens.**

Services may include:

- ⇒ Coordination and linkage to services
- ⇒ Assistance with SSI, Medicaid and other Public Benefits
- ⇒ Referrals for camp, respite, family reimbursement and
- ⇒ Assistance with school issues
- ⇒ Medicaid Waiver Enrollment

For information and eligibility requirements please contact our Family Support Coordinator at (212) 643-2840 ext. 325.

---

### Sinergia, Inc.

2082 Lexington Avenue, 4th Floor  
New York, NY 10035



Phone: 212-643-2840  
Fax: 212-749-5021  
E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)  
[www.sinergiany.org](http://www.sinergiany.org)



Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

---

## **APOYO A LAS FAMILIAS COORDINACIÓN DE SERVICIOS NO REQUIERE MEDICAID**

Sinergia Inc. proporciona servicios de coordinación a personas con incapacidades de desarrolló y sus familias que son residentes de los condados de **Manhattan, Brooklyn, Queens** y el **Bronx**.

Servicios pueden incluir:

- ⇒ Coordinación y enlace con servicios
- ⇒ Asistencia con SSI, Medicaid, y otros beneficios públicos
- ⇒ Referidos a campamento y otros servicios
- ⇒ Asistencia para asuntos escolares
- ⇒ Matrícula en Excepción de Medicaid

Para más información y requisitos necesarios favor de llamar a nuestra coordinadora de servicios de apoyo a familias, (212) 643-2840 Ext. 325.

---

### **Sinergia, Inc.**

2082 Lexington Avenue, 4th Floor  
New York, NY 10035

Phone: 212-643-2840  
Fax: 212-749-5021  
E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)





Providing Multicultural, Lifespan Services for People with Disabilities

---

## Free Evaluations

Non-Medicaid Psychological and Psychosocial evaluations provided to Manhattan residents of all ages who are seeking eligibility for OPWDD programs and services

Please contact our Intake Coordinator at:  
212-643-2840 ext. 336

For additional information and questions please contact our Evaluation's Coordinator Doris Rodriguez at 212-643-2840 ext. 325

---

Sinergia, Inc.

2082 Lexington Avenue, 4th Floor  
New York, NY 10035

Phone: 212-643-2840  
Fax: 212-749-5021  
E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)





Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

---

## Evaluaciones Gratuitas

Psicológicos y Psicosociales para personas de todas las edades que vivan en Manhattan y que no tengan Medicaid  
Y quieran obtener los programs y servicios de OPWDD

Por favor comuníquese con nuestro Coordinador de Admisión al:

212-643-2840 ext. 336

Para obtener información adicional o si tiene preguntas por favor comuníquese con nuestra Coordinadora de Evaluaciones Doris Rodríguez al:

212-643-2840 ext. 325

212-643-2840 ext. 325

---

### Sinergia, Inc.

2082 Lexington Avenue, 4th Floor  
New York, NY 10035

Phone: 212-643-2840  
Fax: 212-749-5021  
E-mail: [information@sinergiany.org](mailto:information@sinergiany.org)  
[www.sinergiany.org](http://www.sinergiany.org)



Public Health Solutions is a nonprofit organization that helps individuals and families to become and stay healthy. Our service programs provide health care for women; nutrition services for moms and their children under five years of age; help getting food stamps and free or low-cost health insurance coverage; home visits by Registered Nurses during and after pregnancy; help with parenting and managing family finances; and assistance for those who may have children under three years of age with difficulty hearing, talking, sitting, crawling, walking or playing.

Our staff is sensitive and well-trained, speaks many languages and knows how to help people who are new to the U.S. as well as those who have lived here for a long time.

For more information on Public Health Solutions and our programs, please visit our website: [www.healthsolutions.org](http://www.healthsolutions.org).

Contact Public Health Solutions today to see how we can connect you with one or more of our programs at a location near you!

For a location near you, please call...

[Early Intervention Service Coordination \(EISC\)](#)

646-619-6486

[Access to Health and Food Benefits Program](#)

646-619-6539

[MHC Women's Health Services](#)

866-642-5589

[Neighborhood WIC Program](#)

646-619-6456

**FOR BROOKLYN RESIDENTS:**

[Bushwick Bright Start Healthy Families New York](#)

718-416-1442

**FOR QUEENS RESIDENTS:**

[Nurse-Family Partnership](#)

347-571-2792

Our programs are supported by the US Department of Health and Human Services/Health Resources and Services Administration and the Office of Population Affairs; Centers for Disease Control and Prevention; New York State Department of Health; New York State Office of Children and Family Services; New York City Department of Health and Mental Hygiene, as well as private and corporate foundations and generous individuals.

March 2011

**Public Health  
Solutions**  
MERGING RESEARCH AND ACTION

**Service  
Programs**

Promoting the  
the Community

**Public Health  
Solutions**

MERGING RESEARCH AND ACTION

40 Worth Street  
5th Floor  
New York, NY 10013-2988

646-619-6400





## MIC Women's Health Services



Have all your family planning (birth control) and prenatal care managed by your own doctor or midwife. Our six neighborhood MIC Women's Health Services centers in Brooklyn, Queens, and the Bronx provide care – regardless of income, immigration status, or cultural background – including:

- Free walk-in pregnancy testing;
- Prenatal care and birth control;
- Emergency contraception;
- Medical abortion;
- HIV counseling and testing;
- Screening and treatment for sexually transmitted diseases;
- Mental health screening and social work services.

MIC accepts Medicaid Managed Care and other health insurance. We also can adjust fees based on income.

Call for an appointment at a convenient MIC center: 866-642-5589.

## Access to Health and Food Benefits Program



Learn how free or low-cost health insurance can get you and your family the health care you need.

We will:

- Help you get health insurance coverage such as Medicaid, Child Health Plus, Family Health Plus and others;
- Help you find the program for which you're eligible;
- Help you complete and submit all the paperwork;
- Help you update and renew your insurance so you don't lose your coverage;
- Help resolve problems that might come up after your insurance begins.

If you're struggling to put enough food on your table, we can help you apply for food stamps.

We will:

- Help you find out if you're eligible;
- Explain how the program works;
- Help you fill out the application paperwork;
- Advocate for you with HRA.

Our friendly staff members speak many languages and are located in Brooklyn, Queens, and Manhattan.

## Neighborhood WIC Program



Are you pregnant or breastfeeding, or do you have a child under the age of five? You may be able to get **free** nutritious foods!

You don't have to be a citizen or have a green card to qualify, and you don't need a social security number.

We will:

- Talk to you about your nutrition needs;
- Give you vouchers you can cash in for milk, infant formula, cereal, fruits, juice, peanut butter, beans, peas or lentils, infant cereal and baby food, vegetables, eggs, cheese, whole grain bread, and brown rice;
- Help you with breastfeeding;
- Give you ideas for inexpensive, nutritious meals;
- Help your family maintain a healthy weight.

We are conveniently located in the Bronx, Queens and Brooklyn. For a Neighborhood WIC center near you, call us at 646-619-6456.

## Bushwick Bright Start Healthy Families New York



Bushwick Bright Start provides home visits to pregnant women and new families throughout your pregnancy and afterwards, until your baby is five years old or starts school.

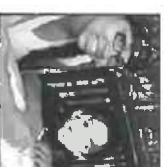
The Home Visitor will work with you to:

- Create a safe and supportive home for your children;
- Enhance the time you spend with your children;
- Improve the quality of your own life by finding a job or finishing school;
- Access needed services.

If you live in Bushwick and are pregnant or have a baby less than three months old, our staff may be able to visit your family at home as you and your baby get settled.

Call now and get the support you need to give your children a bright start: 718-416-1442.

## Early Intervention Service Coordination



Our EISC program helps families with infants and children under the age of three who have to have developmental delays.

If you are concerned that your child, or are you know, has difficulty hearing, talking, sitting walking, or playing, call us or call 311 so you be evaluated.

## Helping You Help Your Child

One of our skilled Service Coordinators will work with you to:

- Have your child evaluated;
- Obtain a plan of action to ensure your child help he or she needs;
- Help you and your child get connected to services.

For an EISC office near you, call 646-619-6196

## Nurse-Family Partnership (NFP)



The Nurse-Family Partnership is a national program for women who are having their first child. You enroll in the program (currently available in Queens), a specially trained nurse will visit throughout your pregnancy and afterwards until your baby is two years old.

Your nurse will work with you to:

- Help ensure a healthy pregnancy and a safe birth;
- Help you build a strong support network and friends;
- Help you make your home a safe place for your child;
- Help you set goals for your own life;
- Help guide you in continuing education;
- Make referrals for health care, child care, health care, job training, and other services in your community.

If you live in Queens and are pregnant with your first child, you may qualify for FREE nurse visits in your home. Call now to find out more: 347-571-2792.

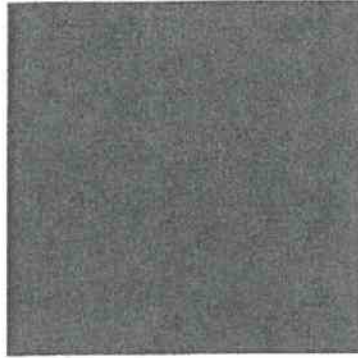
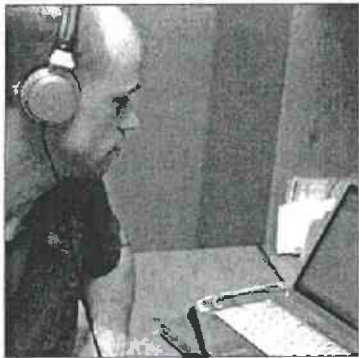
## Healthy Families in Brooklyn

If you live in Bushwick and are pregnant or have a baby less than three months old, our staff may be able to visit your family at home as you and your baby get settled.

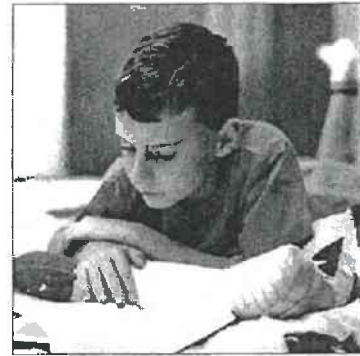
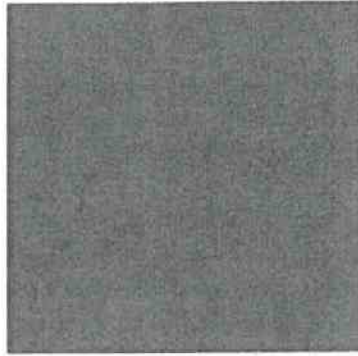
Call now and get the support you need to give your children a bright start: 718-416-1442.

# Are you living with a disability?

We can help you apply for Medicaid.



Call us today at **1 (800) 344-4306.**



## Because Your Health Matters.

**Public Health  
Solutions**  
MERGING RESEARCH AND ACTION

ACCESS TO HEALTH  
*A Program of Public Health Solutions*

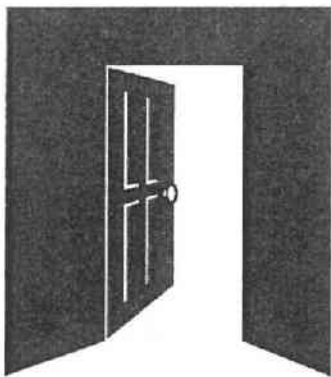
**Public Health  
Solutions**  
MERGING RESEARCH AND ACTION

**Myra Mayo**  
Director  
Aged, Blind & Disabled Program  
**Access to Health & Food Benefits**  
*A Program of Public Health Solutions*

Funded by New York State Department of Health

40 Worth Street, 5th Floor  
New York, NY 10013

Cell: 929-270-2187  
Office: 646-619-6759  
mmayo@healthsolutions.org



## ACCESS TO HEALTH AND FOOD BENEFITS

*A Program of Public Health Solutions*



### OVERVIEW

Access to Health and Food Benefits helps individuals and families obtain free or low-cost health insurance coverage and apply for the Supplemental Nutrition Assistance Program (SNAP, also known as Food Stamps). Our staff members are culturally and linguistically competent and identify with the communities they serve. They help clients navigate through what can be a complicated and confusing application process, step by step.

**DIRECTOR:** Sandra Jean-Louis

**MAIN CONTACT #:** (646) 619-6539

**WEB SITE:** [www.healthsolutions.org/navigator](http://www.healthsolutions.org/navigator)

**SOCIAL MEDIA ACCOUNTS:**

• Facebook - [www.facebook.com/nyhealthnavigator](http://www.facebook.com/nyhealthnavigator)

Our program uses a model of co-locating staff at trusted community-based sites where eligible individuals and families already receive services. Partner sites include Public Health Solutions' Neighborhood WIC Centers, Planned Parenthood locations, and MIC Women's Health Services.

Since 2000, we have helped over 100,000 people obtain or retain free or low-cost health coverage. Over the past five years, the program has helped over 17,000 people apply for SNAP benefits.

### SERVICES

**Navigator Program** - PHS' New York State-funded Navigator program assists individuals and families under aged 65 as they enroll in health insurance through the *NY State of Health Marketplace*. Our Navigators are trained to provide unbiased in-person assistance to individuals, families, and small businesses to help them understand health coverage options, establish eligibility, and enroll in and/or renew public health insurance (Medicaid or Child Health Plus) or Qualified Health Plans. PHS' Navigator program serves all five NYC boroughs and Long Island.

The program has also identified a growing need for additional consumer education following enrollment to ensure that clients are successfully linked to health care. We recently implemented a post-enrollment education project aimed at improving health literacy and health care utilization among our largely immigrant client base.

**Facilitated Enrollment for the Aged, Blind and Disabled (FE-ABD) Program** - The FE-ABD program provides education and public health insurance application assistance to individuals aged 65 years or older, certified blind individuals and certified disabled individuals. PHS' Enrollment Facilitators screen individuals for Medicaid and Medicaid-related programs, submit applications to the Human Resources Administration (HRA), and follow up to ensure the applications are processed successfully. FE-ABD sites are handicap-accessible and spread out across the five boroughs. PHS is the lead agency for the FE-ABD program, providing training, oversight, and technical assistance to a network of subcontractors that provide services for the ABD population.

In addition, all PHS' IPA/Navigators and Enrollment Facilitators are cross-trained to both assist clients with applications through the *NY State of Health Marketplace* and assist the ABD population as they apply for public health insurance through HRA.

**Food Stamps Enrollment Program** - PHS' Food Stamps Counselors assist those in need of adequate food to apply for SNAP benefits. They help families submit applications to HRA for review and eligibility determination and follow up to ensure the applications are processed accurately. They also provide referrals to a wide range of other services, including legal and financial assistance, WIC, and health insurance assistance.

For more information, visit [www.healthsolutions.org](http://www.healthsolutions.org).

**Public Health  
Solutions**

MERGING RESEARCH AND ACTION