

Resource Guide: Sexual Health



The Center for Parent Information and Resources (CPIR)

<http://www.parentcenterhub.org/repository/sexed/>

The CPIR is funded by the Office of Special Education Program at the U.S. Department of Education as part of the Parent Center network.

This resource page included information on human sexuality in general, how disabilities can affect sexuality, the special role of the parent, the content to be taught, materials developed with specific disabilities in mind, commercial projects, and resource lists.

Books

Your Sons and Daughters with Intellectual Disabilities

By Karun Melberg Schwier and Dave Hingsburger, M.Ed.

The Facts of Life...and More: Sexuality and Intimacy for People with Intellectual Disabilities

Edited by Leslie Walker-Hirsch, M.Ed., FAAMR

Written for professionals and teachers

Teaching Children with Down Syndrome about their Bodies, Boundaries and Sexuality

By Terri Couwenhoven, MS, Woodbine House, 2007

Written by and for the parents of a child with a disability

Taking Care of Myself: A hygiene, Puberty and Personal Curriculum for Young People with Autism.

By Mary Wrobel, 2003

Resource Lists

<http://www.autismsexeducation.com/#!/information-resources/c23qn>

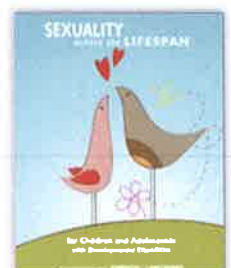
Provides resources on sexual health related to numerous topics and developed for individuals with specific disabilities in mind.

<http://www.plannedparenthood.org/parents/>

Provides resources and information and how to talk to teens about sexual health.

<http://www.sexsupport.org/SexEd.html>

Education and support about sexuality, including information about anatomy, behavior, civil rights, abuse prevention, gender identity, disability, and relationships in accessible format.





<http://www.teachingsexualhealth.ca/>

This innovative website is developed by Alberta educators and health professionals. Our goal is to enhance excellence in education by providing teachers with evidence-based sexual health education background and delivery methods, current lesson plans and activities, and comprehensive resources.

<http://www.sexedlibrary.org/index.cfm>



SexEdLibrary is brought to you by SIECUS (the Sexuality Information and Education Council of the United States), a highly acclaimed resource for educators, counselors, administrators, and health professionals seeking the latest in human sexuality research, lesson plans, and professional development opportunities. We've analyzed hundreds of lesson plans from multiple sources to offer easy access to the very best on such topics as sexual and reproductive health, puberty, abstinence, relationships, sexual orientation, body image, self-esteem, sexually transmitted diseases, HIV/AIDS, unintended pregnancy, and more.

Articles

<http://pediatrics.aappublications.org/content/118/1/398.full.pdf>

Sexuality of Children and Adolescents With Developmental Disabilities-A 2006 policy statement from the American Academy of Pediatrics (AAP).

<http://recapp.etr.org/recapp/index.cfm?fuseaction=pages.TopicsInBriefDetail&PageID=45>

This edition of ReCAPP focuses on how we, as educators, can best meet the sexuality education needs of young people with mental or emotional disabilities.

http://www.syntiro.org/hrtw/tools/pdfs/sex_issues.pdf

Healthy and Ready to Work: Because Everyone Deserves a Future: Sexuality Issues for Youth with Disabilities and Chronic Health Conditions

<http://www.sexsupport.org/index.html>

Everyone is welcome to use this site to learn the facts about sex and relationships. Although initially designed for persons with learning disabilities, it has expanded to include people of all ages, abilities, and sexual orientations. The site includes a discussion forum, quiz, resource list, sexual terms dictionary, and resources organized by topic.

