



FREE WORKSHOP AUTISM SERIES

SUPPORTING SIBLINGS OF CHILDREN WITH AUTISM SPECTRUM DISORDER (ASD)

DATE: Thursday, May 25th, 2017

TIME: 10:00 AM – 12:00 PM

LOCATION: The Graduate Center, CUNY
365 Fifth Avenue, New York, NY 10016



HASSENFELD
CHILDREN'S
HOSPITAL
OF NEW YORK
AT NYU LANGONE

DESCRIPTION: This workshop will focus on how to support “neurotypical” or “typically-developing” siblings who have a brother or sister with ASD. Dr. Korth looks forward to offering suggestions on how to best support the health of the family system and provide siblings with age-appropriate knowledge and strategies.

PRESENTED BY JOSHUA KORTH

Joshua Korth, Psy.D., is a Post-doctoral Psychology Fellow at the Child Study Center at NYU Langone Medical Center. He specializes in autism spectrum disorder (ASD), early intervention, and psychological assessments.

WHO SHOULD ATTEND: Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

REGISTRATION IS REQUIRED
BY EMAIL: FAMILYCONNECT@Adaptcommunitynetwork.ORG
BY PHONE: 718-436-7979 EXT. 704

All attendees should bring a photo ID to present at the lobby security desk.

****Childcare not available****

Limited MetroCards for family members will be provided

FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE



TALLERES GRATUITOS SOBRE AUTISMO

EL APOYO DE HERMANOS(AS) DE NIÑOS CON DIAGNOSTICO DEL TRASTORNOS DEL ESPECTRO AUTISTA

FECHA: Jueves, 25 de Mayo del 2017
HORA: 10:00 AM – 12:00 PM
DIRECCIÓN: The Graduate Center, CUNY
365 5ta Avenida (en la esquina de la calle 34)
New York, NY 10016



DESCRIPCIÓN DEL TALLER: Este taller se centrará en cómo apoyar "neurotípicos" o típicamente desarrollado hermanos (as) que tienen un hermano o hermana con ASD. Dr. Korth ofrecerá sugerencias sobre la mejor manera de apoyar la salud de la familia y proveer a hermanos con los conocimientos y estrategias de acuerdo a su edad.

PRESENTADORA: JOSHUA KORTH

Joshua Korth, Psy.D., es un psicólogo de post-doctorado en el centro de estudio de niño en el NYU Langone Medical Center. Se especializa en trastorno del espectro autista (TEA), intervención temprana y evaluaciones psicológicas.

QUIÉN DEBERÍA ASISTIR: padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**SE REQUIERE REGISTRACIÓN
POR CORREO ELECTRÓNICO:**

FAMILYCONNECT@Adaptcommunitynetwork.ORG

POR TELÉFONO: 718-436-7979 EXT. 704

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

****EL CUIDADO DE NIÑOS NO SERA PROVEIDO****

Se proveerán MetroCards para miembros de la familia

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO CIUDAD DE NUEVA YORK



FREE WORKSHOP AUTISM SERIES

PARENTING CHILDREN WITH AUTISM SPECTRUM DISORDER (ASD)

DATE: Friday, June 16th, 2017

TIME: 10:00 AM – 12:00 PM

LOCATION: The Graduate Center, CUNY
365 Fifth Avenue, New York, NY 10016

DESCRIPTION: This workshop will focus on exploring the joys and difficulties of caring for children with Autism Spectrum Disorder.

PRESENTED BY GARY SHULMAN

Gary Shulman, MS. Ed. was the Program Director of Social Services, Training Coordinator and Special Camp Fair Coordinator for Resources for Children with Special Needs, Inc. (RCSN) for over 24 years. He transitioned 3 years ago from that position to the role of consultant/trainer on a private basis. Prior to RCSN, Gary was the Special Needs Coordinator for the Brooklyn Children's Museum for 10 years, a multisensory interactive learning environment. He began his career working with children with and without disabilities as a Head Start teacher for 5 years. Gary's passion is bringing relief to families of children with disabilities as well as to the professionals who support them.

WHO SHOULD ATTEND: Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

REGISTRATION IS REQUIRED

BY EMAIL: familyconnect@adaptcommunitynetwork.org

BY PHONE: 718-436-7979 EXT. 704

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FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE



TALLERES GRATUITOS SOBRE AUTISMO

CRIANZA DE NIÑOS(A) CON DIAGNOSTICO DEL TRASTORNOS DEL ESPECTRO AUTISTA

FECHA: Viernes, 16 de Junio del 2017
HORA: 10:00 AM – 12:00 PM
DIRECCIÓN: The Graduate Center, CUNY
365 5ta Avenida (en la esquina de la calle 34)
New York, NY 10016

DESCRIPCIÓN DEL TALLER: Este taller se centrará en explorar las alegrías y las dificultades de cuidar a los niños con trastorno del espectro autista.

PRESENTADORA: GARY SHULMAN

Gary Shulman, MS. Ed. era el Director del programa de servicios sociales, Coordinadora de capacitación y Coordinador de feria campo especial de recursos para niños con necesidades especiales, Inc. (RCSN) por más de 24 años. Él hace 3 años la transición desde esa posición el rol de Consultor/formador en forma privada. Antes de RCSN, Gary fue el coordinador especial de las necesidades para el Museo infantil de Brooklyn durante 10 años, un ambiente de aprendizaje interactivo multisensorial. Él comenzó su carrera trabajando con niños con y sin discapacidad como maestro de Head Start durante 5 años. Pasión de Gary es llevar alivio a las familias de niños con discapacidad, así como a los profesionales que los apoyan.

QUIÉN DEBERÍA ASISTIR: padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRÓNICO: familyconnect@adaptcommunitynetwork.org

POR TELÉFONO: 718-436-7979 EXT. 704

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Se proveerán MetroCards para miembros de la familia

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO CIUDAD DE NUEVA YORK



Providing Multicultural, Lifespan Services for People with Disabilities

Free Evaluations

Non-Medicaid Psychological and Psychosocial evaluations provided to Manhattan residents of all ages who are seeking eligibility for OPWDD programs and services

Evaluations can be conducted in the home and on weekends!!!

Please contact our Intake Coordinator at:
212-643-2840 ext. 336

For additional information and questions please contact our Evaluation's Coordinator Doris Rodriguez at 212-643-2840 ext. 325

Sinergia, Inc.

2082 Lexington Avenue, 4th Floor
New York, NY 10035

Phone: 212-643-2840
Fax: 212-749-5021
E-mail: information@sinerгияny.org





Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

Evaluaciones Gratuitas

Psicológicos y Psicosociales para personas de todas las edades que vivan en Manhattan y que no tengan Medicaid
Y quieran obtener los programas y servicios de OPWDD
Las Evaluaciones pueden hacerse en la casa y los fines de semana!!!

Por favor comuníquese con nuestro Coordinador de Admisión al: 212-643-2840 ext. 336

Para obtener información adicional o si tiene preguntas por favor comuníquese con nuestra Coordinadora de Evaluaciones Doris Rodríguez al: 212-643-2840 ext. 325

Sinergia, Inc.

2082 Lexington Avenue, 4th Floor
New York, NY 10035



Phone: 212-643-2840
Fax: 212-749-5021
E-mail: information@sinergiany.org
www.sinergiany.org



Providing Multicultural, Lifespan Services for People with Disabilities

FAMILY SUPPORT CASE MANAGEMENT

Non-Medicaid Case Management services are available for families with individuals diagnosed with a developmental disability who reside in **Manhattan, Brooklyn, the Bronx and Queens.**

Services may include:

- ⇒ Coordination and linkage to services
- ⇒ Assistance with SSI, Medicaid and other Public Benefits
- ⇒ Referrals for camp, respite, family reimbursement and
- ⇒ Assistance with school issues
- ⇒ Medicaid Waiver Enrollment

For information and eligibility requirements please contact our Family Support Coordinator at (212) 643-2840 ext. 325.

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2082 Lexington Avenue, 4th Floor
New York, NY 10035



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Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

APOYO A LAS FAMILIAS COORDINACIÓN DE SERVICIOS NO REQUIERE MEDICAID

Sinergia Inc. proporciona servicios de coordinación a personas con incapacidades de desarrolló y sus familias que son residentes de los condados de **Manhattan, Brooklyn, Queens** y el **Bronx**.

Servicios pueden incluir:

- ⇒ Coordinación y enlace con servicios
- ⇒ Asistencia con SSI, Medicaid, y otros beneficios públicos
- ⇒ Referidos a campamento y otros servicios
- ⇒ Asistencia para asuntos escolares
- ⇒ Matrícula en Excepción de Medicaid

Para más información y requisitos necesarios favor de llamar a nuestra coordinadora de servicios de apoyo a familias, (212) 643-2840 Ext. 325.

Sinergia, Inc.

2082 Lexington Avenue, 4th Floor
New York, NY 10035

Phone: 212-643-2840
Fax: 212-749-5021
E-mail: information@sinergiany.org



Community Habilitation

The Community Habilitation program at ADAPT Community Network is a person-driven, outcome-based service tailored to the participant's needs, wants, and preferences through the implementation of valued outcomes/goals.

Working together with program participants and their circle of support we create and monitor comprehensive support plans that: identify and attain their goals, create and foster accessibility, opportunity, and independence, as well as be an active participant in their community of choice.

Currently ADAPT provides 1 staff to 1 participant for those living with families or on their own in Brooklyn, Manhattan, Staten Island and Bronx.

Supports include but are not limited to: adaptive skill development, training and support for independence in living and travel, adult educational supports, development of social skills, leisure skills, self-advocacy and informed choice skills, and guidance to assist the individual in accessing their community.

**Meet you
where you are.
Take you where
you want to be!**

**For information on applying please contact
Project Connect at 1-877-827-2666**

ADAPT [we change]
COMMUNITY NETWORK

adaptcommunitynetwork.org



In crisis?

Getting help in a crisis.

Taking care of a family member with ID/DD is stressful at times. But when the family is overwhelmed, the right support can make all the difference.

WE PROVIDE EXPERT ASSISTANCE WITH

▶ **Getting needed services**

Our social workers will help connect you with the supports you need.

▶ **Crisis counseling**

Short-term counseling to help enhance coping skills and identify solutions to problems.

▶ **Behavior management**

We will teach you how to address and modify challenging behaviors - in your home.

▶ **Emergency respite funds**

Funding for respite services in emergency situations.

212.273.6200

Evening hours available

yai.org/helpinacrisis



¿En crisis?

Obtener ayuda durante la crisis

Cuidar a un familiar with ID/DD es a veces estresante, pero cuando la familia está estresada, el apoyo correcto puede hacer la diferencia.

NOSOTROS LE PROVEEMOS ASISTENCIA CON

- ▶ **Obtener los servicios que usted necesita**
Nuestros trabajadores sociales le ayudarán a conectarlo con los servicios que usted necesita.
- ▶ **Consejería en momentos de crisis**
La consejería a corto plazo le ayuda a usar las estrategias para lidiar con el estrés e identificar soluciones a sus problemas.
- ▶ **Modificación de los comportamientos**
En su propio hogar le enseñamos a manejar y cambiar los problemas desafiantes.
- ▶ **Fondos para respite de emergencia**
Fondos para los servicios de respite en situaciones de emergencia.

212.273.6200

Disponibilidad en las horas nocturnas

yai.org/helpinacrisis

Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry and Neurology.

Article 16 clinic offering Occupational Therapy, Physical Therapy and Speech Therapy to adults who are OPWDD eligible.

Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

Bronx Overnight Respite

Serving all five boroughs. Fully accessible site

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- 3yrs and older
- Must be waiver enrolled

Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

Doorways to Independence

Housing Assistance Services/Home Modifications

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments - a developed report on possible modifications and equipment to make the home more accessible.

Home Modifications

- Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island
- Special Brooklyn Camp Funds available
- Manhattan Durable Medical Equipment Funds available
- Funding available to assist families in paying for an item Medicaid or other funds will not cover
- Families can apply every 12 months

Family Connect

Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, Projectconnect@adaptcommunitynetwork.org

www.adaptcommunitynetwork.org

Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Universal Pre-K
- Integrated programming
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

After-School Program

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396 & Annex at UCP
- Bronx P721x
- Transportation is provided

Day Habilitation

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- OPWDD eligibility
- HCBS Waiver (if living at home with family)

Supported Employment

Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Employment services for adults with developmental disabilities.

Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

SHARE Lending Library

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

- Must be in OPWDD waiver

SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island. Transportation is provided

EXPLORE Club Disco

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island (SI individuals must be HCBS waiver)

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible. Transportation not provided
- Dinner and refreshments served

Medicaid Service Coordination (MSC)

Services available for Manhattan, Bronx, Brooklyn and Staten Island. MSC provides ongoing support and coordination of services for individuals and their families.

- Must have Medicaid to be eligible

Individualized Supports & Services (ISS)

OPWDD Housing Subsidy administered by ADAPT Community Network to assist individuals with achieving or maintaining independent living.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, Projectconnect@adaptcommunitynetwork.org
www.adaptcommunitynetwork.org

For information about connecting to YAI services, go to yai.org/link or call us at 212.273.6182 - age range and eligibility requirements vary

MANHATTAN

Crisis Intervention
Emergency Respite Reimbursement
Family Reimbursement
FREE psychological and psychosocial evaluations
In Home Behavior Management
Parent Training: Behavior Management
Parent Training: Sexuality and Relationships
Parent Training: Parents with Special Needs
NYSTART: Crisis Prevention and Response for People with Developmental Disabilities (212-273-6300)
Skills Building: Transition to Independence for Young Adults on the Autism Spectrum
Social Skills for Children with Autism
You and I: Social and Networking Skills

BRONX

Day Habilitation
Parent Training: Behavior Management
NYSTART: Crisis Prevention and Response for People with Developmental Disabilities (212-273-6300)

STATEN ISLAND

Parent Training: Behavior Management

QUEENS

Afterschool Program
Crisis Intervention
Day Habilitation
Emergency Respite Reimbursement
Family Reimbursement
FREE psychological and psychosocial evaluations
Non Medicaid Community Habilitation
NYSTART: Crisis Prevention and Response for People with Developmental Disabilities (212-273-6300)
Overnight Respite
Parent Training: Sexuality and Relationships
Parent Training: Parents with Special Needs

BROOKLYN

FREE psychological and psychosocial evaluations
Emergency Respite Reimbursement
Parent Training: Parents with Special Needs

ALL REGIONS

Free Education Workshops: For people with disabilities, caregivers and professionals
Independent Living Program
Premier HealthCare: Internal Medicine, Pediatrics, Dental and Ophthalmology
Social, Camping and Recreation Services
Supportive Employment Services
Autism Assessments, Neuropsychologicals
Manhattan Star Academy: Private School
Resources and Supports Workshop: Learn about the I/DD System and Services
Residential: Contact YAI LINK for information on our residential waiting list



esperanza center * 516 W. 181st St. NY, NY 10033 (212)928-5810

www.esperanzacenter.com

Vacancies/Openings

Get-Away Program for Children/Adults

Three day vacation for children, ages 5 to 18, with developmental disabilities living in Manhattan or the Bronx. It offers the children an opportunity for new experiences and provides much needed respite for their families. Trips are closely supervised and are conducted in small groups.

Contact: Juan Carlos Espinal (212) 928-5810, ext. 105 jcespinal@esperanzacenter.com

Etapas (After-School/Respite)

Recreational programs for children diagnosed with autism spectrum disorder and severe behaviors living in Manhattan. Activities including music, computer games, arts/crafts and assistance with homework are provided. The program offers one to one support for each participant. A light meal and transportation are provided. *Contact: Emilia Canto (212) 928-5810, ext. 126*

In-home Hourly Respite

The overall objective of respite is to help families with care-giving responsibilities. Trained workers are matched with families to provide in-home supervision

Contact: Emilia Canto (212) 928-5810, ext. 126 ecanto@esperanzacenter.com

Community Habilitation

Trained staff assists individuals in their own environment to develop communication, daily living and socialization skills. Participants use community resources to increase independence. The program is based on a service plan. *Contact: Emilia Canto (212) 928-5810, ext. 126 ecanto@esperanzacenter.com*

Group Day Habilitation

Individuals may experience greater self-care, local volunteer experiences, horticulture & gardening, pet visiting, various exciting physical activities including basketball team participation and yoga, as well as creative arts. A prevocational setting within the day program is also available to assist individuals with work-readiness skills.

Contact: Inez Barnwell-McCoy (212) 928-5810, ext. 121 ibarnwell@esperanzacenter.com

Transportation Reimbursement Program

Reimbursement for travel expenses to doctors, therapies, programs and recreation up to \$600 per fiscal year. We are the only transportation reimbursement program in Manhattan.

Contact: Kary Paulino (212) 928-5810, ext. 178 kpaulino@esperanzacenter.com

Family Reimbursement Program

Financial help for respite care, camps and the purchase of certain items. Limited to families living in Manhattan North of 110th Street. *Contact: Rita Valdez (212) 928-5810, ext. 111*

rvaldez@esperanzacenter.com

**ADAPT COMMUNITY NETWORK
110 ELMWOOD AVENUE BROOKLYN, NY 11230
718-859-5420 EXT 244
DANIELLE RAYMOND
DIRECTOR, FAMILY REIMBURSEMENT
FAMILY REIMBURSEMENT FUND**

APPLICATION FOR GOODS AND / OR SERVICES

ALL APPLICATIONS THAT ARE NOT COMPLETE WILL BE RETURNED

THIS APPLICATION IS FOR MANHATTAN RESIDENTS ONLY

AWARDS ARE NOT GUARANTEED

The approval process can take 3 to 6 months

Eligibility for Adapt Community Network Family Reimbursement

There must be a family member with a developmental disability and the individual must be living with a family member.

According to OPWDD Family Support Services guidelines, it is imperative that all applications contain documentation of a developmental disability.

Please submit the following

1. OPWDD eligibility letter
2. Psychological evaluation

The merchandise or service requested must only be for the benefit of the person who has a developmental disability.

FISCAL YEAR:

STARTS July 1 and ends June 30. All receipts must be dated within the current fiscal year, and must be clear and legible. The application and any estimates for goods or services must also be dated within the fiscal year.

ALL APPLICATIONS MUST INCLUDE A DETAILED STATEMENT OF NEED.
Please be sure to sign and date. (Why this family should be reimbursed)

CAMP FUNDING:

Manhattan residents must apply for camp funding through other agencies. We do NOT provide camp reimbursement for Manhattan residents.

RESPITE:

The family must use Adapt Community Network's respite form to document respite care. The form **MUST** be notarized and signed by the family member and the caregiver. The caregiver must also provide their address.

UTILITY PAYMENTS:

The family must provide the original current bill as well as a letter from the MSC with justification for no-payment. Bill must indicate "**Final notice or shut-off notice**".

BED BUG INFESTATION:

The family must provide the original bill from a licensed exterminator showing treatment was done and a later inspection to show that the home is bed bug free.

RECEIPTS:

We can only accept original itemized receipts. **We cannot accept generic or handwritten receipts for items.** The receipts must be dated within the current fiscal year.

THERAPUTIC ITEMS:

If the request is for a therapeutic item, clinical documentation from a licensed professional explaining why the item is necessary and how it would benefit the individual with the disability, must be included. The documentation must include the physician's stamp and license number and must be the original. We **do not** accept photocopies.

MEDICAL AND ADAPTIVE EQUIPMENT:

If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included. You must also show proof that Medicaid or your medical insurance does not cover the item.

AIR CONDITIONERS

Items such as bed, dressers, and air conditioners must be paid for by the family. All requests for air conditioners must be accompanied with an original doctor's justification.

We cannot reimburse for food.

Adapt Community Network
110 Elmwood Avenue Brooklyn, NY 11230
FAMILY REIMBURSEMENT APPLICATION
Awards are not guaranteed, and are contingent on the availability of funds.
Awards are distributed quarterly

INCOMPLETE APPLICATIONS WILL BE RETURNED

Please answer all questions

Please print

CONSUMER INFORMATION

Date: _____

Name of Person with Disability: _____

TABS # _____

Current Address: _____ City _____

Zip Code _____

Phone #: _____ Date of Birth: _____

SS# _____ Medicaid # _____

If the disabled individual receives services from an agency please list:

Name of Agency: _____ Phone # _____

Name of Program Contact Person: _____

Services Received: _____

Telephone # of Case Manager _____

Which developmental disability does the person have _____

PURCHASE INFORMATION

If purchase has already been made, original receipt MUST be attached.

All of the questions in this section **must be answered.**

What item(s), service(s) do you want reimbursement for? Please specify: _____

What is the total cost? \$ _____ How much can you contribute? \$ _____

What amount are you asking to be reimbursed for? \$ _____

Specify all other ways of paying for item(s) and/or service(s) you have tried, before making this request:

If your application is approved, the check will be made out to the person or vendor. List name of person or vendor:

APPLICATIONS NOT COMPLETELY FILLED OUT WILL BE RETURNED

The approval process can take 3 to 6 months

FAMILY INFORMATION

Name of Parent/Guardian: _____

Relationship to Individual _____ Number of Members in Household _____

Number of family members employed: _____

Where do you reside? Home _____ Residence _____ Foster Care: _____

Total Family Income: \$1-\$24,999.00() \$25,000- \$49,000() \$50,000-\$74,999() \$75,000-\$99,000() \$100,000 and over()_

Do you have health insurance coverage: _____

OTHER INFORMATION

Have you received any type of reimbursement within the last year: Yes [] No [] If yes, please specify: Agency _____ Amount \$ _____ Purpose _____ Date rec'd _____

Have you/are you going to apply to other agencies for reimbursement for this request?

Yes () No ()

If yes, please specify: Agency: _____ When and/or date of application: _____

As of this date, have any of these agencies committed to partial or full reimbursement of this request?

Yes () No () If yes, please specify: Agency: _____ Amount: _____

If your application is approved, the check will be made out to the person or vendor. List name of person or vendor: _____

I have attached my original receipts and supporting documents where necessary.

PERSON FILLING OUT APPLICATION TO COMPLETE THE FOLLOWING.

Name: _____ Signature _____

Address: _____

Phone Number: _____ Relationship to Individual _____

*** Maximum is \$10.00 per hour**
I verify that the above listed services were received

Caregiver's Signature

Parent or Guardian's Signature

Address of Caregiver

Notary Information:

Please return completed application to:

Danielle Raymond
Director, Family Reimbursement
110 Elmwood Avenue,
Brooklyn, New York, 11230

**THIS GUIDE IS ALSO AVAILABLE IN AUDIO FORMAT
AND IN THE LANGUAGES BELOW.**

ARABIC

للحصول على نسخة من هذا الدليل باللغة الانجليزية اتصل بـ 311 (معوقي السمع: 212-504-4115) أو قم بزيارة
NYC.gov/readyny

BENGALI

এই সহায়িকার একটি বাংলা প্রতিলিপি পেতে হলে, 311 (TTY: 212-504-4115) নম্বরে ফোন করুন অথবা
NYC.gov/readyny দেখুন।

CHINESE

如欲索取中文版的指南，請致電311 (TTY: 212-504-4115) 或訪問NYC.gov/readyny。

ENGLISH

Call 311 or visit NYC.gov/readyny for copies of this guide in English.

FRENCH

Pour obtenir une copie en français de ce guide, appelez le 311 (TTY: 212-504-4115)
ou visitez le site NYC.gov/readyny.

HAITIAN CREOLE

Pou jwenn yon kopi gid sa a nan lang Kreyòl Ayisyen, rele 311 (TTY: 212-504-4115)
oswa ale nan sitwèb NYC.gov/readyny.

ITALIAN

Per ottenere una copia di questa guida in italiano, telefonare al numero 311
(TTY: 212-504-4115) o visitare il sito NYC.gov/readyny.

KOREAN

본 안내서의 한국어 사본을 받으시려면, 311 (TTY: 212-504-4115)로 전화하시거나
NYC.gov/readyny를 방문하십시오.

POLISH

W celu otrzymania polskiej kopii niniejszego przewodnika, należy zadzwonić pod nr 311
(nr dla osób z upośledzeniem słuchu: 212-504-4115) lub zajrzeć na stronę internetową
NYC.gov/readyny.

RUSSIAN

Для того чтобы получить данную брошюру на русском языке, позвоните по телефону 311
(TTY: 212-504-4115) или посетите веб-сайт NYC.gov/readyny.

SPANISH

Llame al 311 (TTY: 212-504-4115) o visite NYC.gov/readyny para obtener acceso a este
folleto en español.

URDU

اس ہدایت نامے کی انگریزی کاپی حاصل کریں، 311 (TTY: 212-504-4115) پر کال کریں یا
NYC.gov/readyny دیکھیں۔

YIDDISH

צו ערהאלטן א אידישע קאפיע פון דעם וועגווייזער, רופט 311 (TTY: 212-504-4115) אדער באזוכט
.NYC.gov/readyny

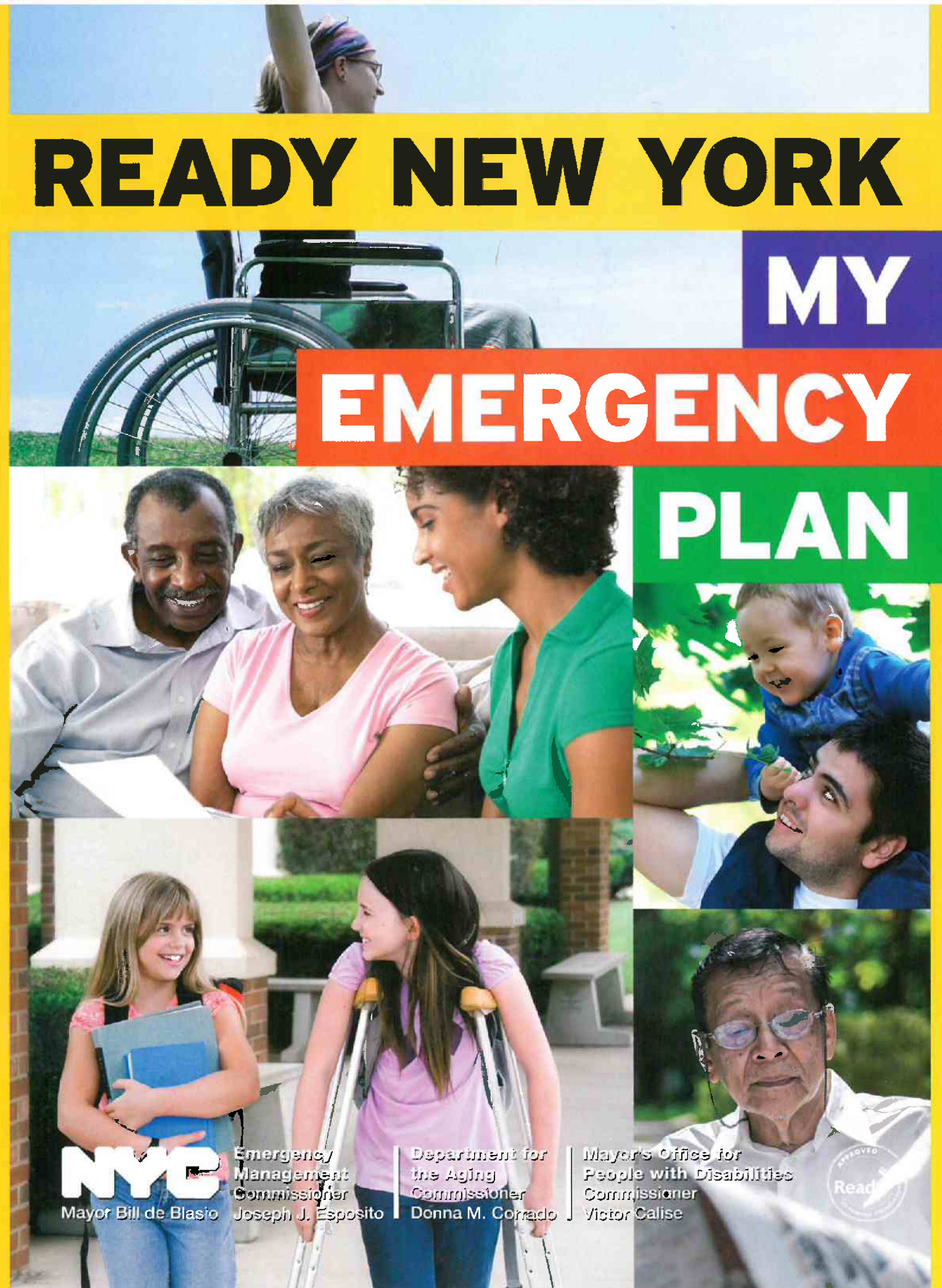
2015 Edition

READY NEW YORK

MY

EMERGENCY

PLAN



NYC

Mayor Bill de Blasio

Emergency
Management
Commissioner

Joseph J. Esposito

Department for
the Aging
Commissioner

Donna M. Corrado

Mayor's Office for
People with Disabilities
Commissioner

Victor Calise

APPROVED
Ready

There are three basic steps to being prepared for any emergency:



MAKE A PLAN



GATHER SUPPLIES



GET INFORMED

Think about how emergencies may affect you. Emergencies can range from house fires, to falls in the home, to hurricanes. Use this guide now to list what you might need during an emergency.

MY INFORMATION

Please print. If viewing as a PDF, click on the highlighted areas to type in the information.

Name:

Address:

Day Phone:

Evening Phone:

Cell Phone:

Email:



1 CREATE AN EMERGENCY SUPPORT NETWORK

You don't want to go through an emergency alone. Ask at least two people to be in your network—family members, friends, neighbors, caregivers, coworkers, or members of community groups. Remember, you will help each other in emergencies.

Your emergency support network should:

- Stay in contact during an emergency.
- Keep spare sets of your keys.
- Know where to find your emergency supplies.
- Know how to operate your equipment or help move you in an emergency.

Support network contacts:

Name/Relationship:	
Phone (home/work/cell):	
Email:	
Name/Relationship:	
Phone (home/work/cell):	
Email:	

Pick an out-of-state friend or relative who family or friends can call during a disaster. If local phone lines are busy, long-distance calls may be easier to make. This out-of-state contact can help you communicate with those in your network.

Out-of-state contact:

Name/Relationship:	
Phone (home/work/cell):	
Email:	

2 DEVELOP A PLAN

Important health and life-saving information:

Allergies:	
Special medical conditions:	
Medications and daily doses:	
Eyeglass prescription:	
Blood type:	
Communication devices/Equipment:	
Health insurance plan:	
Preferred hospital:	
Individual #:	
Group #:	
Doctor/Specialist:	
Phone:	
Doctor/Specialist:	
Phone:	
Doctor/Specialist:	
Phone:	
Pharmacy:	
Address:	
City:	
Phone:	
Fax:	

Transportation

Be prepared to make other transportation plans if your subway or bus is not running.

I will call (friend): _____

Phone (home/work/cell): _____

Taxi service: _____

Phone: _____

Make a habit of learning exits whenever you are in a new location (e.g., shopping mall, restaurant, movie theater).

Include Communication in Your Plan

Take time **now** to plan how you will talk to friends or emergency workers in an emergency. During an emergency, your normal way of communicating may be affected by changes in environment, noise, or confusion. Know how and what you will need to communicate during an emergency.

- If you are Deaf or hard of hearing, practice communicating your needs through gestures, note cards, text messages, or other means.
- If you are blind or have low vision, be prepared to explain to others how best to guide you.

Prepare something now that describes your needs in short, meaningful phrases. You may not have much time to get your message across. Prewritten cards or text messages can help you share information during a stressful or uncomfortable situation. Phrases can include:

- I may have difficulty understanding what you are telling me. Please speak slowly and use simple language.
- I use a device to communicate.
- I am Deaf and use American Sign Language.
- Please write down directions.
- I speak [insert language].

Your cards should apply to emergencies in and outside your home. Be sure to keep them with you at all times. If you have difficulty creating cards, ask family, friends, or caregivers to help.

Below is space for you to write your own phrases:





3 KNOW HOW TO EVACUATE

- Evacuate immediately if your life is in danger.
- Evacuate immediately if you smell gas, or see smoke or fire.
- Call 911 if you are stranded and need emergency assistance to evacuate your home.
- Remember to tune in to local radio and TV stations, access NYC.gov, or call 311 (TTY: 212-504-4115) for the latest emergency information.

Meeting Place

Know where you will meet family, friends, or caregivers after an emergency. Pick two places to meet: one right outside your home and another outside your neighborhood, such as a library, community center, or place of worship.

Meeting place close to home:

Address:

Meeting place outside neighborhood:

Address:

Find out if you live in a hurricane evacuation zone by visiting the Hurricane Zone Finder at NYC.gov/hurricanezones or calling 311 (TTY: 212-504-4115).

I live in zone:



Pick friends or family with whom you can stay in case you cannot stay at home.

I can stay with:

Name/Relationship:

Address:

Phone (home/work/cell):

Email:

Name/Relationship:

Address:

Phone (home/work/cell):

Email:

Practice evacuating regularly and consider different situations you may face, such as blocked paths or exits. Include service animals in your drills so they become familiar with exit routes.

Sheltering

For people who have no other place to stay, emergency shelters may be set up in schools, City buildings, and places of worship. They provide basic food and water. Shelters DO NOT have special equipment (e.g., oxygen, mobility aids, batteries). Be prepared to bring your own.

Shelters are subject to change depending on the emergency. To find an accessible shelter near you during an emergency, call 311 (TTY: 212-504-4115).

Ask family members or someone in your emergency support network to go with you to the shelter.



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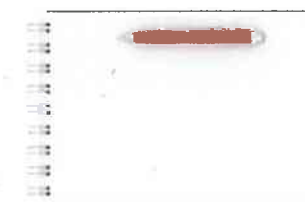


4 PACK A GO BAG

Everyone in your household should have a Go Bag—a collection of things you would want if you have to leave in a hurry. Your Go Bag should be sturdy and easy to carry, like a backpack or a small suitcase on wheels.

Check off items you have and add those you will need:

- Copies of your important documents in a waterproof container (e.g., insurance cards, Medicare/Medicaid cards, photo IDs, proof of address, marriage and birth certificates, copies of credit and ATM cards)
- Flashlight, battery-operated AM/FM radio, and extra batteries
- List of the medications you take, why you take them, and their dosages
- Contact information for your household and members of your support network
- Cash, in small bills
- Notepad and pen
- Aerosol tire repair kits and/or tire inflator to repair flat wheelchair or scooter tires
- Supplies for your service animal or pet (e.g., food, extra water, bowl, leash, cleaning items, vaccination records, and medications)
- Back-up medical equipment (e.g., glasses, batteries)
- Other personal items:



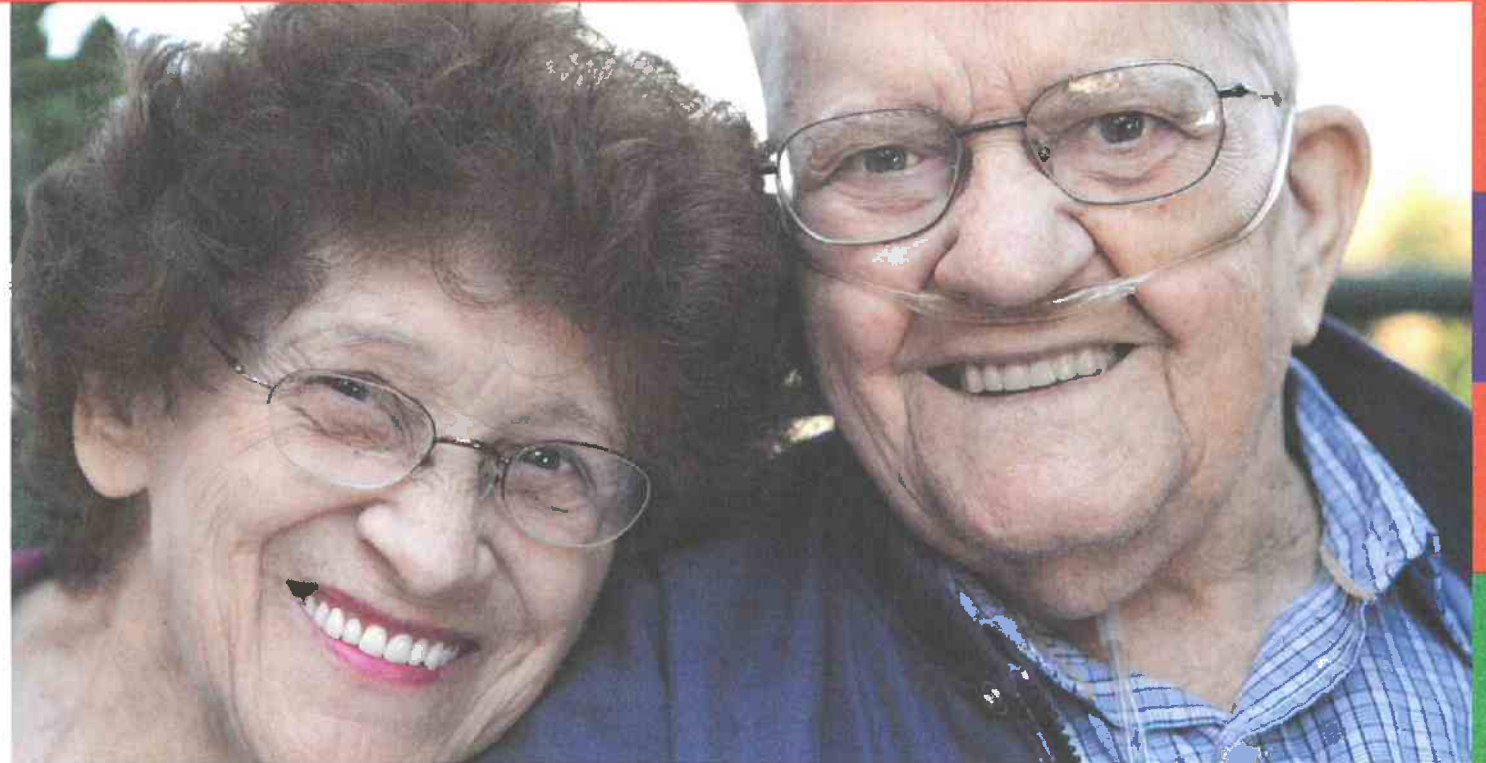


5 PUT TOGETHER AN EMERGENCY SUPPLY KIT

In some emergencies, like coastal storms and tornadoes, you may have to stay at home. An emergency supply kit should have enough supplies for at least three days.

Check off items you have and add those you will need:

- One gallon of drinking water per person per day
- Nonperishables, ready-to-eat canned foods, and a manual can opener
- Flashlight, battery-operated AM/FM radio, and extra batteries, or wind-up radios that do not require batteries
- Whistle or bell
- Back-up medical equipment (e.g., oxygen, medication, scooter battery, hearing aids, mobility aids, glasses, facemasks, gloves)
- Style and serial numbers of medical devices (such as pacemakers) and usage instructions
- Other items:



Special Considerations

- If you rely on electric medical equipment, contact your medical supply company for information about back-up power.
- Ask your utility company if you qualify as a life-sustaining equipment customer, and see if you can sign up for priority power restoration.
- If you rely on oxygen, talk to your oxygen supplier about emergency replacements.
- If you receive treatments such as dialysis or chemotherapy, know your provider's emergency plan.

ONCE YOU HAVE FILLED OUT THIS GUIDE, YOU ARE A READY NEW YORKER! CONGRATULATIONS!



NEW YORK CITY RESOURCES

Unless otherwise noted, call 311 (TTY: 212-504-4115), or use NYC.gov to contact City agencies.

NYC Office of Emergency Management
NYC.gov/oem

NYC Department for the Aging
NYC.gov/aging

Mayor's Office for People with Disabilities
NYC.gov/mopd

Ready New York Preparedness Info
NYC.gov/readyny

Hurricane Evacuation Zone Finder
NYC.gov/hurricanezones

STAY INFORMED

OEM on Facebook and Twitter
www.facebook.com/NYCEmergencymanagement
@nycoem

Notify NYC
Register for emergency notifications by visiting NYC.gov/notifynyc, calling 311, or following @NotifyNYC on Twitter

GET INVOLVED: TAKE CLASSES OR JOIN THE PREPAREDNESS EFFORT

American Red Cross in Greater New York
877-RED-CROSS (877-733-2767)
www.nyredcross.org

NYC Community Emergency Response Team (CERT) Program
NYC.gov/cert

NYC Citizen Corps Council
NYC.gov/citizencorps

UTILITIES

Con Edison
800-75-CONED, (800-752-6633),
(TTY: 800-642-2308)
www.coned.com

Public Service Electric and Gas Company - Long Island (PSEG LI)
800-490-0025, (TTY: 631-755-6660)
www.psegliny.com

National Grid
718-643-4050, (TTY: 718-237-2857)
www.nationalgridus.com

NOT-FOR-PROFIT SERVICE PROVIDERS

National Organization on Disability's Emergency Preparedness Initiative
202-293-5960, (TTY: 202-293-5968)
www.nod.org/emergency

LifeNet
For mental health information, a referral, or if you need to talk to someone, call New York City's confidential, 24-hour Mental Health Hotline.

English and all other languages: 800-LIFENET, (800-543-3638), (TTY: 212-982-5284)

In Spanish: 877-AYUDESE, (877-298-3373)

In Mandarin, Cantonese, and Korean: 877-990-8585

MY RESOURCES

Add your own important resources and phone numbers here.

Three horizontal light green bars for user input.

OEM would like to thank Special Needs Advisory Group members for their hard work on this project.