Manhattan Developmental Disabilities Council

YAI, Inc. 460 West 34th Street New York, N.Y. 10001 (212) 273-6100 www.manhattanddcouncil.org

INVOICE

Council Membership Dues for non-profit provider agencies: \$150 for Fiscal Year July, 2015 - June, 2016

Why become a member?

- Agency members are listed on the Manhattan DD Council website with a direct link to their agency website and events from agency members are posted on the "Calendar of Events"
- Stay informed regularly regarding updates from the field
- Meetings attended by key OPWDD and DOHMH staff
- Dues help support the Council's annual Family Support Fair, the MSC Forum, the Legislative Breakfast, Family Advocacy Days, and many other activities that benefit the families, individuals, and providers in Manhattan

Agency Name:	
Contact Person & Phone:	
Address:	4)
Email address:	

Please make checks payable to MANHATTAN DD COUNCIL

Mail to:

Jessie Backe, AHRC 83 Maiden Lane, 11th Floor New York, NY 10038











New York Service for the Handicapped Accessible since 1906

OUT-OF-HOME OVERNIGHT RESPITE AT CAMP OAKHURST

FOR CHILDREN AND ADULTS WITH SPECIAL NEEDS, INCLUDING AUTISM AND PHYSICAL AND INTELLECTUAL DISABILITIES

Why overnight respite at Camp Oakhurst?

Families caring after a relative with special needs in their own home need period breaks. They can get one, while their relative with special needs enjoys a 2-12 night stay at Camp Oakhurst. Respite sessions are scheduled year-round, and in the summer take the form of a sleep away camp. On a limited basis, emergency respite care is also available.

What will happen at an overnight respite?

Clients stay in barrier-free heated and air conditioned cabins with age appropriate groups. Care and supervision provided by trained experienced staff living on-site is provided 24/7. Clients have access to a full program of adapted recreational activities, including trips off-camp.

Does my family qualify for overnight respite?

Individuals who live in New York City or New Jersey and have a physical and/or developmental disability, including autism, may qualify for state-supported respite. Even if not eligible for state-supported respite, clients may apply and attend all sessions. Registration starts with an application and includes a personal interview with a staff member.

How long are respite periods and how can I get there?

There are separate sessions for children and adults. Registered families receive a yearly calendar of scheduled respite and summer camp sessions. They vary in length from a weekend to 3, 4, 5, 7 or 12 night sessions. Some families get to and from Oakhurst on their own, others receive central site transportation from NYC in lift- equipped vehicles.

What does it cost?

There is no fee for those qualifying for state-supported respite. Others pay a fee that may be scaled according to income and family size.

When should I apply?

Applications are received throughout the year. Confirmation for a particular respite session depends on space and transportation needs. Call us or visit www.nysh.org for applications and a schedule.

--OVER--

NEW YORK SERVICE FOR THE HANDICAPPED

CAMP OAKHURST

New York Service for the Handicapped provides services at Camp Oakhurst to enhance the quality of life for children and adults with special needs, including autism and physical and intellectual disabilities, and provide respite for their families through a year-round camp experience, based in Monmouth County, NJ.

Camp Oakhurst, established in 1906, is an independent nonprofit social service agency with offices in New York City and Oakhurst, New Jersey. The camp is located on a scenic 15-acre site, about one mile from the Atlantic Ocean. Clients live in barrier-free modern cabins, surrounded by tall trees, grass and fresh air, with all the counselors, support and adapted facilities it takes to make their stay at Camp Oakhurst a fun and memorable experience. Camp Oakhurst helps clients discover new abilities and new strengths, that helps foster more independence and self-confidence.

Camp Oakhurst's services include:

- Out-of-home overnight respite and summer sleep away camp for children and adults with physical and/or developmental disabilities
- Out-of-home overnight respite and summer sleep away camp for youth and young adults diagnosed with autism
- Emergency out-of-home overnight respite care for children and adults with physical and/or developmental disabilities, including autism
- Day respite care for school-aged children living in Monmouth County,
 NJ -- after school, Saturdays and on school closure days

For more information, please contact our NYC or Oakhurst, NJ offices:

1140 Broadway, Suite 903 New York, NY 10001 Tel. 212 533-4020 info@nysh.org 111 Monmouth Road Oakhurst, NJ 07755 Tel. 732 531-0215 info@nysh.org

www.NYSH.org

NEED AN EMERGENCY RESPITE?

24-hour emergency respite services are available by calling 732.531.0215 during normal business hours M - F or 804.467.9319 nights and weekends. We ask that you give us a minimum of two hours notice so that we may schedule appropriate staff.



info@nysh.org
www.nysh.org
Facebook.com/campoakhurst
Twitter.com/campoakhursti
Instagram.com/campoakhurst

CAMP OAKHURST

Phone: 732.531.0215 Fax: 732.531.0292



Camp Oakhurst Staff:

Robert Pacenza, Executive Director

Charles Sutherland, Director of Services & Operations

Lori Schenck, Assistant Director of Services



The mission of NYSH is to enhance the quality of life for children and adults with special needs, including autism and physical and intellectual disabilities, and provide respite for their families through a year-round camp experience, based in Monmouth County, NJ..

Camp Oakhurst's vision is to be a preeminent resource to provide safe, accepting, and accessible services that allow its clients to gain confidence, reach their potential, and build a community of friends while enjoying all that camp has to offer.

111 Monmouth Road Oakhurst, NJ 07755 1140 Broadway, Suite 903 New York, NY 10001

TRADITIONAL ADULT RESPITE

	June 1-June 8 7 Days Luau	Monday-Monday 7 Days Cape May Zoo Trip May 16– May 23	Monday-Monday 7 Days May 2– May 9 Jamboree	WedWed. 7 Days Apr.13- Apr.20 Back to the	Mar. 30-Apr. 6 5 Days Englishtown	Friday-Friday 7 Days Pot of Gold Mar. 18-Mar. 25 Celebration	Monday-Monday 7 Days Evening at Live	WedWed. 7 Days Sweetheart Dance	Friday-Wednesday 5 Days NFL Playoffs Party Jan. 22– Jan. 27	Wed-Wed. 7 Days Jan.6-Jan. 13 Mall	Friday-Wednesday 5 Days Dec.04-Dec. 09 Mt. Airy Lodge Casino Trip	Monday-Monday 7 Days Trip to Nov.16—Nov. 23	WedWed. 7 Days Amish Country Trip	Oct.16-Oct. 23 7 Days (CAC Meeting)	
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TRADITIONAL YOUTH RESPITE

Trip		Apr. 25- Apr. 29
Blue Claws Game	4 Days	Monday-Friday
Week		Feb. 15- Feb. 19
Global Passport	4 Days	Monday-Friday
		Feb. 5- Feb. 8
Super Bowl Bash	3 Days	Friday-Monday
Museum Trip		Jan. 15– Jan. 18
Liberty Science	3 Days	Friday– Monday
		Dec 27- Dec 30
New Years Bash	3 Days	Sunday-Wednesday
Cornucopia		Nov. 28- Nov. 30
Evening at	2 Days	Saturday– Monday
Trip		
Jack O-lanterns		Oct. 9- Oct. 12
Hay Rides and	3 Days	Friday-Monday



DAY RESPITE CARE

Day respite care is available for school-age children after school, on many weekends, and school breaks. Homework help is available along with therapeutic recreational activities. Limited one way transportation after school is available.

For more information, email info@nysh.org or call 732-531-0215.

YOUTH AUTISM SCHEDULE

Monday– Friday Apr 25– Apr. 29	Friday-Sunday Mar. 18– Mar. 20	Monday-Friday Feb. 15- Feb. 19	Friday– Sunday Jan. 22-Jan. 24	Friday– Sunday Jan.15– Jan. 17	Friday-Sunday Jan. 8– Jan. 10	Sunday-Wednesday Dec. 27-Dec. 30	Friday-Sunday Dec. 18—Dec. 20	Priday-Sunday Dec. 11– Dec. 13	Saturday-Monday Nov. 28- Nov. 30	Friday-Sunday Nov. 20- Nov. 22	Friday- Sunday Oct. 30- Nov. 1	Friday-Sunday Oct. 2- Oct, 4	
4 Days	2 Days	4 Days	2 Days	2 Days	2 Days	3 Days	2 Days	2 Days	2 Days	2 Days	2 Days	2 Days	

ADDITIONAL SESSIONS WILL BE NADE AVAILABLE THROUGH OUT THE SEASON.

I/DD/ASD SUPPORTIVE HOUSING PILOT PROGRAM

Program Objective

To provide an integrated community based housing option for the moderate to high functioning I/DD/ASD population that can live independently. This option is an apartment in the non "set-aside" section of supportive housing buildings. A description of supportive housing follows hereafter. The benefits of this option are (1) being in a property that has a "social service" mission and willing to partner with an individual's support services and (2) has rental rates that are significantly below market rents. Due to these benefits, these apartments are scarce and have waiting lists.

Pilot Program

HomeConnect has partnered with CAMBA Housing Ventures, a division of CAMBA, for a pilot program to integrate high and moderately high functioning I/DD/ASD candidates for apartments in CAMBA buildings. CAMBA is a non-profit agency that provides services that connect people with opportunities to enhance their quality of life. www.camba.org



HomeConnect will work with individuals, their MSCs and families to arrange building tours and, if desired, navigate the waiting list application and management processes. See the attached building descriptions for specific property details. For more information about the program, visit our web site at

<u>www.specialneedshomeconnect.com</u> or contact Joseph Campagna, HomeConnect, 212-363-0394 or <u>info@specialneedshomeconnect.com</u>.

Supportive Housing

Supportive housing combines affordable housing with the required social services for the impacted population to live as independently as possible. In NYC, supportive housing is a well-developed industry.

While no means an easy task, both for profit and non-profit developers assemble the capabilities to develop affordable housing and partner with service provides for the required social support services. Historically supportive housing populations include; homelessness, disabled veterans, substance treatment etc. Many of these buildings are mix of "set-aside" populations and non "set-aside" or "community" tenants. Both categories must meet income restrictions to qualify. At this time there are no supportive housing buildings with population set-asides for I/DD/ASD populations.

HOMECONNECT

CREATING QUALITY INTEGRATED
COMMUNITY FOR OUR SPECIAL NEEDS
POPULATIONS

JOSEPH CAMPAGNA/HOUSING CONSULTANT

INFO@HOMECONNECT.COM
WWW.SPECIALNEEDSHOMECONNECT.COM

1-212-363-0394

Supportive Housing Description

Building Description

Address – 97 Crooke Avenue, Brooklyn, NY 11226-1612

- Sustainable, permanent, affordable and supportive housing in Flatbush, Brooklyn
- Elevator building with laundry room opened in 2011.
- Transit-oriented: under 0.25 mile walk to B,Q (Church Avenue stop) subways and B41, B12 buses
- Provides affordable housing for low-income individuals earning under 60% AMI and individuals exiting New York City's shelter system
- Lighting, security cameras and 24/7 front desk security increase public safety for tenants and community
- Owner/Manager CAMBA Housing Ventures



• 52 fully-furnished studio units, monthly rent, \$750-\$850.



 Community room and computer room; landscaped rear yard and roof terrace





- On-site case management services provided by CAMBA in conjunction with an individual's support program & services
- Nutrition counseling, yoga, financial management, computer training and job assistance
- Holiday and social gatherings
- Access to CAMBA's extensive services

Neighborhood Description

General Census

Prospect Park South/Flatbush is a neighborhood in Brooklyn with a total population of 78,823. It occupies approximately 0.90 square miles. There are 3,963 street trees per square mile. As for the demographics in Flatbush, the median age is 34, 34% of residents are married, and 37% of residents have at least one child.

About 13% of adults here have a bachelor's degree or higher. Voters in this area are 92% Democrat.

Transportation

Under 0.25 mile walk to B,Q subways and B41, B12 buses.



Amenities

Located two blocks from Prospect Park. Local food stores nearby.

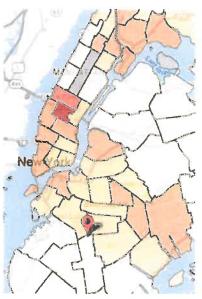
Nine minutes on the B41 bus or 12

minute walk to a Super Stop & Shop. Brooklyn College is 28 minutes on the B41bus (14 minutes to/from bus stops).



Safety

The property is located in the 70th precinct. According



to NYC Crime Statistics, this precinct is in the lowest category for violent crime (lightest color) for the reported January-July 2015 period (see the below map).

There is a positive trend compared with the precinct last year and against Brooklyn and the City.

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a at NVC (8, 188.977 residents)			
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See the NYC Crime Statistics attachment for further explanation of the overall City statistics and the reporting methodology.

Brooklyn Real Estate Market (as per 2Q2015 Market Report - StreetEasy)

Sales/Rental Market Overview

Prices eased slightly in Q2, but Brooklyn rents remain highly unaffordable for most renters. According to a StreetEasy study of asking rents and income across the City, the typical Brooklyn household will need to spend an estimated 60% of its annual income on asking rent in 2015 – the highest rent burden amount of all five boroughs in New York City. The median asking rent declined 1% from last year to \$2,500, providing a small measure of relief to highly burdened renters in Brooklyn.

	SALESLISTING DATA						PEND	NG SALES D	ATA	RECO	DENTAL BATA			
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97 Crooke Avenue Rental Market Comparisons

36 Crooke Avenue #4B \$1,500 FOR RENT Studio 1 bath Building in Prospect Park South

603 Ocean Avenue #10 \$1,650 FOR RENT 1 bed1 bath Building in Prospect Park South

505 Ocean Avenue #1F \$1,550 FOR RENT 1 bed1 bath Building in Prospect Park South

603 Ocean Avenue #10 \$1,650 FOR RENT 1 bed1 bath



Building in Prospect Park South

1911 Albemarle Rd #4F \$1,425 FOR RENT 1 bed1 bath Condo in Prospect Park South

New York City Crime Statistics

http://www.nyc.gov/html/nypd/html/crime_mapping/nyc_crime_map_introduction.shtml

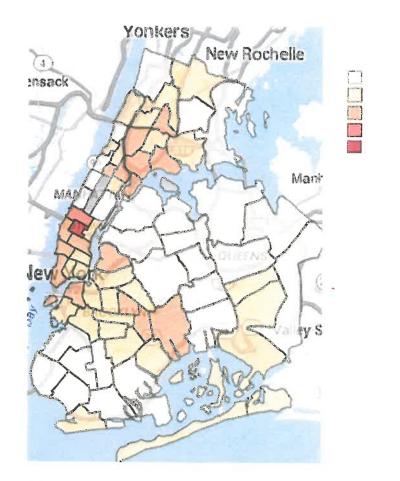
As shown in the below table, for the City as a whole, aggregate serious crime has decreased significantly since 2000 and has leveled off in the last few years.

Seven Major Felony Offenses

		20	No.	165	2004	2005	2000	and the	2065	2022	\$ 10	36H.	2012	245	2014
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Below is the crime map for July 2015. The map is divided by precinct. The shading denotes crime density from lightest (lowest) to darkest (highest). The below legend shows the crime density per thousand of residents. Crimes are reported for the seven major NYS Penal Law felonies (Murder and Non-Negligent Manslaughter, Rape, Robbery, Felonious Assault, Burglary, Grand Larceny and Grand Larceny Motor Vehicle.



All crimes per 1,000 residents

0.3570 - \$.021 1.021 - 1.635 1.635 - 2.443 2.443 - 3.582 3.662 - 12.54

Foundling The New York

nity support services designed prehensive spectrum of commuabandoned children, to a com-Foundling has continued evolvdoned on the streets of New the lives of bables being abanty opened their doors to save In 1869, three Sisters of Chariing from a respite home for Over the past 145 years, The foundling ("The Foundling"). legacy of The New York York, beginning the tremendous to support



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THE NEW YORK FOUNDLING

our mis-

590 Avenue of the Americas New York, NY 10011

Phone: 212-886-4020 E-mail: I&R@NYFoundling.org www.nyfoundling.org

Families Offering Care and **Unconditional Support** (FOCUS)





Novel Intervention in Children's Healthcare (NICH) at The New York Foundling

The goal of The Foundling's FO-CUS program is to "bend the curve" away from traditional institutional care, and focus on community-based Long-Term Supports and Services (LTSS) for children in youth with a Intellectual and developmental disabilities (VDD). To do this, The Foundling has created a Fransition Development Team is charged with making focused and sustained interventions in the key systems

and other related
agencies to create
a system for early
identification of
children/young
adults with developmental disabilities facing placements and returning home from

placements. The TD Team delivers a promising practice (NICH).

NICH has been shown to successfully skill up families so they can keep their children and young adults who have challenging behaviors and chronic medical disorders at home and in the community.

Benefits of FOCUS-NICH:

- Services are provided in the home
- dinate current service providers, school and community resources
- Families will remain connected to OPWDD when the NICH service ends
- Families who complete will transition to ongoing support through the NYF Community Habilitation Staff
- The treatment team consists of a Master's Level Transitional Development Specialist, a Skills Coach and an Education Advocate Specialist.

Who can refer:

- School/Board of Education
- A CS
- ODWYOO .
- Health and Hospital Corporation
- Medical Providers
- Community Providers
- Families can self-refer

Referral Criteria:

- Identified Individual is aged 5-21
- Meets OPWDD (Office of Person's With Developmental Disabilities) eligibility requirements
 - Individual is at risk of out of home/school placement Individual is placed in an out of state/in state residential school and is aging
- Family lives within the 5 boroughs

How to Make a Referral:

Contact Renee Wingate at (212)-886-4020 or e-mail I&R@NYFoundling.org

THE NEW YORK FOUNDLING

590 Avenue of the Americas
11th Floor

Phone: 212-886-4020 E-mail: I&R@NYFoundling.org www.nyfoundling.org



United Cerebral Palsy of New York City Family Reimbursement

UCP's Family Reimbursement program provides funds to individuals with disabilities and their families. These funds cover the cost of goods/services that are not obtainable through other sources ie. Medicaid, medical insurance, etc.

Items such as:

- Clothing
- Respite Care
- Eligible Furniture
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chairs
- Hospital beds/mattress
- Commodes
- Walkers

If the request is for medical or



adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

Families can apply every 12 months.

For more information call 718-859-5420 ext 244
UPC of NYC Family Reimbursement
110 Elmwood Avenue Brooklyn, NY 11230
projectconnect@ucpnyc.org
www.ucpnyc.org



Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Integrated programming
- Universal Pre-K (Manhattan Pre-School Service
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

After-School Program

Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Transportation is provided by DOE-OPT

Day Habilitation

Opportunities in Day Programs available in the Bronx, Brooklyn, Manhattan and Staten Island.

• Persons served must be age 18 or older to apply

All sites are wheelchair accessible and transportation is available.

Supported Employment

Employment services for adults with DD. Available for Bronx, Brooklyn, Manhattan, and Staten Island residents.

Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

United Cerebral Palsy of New York City

Services and Supports 2015

SHARE Lending Library

Borrow books, adaptive toys and educational materials. Located in Staten Island, Brooklyn, Manhattan and the Bronx

ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

Must be in OPWDD waiver

SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn and Staten Island
- Transportation is provided

EXPLORE Club Disco

Once a month, Friday nights events held in Manhattan, brooklyn and Staten Island.

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible
- Transportation is not provided
- · Dinner and refreshments served

Staten Island Club Disco

• Must be HCBS waiver and live with a family member who resides in Staten Island

Medicaid Service Coordination (MSC)

MSC provides ongoing support and coordination of services for individuals and their families. Services available for Manhattan, Bronx, Brooklyn and Staten Island.

• Must have Medicaid to be eligible

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org



Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry, Optometry and Neurology.

Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- •Must be OPWDD eligible

Bronx Overnight Respite

Serves all five boroughs.

- •Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Serves all ages
- Site is fully accessible
- Must be waiver eligible

In-Home Respite

Serving Bronx, Brooklyn, Manhattan, and Staten Island

• Must be waiver eligible and live with a family member.

Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- •Must be waiver enrolled
- •Must be living independently or with a family member
- •Should be able and willing to follow and participate in their Community Habilitation Plan.

United Cerebral Palsy of New York City

Services and Supports 2015

Doorways to Independence

Housing Assistance Services/Home Modifications Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments a developed report on possible modifications and equipment to make the home more accessible.

Home Modifications

• Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island

\$500.00 limit for Bronx, Brooklyn and Manhattan Staten Island limit is \$300.00

Special Brooklyn Camp Funds available.

Manhattan Durable Medical Equipment Funds available. Funding available to assist families in paying for an item Medicaid or other funds will not cover. Families can apply every 12 months.

Family Connect

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

PROJECT CONNECT
Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org



September, 2015

The Developmental Disabilities Clinic (DDC) at Archeare at Terence Cardinal Cooke HAS IMMEDIATE OPENINGS IN

- Audiology
- Cardiology
- Dental (Including conscious sedation)
- Individual and Group Psychotherapy (Bilingual-Spanish/English)
 - Gynecology
 - Internal Medicine (Adult and Pediatric)
 - Neurology (Adult)
 - Nutrition
 - Ophthalmology
- Physiatry (with OT/PT services, including wheelchair/brace clinic)
 - Podiatry
 - Psychiatry (Adult and Pediatric)
 - Psychological Evaluations (Bilingual-Spanish/English)
 - Psychosocial Evaluations (Bilingual-Spanish/English)
- Speech/language (Including augmentative/assistive technology)

For appointment, please call: Arilys at 212-360-3777 or Raquel at 917-484-4565



SEPTEMBER 2015 AHRC PROGRAM VACANCIES www.ahrcnyc.org

Please look through this list of services offered by AHRC that have projected vacancies for September (or immediately) and contact the person indicated if you have someone who is in need of the service.

RECREATION OPPORTUNITIES:

Overnight Weekend Respite Program: Available in all boroughs for independent travelers and individuals that are able to self-medicate. Enjoy trips to upstate New York from Friday through Sunday to discover area attractions and seasonal activities. All individuals must be in the HCBS waiver. No cost, transportation provided. Call Alice McGlynn at (212) 780-2583 or RIC to make a referral.

<u>Teen Saturday program:</u> Opening in Queens, ages 13 - 19, must be in the HCBS waiver, transportation provided, contact Alice McGlynn at 212-780-2583.

OVERNIGHT/EMERGENCY In-Home Respite Hourly Waiver Services to families residing in the boroughs of Queens and Manhattan. Emergency respite is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. Emergency respite may be provided in individual's home or a family care home. Overnight respite is a service that provides relief to a caregiver who is responsible for the primary care and support of an individual with a developmental disability. When a family member or Family Care provider has to deal with such things as illness, emergency, and caregiver vacation; emergency respite services can ensure that your loved ones are safe and their needs are met. A caregiver must reside with the individual in the same household and be a primary caregiver. An eligible person should be OPWDD eligible. Eligibility must be established before a referral can be made. An eligible person should have a current Level of Care (LOC) determined. LOCs are needed for all waiver services. An eligible person should be enrolled in a HCBS Waiver program. If you believe that your families or individual(s) might benefit from Overnight or Emergency In-Home Respite, please contact, Luba Zborovskaya at 212-780-2340 and/or Gillian David, Intake Field Supervisor at 212-780-4482.

IN-HOME RESPITE: Waiting list for people ages 3 and over in Brooklyn, Manhattan, Staten Island, the Bronx, and immediate opportunities in Queens. Require proof of developmental disability. Contact the Referral and Information Center at (212) 780-4491 or 4493.

<u>COMMUNITY HABILITATION:</u> Waiting list for people from birth (with El Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact the Referral and Information Center at (212) 780-4491 or 4493.

OVERNIGHT RESPITE (out of home): Guests must be age 4 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. Staten Island is the only wheelchair accessible respite facilities. Families should apply for respite before the need arises; the application has to be approved beforehand. Contact the Referral and Information Center at (212) 780-4491 or 4493.

EMPLOYMENT and BUSINESS SERVICES:

Brooklyn Day Hab: Some the of services and activities provided are: personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact 212-895-3370.

<u>Senior Retirement Services:</u> Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099.

Bronx Day Hab Without Walls: This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of the DH and into employment. Contact Ana Kuharik, 718-944-5099.

<u>Staten Island Day Hab Without Walls:</u> This program offers the opportunity for community activities including volunteering and social outings. The primary premise is to prepare people to move out of the DH and into employment.

Staten Island Janitorial Training program: Pre-Vocational training program for S.I. residents with DD 18 years and older. 11 weeks of training combining classroom instruction with internship at S.I. institutions. Upon successful completion, graduates will be placed in janitorial careers with high earning potential. For all S.I., call Candi Genovese, 718-981-3452. Job Connection Center-Psycho-social Clubhouse (Brooklyn): A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (IDD/MI) in obtaining and maintaining a job. Call 212-895-3370.

Continued

Youth Careers Training Programs: OSY Pre-Vocational training program for NYC residents with DD or LD and/or low income; 18–21 years old. 15 weeks of training combines classroom instruction with internship at major NYC institutions. Upon successful completion, graduates will be placed in Janitorial and Food Services careers. Enrollment is ongoing – there are openings for Janitorial and Food Services in Brooklyn, Janitorial Services in Queens and Staten Island. For Brooklyn, call Gohar Gharibyan at 212-895-3370 or Alexis Hines at 212-895-3380; for Queens, Derek Johnson at 646-210-0066 or Sonia Nieves at 347-723-1952 and for Staten Island, Anna Chakryan at 718-662-1432.

HIRE - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325 Queens – Derek Johnson, 646-210-0066

Bronx – Wayne Thomas, 718-944-5099

Staten Island – Candi Genovese, 718-981-3452

Manhattan - Isis Clark - 212-634-8673

<u>ADULT DAY SERVICES:</u> A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. For more details, call Central Intake at 212-780-4493/4491.

Emergency Respite (Family Support Service): for Queens and Brooklyn residents - Emergency respite is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected travel plans or relief needed for the caregiver due to special circumstances. Emergency respite may be provided in the eligible person's home or an alternate location where the service of care can be provided. The person providing the service does not have to reside in the home of the person eligible for this service, nor does the service have to occur in the borough of the person's OPWDD registration. Call Michael Wright, 212-895-3467.

<u>Nicosia Family Reimbursement</u>: The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: Reside in the 5 Boroughs and Eligibility. Call Michael Wright, 212-895-3467.

Intensive Behavioral Services This is a newly offered program in the Bronx the purpose of which is to provide Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566.

Queens Intensive Parent Training: This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592.

Non-Medicaid Service Coordination: The service includes information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: reside in the five boroughs, No Medicaid and Eligibility. Call Sharett Bood, 646-845-6020.

<u>Clinical Evaluation Reimbursement</u>: The service provides the opportunity for individuals to receive clinical evaluations (psychological or psychosocial), who do not have Medicaid or their health plans do not pay for such testing. The clinician or vendor is reimbursed for the completed and approved evaluation. Criteria for grant: Reside in Manhattan and Eligibility. Call Michael Wright, 212-895-3467.

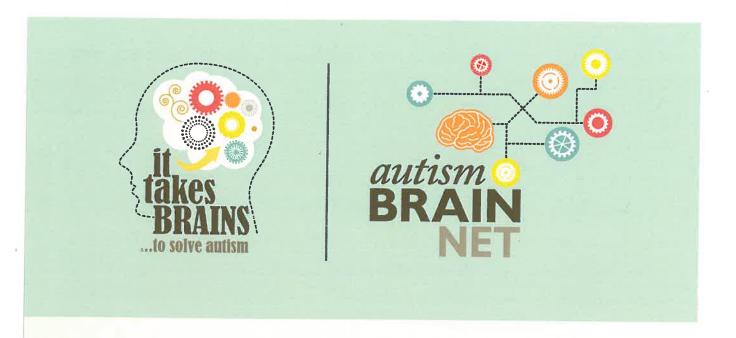
Article 16 Clinic Services: Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. Ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at our 2488 Grand Concourse Clinic. Services are available in English, Spanish, and Mandarin. Anyone interested in these programs should contact Clara Cordero at (212) 780-2387.

<u>REHAB Services:</u> Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services.

FREE Psychological/Psychosocial Evaluations: AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled that do not have Medicaid and are residents of Manhattan, Brooklyn, Queens, Staten Island, or the Bronx. Services are available in English, Spanish, and Mandarin. For more information or to make a referral call AHRC Central Intake at 212-780-4493 or 212-780-4491.

<u>RESIDENTIAL:</u> Anticipated and immediate openings in all boroughs. Details vary depending on the setting. If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491 or 212-780-4493.

cc:



It Takes Brains is the outreach program of the Autism BrainNet, a new network of research institutions that will collaborate on groundbreaking brain research.

Visit us online at TakesBrains.org and AutismBrainNet.org

TO SOLVE AUTISM.

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BRAINS ...to solve autism

Meet the Matthews Family. They never saw themselves as superherces, but when they bonded together to support their son Casey, who has autism, they were indeed super. Now they are all superherces because they have pledged to one day donate their brains for autism research when they no longer need them. Scientists agree that the best way to understand the causes of autism and develop better treatments is by studying the part of the body that is most affected — the brain. Donated brains are urgently needed for scientific research that will help thousands of people with autism live better lives. Donations of brains from all people with autism and from typically developing individuals younger than 50 will speed the progress of autism research.



HOW CAN YOU HELP?

Register for more information at TakesBrains.org. Go online and click "sign up."

Registration is not binding. It signifies that you are interested in the program and may wish to become a donor. Just like signing the back of a driver's license or joining an organ registry, it is a heroic declaration of your interest in helping.

When you register, you will become one of over four thousand people who have joined Autism BrainNet. You will receive regular newsletters about discoveries in autism that have been made possible because of people who have donated brain tissue. Many questions about this program are answered on the TakesBrains.org website. You can also submit questions at info@autismbrainnet.org.



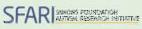
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info@autismbrainnet.org

This initiative is guided by:















WHAT IS AUTISM BRAINNET?

Autism BrainNet is a new network of four university-based sites across the country that have come together to make brain donation both easier and more useful for future research. Brain donations to any of these sites will contribute to a common pool that will facilitate research by the best autism researchers in the world. Each site employs specialists in the collection, preservation and distribution of donated brains, as well as clinicians who work directly with the donor families.





WHY IS AUTISM BRAINNET IMPORTANT?

Autism is a disorder of brain development. In order to make progress in all areas of autism research, scientists need to study brains. Understanding what is different about the genetics or structure of the brain will give autism researchers essential information to develop better treatments and ultimately prevent the debilitating symptoms of autism.

WHY DO SCIENTISTS NEED TO STUDY BRAIN TISSUE TO SOLVE AUTISM?

We have so much to learn about the complexities of the human brain, and we know even less about how the brain of a person with autism is different. Postmortem studies of brain tissue represent the only way for researchers to gain a deeper understanding of autism on the genetic, cellular and molecular levels. Other techniques are very useful but only solve part of the puzzle.

WHAT DOES REGISTRATION MEAN?

Anyone can register for Autism BrainNet. Registration declares your interest in the process of brain donation and your willingness to hear more about the ongoing work of Autism BrainNet. You can register online at TakesBrains.org.

HOW IS IT USED?

Projects utilizing donated brain tissue are carefully reviewed by a panel of highly respected scientists to make sure that this precious resource is used for the highest-quality science with the greatest probability of improving the lives of people with autism.

WHAT DO I DO NEXT?

You can register at TakesBrains.org. If you need help with a donation, call the Autism BrainNet 24/7 Hot Line directly: 877-333-0999.



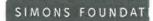


TakesBRAINS.org

info@autismbrainnet.org

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Families and individuals with autism play a critical role in helping

researchers and clinicians better understand the disorder. Find out how you can participate in IAN Research.

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Importance of long-term studies

It Takes Brains to Solve Autism

Twins Study Points to Genes

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FIVE WAYS IN WHICH POSTMORTEM BRAIN TISSUE HAS HELPED RESEARCHERS UNDERSTAND AUTISM SPECTRUM DISORDER

David Amaral, PhD Chair and Director of Research University of California MIND Institute

Alycia Halladay, PhD Chief Science Officer Autism Science Foundation

ahalladay@autismsciencefoundation.org

Date Published: August 3, 2015

Autism BrainNet (and its predecessor the Autism Tissue Program) is an organization that promotes research into the causes of autism spectrum disorder (ASD) by facilitating studies of the postmortem brain. Since the start of this effort in 1998, the field of autism research has made hundreds of important advances. But some of the larger contributions to the understanding of the causes and therapies for autism could not have been made without the resource of human postmortem brain tissue. The following are just some of the major advances in autism research that are made possible through human brain tissue research. You can help make research happen by registering with the Autism BrainNet at www.takesbrains.org.



David Amaral, PhD

1. AUTISM IS A DISORDER OF BRAIN CONNECTIVITY

Some early findings in studying the brains of people with autism pointed to an abnorma organization of cortical minicolumns. These are the primary "central processing units" of the cerebral cortex. Several laboratories have found that minicolumns in people with autism are narrower. This suggests that there are fewer connections across the layers of the neocortex which may impair information processing. Researchers are using postmortem brain tissue and advanced technology to study the layers of cortex and the interaction between different cortical regions.² Collectively, this research has shown that abnormal interactions between brain cells and brain regions, may be an important

factor for autism symptomatology.

2. BRAIN TISSUE SETTLES THE DEBATE BETWEEN GENETIC AND ENVIRONMENTAL

Genetics Discovery Understanding the Science Model How to Evaluate Research ASD Research Gold Standard of Evidence Pregnancy & Birth Factors Prevalence Theories about Autism **Environmental Factors** Insights From Genetics **Autistic Traits in Siblings**

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A Good Night's Sleep

Role of Tissue Donation

FACTORS

Most scientists agree that ASD is caused by a combination of both genetic and environmental factors. While hundreds of candidate genes have been discovered, only a few environmental risk factors have been demonstrated. Using brain tissue, researcher: were able to demonstrate that both are critically important. For example, work at UC Davis showed that the levels of PCBs, or polychlorinated biphenyls, a man-made toxic substance found throughout our environment, was higher in brains of individuals with autism.3 There was a catch though - this elevation was seen mainly in a subgroup of individuals with a known genetic mutation. Thus, the reality may be that both genetic modifications as well as environmental factors must combine in many cases to cause ASD. Since environmental toxins may be particularly dangerous to brain development, it will be increasingly important to study the interactions between multiple environmental factors and genetics on the human brain.

One mechanism by which genes and the environment may interact is called epigenetic

modification. In addition to the DNA sequence, our DNA has a code called the 'epigenetic' code, that turns on or turns off DNA expression. This system explains why identical twins may be so different - environmental factors may be turning on DNA expression under certain conditions. The epigenetic code was studied in the brains of individuals with autism, and researchers at the Johns Hopkins School of Public Health found places in the genome where the DNA may have been turned on or turned off at the wrong times in people with ASD.4 Importantly, because the epigenetic markers to DNA can be different in blood vs.



Alvcia Halladay, PhD

brain, alterations of epigenetic markers in brain tissue may be closest to the real pathology of ASD. Because epigenetics is sensitive to environmental factors, this potentially opens up new avenues of prevention and treatment.

3. BRAIN TISSUE HAS LED TO BETTER ANIMAL MODELS



Social mice

Without human brain tissue to study, it would be far more difficult to develop animal and cellular model systems. For example, one of the first model systems of ASD was the valproic acid model.⁵ It was established because individuals with autism show specific changes in a cell type called Purkinje cells in the cerebellum. 6,7 Similar changes in Purkinje cells are seen in rats exposed to valproic acid during gestation. In addition to the valproic acid model, other models have been born out of brain tissue research. For example, people with autism have more dendritic spines, where connections with other neurons are formed.8 Recently, a similar finding was reported in monkeys who were exposed to a profound immune activation during gestation. 9 Because maternal immune

activation is a possibly preventable risk factor, a better understanding of interventions that can prevent some of these anatomical changes is made possible through use of model systems.

4. AUTISM DOES NOT ALWAYS GET BETTER OR WORSE OVER TIME, IT CHANGES

Parents of a child with autism need to know what to expect as their children age. Results from brain tissue are able to document changes on a cellular level in different age groups. The volume of neurons changes as a person ages. In a child with autism, some investigators have found that the volume of neurons is smaller than that of a child who does not have autism. But over time, they tend to get bigger than those without ASD. 10 The number of dendritic "spines" is also a marker of how the brain ages. In people with and without autism, you have more of these spines when you are young compared to when you are older. This may indicate the ability of the brain to solidify brain connections that are important, and reduce those that become unnecessary. Scientists call this "pruning" – like pruning a tree. People with autism have more dendritic spines, and this pruning process is not as pronounced. 11 Thi may indicate that the brains ability to mold and adapt is reduced. Developing strategies for normalizing the pruning process may be a potential therapeutic for ASD.

5. TREATMENTS SHOULD TARGET THE AREA WHERE BRAIN CELLS MEET

By creating test conditions in animals that are similar to those in humans, scientists have investigated the structural changes that can be altered with treatments. As mentioned earlier, the number of dendritic spines, which form the synapses, or connections between neurons, is increased in individuals with autism, an effect that is seen throughout life. These findings have prompted researchers to examine compounds which target the synapse. Looking deeper into the synapse of people with autism, compounds which are being studied for the treatment of Fragile X disorder 12 and Tuberous Sclerosis 11 may also be effective in reversing abnormal spine organization and the symptoms of ASD.

This is only the start. Scientists agree that discoveries about the causes, diagnosis and treatment of ASD are slowed because there is not enough brain tissue to study. There are powerful scientific tools that are ready to be used for explaining the mysteries of the autistic brain. There is not a shortage of willing and creative scientists, of money to carry out the research or of sophisticated and powerful technology. The only think that is holding back progress is the availability of postmortem brain tissue.



Every family should consider registering with Autism BrainNet – registration is non-binding but expresses your interest in getting more information about the possibility of donating. Please do it now. Visit www.takesbrains.org and sign up.

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Tags: Autism Brain tissue research Genetics and autism Research participation and autism

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MANHATTAN FAMILY SUPPORT SERVICES ADVISORY COUNCIL



For family members of people with developmental disabilities and self-advocates with developmental disabilities!

Join with other Manhattan family members and individuals to build a better life for people with developmental disabilities and their families. **Developmental disabilities** include intellectual disabilities, autism, cerebral palsy, epilepsy, and neurological impairments.

Come and Be Empowered:

- Learn about the many services that can help your family
- Help us advise the state and city about needed services
- Meet other family members and people with disabilities
- Advocate with us for more and better services

Spanish or Cantonese interpretation will be provided.

POMs—New Thinking That's Shaking Up the System!

Personal Outcome Measures (POMs) is a new way to plan and evaluate services. The POMs approach focuses on what is important to each individual—the "outcomes" he or she desires. Services are expected to help people realize their chosen personal outcomes. And in the future the quality of services will be measured by how effectively they do just that. **Nadine Daley,** Coordinator of Innovative Planning at the Center for Family Support, is an expert on POMs. She will teach us everything we should know about POMS, especially about what a huge difference it can make in our children's lives!

Monday, September 21, 2015

10:00 AM – 12:00 NOON
CENTER FOR FAMILY SUPPORT
333 SEVENTH AVENUE (AT 28th STREET), 9th FLOOR
NEW YORK, N.Y. 10001

Subway: 1 to 28th Street. 2, 3, A, C, E, N, R, Q, B, D, F to 34th Street. Bus: Downtown: 7, 20 to 28th Street/7th Avenue; 4 to 32^{ND STREET}/7th Avenue. Uptown: 20 to 28th Street/8th Avenue; 5, 7 to 28th Street/6th Avenue. Crosstown: 23 to 23rd Street/7th Avenue; 34, 34A to 34th Street/7th Avenue.

REFRESHMENTS WILL BE SERVED

For further information, contact Margaret Puddington, chair, 212-799-2042, Margaret.puddington@gmail.com

MANHATTAN FAMILY SUPPORT SERVICES ADVISORY COUNCIL



Padres de niños con discapacidades de desarrollo: Habramos interpretación durante la reunión.

Reunase con otras familias y individuos de Manhattan para construir una vida mejor para las personas con discapacidades de desarrollo y sus familiares. **Discapacidades de desarrollo** incluyen: discapacidad intelectual, autismo, paralisis cerebral, epilepsia, e impedimento neurologico.

VENGA Y SIENTASE PODEROSA:

- Aprenda sobre muchos servicios que le pueden ayudar a su familia.
- Ayudenos a consejar al estado y la ciudad sobre los servicios necesarios.
- Forme una red de comunicación con otras familias y individuos.
- Abogar con nosotros para más y mejores servicios.

POMs — ¡La Nueva Forma de Pensar Que Está Sacudiendo al Sistema!

La Medida de los Resultados Personales (POMs) es la nueva forma de planear y estimar los servicios. La POMs se enfoca en lo que es importante para cada individuo—en "las metas" que él o ella se proponen. Se esperará, entonces, que el rol de los servicios será el de ayudar a lograr susodichas metas. Y, en un futuro, la eficacia de tales servicios se medirá de acuerdo al nivel de realización de susodichas aspiraciones personales. **Nadine Daley**, Coordinadora de Planificaciones Innovadoras de Center for Family Support, es una autoridad en esta nueva forma de pensar. Ella nos enseñará todo lo que debemos saber acerca de la POMs, especialmente la gran diferencia que puede marcar en las vidas de nuestros niños.

MARTES, 21 DE SEPTIEMBRE DEL 2015

10:00 AM - 12:00 PM

CENTER FOR FAMILY SUPPORT

333 SEVENTH AVENUE (AT 28TH STREET), 9TH FLOOR

NEW YORK, N.Y. 10001

SUBWAY: 1 HASTA 28TH STREET. 2, 3, A, C, E, N, R, Q, B, D, F HASTA 34TH STREET. Bus: Downtown: 7, 20 HASTA 28TH STREET/7TH AVENUE; 4 HASTA 32ND STREET/7TH AVENUE. UPTOWN: 20 HASTA 28TH STREET/8TH AVENUE; 5, 7 HASTA 28TH STREET/6TH AVENUE. CROSSTOWN: 23 HASTA 23RD STREET/7TH AVENUE; 34, 34A HASTA 34TH STREET/7TH AVENUE.

SE SERVIRÁ BOCADILLOS

Para más información llame a Margaret Puddington, 212-799-2042.