

### Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry, Optometry and Neurology.

### Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

### Bronx Overnight Respite

Serves all five boroughs.

- •Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Serves all ages
- Site is fully accessible
- Must be waiver eligible

### In-Home Respite

Serving Bronx, Brooklyn, Manhattan, and Staten Island

 Must be waiver eligible and live with a family member.

### Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- •Must be living independently or with a family member
- •Should be able and willing to follow and participate in their Community Habilitation Plan.

### United Cerebral Palsy of New York City Services and Supports

### Doorways to Independence

Housing Assistance Services/Home Modifications

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments a developed report on possible modifications and equipment to make the home more accessible.

### Home Modifications

• Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

### Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island

\$500.00 limit for Bronx, Brooklyn and Manhattan Staten Island limit is \$300.00

Special Brooklyn Camp Funds available.

Manhattan Durable Medical Equipment Funds available. Funding available to assist families in paying for an item Medicaid or other funds will not cover. Families can apply every 12 months.

### Family Connect

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

PROJECT CONNECT
Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org

www.ucpnyc.org



### Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- · Preschool services
- Integrated programming
- Universal Pre-K (Manhattan Pre-School Service
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

### After-School Program

Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Transportation is provided by DOE-OPT

### Day Habilitation

Opportunities in Day Programs available in the Bronx, Brooklyn, Manhattan and Staten Island.

• Persons served must be age 18 or older to apply

All sites are wheelchair accessible and transportation is available.

### Supported Employment

Employment services for adults with DD. Available for Bronx, Brooklyn, Manhattan, and Staten Island residents.

### Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

### United Cerebral Palsy of New York City

### Services and Supports 2015

### SHARE Lending Library

Borrow books, adaptive toys and educational materials. Located in Staten Island, Brooklyn, Manhattan and the Bronx

### ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

Must be in OPWDD waiver

### SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn and Staten Island
- Transportation is provided

### EXPLORE Club Disco

Once a month, Friday nights events held in Manhattan, brooklyn and Staten Island.

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible
- Transportation is not provided
- · Dinner and refreshments served

### Staten Island Club Disco

• Must be HCBS waiver and live with a family member who resides in Staten Island

### Medicaid Service Coordination (MSC)

MSC provides ongoing support and coordination of services for individuals and their families. Services available for Manhattan, Bronx, Brooklyn and Staten Island.

• Must have Medicaid to be eligible

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org

www.ucpnyc.org



### United Cerebral Palsy of New York City Family Reimbursement

UCP's Family Reimbursement program provides funds to individuals with disabilities and their families. These funds cover the cost of goods/services that are not obtainable through other sources ie. Medicaid, medical insurance, etc.

Items such as:

- Clothing
- Respite Care
- Camp
- Eligible Furniture
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chairs
- Hospital beds/mattress
- Commodes
- Walkers



If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

Families can apply every 12 months.

For more information call 1-877-827-266
UPC of NYC Family Reimbursement
110 Elmwood Avenue Brooklyn, NY 11230
projectconnect@ucpnyc.org
www.ucpnyc.org



### OVERNIGHT RESPITE

Creating opportunities for people with disabilities

### Overnight Respite Program

UCP of NYC's Overnight Respite Program offers temporary overnight care for families who need a break from the continuous demands of caring for a family member who has a developmental disability. Our modern family home, is wheelchair accessible, and is located on the grounds of UCP of NYC's spacious 12-acre Hausman Campus in the Pelham Gardens neighborhood of the Bronx. Families can be assured of a safe, comfortable, homelike and caring environment for their loved one. The residence is the only free-standing wheelchair accessible overnight respite program in New York City. In some cases, transportation can be provided, but if not, families are responsible for providing their own transportation.

### Overnight Respite offers the following services:

- All meals and snacks
- A wide variety of regularly scheduled recreational activities
- Laundry services
- · Bathing and personal care
- Routine administration of medications

The Overnight Respite Program is operational 24-hours a day, seven days a week. The program is open year-round, except for two weeks in November. Parents and guardians may stop by at any time to visit their family member who is a guest at the facility. This program is available for any child or adult who is a New York City resident, is physically disabled and/or developmentally disabled, and meets the New York State Office of Persons With Developmental Disabilities (OPWDD) and Family Support Services guidelines. Guests may stay at the residence for up to fourteen days at a time, depending on availability, and a maximum of





30 days per year. The application process can take a month to complete. We recommend making reservations months in advance for holidays and the summer period when demand is greatest. There is emergency Respite at the facility through OPWDD for Bronx and Manhattan consumers.

To obtain more information or apply to the program, please contact UCP Project CONNECT to learn more.

Contact Project CONNECT at: 877-UCP-CONECT (877-827-2666) projectconnect@ucpnyc.org



United Cerebral Palsy of New York City 80 Maiden Lane 8th Floor New York, NY 10038

ucpnyc.org



# Creating Opportunities for People With Disabilities to Lead Independent and Fulfilling Lives

for our 2016 Family Connect Summit PLEASE JOIN US

We will address services and supports for families, professionals, and self-advocates.

from key leaders. Online registration and Summit The Summit will feature a variety of important topics and sessions, panels, and information schedule to follow.



# SAVE-THE-DATE

Thursday, March 10, 2016 8:30 a.m. - 3:30 p.m.

The New York Academy of Medicine 1216 Fifth Avenue at 103rd Street New York, NY 10029

familyconnect@ucpnyc.org For More Information: 718-436-7979 Ext. 704 Spanish/Español Family Connect



# CUMBRE

Creando Oportunidades para Personas Con Discapacidad para Liderar Vidas Satisfactorias e Independientes

POR FAVOR ÚNASE a nosotros a la Cumbre del 2016 de Family Connect Se cubrirán los servicios y soportes disponibles para las familias, profesionales y auto-defensores.

La cumbre contará con una variedad de temas importantes y sesiones, paneles e información por lideres del campo de la discapacidad. Programación de la conferencia y la fecha estarán disponible más adelante.



# RESERVE Y RECUERDE ESTA FECHA

Jueves, 10 de Marzo, 2016 8:30 a.m. - 3:30 p.m.

> The New York Academy of Medicine 1216 Fifth Avenue at 103rd Street New York, NY 10029

Para más información: Communiquese a Family Connect 718-436-7979 Ext. 704 familyconnect@ucpnyc.org Inglés en el reverso →

TRAVEL DIRECTIONS TO **NEW YORK ACADEMY OF MEDICINE** SUBWAY: #6 TO 103RD ST./LEXINGTON AVE. #2,#3

TO 110TH ST./LENOX AVE.; WALK 1 BLOCK EAST TO 5TH AVE., THEN WALK/TAKE ANY BUS TO 103RD

BUS: FROM WEST SIDE: M2, M3, M4 TO 103RD ST./5TH AVE. M106 TO 103RD ST./MADISON AVE. FROM EAST SIDE: M106 TO 103RD ST./5TH AVE. **DOWNTOWN:** M1, M2, M3, M4 TO 103RD ST./5TH AVE. M101, M102, M103, M98 TO 103RD ST./LEXINGTON AVE.

UPTOWN: M1, M2, M3, M4 TO 103RD ST./MADISON

Colombia The Cathedral Church EAST HARLE

UNITED CEREBRAL PALSY OF NEW YORK CITY

160 Lawrence Avenue, Room 205 Brooklyn, NY 11230

**PFAMILY** of New York City CONNECT

### **United Cerebral Palsy** of New York City's **Family Connect Summit**

Addressing Today and Preparing for the Future



Free conference about services and supports for people with developmental disabilities and their families.

Thursday, March 10, 2016 8:30 AM - 3:45 PM

New York Academy of Medicine 1216 Fifth Avenue @ 103rd St. (entrance on 103rd St.)

~~~LUNCH PROVIDED~~~ MetroCards for family members Childcare not available

ATTN: FAMILY CONNECT UNITED CEREBRAL PALSY OF NEW YORK CITY

Brooklyn, NY 11230 160 Lawrence Avenue, Room 205

PLEASE AFFIX

### SCHEDULE OF EVENTS



### Thursday, March 10th

8:30 AM - 9:30 AM 9:45 AM - 10:45 AM REGISTRATION MORNING SESSION (Workshops A, B, C)

11:00 AM - 12:00 PM KEYNOTE SESSION:

BEYOND THE FEAR FACTOR:

Edward R. Matthews, CEO, UCP of NYC, and invited guests will discuss changes to services available and what to expect in the future.

12:00 PM-2:30 PM

**VENDOR FAIR** 

12:15 PM-1:00 PM

LUNCH

1:15 PM-2:15 PM

AFTERNOON SESSION (Workshops D, E, F, G)

2:30 PM-3:45 PM

SPECIAL SESSION:

Technology = Freedom

### Special Session:

TECHNOLOGY = FREEDOM: New technologies, geared toward supporting individuals with disabilities in an independent lifestyle, can provide a host of necessary safeguards while offering the right amount of assistance. This workshop will focus on the success of people who have utilized technological supports to help them live the way they want to, with more freedom and greater independence. Technology explored in this workshop includes automated pill dispensers, alerts, monitors, sensors, GPS watches, and more. Presenters: Michele Quigley, Director of Research and New Initiatives (UCP of NYC), Matt Parascando, Senior Coordinator of Operations (UCP of NYC), Meghan O'Sullivan, RN MS (At Home Technologies LLC)

### WORKSHOPS

### MORNING SESSION 9:45 AM TO 10:45 AM (CHOOSE ONE)

ACCESSING SERVICES IN TODAY'S ENVIRON-MENT: OBTAINING SERVICES THROUGH

OPWDD'S FRONT DOOR: As OPWDD's process for service allocation changes, some find themselves struggling with the ins and outs of getting through the system. This presentation will guide you through the steps involved in finding out if you are eligible for services with the OPWDD, identify your needs, and help you work on a plan for getting those services in a timely manner. You don't have to do it alone; we're here to help you! Presenters from UCP of NYC: Carol Lincoln, Director of Medicaid Service Coordination, and Magdalena Maldonado, Admissions Coordinator

POSITIVE APPROACHES TO BEHAVIOR: Behaviors-- We've all heard this word and experienced its ramification. But what are behaviors really? Come join the discussion on how to promote positive connections with individuals, strategies to reinforce effective communication, and ways to assist others so they can flourish with new opportunities. Presenters: Avi Avigdor, PhD, Licensed Psychologist and Joe Gioia, PhD, Licensed Psychologist

ASSISTIVE TECHNOLOGY - THE MISSING LINK: For many children, students, and adults, the missing link to learning, communication, independence, and so many other life necessities is the assistive technology that will bring it all together. In this informative workshop we will discuss the "how to" for acquiring assistive technology for home, school, and work. Representatives from Early Intervention, Department of Education and UCP of NYC clinical services will present information and answer questions on how to request and acquire assistive technology. The workshop will be moderated by UCP of NYC TRAID center.

Presenters: Mary Beth Frey, Assistive Technology Program Specialist (UCP of NYC); Camille Quartarone (Early Intervention); Mary Jean J. Dyczko, Speech-Language Pathologist (UCP of NYC), Isaac S. Friedman, Occupational Therapist, Assistive Technology Professional, Adaptive Equipment Clinic Coordinator (UCP of NYC). A representative from the E.I. program of Department of Education will be part of the panel.

### **AFTERNOON SESSION** 1:15 PM TO 2:15 PM (CHOOSE ONE)

RECREATION: FUN, FRIENDS AND FANTASTIC TIMES!!!: Everyone has a right to enjoy life. Recreational activities teach us new skills, create new friendships, and bring us therapeutic joy and laughter. Finding recreational activities that can accommodate disabilities can present some barriers: Behavioral problems, untrained staff, long waiting lists, and lack of transportation to and from the site are just some of these barriers. In this workshop we will explore these issues and present some recreational treasures that will support everyone's goals. Presenter: Gary Shulman, MS. Ed., Special Needs Consultant and Trainer

FINANCIAL/FUTURE PLANNING: Planning for your family member with a disability is crucial to ensure that proper decision making is available and that the individual will have access to government entitlements and other programs that will offer essential support. This workshop will focus on decision making through the use of Guardianship, Powers of Attorney, and Health Care Proxies and the importance of wills and trusts in meeting financial needs. Moderator: Roberta Koenigsberg, Chief Administrative Officer (UCP of NYC)

Presenter: Stuart Flaum, Managing Director at Special Needs Family Planning

SPEAKING WITH ONE VOICE: MAKE YOURSELF **BE HEARD:** Every individual and family we serve has undeniable needs and desires for themselves and their loved ones. When these needs aren't being met we want to speak out! But speaking out individually is never as loud and resounding as when we speak together. Services are changing dramatically and NYS needs to hear the unified voices of parents, siblings, the workforce, self-advocates, and all other stakeholders. Come join the discussion in identifying needs and creating the voice to get those needs met.

Presenters: Jim Karpe (NYC FAIR), Elly Rufer (NYC FAIR), Winifred Schiff, Associate Executive Director for Legislative Affairs (IAC), Paola Jordan, Coordinator, Autism Initiative @ Sinergia

WORKING TOGETHER: CREATING SUCCESS STO-RIES: In this session we will examine how individuals and families have effectively worked together in the past with state funders and UCP of NYC to create options and opportunities for the future. The program reviews success stories and discusses how they have been achieved and how you can recreate them for your own success story. We will also explore how to ensure services and supports reflect the needs, desires, and personal preferences of program participants. Presenters from UCP of NYC: Peg Gould, Director of Special Projects; Jacqueline Conley, Vice President, Adult Services; Shani Fintoni, Director In-home Respite & Community Habilitation

### PRE-REGISTRATION FORM

PLEASE COMPLETE AND RETURN BY FEBRUARY 26, 2016

\* Space is limited Mail To: UCP of NYC

160 Lawrence Avenue, Room 205 Brooklyn, NY 11230

Call: 718-436-7979 Ext. 704

Fax to: 718-436-0071 Attn: Family Connect

Email: familyconnect@ucpnyc.org

Visit: www.ucpnyc.org

| PLEASE CHECK:                   |          |  |  |  |
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### MORNING SESSION 9:45 AM (CHOOSE ONE) ☐ A. Accessing Services in Today's Environment

☐ B. Positive Approaches to Behavior

C. Assistive Technology - The Missing Link

| <b>AFTERNOON SESSION 1</b> | 1:15 PM | (CHOOSE ONE)      |    |
|----------------------------|---------|-------------------|----|
| ☐ D. Recreation: Fun,      | Friends | and Fantastic Tim | es |

☐ E. Financial/Future Planing

☐ F. Speaking With One Voice

G. Working Together: Creating Success Stories

**SPECIAL SESSION 2:30 PM** 

☐ Technology = Freedom

### For Immediate Release:

### State-wide Family Advocacy Network

The State-Wide Family Advocacy Network of New York State (SWAN of NYS) is a new organization dedicated to advocating for individuals with Intellectual and Developmental Disabilities. We are an independent coalition of families and guardians of people with Intellectual and Developmental Disabilities. Caring for our loved ones is our life-long commitment.

**Our goal:** Ensure families have a voice in every policy decision and at every step of policy implementation that affects the lives of our loved ones. Family participation must be built-in, routine and continuous. After-the-fact consultation or participation in the occasional "advisory panel" is not adequate and not acceptable. Our on-going participation will ensure the creation and sustainability of a system which:

- 1. Focuses first on the person getting services, not on regulations or agencies;
- 2. Offers a full range of services to meet the full range of needs, covering all individuals from the most vulnerable to the most capable.

**Our reasons:** Family members are there from birth to old age, providing care and supervision for our disabled children and loved ones. Our agenda is the welfare of the people we love. We are ideally positioned to assess the impact of policy on our family members and to provide feedback on what is working and what is not. Policy has a concrete and immediate impact on our lives and the lives of our children, siblings, and loved ones. We do not come and go. We are the built-in watchers who will provide a long-term assessment.

We are the ones who worry every day about what will happen to our loved ones when we are no longer there to watch over them. We know that positive change is needed, that society's treatment of people with disability continues to evolve. Our knowledge and perspective will make that evolution more effective.

### Member organizations

We have come together from across New York State. We are the parents and families of children with developmental disabilities. We were there at the start, and we are not going away. We are independent of any government or private agency. We are committed to a constructive, cooperative effort with all parties wishing to improve the lives of our loved ones, the citizens with disabilities of New York State. The founding organizations are:

DDAWNY Family Committee Barb Delong (716) 877-7007

www.ddawnyfamilycommittee.org

ddawnyfamilycommittee@gmail.com

ENYDDA Patrick Curran (518) 774-0492

ENYDDA@gmail.com

GROW Will Mayerik (914) 493-1318

www.grow-ny.org info@grow-ny.org

NYC FAIR Elly Rufer (917) 833-4738

www.nycfair.org nycfair@gmail.com

We come together for continuous mutual support, and for periodic coordinated action. We welcome additional organizations and individuals.

To join up, please contact your local organization, or reach out to <a href="www.swannys.org">www.swannys.org</a>
Email us at <a href="mailto:info@swannys.org">info@swannys.org</a>

### On embargo until January 13, 2016 Invisible no more

### Families across State band together

Parents and family members of individuals with developmental disabilities have come together from across New York State to form a new coalition dedicated to advocating for their loved ones. "Developmental Disabilities affect the lives of hundreds of thousands of New Yorkers. We might be the largest invisible group in the state." said Brad Pivar, an Albany parent. To raise visibility, family advocacy groups from across the state have created SWAN, the Statewide Advocacy Network of NYS for individuals with intellectual and developmental disabilities (www.swannys.org).

Family Advocacy has been vital to the development of services in New York State. The level of care in NYS under OPWDD (Office of People with Developmental Disabilities) has been hailed as a model, nationally and globally. Now, say advocates, there is a quiet transformation aimed at reducing costs regardless of the outcome—and family members have a front-row seat to the negative results.

"We have thousands people who have spent years on the waiting list for housing," says Barbara Delong, a Buffalo parent and member of DDAWNY Family Committee, "but there is little development of new housing opportunities. And housing isn't the only issue. There are waiting lists for all types of services and more people are entering the system every day."

Advocacy efforts have been going on all across New York State, but there has been little coordination until now. To change that, parents from four organizations in different parts of the state started a dialogue in September, to figure out how they could all work together. "We welcome all advocates," says Jim Karpe, a Queens parent and member of NYC FAIR, "including self-advocates, parents, relatives and friends. Our aim is to create a vision which people across the state can endorse."

"Our group has always wanted to connect with other parents around the state," said Will Mayerik, a Westchester parent and GROW member. Mr. Mayerik expressed his hope that the network continues to expand. He added, "We know there are many families across the state who share our concerns."

For information on SWAN and to have your local group join in, visit the website at <a href="https://www.swannys.org">www.swannys.org</a>. Or, contact one of the four founding groups: DDAWNY Family Committee in Western New York, ENYDDA in Albany Region, GROW in Westchester and Hudson Valley, and NYC FAIR in New York City.

### On embargo until January 13, 2016

### Member organizations

We have come together from across New York State. We are the parents and families of children with developmental disabilities. We were there at the start, and we are not going away. We are independent of any government or private agency. We are committed to a constructive, cooperative effort with all parties wishing to improve the lives of our loved ones, the citizens with disabilities of New York State. The founding organizations are:

**Western New York State** 

DDAWNY Family Committee Barb Delong (716) 877-7007

www.ddawnyfamilycommittee.org ddawnyfamilycommittee@gmail.com

**Albany Region** 

ENYDDA Patrick Curran (518) 774-0492

ENYDDA@gmail.com

**Hudson Valley Region** 

GROW Will Mayerik (914) 493-1318

www.grow-ny.org info@grow-ny.org

**NYC Metro Area** 

NYC FAIR Elly Rufer (917) 833-4738

www.nycfair.org nycfair@gmail.com

We come together for continuous mutual support, and for periodic coordinated action. We welcome additional organizations and individuals.

To join up, please contact your local organization, or reach out to us at info@swannys.org

# Catholic Guardian Services

Since 1978, Catholic Guardian Services (CGS) has provided supports and services to Individuals with Developmental/
Intellectual Disabilities (VDD) through its Developmental Disability Services
Program (DDSP). Today, the program serves over 200 young people, adults, and senior citizens with VDD in New York
City and Suffolk County in Long Island.

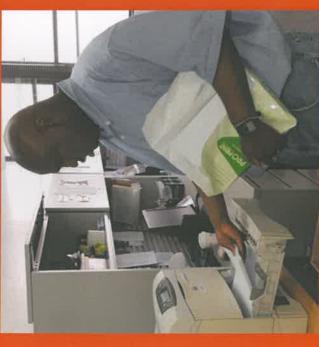


# For More Information

Community Resource and Transition Center Catholic Guardian Services 1990 Westchester Avenue Bronx, NY 10462

Tel: 718-828-0300 ext: 267 Email: CRTC@catholicguardian.org

www.catholicguardian.org



We will provide assistance in your transition into community-integrated services and supports.

\*CRTC is supported by the New York State Balancing Incentive Program (BIP) Transformation fund from the Office for People with Developmental Disabilities (OPWDD) and the Center for Medicare and Medicard Services (CMS).



# Community Resource and Transition Center



# Your Guide

to Community– Integrated Services

### Overview

Catholic Guardian Services is pleased to announce the opening of our new Community Resource and Transition Center (CRTC).

### The CRTC will:

- Educate people with I/DD & their families about the full array of supports and services available under the HCBS Waiver.
- Assist individuals & their families in accessing supports and services that meet their needs and desires, within the most integrated community-based settings.
- Assist providers in converting existing services to the most integrated communitybased supports and services for the individuals they serve.

### CRTC is here to help if:

- You are preparing a transition from school to services for adult.
- You are new to OPWDD and are in need of guidance.
- You want to change your current supports and services from OPWDD.
- You are interested in self-directing all or some of your supports and services.
- You or a loved one with I/DD is hospitalized, in a nursing home or has an aging parent who can no longer provide care at home.
- You are a provider of ICF residential services and are seeking guidance in converting your ICF to an IRA.

### Our Services

### Outreach

The Outreach Coordinator will invite you to an orientation to explain all services & resources available to meet your needs and desires.

### Intake

New to OPWDD, the Intake Coordinator will:

- Collect and review your information.
- Refer you to your local DDRO to attend a Front Door session.

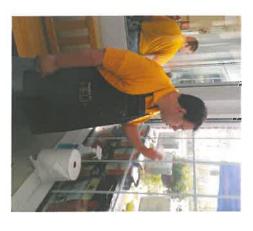
# Familiar with OPWDD, the Intake Coordinator will:

- Work with your MSC and advocates to collect and review your supports and services.
- Explore the types of services that are right for you.

### Iransition

### A Transition Coordinator will:

- Work with you and your advocates to develop a person-centered transition plan (Road Map).
- Meet with you periodically to ensure that you are successful in obtaining the supports and services according to the Road Map.



# Available Supports & Services (Home and Community Based Services)

### Residential Services

- 24 hr Supervised Individualized Residential Alternatives (IRA)
- Supportive IRA
- Live-In Caregiver
- Family Care
- The Home of Your Own Program
- Housing Subsidies

## **Employment and Day Services**

- Prevocational Services
- Supported Employment (SEMP)
- Pathway to Employment
- Employment Training Program (ETP)
- Day Habilitation
- Individualized Day Services
- Community Habilitation

### Support Services

- Medicaid Service Coordination (MSC)
- Service Coordination
- Plan of Care Support Services (PCSS)
- Family Support Services
- Intensive Behavioral Services (IB)
- \* Hourly or Overnight Respite
- Family Reimbursement
- Community Transition Services
- Family Education and Training

### Self-Directed Services

- Fiscal Intermediary Services
- Support Brokerage
- Individual Supports & Services (ISS)

### CURRENT PROGRAM OPENINGS JANUARY 2016

Call (718) 728-8476 for inquiries



### QUEENS

- 1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
- 2. Early Intervention Service Coordination contact: Johanna Arteaga ext. 1317
- 3. Early Intervention (Center Based) contact: Rhodie Volpe ext. 1512
- 4. Early Intervention Evaluations contact: Rhodie Volpe ext. 1512
- 5. SEIT contact: Rhodie Volpe ext. 1512
- 6. SETSS contact: Rhodie Volpe ext. 1512
- 7. Day Habilitation contact: Farzana Karim ext. 1233
- Social Skills Group Asperger's/High Functioning Autism: Dita DeSena ext.1418

- 9. Medicaid Service Coordination contact: Farzana Karim ext. 1233
- Parent Training/Parent Support Group/Sibling Support Group: Nevena Savic ext. 1204
- 11. Family Reimbursement (Goods & Services,) contact: Annie Washington ext. 1219
- 12. CPSE Evaluations: Rhodie Volpe ext. 1512
- Evaluations for individuals without Medicaid (Psychological/Psychosocial): Kristen DuMoulin ext. 1517
- 14. Preschool Centerbased Openings contact Larisa Muratov ext. 1500

### **BROOKLYN**

- 1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
- 2. Early Intervention Service Coordination: Johanna Arteaga ext. 1317
- 3. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 4. SEIT contact: Rhodie Volpe ext. 1512
- 5. SETSS contact: Rhodie Volpe ext. 1512
- 6. Family Reimbursement (Goods & Services) contact: Annie Washington ext. 1219

7. Medicald Service Coordination contact: Farzana Karim ext.1233

- 8. Non-Medicaid Service Coordination contact: Andrew Toscano ext. 1268
- 9. Family Reimbursement (Goods & Services) contact: Annie Washington ext. 1219
- 10. CPSE Evaluations contact: Rhodie Volpe ext. 1512
- 11. Preschool Centerbased Openings contact Larisa Muratov ext. 1500
- 12. Housing Advocacy contact: Andrew Toscano ext. 1268

### THE BRONX MAN

### BRONX

- 1. Medicaid Service Coordination Contact: Farzana Karim ext. 1233
- 2. SEIT contact: Rhodie Volpe ext. 1512
- 3. SETSS contact: Rhodie Volpe ext. 1512
- 4. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
- 5. Early Intervention Service Coordination: Johanna Arteaga ext. 1317

- 6. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 7. CPSE Evaluations contact: Rhodie Volpe ext. 1512
- 8. Day Habilitation contact: Farzana Karim ext. 1233
- 9. Hourly Waiver Respite contact: Johnny Nunez ext. 1222

### ME GLAN MATTAN

### MARNATTAN

### MANHATTAN

- Social Skills Group Aspergers/High Functioning Autism contact: Rocio Chavez ext. 1414
- 2. Parent Support Group contact: Annie Washington ext, 1219
- 3. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
- 4. Early Intervention Service Coordination: Johanna Arteaga ext 1317
- 5. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 6. SEIT contact: Rhodie Volpe ext, 1512
- 7. Medicaid Service Coordination contact: Farzana Karim ext. 1233

- 8. Hourly Waiver Respite contact: Johnny Nunez ext. 1222
- 9. SETSS contact: Rhodie Volpe ext. 1512
- 10. CPSE Evaluations contact: Rhodie Volpe ext. 1512
- 11. Preschool Centerbased Openings contact Larisa Muratov ext. 1500
- 12. Day Habilitation contact: Farzana Karim ext. 1233
- 13. Family Reimbursement (Goods & Services,) contact: Annie Washington ext. 1219
- 14. Camp Reimbursement: Contact: Annie Washington ext. 1219

### THE

### Granmalaca

### LONG ISLAND

### LONG ISLAND

- 1. Sibling/Parent Support Group and Parent Training contact: Nevena Savic ext. 1204
- 2. Day Habilitation contact: Farzana Karim ext, 1233

- 3. SEIT contact (Nassau only): Rhodie Volpe ext. 1512
- 4. Medicaid Service Coordination contact: Farzana Karim ext, 1233



For information about YAI's programs & services, go to yai.org/link or call us at 212.273.6182 – age range & eligibility requirements vary

### SUPPORT

### **Family Services**

- Resources & Supports workshops learn more about the I/DD system & services. Open to all, in English, Spanish & Mandarin yai.org/resourcesandsupports
- Non-Medicaid Community Hab For Qns

residents without Medicaid

- Independent Living Program 6 month classroom course for adults vai.org/ilp
- In home behavior management program Qns, Man, Bx
- Parent training program for parents with special needs
- Parent training sessions with focus on behavior management. Provides support to families dealing with challenging behaviors. In all NYC, including Staten Island. English, Spanish, Mandarin & Cantonese
- Crisis Intervention In Qns & Man yai.org/helpinacrisis
- Parent training with focus on sexuality & relationships. Qns & Man

### Respite

- Overnight Respite Bklyn
- Emergency Respite Reimbursement Qns & Bklyn
- Queens After School Program

### EDUCATION

Manhattan Star Academy – elementary school manhattanstaracademy.org

### **WORK & LIVING**

### Day Services

Queens & Westchester Day Habilitation programs

### **Employment Services**

Man, Qns, Bx, Bklyn, Ll & Westchester supported employment programs

### Residential Services

Contact YAI LINK for information on how to get on our residential waiting list and to find out about potential vacancies.

### Social life, recreation, camping & travel

- Camp MAC Mainstreaming camp located in Frost Valley has started taking apps for the summer.
   8-18 year olds - yai.org/camping
- Leisure Trax vacations/trips for adults 18 or older yai.org/trave!
- Evening & weekend recreation programs

### HEALTH

### Premier HealthCare

Ready availability with Internal Medicine, Pediatrics, Dental, call for other specialties

### Medical & Dental Densitization Program

Qns & Bklyn: Intensive desensitization program for dental and medical procedures

### **Center for Specialty Therapy**

Qns & Bklyn: FREE Psychological and Psychosocial evaluations

### AUTISM

- Family Support Group for Caregivers in English,
   Spanish & Mandarin
   yai.org/autismsupport
  - yai.org/aacismsapport
- Yoga & Wellness Group for adults
- Social Skills Groups Free social skills groups for children in Man & Bklyn.
- Ballet Yoga group Free ballet yoga groups for children aged 5-10 in Bklyn.
- Autism Assessments and Neuropsychologicals yai.org/autism





### JANUARY 2016 AHRC PROGRAM VACANCIES www.ahrcnyc.org

Please look through this list of services offered by AHRC that have projected vacancies for January (or immediately) and contact the person indicated if you have someone who is in need of the service.

**RECREATION OPPORTUNITIES:** (Contact the Referral and Information Center at (212) 780-4491 or 4493 for all). **Overnight Weekend Respite Program:** Available in all boroughs for independent travelers and individuals that are able to self-medicate. Enjoy trips to upstate New York from Friday through Sunday to discover area attractions and seasonal

Teen Saturday program: Opening in Queens, ages 13 - 19, must be in the HCBS waiver, transportation provided.

activities. All individuals must be in the HCBS waiver. No cost, transportation provided.

Manhattan Saturday Recreation and socialization programs: Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children's program (ages 6 – 12 years) and adult program (18+).

<u>Staten Island openings in Saturday recreation and socialization programs</u>: Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation provided, must be in HCBS waiver. Current openings in both children (ages 6 – 12) and teens (13- 19).

Openings in programs for independent travelers – <u>Super Saturdays</u>, operates in Manhattan but open to all boros; <u>Basketball program</u> in Brooklyn, but open to all boros, and on Wednesday nights, opening in the Bronx in January, but open to all boros. <u>Restaurant Club and Bowling, only open to those in Staten Island currently</u>. Must have ID or DD diagnosis but do not have to be in the waiver. Call Sam Emsell for more information at 212-780-2596.

Limited <u>Afterschool in Queens</u> (for children). Must be in the HCBS waiver and in the area of the program. Limited openings in <u>Manhattan and Brooklyn</u> (teens). Please contact Miriam Figueroa for additional information at 212-780-2585.

OVERNIGHT/EMERGENCY In-Home Respite Hourly Waiver Services to families residing in the boroughs of Queens and Manhattan. Emergency respite is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. Emergency respite may be provided in individual's home or a family care home. Overnight respite is a service that provides relief to a caregiver who is responsible for the primary care and support of an individual with a developmental disability. When a family member or Family Care provider has to deal with such things as illness, emergency, and caregiver vacation; emergency respite services can ensure that your loved ones are safe and their needs are met. A caregiver must reside with the individual in the same household and be a primary caregiver. An eligible person should be OPWDD eligible. Eligibility must be established before a referral can be made. An eligible person should have a current Level of Care (LOC) determined. LOCs are needed for all waiver services. An eligible person should be enrolled in a HCBS Waiver program. If you believe that your families or individual(s) might benefit from Overnight or Emergency In-Home Respite, please contact, Luba Zborovskaya at 212-780-2340 and/or Gillian David, Intake Field Supervisor at 212-780-4482.

**IN-HOME RESPITE:** Waiting list for people ages 3 and over in Brooklyn, Manhattan, Staten Island, the Bronx, and immediate opportunities in Queens. Require proof of developmental disability. Contact the Referral and Information Center at (212) 780-4491 or 4493.

**COMMUNITY HABILITATION:** Waiting list for people from birth (with El Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact the Referral and Information Center at (212) 780-4491 or 4493.

OVERNIGHT RESPITE (out of home): Guests must be age 8 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. Staten Island is the only wheelchair accessible respite facilities. Families should apply for respite before the need arises; the application has to be approved beforehand. Contact the Referral and Information Center at (212) 780-4491 or 4493.

### **EMPLOYMENT and BUSINESS SERVICES:**

<u>Brooklyn Day Hab:</u> Some the of services and activities provided are: personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact 212-895-3370.

<u>Senior Retirement Services:</u> Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099.

<u>Bronx Day Hab Without Walls:</u> This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of the DH and into employment. Contact Ana Kuharik, 718-944-5099.

Staten Island DH Without Walls: This program offers the opportunity for community activities including volunteering and social outings. The primary premise is to prepare people to move out of DH and into employment. Gina Gioe, 917-807-5142. Staten Island Janitorial Training program: Pre-Vocational training program for S.I. residents with DD 18 years and older. 11 weeks of training combining classroom instruction with internship at S.I. institutions. Upon successful completion, graduates will be placed in janitorial careers with high earning potential. Contact Candi Genovese, 718-981-3452.

Youth Careers Training Programs: OSY Pre-Vocational training program for NYC residents with DD or LD and/or low income; 18–24 years old. 15 weeks of training combines classroom instruction with internship at major NYC institutions. Upon successful completion, graduates will be placed in Janitorial and Food Services careers. Enrollment is ongoing – there are openings for Janitorial and Food Services in the Bronx & Brooklyn, Janitorial Services in Queens, Bronx, Brooklyn and Staten Island. For Brooklyn, call Alla Gertsik at 212-895-3310 or Lourdes Punzalan at 212-895-3380; for Queens, Derek Johnson at 646-210-0066 or Sonia Nieves at 347-723-1952, Bronx, Cristina or Yona at 718-944-5099 and for Staten Island, Anna Chakryan at 718-662-1432.

Staten Island Microsoft Office Specialist Training program: OSY- Pre-Vocational training program for S.I. residents with DD 18-24 years old who are out of school and out of work. 11 weeks of training combining classroom instruction with an internship at S.I. institutions. Upon successful completion, graduates will be placed in administrative careers with high earning potential. For all referrals, call Anna Chakryan 718-662-1432.

<u>Staten Island Young Adult Internship Program:</u> DYCD- 14 weeks of a paid internship program for young adults from 16-24 years old, who are out of school and out of work. Internship opportunities include; clerical, retail, culinary and maintenance. 350 hours of paid internship followed by job placement. Call Anna Chakryan 718-662-1432.

HIRE - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325 Bronx – Wayne Thomas, 718-944-5099 Manhattan – Isis Clark - 212-634-8673 Queens – Derek Johnson, 646-210-0066 Staten Island – Pamela Sosa (718) 981-3452

Job Connection Center-Psycho-social Clubhouse (Brooklyn): A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (IDD/MI) in obtaining and maintaining a job. Call 212-895-3370.

<u>ADULT DAY SERVICES</u>: A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. For more details, call Central Intake at 212-780-4493/4491.

Emergency Respite (Family Support Service): for Queens and Brooklyn residents - Emergency respite is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected travel plans or relief needed for the caregiver due to special circumstances. Emergency respite may be provided in the eligible person's home or an alternate location where the service of care can be provided. The person providing the service does not have to reside in the home of the person eligible for this service, nor does the service have to occur in the borough of the person's OPWDD registration. Call Michael Wright, 212-895-3467.

Nicosia Family Reimbursement: The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: Reside in the 5 Boroughs and Eligibility. Call Michael Wright, 212-895-3467.

Intensive Behavioral Services This is a newly offered program in the Bronx the purpose of which is to provide Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566.

Queens Intensive Parent Training: This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592.

Non-Medicaid Service Coordination: The service includes information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: reside in the five boroughs, No Medicaid and Eligibility. Call Sharett Bood, 646-845-6020.

<u>Clinical Evaluation Reimbursement</u>: The service provides the opportunity for individuals to receive clinical evaluations (psychological or psychosocial), who do not have Medicaid or their health plans do not pay for such testing. The clinician or vendor is reimbursed for the completed and approved evaluation. Criteria for grant: Reside in Manhattan and Eligibility. Call Michael Wright, 212-895-3467.

Article 16 Clinic Services: Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. Ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at our 2488 Grand Concourse Clinic. Services are available in English, Spanish, and Mandarin. Anyone interested in these programs should contact Clara Cordero at (212) 780-2387.

**REHAB Services:** Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services.

**FREE Psychological/Psychosocial Evaluations:** AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled that <u>do not have Medicaid</u> and are residents of Manhattan, Brooklyn, Queens, Staten Island, or the Bronx. Services are available in English, Spanish, and Mandarin. For more information or to make a referral call AHRC Central Intake at 212-780-4493 or 212-780-4491.

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<u>RESIDENTIAL:</u> Anticipated and immediate openings in all boroughs. Details vary depending on the setting. If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491 or 212-780-4493.

CC:

Department Heads A. Spallino

M. Decker

P. Minkoff

L. Martinez S. Krakauer H. Amorini B. Nugent K. Kelly E. McNutt J. Hunt S. Dodson contactsiddc@siddc.org contactfssac@aol.com

### The Manhattan Family Support Services Advisory Council



### For family members of people with developmental disabilities and self-advocates with developmental disabilities!

Join with other family members and individuals from all neighborhoods in Manhattan to build a better life for people with developmental disabilities and their families. **Developmental disabilities** include intellectual disabilities, autism, cerebral palsy, epilepsy, and neurological impairments.

### Come and Be Empowered:

- Learn about the many services that can help your family
- Help us advise the state and city about needed services
- Meet other family members and people with disabilities
- Advocate with us for more and better services

Spanish or Cantonese interpretation provided if requested by January 25, 2016. Contact Margaret at 212-799-2042 or <a href="margaret.puddington@gmail.com">margaret.puddington@gmail.com</a> to request interpretation.

### **How Will the Proposed NYS Budget Affect Your Family?**

Governor Cuomo's budget proposals will have an enormous impact on people with developmental disabilities and their families. **Wini Schiff,** Associate Executive Director for Legislative Affairs at the InterAgency Council (IAC), will tell us what's included and what's cut in the OPWDD portion of the budget. She will "translate" the budget clearly and simply and explain how it will affect our families. Join us to get all the information we need to advocate effectively for our family members!

### Thursday, February 4, 2016

10:00 AM - NOON

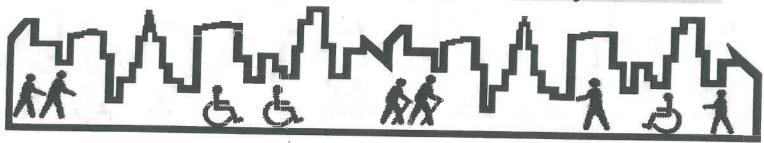
CENTER FOR FAMILY SUPPORT
333 SEVENTH AVENUE (AT 28<sup>th</sup> STREET), 9<sup>th</sup> FLOOR
NEW YORK, N.Y. 10001

Subway: 1 to 28<sup>th</sup> Street. 2, 3, A, C, E, N, R, Q, B, D, F to 34<sup>th</sup> Street. Bus: Downtown: 7, 20 to 28<sup>th</sup> Street/7<sup>th</sup> Avenue; 4 to 32<sup>nd</sup> Street/7<sup>th</sup> Avenue. Uptown: 20 to 28<sup>th</sup> Street/8<sup>th</sup> Avenue; 5, 7 to 28<sup>th</sup> Street/6<sup>th</sup> Avenue. Crosstown: 23 to 23<sup>th</sup> Street/7<sup>th</sup> Avenue; 34, 34A to 34<sup>th</sup> Street/7<sup>th</sup> Avenue.

### REFRESHMENTS WILL BE PROVIDED

For further information, contact Margaret Puddington, chair, 212-799-2042, Margaret.puddington@gmail.com

### The Manhattan Family Support Services Advisory Council



Padres de niños con discapacidades de desarrollo: Bienvenidos a la próxima reunión. Si necesita intérprete durante la reunión <u>es necesario</u> avisarle a Margaret al 212-799-2042 o <u>Margaret.puddington@qmail.com</u> antes de 25 de enero del 2016.

Reunase con otras familias y individuos de todos los vecindarios de Manhattan para construir una vida mejor para las personas con discapacidades de desarrollo y sus familiares. **Discapacidades de desarrollo** incluyen: discapacidad intelectual, autismo, paralisis cerebral, epilepsia, incapacidades del aprendisaje, e impedimento neurologico.

### **VENGA Y SIENTASE PODEROSA:**

- Aprenda sobre muchos servicios que le pueden ayudar a su familia.
- Ayudenos a consejar al estado y la ciudad sobre los servicios necesarios.
- Forme una red de comunicación con otras familias y individuos.
- Abogar con nosotros para más y mejores servicios.

### ¿Cómo afectará a su familia el presupuesto propuesto por el Gobernador Cuomo?

Las propuestas de presupuesto del Gobernador Cuomo van a tener un enorme impacto en la gente con discapacidades de desarrollo y sus familias. **Wini Schiff,** Directora Ejecutiva Asociada para los Asuntos Legislativos en el Consejo InterAgencial (IAC), nos dirá que está incluido y que está cortado de la porción del OPWDD del presupuesto. Ella "traducirá" el presupuesto claramente y explicará cómo afectará a nuestras familias. Acompáñenos para adquirir toda la información que necesitamos para abogar efectivamente para nuestras familias!

### **JUEVES, 4 DE FEBRERO DEL 2016**

10:00AM - NOON

CENTER FOR FAMILY SUPPORT
333 SEVENTH AVENUE (AT 28<sup>TH</sup> STREET), 9<sup>TH</sup> FLOOR
NEW YORK, N.Y. 10001

SUBWAY: 1 HASTA 28<sup>TH</sup> STREET. 2, 3, A, C, E, N, R, Q, B, D, F HASTA 34<sup>TH</sup> STREET. Bus: Downtown: 7, 20 HASTA 28<sup>TH</sup> STREET/7<sup>TH</sup> AVENUE; 4 HASTA 32<sup>ND</sup> STREET/7<sup>TH</sup> AVENUE. UPTOWN: 20 HASTA 28<sup>TH</sup> STREET/8<sup>TH</sup> AVENUE; 5, 7 HASTA 28<sup>TH</sup> STREET/6<sup>TH</sup> AVENUE. CROSSTOWN: 23 HASTA 23<sup>RD</sup> STREET/7<sup>TH</sup> AVENUE; 34, 34A HASTA 34<sup>TH</sup> STREET/7<sup>TH</sup> AVENUE.

### SE SERVIRÁ BOCADILLOS

Para más información llame a Margaret Puddington, 212-799-2042.