

For information about YAI's programs & services, go to yai.org/link or call us at 212.273.6182 – age range & eligibility requirements vary

SUPPORT

Family Services

- Non-Medicaid Community Hab - For Qns residents without Medicaid
- Independent Living Program – 6 month classroom course for adults yai.org/ilp
- Parent training programs for parents of children with special needs. In English, Spanish, Mandarin & Cantonese
- Parent training programs for parents with special needs.
- In home behavior management program - Qns, Man, Bx
- Behavior management groups short-term training program that provides support to families dealing with challenging behaviors. In Bklyn, Bx, Qns, Man, Staten Island
- Crisis Intervention – In Qns & Man yai.org/helpinacrisis
- Phone-in support groups - English & Spanish
- Resources & Supports presentations Sept-Nov. English, Spanish & Mandarin
- Parent training - with focus on sexuality & relationships. Qns & Man

Respite

- Overnight Respite - Qns & Bklyn
- Emergency Respite Reimbursement - Qns & Bklyn
- Queens After School Program

EDUCATION

Manhattan Star Academy – elementary school
manhattanstaracademy.org

WORK & LIVING

Day Services

Queens & Westchester Day Habilitation programs

Employment Services

Man, Qns, Bx, Bklyn, LI & Westchester supported employment programs

Residential Services

Contact **YAI LINK** for information on how to get on our residential waiting list and to find out about potential vacancies.

Social life, recreation, camping & travel

- Leisure Trax – vacations/trips for adults 18 or older yai.org/travel
- Evening & weekend recreation programs

HEALTH

Premier HealthCare

Ready availability with Internal Medicine, Pediatrics, Dental, call for other specialties

Medical & Dental Desensitization Program

Qns & Bklyn: Intensive desensitization program for dental and medical procedures

Center for Specialty Therapy

Qns & Bklyn: FREE Psychological and Psychosocial evaluations

AUTISM

- Family Support Group for Caregivers - in English, Spanish & Mandarin yai.org/autismsupport
- Yoga & Wellness Group – for adults
- Social Skills Groups – Free social skills groups for children in Man & Bklyn.
- Ballet Yoga group – Free ballet yoga groups for children aged 5-10 in Bklyn.
- Autism Assessments and Neuropsychologicals yai.org/autism

 @TheLinksters
 yainetworklink

▶ **YAI LINK 212.273.6182 • link@yai.org**
yai.org/link

Para español favor ver el reverso. 中文請看反面



Winter 2016

Group training for parents/
caregivers of individuals with
developmental disabilities.

Project GROW teaches specific behavioral techniques to improve
communication and promote positive family interactions.
Peer support is also provided.

Registration and OPWDD eligibility required.
For more information call **212.273.6259**

MANHATTAN

- YAI 460 W 34th St, New York

Thursday December 3 10:00am - 12:30pm

Understanding "non-verbal" communication

Thursday December 10 10:00am - 12:30pm

Learning the ABC's of Behavior Management

Thursday December 17 10:00am - 12:30pm

Creating Consequences that Work

BRONX

- North Central Bronx Hospital

Wednesday November 4 10:00am - 12:30pm

Advocating for your child

See the reverse side for English groups



Grupo de entranamiento para padres de individuos con discapacidades del desarrollo

家長/發展障礙兒童照護者團體培訓

Se requiere ser elegible por OPWDD
Necesita registrarse - llame a **212.273.6259**

要求具備接受OPWDD服務資格
以下講座提供中文翻譯,請撥 **212.273.6259**

MANHATTAN

- YAI 460 W 34th St

Jueves 3 de diciembre 10:00am-12:30pm

Entendiendo la comunicación "no-verbal"

Jueves 10 de diciembre 10:00am-12:30pm

Aprendiendo el ABC del manejo del comportamiento

Jueves 17 de diciembre 10:00am-12:30pm

Creando consecuencias que funcionan.

BRONX

- North Central Bronx Hospital

Miercoles, 4 de noviembre 10:00am-12:30pm

Abogando por su hijo

Respiro y metrocard disponible

MANHATTAN

- YAI 460 W 34th St, New York

周六 講座: November 7

10:00 am 至 1:00 pm 提供看護

學習"ABC's"行為管理技巧

周六 講座: November 14

10:00 am 至 1:00 pm 提供看護

行為管理技巧: 計劃安排與日常作息

提供看護

► Autism Family Support Series

For caregivers of people with autism spectrum disorders (ASD).

Para grupos en español
favor de ver el reverso
中文請看反面

Winter 2016

All Sessions
10:00am to 12:30pm
except where noted

Registration is required
Call ► [YAI LINK](http://YAI.LINK)
212.273.6182 or go to
yai.org/autismsupport

FREE
For parents and
caregivers only – no
children please.

Structure
First half: presentation
Second half: support

Location
460 West 34th Street
11th Floor
New York, NY 10001

Funded in part by NYS OPWDD
and NYC Council's Autism
Initiative.

yai.org/autismsupport

DECEMBER

Thursday, December 3rd

**Factors that Impact a Successful Future
for People with Autism**

Dina Larina, LMHC, RPT, Mental Health Clinician
& **Iris Varela**, LMSW, Mental Health Clinician, YAI
Center for Specialty Therapy

Wednesday, December 9th

**Stares, Glares & Hurtful Words: What to
Do?**

Gary Shulman, MS Ed, Special Needs Consulting
and Training

Thursday, December 17th

**Self-Regulation Strategies for Anxious
Children with ASD**

Dina Larina, LMHC, RPT, Mental Health Clinician
& **Iris Varela**, LMSW, Mental Health Clinician, YAI
Center for Specialty Therapy

JANUARY

Thursday, January 14

**The Legal Landscape of Educational
Placement: Preparing for CSE and
Exploring Options Including Private
School Placement**

Bonnie Spiro Schinagle, Esq., Special
Education Attorney

Tuesday, January 26

**Music Therapy and Autism Spectrum
Disorder: Taking a Creative Approach**

Elizabeth Balzano Riley, Board Certified Music
Therapist, NYL Gramercy School

FEBRUARY

Wednesday, February 3

**Guardianship and Future Care Planning
for Individuals with Autism**

Paola Martínez Boone, MSW, Senior Advocate,
New York Lawyers for the Public Interest

Tuesday, February 9

Creative Approaches to Communication

Megan E. Fucci, MS, CCC-SLP, NYL Lifestart
Program and Manhattan Star Academy

Thursday, February 25

**Keeping a Health Care Notebook: A
Hands-On Workshop on Managing Your
Child's Care**

Maryalice Fegeley, Regional Coordinator,
Parent to Parent of NYS

MARCH

Monday, March 7

**Dealing with Difficulty: Creating Coping
Strategies to Get You Through**

Sandra Feinblum, LCSW, Volunteer
Coordinator, YAI

Monday, March 21

**Educational Record Keeping: A Hands-
On Workshop for Managing Your Child's
School Documents**

Maryalice Fegeley, Regional Coordinator,
Parent to Parent of NYS

► Autismo: Serie de Grupos de Apoyo para las Familia

Para proveedores de cuidado de personas con trastornos del espectro autista.

Invierno 2016

DICIEMBRE

Lunes 7 10:00am-12:30pm

Factores que Impactan el Futuro Exitosos de Personas con Autismo

Dina Larina, LMHC, RPT, Mental Health Clinician & Iris Varela, LMSW, Mental Health Clinician, YAI Center for Specialty Therapy

FEBRERO

Miércoles 3 11:30am-12:30pm

¡Planeando para el Futuro, una Necesidad no un Lujo!

Paola Martínez Boone, MSW, Senior Advocate, New York Lawyers for the Public Interest

Lunes 29 10:00am-12:30pm

Manteniendo un Cuaderno de Atención Médica: Un Taller Práctico Sobre Como Manejar el Cuidado de su Hijo

Silvia Verga, MA Regional Coordinator at Family to Family Health Information Center

MARZO

Martes 15 10:00am-12:30pm

Sexualidad en Individuos con Autismo

Rocio Ruiz, MA, Coordinator, Family Services, YAI Network

Necesita registrarse Llame a ► **YAI LINK** al 212.273.6182 o yai.org/autismsupport

Gratis
Para padres y proveedores de cuidado.
No se permite la asistencia de niños.

Duración
1ra parte: presentación
2da parte: grupo de apoyo

Lugar
460 West 34th Street
11th Floor
New York, NY 10001

Financiado en parte por el NYS OPWDD y el NYC Council's Autism Initiative.

► 家庭支持系列講座

專為照顧自閉症患者的人士所舉辦

2016 冬季

十二月 DECEMBER

2015年12月1日星期二 上午10點至12點30分

Tuesday, December 1, 2015, 10am – 12:30pm

什麼是“Self Direction”或“自我導向”：如何自我管理服務
Understanding Self Direction: A Look at Person Directed Services

許安安 華語諮詢專員, YAI LINK
Ann Hsu, MPH, Bilingual Mandarin Intake Specialist, YAI LINK

一月 JANUARY

2016年1月7日星期四 上午10點至12點30分

Thursday, January 7, 2016, 10am – 12:30pm

行為管理技巧第二期：作息表與規律計劃的實行
Behavior Management Strategies Part 2: Schedules and Routines in Action

任歡 華語家長成長團體主持人, YAI
Huan Ren, MA, Bilingual Mandarin Facilitator, Project GROW, YAI

三月 MARCH

2016年3月30日星期三 上午10點至12點30分

Wednesday, March 30 2016, 10am – 12:30pm

如何面對飲食上的問題
How to deal with eating problems

黃瑞宏 營養部主任, Elmhurst Hospital Center
Jey Hwang, MA, RDN, CDN, Director of Food and Nutrition Services, Elmhurst Hospital Center

本系列講座將以華語(普通話)進行,
請撥打 **YAI LINK** 212.273.6182來報名。

免費
為家長與照顧者提供的講座,請勿帶孩童參加。

流程
第一部份:講座
第二部份:互助團體

地點:
YAI中央辦公大樓, 紐約市曼哈頓,
西34街460號11樓

感謝NYS OPWDD和
NYC Council's Autism
Initiative的贊助

▶ YAI Autism Center

Adult Yoga Group

YAI's Autism Center offers **free** adult yoga and wellness classes for adults on the autism spectrum



**Registration
is required**

Time & Location

Tuesdays 4-5pm

460 W 34th St,
12th Floor,
New York
NY 10001

To register or for more information contact:

Laura Mitchell 212.273.6211

*Funded by a generous grant from the TAFT Foundation and
the New York City Council's Autism Initiative*

YAI Seeing beyond disability.

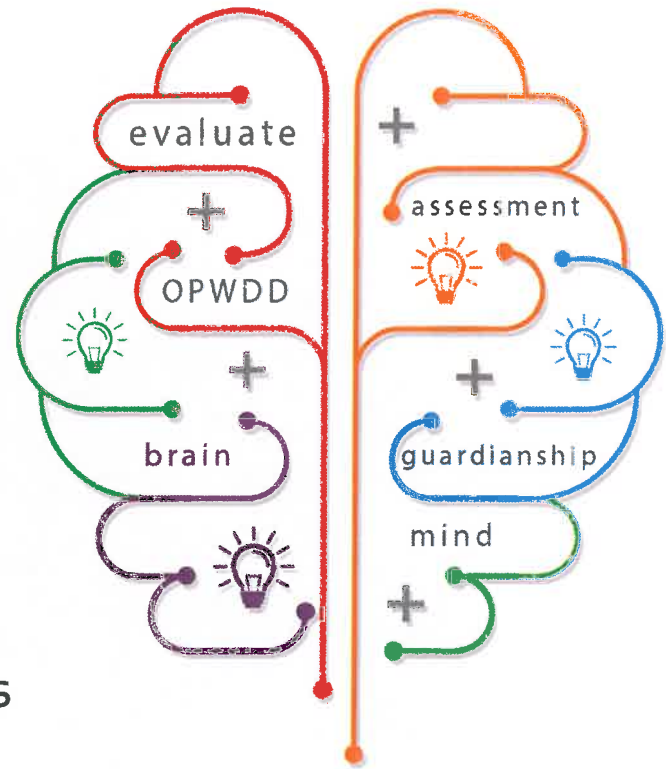
YAI's Psychological Assessment Unit is

Announcing availability for psychological evaluations

for children and adults in Manhattan, Brooklyn, Queens and the Bronx

Including:

- Evaluations for NYS Office for People With Developmental Disabilities (OPWDD) eligibility
- Evaluations for 17A guardianship (for people with intellectual and developmental disabilities)
- Autism Evaluations (ADOS & CARS) for children and adults



Evaluations available in English.

Call for availability in Spanish, Cantonese and Mandarin.

To get started with a referral contact:

YAI LINK 212.273.6182

For more information go to yai.org/psychologicals

Free Education Workshops



Winter 2016

Registration is required

www.yai.org/fews

or call ► **YAI LINK** 212.273.6182

460 W. 34TH Street, 11TH Floor,
New York

Tuesday January 12th 10:00am - 12:00pm

Tips, Tools and Information: Helping your clients navigate the special education service system

**Paola Martínez Boone, MSW, Senior Advocate and Jessica Daye, MEd,
Education Advocacy Coordinator, New York Lawyers for the Public Interest**

- A review of the basics of special education rights, procedures, and appeals including least restrictive environment, functional behavioral assessment, and pendency
- How to obtain and make use of independent educational evaluations and what to do when you encounter roadblocks
- Rights of students in planning for services as they transition from high school to post high school life
- How to advocate for students subjected to abuse, corporal punishment, or disability based discrimination by the NYC
- Department of Education (DOE) employees or contractors. We will focus on how to file a complaint, parents' rights to participate in and receive information about the progress of investigations, and about students' rights to be protected from harm during and after an investigation
- Rights of students and parents to receive interpretation and translated documents when dealing with the DOE

This workshop is open to professionals and service providers only.

Supported in part by a generous grant from the TAFT Foundation

Sign up for YAI LINK updates at yai.org/link



Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn, Bronx, and Manhattan, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry, Optometry and Neurology.

Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

Bronx Overnight Respite

Serves all five boroughs.

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Serves all ages
- Site is fully accessible
- Must be waiver eligible

In-Home Respite

Serving Bronx, Brooklyn, Manhattan, and Staten Island

- Must be waiver eligible and live with a family member.

Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

Doorways to Independence

Housing Assistance Services/Home Modifications

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments - a developed report on possible modifications and equipment to make the home more accessible.

Home Modifications

- Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island

\$500.00 limit for Bronx, Brooklyn and Manhattan

Staten Island limit is \$300.00

Special Brooklyn Camp Funds available.

Manhattan Durable Medical Equipment Funds available.

Funding available to assist families in paying for an item Medicaid or other funds will not cover.

Families can apply every 12 months.

Family Connect

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org

www.ucpnyc.org



Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Integrated programming
- Universal Pre-K
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

After-School Program

Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Transportation is provided by DOE-OPT

Day Habilitation

Opportunities in Day Programs available in the Bronx, Brooklyn, Manhattan and Staten Island.

- Persons served must be age 21 or older to apply

All sites are wheelchair accessible and transportation is available.

Supported Employment

Employment services for adults with DD. Available for Bronx, Brooklyn, Manhattan, and Staten Island residents.

Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

SHARE Lending Library

Borrow books, adaptive toys and educational materials. Located in Staten Island, Brooklyn, Manhattan and the Bronx

ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member. Must be in OPWDD waiver

SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn and Staten Island
- Transportation is provided

EXPLORE Club Disco

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island.

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible
- Transportation is not provided
- Dinner and refreshments served

Staten Island Club Disco

• Must be HCBS waiver and live with a family member who resides in Staten Island

Medicaid Service Coordination (MSC)

MSC provides ongoing support and coordination of services for individuals and their families. Services available for Manhattan, Bronx, Brooklyn and Staten Island.

- Must have Medicaid to be eligible

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666 projectconnect@ucpnyc.org

www.ucpnyc.org



United Cerebral Palsy of New York City

Family Reimbursement

UCP of NYC Family Reimbursement program provides funds to family of individuals with disabilities that reside in Manhattan for Durable Medical Equipment.

These funds cover the cost of items that Medicaid or your medical insurance does not cover, such as:

- Wheelchair
- Wheelchair Parts and Accessories
- Lap Trays
- Walkers
- Shower Chair
- and more....



. Medical documentation supporting a need for the equipment must be included. You must also show proof that Medicaid or your medical insurance does not cover the item.

For more information please contact
Danielle Raymond at 718-859-5420 ext 244



Family Forum

Important Information About Services

Services and supports for individuals served by the Office for People With Developmental Disabilities (OPWDD) and other government-sponsored programs are at great risk of being cut in the upcoming New York State budget process. The families and individuals we serve will learn firsthand from UCP of NYC's CEO, **Edward R. Matthews**, about what is being planned and how these changes could endanger many of our programs, including day and residential services.

Mr. Matthews will present information on what the budget could mean and how families need to advocate now to ensure the preservation of vital services of all those served. UCP staff will also be able to assist you with any questions you have as it relates to getting new services through the Office for People With Developmental Disabilities' Front Door process.

Advocating **NOW** is very important. This matter impacts us all.

Friday, November 13th

UCP of NYC
175 Lawrence Ave.
Brooklyn, NY 11230
10:30 a.m. - 12:30 p.m.

Thursday, November 19th

EmblemHealth
55 Water Street
New York, NY 10040
10:30 a.m. - 12:30 p.m.

**Service Provider Staff is Welcomed
and Pre-Registration is Required**

To RVSP, contact: familyconnect@ucpnyc.org
or call **718-436-7979 ext 704**



Foros Para Familias

Información importante acerca de los servicios

Los servicios y apoyos que proveen la Oficina para Personas con Discapacidades de Desarrollo (OPWDD) y otros programas patrocinados por el gobierno están en gran riesgo de reducción de fondos en el próximo proceso de presupuesto del Estado de Nueva York. En estas sesiones el líder de UCP of NYC **Edward R. Matthews**, CEO proveerá información sobre el impacto de estos cambios en los servicios.

Existen grandes preocupaciones en relación a la limitada disponibilidad de opciones residenciales, enfoque en el empleo para personas con discapacidad y servicios de ambiente comunitario. Empleados de UCP of NYC también podrán ayudarle con cualquier pregunta que usted tenga en lo que se relaciona a la obtención de nuevos servicios a través de la Oficina para Personas con Discapacidades de Desarrollo proceso de la puerta abierta (Front Door).

Favor de asistir a una de la sesiones. Abogar **ahora** es muy importante. Estos cambios nos afectan a todos no importa el diagnostico o el servicio que su ser querido reciba.

Viernes, 13 de Noviembre

UCP of NYC
175 Lawrence Ave.
Brooklyn, NY 11230
10:30 a.m. - 12:30 p.m.

Jueves, 19 de Noviembre

EmblemHealth
55 Water Street
New York, NY 10040
10:30 a.m. - 12:30 p.m.

**Proveedores de servicios son bienvenidos y
recomendamos pre-registración**

**Para registrarse escriba a familyconnect@ucpnyc.org o llame al
718-436-7979 Ext. 704**

United Cerebral Palsy of New York City
www.ucpnyc.org projectconnect@ucpnyc.org

CURRENT PROGRAM OPENINGS

Call (718) 728-8476 for inquiries

NOVEMBER 2015



Quality Services for the Autism Community
Serving New York City and Long Island

QUEENS

1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
2. Early Intervention Service Coordination contact: Johanna Arteaga ext. 1217
3. Early Intervention (Center Based) contact: Rhodie Volpe ext. 1512
4. Early Intervention Evaluations contact: Rhodie Volpe ext. 1512
5. SEIT contact: Rhodie Volpe ext. 1512
6. SETSS contact: Rhodie Volpe ext. 1512ww
7. Day Habilitation contact: Farzana Karim ext. 1233
8. Social Skills Group – Asperger's/High Functioning Autism: Dita DeSena ext.1418
9. Medicaid Service Coordination contact: Farzana Karim ext. 1233
10. Parent Training/Parent Support Group/Sibling Support Group: Nevena Savic ext. 1204
11. Family Reimbursement (Goods & Services,) contact: Annie Washington ext. 1219
12. CPSE Evaluations: Rhodie Volpe ext. 1512
13. Evaluations for individuals without Medicaid (Psychological/Psychosocial): Kristen DuMoulin ext. 1517
14. Preschool Centerbased Openings contact Larisa Muratov ext. 1500

BROOKLYN

1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
2. Early Intervention Service Coordination: Johanna Arteaga ext. 1217
3. Early Intervention Evaluations: Rhodie Volpe ext. 1512
4. SEIT contact: Rhodie Volpe ext. 1512
5. SETSS contact: Rhodie Volpe ext. 1512
6. Family Reimbursement (Goods & Services) contact: Annie Washington ext. 1219
7. Medicaid Service Coordination contact: Farzana Karim ext.1233
8. Non-Medicaid Service Coordination contact: Andrew Toscano ext. 1268
9. Family Reimbursement (Goods & Services) contact: Annie Washington ext. 1219
10. CPSE Evaluations contact: Rhodie Volpe ext. 1512
11. Preschool Centerbased Openings contact Larisa Muratov ext. 1500
12. Housing Advocacy contact: Andrew Toscano ext. 1268

THE BRONX

BRONX

1. Family Reimbursement (Goods & Services) contact: Annie Washington ext. 1219
2. Medicaid Service Coordination Contact: Farzana Karim ext. 1233
3. SEIT contact: Rhodie Volpe ext. 1512
4. SETSS contact: Rhodie Volpe ext. 1512
5. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
6. Early Intervention Service Coordination: Johanna Arteaga ext. 1217
7. Early Intervention Evaluations: Rhodie Volpe ext. 1512
8. CPSE Evaluations contact: Rhodie Volpe ext. 1512
9. Day Habilitation contact: Farzana Karim ext. 1233
10. Hourly Waiver Respite contact: Johnny Nunez ext. 1222

MANHATTAN

MANHATTAN

1. Social Skills Group - Aspergers/High Functioning Autism contact: Rocio Chavez ext.1414
2. Parent Support Group contact: Annie Washington ext. 1219
3. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
4. Early Intervention Service Coordination: Johanna Arteaga ext 1217
5. Early Intervention Evaluations: Rhodie Volpe ext. 1512
6. SEIT contact: Rhodie Volpe ext. 1512
7. Medicaid Service Coordination contact: Farzana Karim ext. 1233
8. Hourly Waiver Respite contact: Johnny Nunez ext. 1222
9. SETSS contact: Rhodie Volpe ext. 1512
10. CPSE Evaluations contact: Rhodie Volpe ext. 1512
11. Preschool Centerbased Openings contact Larisa Muratov ext. 1500
12. Day Habilitation contact: Farzana Karim ext. 1233
13. Family Reimbursement (Goods & Services,) contact: Annie Washington ext. 1219
14. Camp Reimbursement: Contact: Annie Washington ext. 1219

THE BRONX

LONG ISLAND

LONG ISLAND

1. Sibling/Parent Support Group and Parent Training contact: Nevena Savic ext. 1204
2. Day Habilitation contact: Farzana Karim ext. 1233
3. SEIT contact (Nassau only): Rhodie Volpe ext. 1512
4. Medicaid Service Coordination contact: Farzana Karim ext. 1233

Catholic Guardian Services

Since 1978, Catholic Guardian Services (CGS) has provided supports and services to Individuals with Developmental/Intellectual Disabilities (I/DD) through its Developmental Disability Services Program (DDSP). Today, the program serves over 200 young people, adults, and senior citizens with I/DD in New York City and Suffolk County in Long Island.



For More Information

Community Resource and Transition Center
Catholic Guardian Services
1990 Westchester Avenue
Bronx, NY 10462
Tel: 718-828-0300 ext: 267
Email: CRTC@catholicguardian.org
www.catholicguardian.org



We will provide assistance in your transition into community-integrated services and supports.

*CRTC is supported by the New York State Balancing Incentive Program (BIP), Transformation fund from the Office for People with Developmental Disabilities (OPWDD) and the Center for Medicare and Medicaid Services (CMS).



CATHOLIC GUARDIAN SERVICES
Providing Help. Creating Hope. Preserving Dignity.

Community Resource
and Transition Center



*Your Guide
to Community-
Integrated Services*

Overview

Catholic Guardian Services is pleased to announce the opening of our new **Community Resource and Transition Center (CRTC)**.

The CRTC will:

- Educate people with I/DD & their families about the full array of supports and services available under the HCBS Waiver.
- Assist individuals & their families in accessing supports and services that meet their needs and desires, within the most integrated community-based settings.
- Assist providers in converting existing services to the most integrated community-based supports and services for the individuals they serve.

CRTC is here to help if:

- You are preparing a transition from school to services for adult.
- You are new to OPWDD and are in need of guidance.
- You want to change your current supports and services from OPWDD.
- You are interested in self-directing all or some of your supports and services.
- You or a loved one with I/DD is hospitalized, in a nursing home or has an aging parent who can no longer provide care at home.
- You are a provider of ICF residential services and are seeking guidance in converting your ICF to an IRA.

Our Services

Outreach

The **Outreach Coordinator** will invite you to an orientation to explain all services & resources available to meet your needs and desires.

Intake

New to OPWDD, the Intake Coordinator will:

- Collect and review your information.
- Refer you to your local DDRRO to attend a Front Door session.

Familiar with OPWDD, the Intake Coordinator will:

- Work with your MSC and advocates to collect and review your supports and services.
- Explore the types of services that are right for you.

Transition

A **Transition Coordinator** will:

- Work with you and your advocates to develop a person-centered transition plan (Road Map).
- Meet with you periodically to ensure that you are successful in obtaining the supports and services according to the Road Map.



Available Supports & Services (Home and Community Based Services)

Residential Services

- 24 hr Supervised Individualized Residential Alternatives (IRA)
- Supportive IRA
- Live-In Caregiver
- Family Care
- The Home of Your Own Program
- Housing Subsidies

Employment and Day Services

- Prevocational Services
- Supported Employment (SEMP)
- Pathway to Employment
- Employment Training Program (ETP)
- Day Habilitation
- Individualized Day Services
- Community Habilitation

Support Services

- Medicaid Service Coordination (MSC)
- Service Coordination
- Plan of Care Support Services (PCSS)
- Family Support Services
- Intensive Behavioral Services (IB)
- Hourly or Overnight Respite
- Family Reimbursement
- Community Transition Services
- Family Education and Training

Self-Directed Services

- Fiscal Intermediary Services
- Support Brokerage
- Individual Supports & Services (ISS)

November, 2015

The Developmental Disabilities Clinic (DDC) at Archcare at Terence Cardinal Cooke

HAS IMMEDIATE OPENINGS IN

- Audiology
- Cardiology
- Dental (Including conscious sedation)
- Individual and Group Psychotherapy (Bilingual–Spanish/English)
 - Gynecology
- Internal Medicine (Adult and Pediatric)
 - Neurology (Adult)
 - Nutrition
 - Ophthalmology
- Physiatry (with OT/PT services, including wheelchair/brace clinic)
 - Podiatry
 - Psychiatry (Adult and Pediatric)
 - Psychological Evaluations (Bilingual–Spanish/English)
 - Psychosocial Evaluations (Bilingual–Spanish/English)
- Speech/language (Including augmentative/assistive technology)

For appointment, please call:

Arilys at 212–360–3777 or Raquel at 917–484–4565



NOVEMBER 2015
AHRC PROGRAM VACANCIES
www.ahrcnyc.org

Please look through this list of services offered by AHRC that have projected vacancies for November (or immediately) and contact the person indicated if you have someone who is in need of the service.

RECREATION OPPORTUNITIES: (Contact the Referral and Information Center at (212) 780-4491 or 4493 for all).

Overnight Weekend Respite Program: Available in all boroughs for independent travelers and individuals that are able to self-medicate. Enjoy trips to upstate New York from Friday through Sunday to discover area attractions and seasonal activities. All individuals must be in the HCBS waiver. No cost, transportation provided.

Teen Saturday program: Opening in Queens, ages 13 - 19, must be in the HCBS waiver, transportation provided.

Manhattan Saturday Recreation and socialization programs: Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children's program (ages 6 – 12 years) and adult program (18+).

Staten Island openings in Saturday recreation and socialization programs: Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation provided, must be in HCBS waiver. Current openings in both children (ages 6 – 12) and teens (13- 19).

Openings in programs for independent travelers – **Super Saturdays**, operates in Manhattan but open to all boros; **Basketball program** in Brooklyn, but open to all boros. **Restaurant Club and Bowling, only open to those in Staten Island currently.** Must have ID or DD diagnosis but do not have to be in the waiver. Call Sam Emsell for more information at 212-780-2596.

Limited **Afterschool in Queens** (for children). Must be in the HCBS waiver and in the area of the program. Limited openings in **Manhattan and Brooklyn** (teens). Please contact Miriam Figueroa for additional information at 212-780-2585.

OVERNIGHT/EMERGENCY In-Home Respite Hourly Waiver Services to families residing in the boroughs of **Queens and Manhattan.** **Emergency respite** is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. Emergency respite may be provided in individual's home or a family care home. **Overnight respite** is a service that provides relief to a caregiver who is responsible for the primary care and support of an individual with a developmental disability. When a family member or Family Care provider has to deal with such things as illness, emergency, and caregiver vacation; emergency respite services can ensure that your loved ones are safe and their needs are met. A caregiver must reside with the individual in the same household and be a primary caregiver. An eligible person should be OPWDD eligible. Eligibility must be established before a referral can be made. An eligible person should have a current Level of Care (LOC) determined. LOCs are needed for all waiver services. An eligible person should be enrolled in a HCBS Waiver program. If you believe that your families or individual(s) might benefit from Overnight or Emergency In- Home Respite, please contact, Luba Zborovskaya at 212-780-2340 and/or Gillian David, Intake Field Supervisor at 212-780-4482.

IN-HOME RESPITE: Waiting list for people ages 3 and over in Brooklyn, Manhattan, Staten Island, the Bronx, and immediate opportunities in Queens. Require proof of developmental disability. Contact the Referral and Information Center at (212) 780-4491 or 4493.

COMMUNITY HABILITATION: Waiting list for people from birth (with EI Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact the Referral and Information Center at (212) 780-4491 or 4493.

OVERNIGHT RESPITE (out of home): Guests must be age 4 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. Staten Island is the only wheelchair accessible respite facilities. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact the Referral and Information Center at (212) 780-4491 or 4493.

EMPLOYMENT and BUSINESS SERVICES:

Brooklyn Day Hab: Some of the services and activities provided are: personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact 212-895-3370.

Senior Retirement Services: Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099.

Bronx Day Hab Without Walls: This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of the DH and into employment. Contact Ana Kuharik, 718-944-5099.

Staten Island Day Hab Without Walls: This program offers the opportunity for community activities including volunteering and social outings. The primary premise is to prepare people to move out of the DH and into employment.

Staten Island Janitorial Training program: Pre-Vocational training program for S.I. residents with DD 18 years and older. 11 weeks of training combining classroom instruction with internship at S.I. institutions. Upon successful completion, graduates will be placed in janitorial careers with high earning potential. For all S.I., call Candi Genovese, 718-981-3452.

Youth Careers Training Programs: OSY Pre-Vocational training program for NYC residents with DD or LD and/or low income; 18–21 years old. 15 weeks of training combines classroom instruction with internship at major NYC institutions. Upon successful completion, graduates will be placed in Janitorial and Food Services careers. Enrollment is ongoing – there are openings for Janitorial and Food Services in Brooklyn, Janitorial Services in Queens and Staten Island. For Brooklyn, call Gohar Gharibyan at 212-895-3370 or Alexis Hines at 212-895-3380; for Queens, Derek Johnson at 646-210-0066 or Sonia Nieves at 347-723-1952 and for Staten Island, Anna Chakryan at 718-662-1432.

HIRE - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325

Queens – Derek Johnson, 646-210-0066

Bronx – Wayne Thomas, 718-944-5099

Staten Island – Candi Genovese, 718-981-3452

Manhattan – Isis Clark - 212-634-8673

Job Connection Center-Psycho-social Clubhouse (Brooklyn): A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (IDD/MI) in obtaining and maintaining a job. Call 212-895-3370.

ADULT DAY SERVICES: A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. For more details, call Central Intake at 212-780-4493/4491.

Emergency Respite (Family Support Service): for Queens and Brooklyn residents - Emergency respite is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected travel plans or relief needed for the caregiver due to special circumstances. Emergency respite may be provided in the eligible person's home or an alternate location where the service of care can be provided. The person providing the service does not have to reside in the home of the person eligible for this service, nor does the service have to occur in the borough of the person's OPWDD registration. Call Michael Wright, 212-895-3467.

Nicosia Family Reimbursement: The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: Reside in the 5 Boroughs and Eligibility. Call Michael Wright, 212-895-3467.

Intensive Behavioral Services This is a newly offered program in the Bronx the purpose of which is to provide Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566.

Queens Intensive Parent Training: This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592.

Non-Medicaid Service Coordination: The service includes information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: - reside in the five boroughs, No Medicaid and Eligibility. Call Sharett Bood, 646-845-6020.

Clinical Evaluation Reimbursement: The service provides the opportunity for individuals to receive clinical evaluations (psychological or psychosocial), who do not have Medicaid or their health plans do not pay for such testing. The clinician or vendor is reimbursed for the completed and approved evaluation. Criteria for grant: Reside in Manhattan and Eligibility. Call Michael Wright, 212-895-3467.

Article 16 Clinic Services: Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. Ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at our 2488 Grand Concourse Clinic. Services are available in English, Spanish, and Mandarin. Anyone interested in these programs should contact Clara Cordero at (212) 780-2387.

REHAB Services: Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services.

FREE Psychological/Psychosocial Evaluations: AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled that do not have Medicaid and are residents of Manhattan, Brooklyn, Queens, Staten Island, or the Bronx. Services are available in English, Spanish, and Mandarin. For more information or to make a referral call AHRC Central Intake at 212-780-4493 or 212-780-4491.

RESIDENTIAL: Anticipated and immediate openings in all boroughs. Details vary depending on the setting.

If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491 or 212-780-4493.



Providing Multicultural, Lifespan Services For People with Disabilities

2082 Lexington Avenue, 4th Floor, New York, NY 10035

Tel: (212) 643-2840 Toll Free: (866) 867-9665 Fax: (212) 643-2871

E-mail: information@sinergiany.org

Website: www.sinergiany.org

Visit our blog: <http://sinergialaesquinita.blogspot.com/>

PROGRAM VACANCIES

(November 2015)

Overnight Respite

- Serving Manhattan Individuals
- Must be Medicaid waiver eligible and live with a family member
- MSC service amendment needed

Contact Claudia Vidal (212) 643-2840 ext. 351

In-Home Respite

- Serving Manhattan, Bronx, Brooklyn and Queens
- Must be Medicaid waiver eligible and live with a family member
- MSC service amendment needed

Contact Claudia Vidal (212) 643-2840 ext. 351

Community Habilitation

- Serving Manhattan, Bronx, Brooklyn and Queens
- Must be Medicaid waiver eligible
- MSC service amendment needed

Contact: Thainesse Caro (212) 643-2840 ext. 324

Housing Advocacy

- Advocacy provided in all five boroughs
- Assistance with homelessness prevention, subsidies, NYCHA, section 8, low income housing applications, housing court, repairs and more.
- Must be family support eligible or live in our neighborhood preservation catchment area (96th street to 126th river to river)

Contact: Intake specialist (212) 643-2840 ext. 336

The Metropolitan Parent Center

- Parent Training and Information Center
- Provides information, training and one-to-one support to families of children with the full range of disabilities ages 0-26.

- Parents will develop skills and knowledge that will help their children achieve academic and functional skills that lead to independent productive adult lives, to the maximum extent possible.

Visit our website for a calendar of workshops: www.sinergiany.org or call our intake specialist (212) 643-2840 ext. 336

The Autism Initiative @ Sinergia

- Offers Free Education Workshops and Support Group
- Open to individuals, families, caregivers and professionals.

Visit our website for a calendar of workshops: www.sinergiany.org or Contact: Paola Jordan (212) 643-2840 ext. 305

Family Support Case Management

- This is a non-Medicaid case management service that provides coordination and linkage to services, assistance with SSI, Medicaid and other benefits referrals to camp, respite, reimbursement and other services, Medicaid waiver enrollment, educational advocacy and more.

- For residents of Manhattan, Brooklyn, Bronx and Queens

For eligibility and requirements Contact: Doris Rodriguez (212) 643-2840 ext. 325

Family Reimbursement

- Family Brooklyn and Bronx residents
- Must be OPWDD eligible
- Up to \$500 reimbursement for respite, in-home respite, transportation, furniture, appliances and camp.

Contact: Clara Romero (212) 643-2840 ext. 336

We Are Parent Too

- Parenting skills for parents with developmental disabilities
- Weekly classes on topics such as: family planning, nutrition, increasing advocacy skills and budgeting.
- Advocacy available for issues related to ACS, child custody and foster care.

Contact: Gina Peña (212) 643-2840 ext. 322

Pathway to Employment services/Caminos

- Offers services to individuals interested in achieving employment. This service offers an individualized planning process that helps identify career or vocational direction.

- Individual must be enrolled in the Home and Community Based Waiver (HCBS).

Contact: Intake specialist (212) 643-2840 ext. 336

Biweekly parent support group available in Spanish!!!

Start fixing it now

Meet the Needs of People with Developmental Disabilities in New York State

Authored by: Jim Karpe, NYC FAIR member

Sometimes you have to be fierce. Massive changes are underway in the service system for people with developmental disabilities. The disruption is already being felt. The lives of our family members are at stake. Many of us have been speaking out, but so far we are not being heard by those who make policy and our government leaders. We need to speak louder. We need letter writing campaigns, petitions, and rallies, whatever it takes. The consequence of not speaking out is damaged lives.

In my nightmares, after I am gone my low-IQ son becomes homeless and sleeps in the corner of a subway car. In Tony's nightmare, his autistic son runs onto a highway and is struck by a car. Elinor's nightmare is that her daughter has a drop seizure and falls down the stairs.

Katherine's nightmare has already become reality. Her 56-year-old son happily worked for over two decades at a sheltered workshop. The doors closed in 2015. Without another equivalent worthwhile activity, his sense of self is diminished, and he is becoming increasingly depressed.

This is not about this year's budget, or next year's priority list. This is about our children's lives. Unmet needs have many faces, and most of those faces are hidden. There are babies with disabilities who are not getting early intervention, Teen-agers in the corner of an inappropriate classroom. There are adults still waiting in their aging parent's homes after 15 years on the residential "priority list". Some people are regressing in a day program because their workplace was shut down. Worse yet there are those completely unserved because their parents gave up after the second or third or fourth rejection to access services.

The painful truth is that due to their disabilities, most of our children may not ever be able to complain in a meaningful way, we must be their voice to get things done. It is up to us. .

Start fixing it now. Here is what you can do to help right now:

- Send letters to our legislators and policy makers in State and National government. Let them know what is keeping you up at night. Tell them how you want your loved one with a developmental disability to continue to receive and choose the services that they want and "one size does not fit all". *Use samples from following pages, or write your own.*
- Share this with at least one relative, neighbor, caregiver and friends. *Ask them to send a letter.*
- Stay in touch. *For current action alerts, see www.nycfair.org.*

In New York State, over one hundred thousand people with disabilities get services. Many started out with two parents, and most have sympathetic relatives, neighbors, caregivers, and friends... altogether we are a very big voting block.

It is time to flex our political muscle. The NYC FAIR web site also has more background material including "Terrified About the Future" and "How Did We Get Here"

INSTRUCTIONS, SAMPLE LETTERS & ADDRESSES AT WWW.NYCFAIR.ORG



FREE ONLINE TRAINING OPPORTUNITY FOR INDIVIDUALS, FAMILIES & PROVIDER AGENCIES

OPWDD is offering staff from provider agencies, families, individuals with developmental disabilities and independent contractors free access to eight (8) online courses on Personal Outcome Measures (POM) created by CQL (Council on Quality & Leadership).

These courses do not result in CQL certification but they do provide a very comprehensive understanding of the POM approach which is now being utilized by service providers throughout the United States, including New York.

The courses are web-based and only require a computer with internet access - as well as registration into the initiative since they are not available through the OPWDD website.

If you want to register yourself, or others, email Suzanne at suzanne@iacny.org. She will need the person's name, email address (if the individual does not have an email address, please identify a contact person's email address), and agency affiliation (if any).

You are strongly encouraged to take advantage of this opportunity - POM is the basis for person centered services.

Note to Service Providers - These courses are recognized by OPWDD as being applicable to training hour requirements placed on MSC's.

MANHATTAN DD COUNCIL
MEETING
NOVEMBER 12, 2015

NAME	AFFILIATION	PHONE	EMAIL
MARCO DAMIANI	CPofNY1	212-947-5770	mdamiani@cpofnyc.org
JOANNE CROPPER	CFS	212-629-7137	Jcropper2@cfsny.org
LYNN DECKER	parent	917-575-5166	lynn-decker@me.com
Shoshana Remer	Catholic Guardian Services	718-828-0300 x267	sremmer@catholic guardian.org
Suzanne Timmerhans	IAC	212-645-6360	suzanne@iacny.org
Sandra Piggée	NYC DHMH	247-396-7145	SPiggée@health.ny.gov
Aly Pieper	NYC FAIR parent	917-833-4738	elya.pieper@gmail.com
JESSIE BACKE	AHRC NYC	212-780-2348	jessie.backe @ahrcnyc.org
Kathy Kelly	AHRC, NYC	212-780-2724	Kathy.Kelly@ AHRcnyc.org
Wendy DeLeon	UCP/NYC	917-965-2950	wdeleon@ucpnyc.org
James Carnelia	Armed with Love W/TCUHC	212-360-3989	jcarnelia@ armedwithlove.org
Thomas Lynch	HAACS	718-788-5252 ext 133	Tlynch@hhasny.org
Leah Esther Lax	CARES	212-420-1970	lelax@caresny.org
LENNIE TRAINER	ACCESS COMMUNITY HEALTH CENTER	646-845-6041	LENNIE.TRAINER@ ACCESSCHC.ORG
RACHAEL SKINNER	THE CENTER FOR DISCOVERY	845-707-8695	RSKINNER@TCFD.ORG
Celina Marin	QSAC	718-728-8476	cmarin@qsac.com
IANA KATZ	Obel/B&S E2m	718-686-3489	Iana-katz@ obelfamily.org
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LYNN VAIRO	PDS	718-256-2212	LYNNPDS@aol.com
Jim Malley	ESPERANZA	212-928-5810	jmalley @esperanzacenter.com

