



JUNE 2016
AHRC PROGRAM VACANCIES
www.ahrcnyc.org

Please look through this list of services offered by AHRC that have projected vacancies for June (or immediately) and contact the person indicated if you have someone who is in need of the service.

RECREATION OPPORTUNITIES – For the fall of 2016: (Contact the Referral and Information Center at (212) 780-4491 or 4493 for all). **Overnight Weekend Respite Program:** Available in all boroughs for independent travelers and individuals that are able to self-medicate. Enjoy trips to upstate New York from Friday through Sunday to discover area attractions and seasonal activities. All individuals must be in the HCBS waiver. No cost, transportation provided. **Teen Saturday program:** Opening in Queens, ages 13 - 19, must be in the HCBS waiver, transportation provided. **Manhattan Saturday Recreation and socialization programs:** Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children's program (ages 6 – 12 years) and adult program (18+). **Staten Island openings in Saturday recreation and socialization programs:** Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation provided, must be in HCBS waiver. Current openings in both children (ages 6 – 12) and teens (13- 19). Openings in programs for independent travelers. **Super Saturdays,** operates in Manhattan but open to all boros; **Basketball program** in Brooklyn, but open to all boros, and on Wednesday nights in the Bronx, but open to all boros. **Restaurant Club and Bowling, only open to those in Staten Island currently.** Must have ID or DD diagnosis but do not have to be in the waiver. Call Sam Emsell for more information at 212-780-2596. Limited **Afterschool in Queens** (for children). Must be in the HCBS waiver and in the area of the program. Limited openings **Manhattan and Brooklyn** (teens).

OVERNIGHT/EMERGENCY In-Home Respite Hourly Waiver Services to families residing in the boroughs of **Queens** and **Manhattan.** **Emergency respite** is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. Emergency respite may be provided in individual's home or a family care home. **Overnight respite** is a service that provides relief to a caregiver who is responsible for the primary care and support of an individual with a developmental disability. When a family member or Family Care provider has to deal with such things as illness, emergency, and caregiver vacation; emergency respite services can ensure that your loved ones are safe and their needs are met. A caregiver must reside with the individual in the same household and be a primary caregiver. An eligible person should be OPWDD eligible. Eligibility must be established before a referral can be made. An eligible person should have a current Level of Care (LOC) determined. LOCs are needed for all waiver services. An eligible person should be enrolled in a HCBS Waiver program. If you believe that your families or individual(s) might benefit from Overnight or Emergency In- Home Respite, please contact, Luba Zborovskaya at 212-780-2340 and/or Yulia Yaroshevskaya, Intake Field Supervisor at 212-780-4482.

IN-HOME RESPITE: Waiting list for people ages 3 and over in Brooklyn, Manhattan, Staten Island, the Bronx, and immediate opportunities in Queens. Require proof of developmental disability. Contact the Referral and Information Center at (212) 780-4491 or 4493.

COMMUNITY HABILITATION: Waiting list for people from birth (with EI Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact the Referral and Information Center at (212) 780-4491 or 4493.

OVERNIGHT RESPITE (out of home): Guests must be age 8 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. Staten Island is the only wheelchair accessible respite facilities. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact the Referral and Information Center at (212) 780-4491 or 4493.

EMPLOYMENT and BUSINESS SERVICES:

Pathway to Employment: The Pathway to Employment program offers individuals already enrolled in a waiver service an opportunity to discover their employment interests and improve their skill set. Participants will experience 3-4 job roles in the community through volunteer sites, receive job readiness training and personalized vocational discovery throughout this 1 year service with the goal of transitioning to paid employment. Contact Gina Piersanti Gioe at 917-807-5142.

Brooklyn Day Hab without walls: Day Hab without walls program target towards employment. Some of the services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Christopher Michael 212-895-3376.

Senior Retirement Services: Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099.

Bronx and Staten Island Day Hab Without Walls: This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of Day Hab and into employment. Contact Ana Kuharik, 718-944-5099 (Bronx) and Gina Gioe, 917-807-5142 (Staten Island).

Staten Island, Bronx and Brooklyn Janitorial Training program: Pre-Vocational training program for S.I. residents with DD 18 years and older. 11 weeks of training combining classroom instruction with internship at S.I. institutions. Upon successful completion, graduates will be placed in janitorial careers with high earning potential. For SI contact Candi Genovese, 718-981-3452, for Brooklyn Alla Gertsik 212-895-3310, and for the Bronx 718-944 5099.

Youth Careers Training Programs: OSY Pre-Vocational training program for NYC residents with DD or LD and/or low income; 18–24 years old. 15 weeks of training combines classroom instruction with internship at major NYC institutions. Upon successful completion, graduates will be placed in Janitorial and Food Services careers. Enrollment is ongoing – there are openings for Janitorial and Food Services in the Bronx & Brooklyn, Janitorial Services in Queens, Bronx, Brooklyn and Staten Island. For Brooklyn, call Alla Gertsik at 212-895-3310 or Lourdes Punzalan at 212-895-3380; for Queens, Derek Johnson at 646-210-0066 or Sonia Nieves at 347-723-1952, Bronx, Cristina or Yona at 718-944-5099 and for Staten Island, Anna Chakryan at 718-662-1432.

Staten Island Microsoft Office Specialist Training program: OSY- Pre-Vocational training program for S.I. residents with DD 18-24 years old who are out of school and out of work. 11 weeks of training combining classroom instruction with an internship at S.I. institutions. Upon successful completion, graduates will be placed in administrative careers with high earning potential. For all referrals, call Anna Chakryan 718-662-1432.

Staten Island Young Adult Internship Program: DYCD- 14 weeks of a paid internship program for young adults from 16-24 years old, who are out of school and out of work. Internship opportunities include; clerical, retail, culinary and maintenance. 350 hours of paid internship followed by job placement. Call Anna Chakryan 718-662-1432.

HIRE - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325

Queens – Derek Johnson, 646-210-0066

Bronx – Wayne Thomas, 718-944-5099

Staten Island – Pamela Sosa (718) 981-3452

Manhattan – Isis Clark - 212-634-8673

Job Connection Center-Psycho-social Clubhouse (Brooklyn): A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (IDD/MI) in obtaining and maintaining a job. Call 212-895-3370.

ADULT DAY SERVICES: A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. For more details, call Central Intake at 212-780-4493/4491.

Emergency Respite (Family Support Service): for Queens and Brooklyn residents - Emergency respite is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected travel plans or relief needed for the caregiver due to special circumstances. Emergency respite may be provided in the eligible person's home or an alternate location where the service of care can be provided. The person providing the service does not have to reside in the home of the person eligible for this service, nor does the service have to occur in the borough of the person's OPWDD registration. Call Michael Wright, 212-895-3467.

Nicosia Family Reimbursement: The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: Reside in the 5 Boroughs and Eligibility. Call Michael Wright, 212-895-3467.

Intensive Behavioral Services This is a newly offered program in the Bronx the purpose of which is to provide Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566.

Queens Intensive Parent Training: This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592.

Non-Medicaid Service Coordination: The service includes information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: - reside in the five boroughs, No Medicaid and Eligibility. Call Michael Wright (917-715-8035).

Article 16 Clinic Services: Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. Ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at our 2488 Grand Concourse Clinic. Services are available in English, Spanish, and Mandarin. Anyone interested in these programs should contact Clara Cordero at (212) 780-2387.

REHAB Services: Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services.

FREE Psychological/Psychosocial Evaluations: AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled that do not have Medicaid and are residents of the five boroughs of NYC. Services are available in English, Spanish, and Mandarin. For more information or to make a referral call AHRC Central Intake at 212-780-4493 or 212-780-4491.

RESIDENTIAL: Anticipated and immediate openings in all boroughs. Details vary depending on the setting. **If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491/4493.**

For information about YAI's programs & services, go to yai.org/link or call us at 212.273.6182 - age range & eligibility requirements vary

SUPPORT

Family Services

- **Resources & Supports Workshops** – learn more about the I/DD system & services. Open to all, in English, Spanish & Mandarin yai.org/resourcesandsupports
- **Non-Medicaid Community Hab** – for Qns residents without Medicaid
- **Independent Living Program (ILP)** – 6 month classroom course for adults yai.org/ilp
- **Family reimbursement** – money for goods and services not covered by other means. Manhattan
- **Parent training program** for parents with special needs
- **Parent training sessions** – with focus on behavior management. Provides support to families dealing with challenging behaviors. In all NYC, including Staten Island. English, Spanish, Mandarin & Cantonese
- **Crisis intervention** – In Qns & Man yai.org/helpinacrisis
- **Parent training** – with focus on sexuality & relationships. Qns & Man

Respite

- **Overnight respite** – Bklyn
- **Emergency respite reimbursement** – Qns & Bklyn
- **Queens after school program**

EDUCATION

Manhattan Star Academy – elementary school manhattanstaracademy.org

WORK & LIVING

Day Services

Queens & Westchester Day Habilitation programs

Employment Services

Man, Qns, Bx, Bklyn, LI & Westchester supported employment programs

Residential Services

Contact YAI LINK for information on how to get on our residential waiting list and to find out about potential vacancies

Social life, recreation, camping & travel

Evening & weekend recreation programs

HEALTH

Premier HealthCare

Ready availability with internal medicine, pediatrics, dental, call for other specialties

Medical & Dental Desensitization Program

Qns & Bklyn: intensive desensitization program for dental and medical procedures

Center for Specialty Therapy

Qns: FREE psychological and psychosocial evaluations

AUTISM

- **Family support group** for caregivers - in English, Spanish & Mandarin yai.org/autismsupport
- **Social Skills group** - Free social skills groups for children in Brooklyn
- **Ballet Yoga group**- Free ballet yoga group for children aged 5-10 in Bklyn
- **Autism assessments and neuropsychologicals** yai.org/autism

Mindfulness Training for Parents

Mindfulness is a way of relating directly to whatever is happening in your life, meeting your experience skillfully and with an open heart. Mindfulness training is an antidote to the habitual response patterns that lock us into routines that undermine emotional and physical health.

This training group will meet once a week for 6 weeks. If you are interested in participating in this training, please note that registration and the ability to commit to all sessions will be required.

Workshops are open to parents of children with intellectual and developmental disabilities (I/DD) and will be supported by parents and YAI staff.

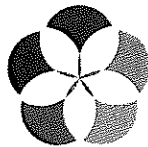
Located at:
460 W 34th St, New York, NY 10001

For more information call Laura Pascrell
at 212.273.6211



Get help with Managed Long Term Care

**ICAN is an
independent, free, and
confidential resource
to help you make the
health insurance
decisions that are right
for you.**



I C A N

**Independent
Consumer Advocacy
Network**

What is ICAN?

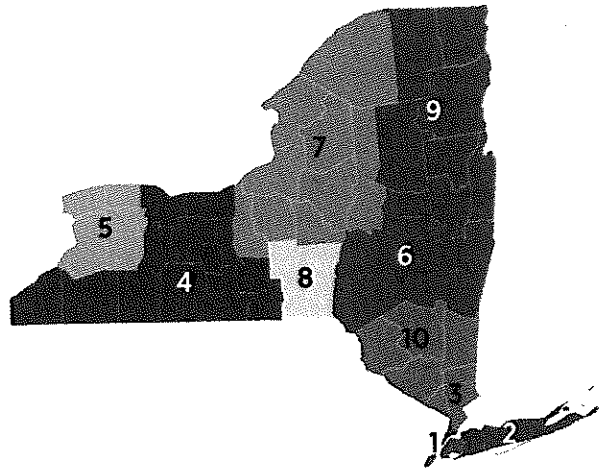
ICAN is the New York State Ombudsprogram for people with Medicaid who need long term care services.

We assist New Yorkers with enrolling in and using managed care plans that cover long term care services, such as home attendant services or nursing home care.

We can help you by:

- Answering questions about Medicaid, Medicare, long term care, and managed care plans
- Giving you information about your health insurance options, like the new FIDA program, and helping you decide what is right for you
- Solving problems with your managed care plan or providers, using negotiation or formal appeal processes

ICAN is a statewide network of organizations



1. CSS
Center for Independence of the Disabled, NY
The Legal Aid Society
Medicare Rights Center
NY Legal Assistance Group
2. Nassau/Suffolk Law Services
Comm.
3. Westchester Disabled On the Move
4. Legal Assistance of Western NY
5. Neighborhood Legal Services
6. Empire Justice Center
7. ACR Health
8. Action for Older Persons
9. Southern Adirondack
Independent Living Center
10. Legal Services of the Hudson
Valley

What do we do?

Toll-Free Helpline

Anyone can call our toll-free telephone number to reach a live, expert health counselor. You can get accurate, in-depth guidance on your first call.

One-on-One Assistance

Through our helpline or our network of agencies, we provide direct assistance to hundreds of people each month. Our cases range from quick advice calls to formal appeals.

Community Presentations

We educate consumers, advocates and health care providers about Managed Long Term Care and FIDA.

Our Services Are Free

Get help today.

- Call: **(844) 614-8800**
 - Our helpline is open Monday through Friday, 8am to 8pm.
 - If you are hearing or speech impaired, you can use the NY Relay service by dialing 711
- Email: **ican@cssny.org**
- Website: **icannys.org**

ICAN is a program of the **Community Service Society**, and is funded by the State of New York.

**Community
Service
Society** | Fighting Poverty
Strengthening
New York

633 Third Ave
New York, NY 10017
(212) 254-8900
cssny.org



ALL-INCLUSIVE CARE FOR ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

At ArchCare, we believe everyone should have a say in how and where they receive care. But not everyone is capable of making these wishes known. For many with intellectual and developmental disabilities, having trusted and caring people in their lives to help them articulate their goals and desires and assist with mobility, learning and the skills needed for independent living is essential. As people with intellectual and developmental disabilities and the family members who care for them age, the need for such personal advocacy and support becomes all the more critical. ArchCare Senior Life is privileged to extend the PACE model of care to seniors with intellectual and developmental disabilities.

Our interdisciplinary team has grown to include clinical and social services professionals who specialize in caring for the intellectually and developmentally disabled. Together with our on-site primary and preventative care physicians, nurses and therapists, they work hand-in-hand with PACE members and their families to coordinate every facet of the member's care. Daily medical supervision in our PACE centers and 24/7 access to nurses and physicians allows for early detection of health changes so they can be addressed before they require a trip to the hospital. Recreational activities, trips and shopping excursions provide opportunities to socialize and build meaningful relationships with fellow members and staff, while meals and nutritional support, transportation and similar services ease the burden on family caregivers. And it is all delivered in the atmosphere of dignity, respect and compassion that every person deserves.

ArchCare Senior Life, a Program of All-inclusive Care for the Elderly (PACE), has provided that trusted and caring voice for hundreds of seniors and their families since 2009. The goal is simple – to maximize our members' quality of life by providing all the health and social services they need to stay healthy and live safely in the community, close to those they love, for as long as possible.

You may be eligible to join ArchCare Senior Life if you meet the following guidelines:

- You are 55 years or older,
- You have Medicare and/or Medicaid and/or are willing to pay privately,
- You are eligible for nursing home level of care,
- You require the long term care services of ArchCare Senior Life for more than 120 days,
- You reside in the ArchCare Senior Life service area (Manhattan, the Bronx or Staten Island),
- Your healthcare needs can be safely met in your home and in our PACE centers.

We invite you to visit any of our three PACE centers and see for yourself how ArchCare Senior Life is dramatically improving the health, emotional well being and overall quality of life of seniors with intellectual and developmental disabilities.

ArchCare Senior Life Harlem
PACE Center
1432 Fifth Avenue
New York, NY 10035
646-289-7700
(TTY/TDD: 1-800-662-1220),
Monday through Friday from
8:30 a.m. to 5 p.m.

ArchCare Senior Life at
San Vicente de Paúl
900 Intervale Avenue
Bronx, NY 10459
718-732-7171
(TTY/TDD: 1-800-662-1220),
Monday through Friday from
8:30 a.m. to 5 p.m.

ArchCare Senior Life at Carmel
Richmond Healthcare and
Rehabilitative Center
88 Old Town Road
Staten Island, New York 10304
855-277-2231
(TTY/TDD: 1-800-662-1220),
Monday through Friday from
8:30 a.m. to 5 p.m.

Participants may be liable for the cost of unauthorized or out-of-PACE program agreement services.

H4393_IDD Brochure_Approved



United Cerebral Palsy of New York City
Services and Supports
2016

Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry, Psychiatry and Neurology.

Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

Bronx Overnight Respite

Serving all five boroughs.

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- Site is fully accessible
- 3yrs and older
- Must be waiver enrolled

In-Home Respite

Serving Bronx, Brooklyn, Manhattan, and Staten Island

- Must be waiver eligible and live with a family member

Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

Doorways to Independence

Housing Assistance Services/Home Modifications

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments - a developed report on possible modifications and equipment to make the home more accessible.

Home Modifications

- Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island
Special Brooklyn Camp Funds available
- Manhattan Durable Medical Equipment Funds available
- Funding available to assist families in paying for an item
Medicaid or other funds will not cover
- Families can apply every 12 months

Family Connect

UCP of NYC Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, Projectconnect@ucpnyc.org

www.ucpnyc.org



United Cerebral Palsy of New York City
Services and Supports
2016

Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Integrated programming
- Universal Pre-K (Manhattan Pre-School Service)
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

After-School Program

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396
- Bronx P721x
- Transportation is provided by DOE-OPT

Day Habilitation

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- OPWDD eligibility
- HCBS Waiver (if living at home with family)

Supported Employment

Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Employment services for adults with developmental disabilities.

Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

SHARE Lending Library

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

ACTION DAY CAMP

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

- Must be in OPWDD waiver

SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island.
- Transportation is provided

EXPLORE Club Disco

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island.

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible
- Transportation is not provided
- Dinner and refreshments served

Staten Island Club Disco

Must be HCBS waiver and live with a family member who resides in Staten Island.

Medicaid Service Coordination (MSC)

Services available for Manhattan, Bronx, Brooklyn and Staten Island. MSC provides ongoing support and coordination of services for individuals and their families.

- Must have Medicaid to be eligible

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

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www.ucpnyc.org