

Information & Referral

Information & referral services provide information about programs and services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	80 Maiden Lane, 8th floor, New York, NY, 10038	Project Connect 877-827-2666 projectconnect@adaptcommunitynetwork.org	Persons with DD & their families	Information and referral for various ADAPT services/supports; information & referral to other agencies as needed.
AHRC New York City	83 Maiden Lane, 11th Floor New York, NY 10003	Referral & Information Center T: 212-780-4491 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with I/DD & their families	Information & referral. Spanish and Russian spoken.
Autism Speaks	1 East 33rd St. 4th Floor New York, NY 10016	T: 888-288-4762 English T: 888-772-9050 Spanish E: familyservices@autismspeaks.org W: www.autismspeaks.org	Individuals with autism & their families	Provides information, tools & resources over the phone & via e-mail.
Benefits Plus Learning Center	633 Third Ave. 10th floor New York, NY 10017	T: 212-614-5552 & leave a message W: www.benefitsplus.cssny.org Click on benefit tools	Individuals with DD and their families and professionals	Information on benefits such as: SSI, SSDI, food stamps, Medicaid, cash assistance, Medicare, and more. Assistance by phone or by appointment only. No walk-ins. Spanish spoken.
Brain Injury Association of New York State	4 Pine West Plaza, Suite 402 Albany NY 12205	Family Help Line T: 800-444-6443 E: info@bianys.org W: www.bianys.org	Anyone needing information or training pertaining to brain injury, services and supports	Helpline provides information and connects callers to local resources
Catholic Charities Community Services, Archdiocese of NY	1011 First Ave. 6th Floor New York, NY 10022	T: Helpline 888-744-7900 W: www.catholiccharitiesny.org	Individuals in need from the Bronx, Manhattan, and the Upper Counties of Westchester, Putnam, Rockland, Orange, Dutchess, Ulster, and Sullivan.	Helps support New Yorkers in need, non-Catholics and Catholics alike.
Cerebral Palsy Associations of New York State	330 W. 34th St. 15th floor New York, NY 10001	Pier Fetz-Scimeca T: 212-947-5770 x221 E: pfetz-scimeca@cpofnys.org W: www.cpodnys.org/Home.aspx	Individuals with DD & their families	Information & referral.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Committee for Hispanic Children and Families	75 Broad St. 6th Floor New York, NY 10004	T: 212-206-1090 W: www.chcfinc.org	Children with DD, birth-17	Free referrals for child care, summer camps, afterschool programs. Spanish spoken.
Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital	409 E. 60th St. Suite 3-312 New York, NY 10022	Marilyn Rubinstein T: 212-746-6175 E: ecdc@nyp.org W: www.nyp.org/ecdc	Children, ages 0-5, with diagnosed or suspected DD	Information & referral about diagnostic & evaluation services, infant & toddler early intervention services, preschool special education services, childcare, Pre-K, related services, financial benefits, medical services, family support services, etc. Workshops for families & professionals. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo T: 212-677-8550 x21 W: www.efmny.org	Individuals with epilepsy & their families	Information & referral to medical specialists & psychosocial services. Day & evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD, ages 3+	Information, outreach & referral. Cantonese, Chinese, Mandarin, Taiwanese Chinese and Korean spoken. Medicaid not required.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	Marcia Estevez T: 212-222-7122 W: www.hilc.org	Individuals with disabilities living or working in NYC	Information and referral. Assistance with benefits applications. Housing assistance & disability rights information. Spanish spoken.
Heartshare Human Services of NY	12 MetroTech 29th Floor Brooklyn, NY 11201	Laurie Yankowitz, Ed.D., VP for Individual Supports T: 718-422-3271 W: www.heartshare.org	Individuals with Fragile X Syndrome & their families. Staff who work with individuals with Fragile X	Information & referral, education relating to Fragile X Syndrome.
INCLUDEnyc	116 E. 16th St. 5th Floor New York, NY 10003	Help Line M-Th 9 am-3 pm T: Eng. 212-677-4660 T: Span. 212-677-4668 F: 212-254-4070 E: Info@INCLUDEnyc.org W: www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families in New York City.	Free information and referral, advocacy, and support. Help accessing and navigating services in all systems: education, social services, health, recreation, and developmental disabilities. Training and technical assistance for parents and professionals on laws, regulations, rights, benefits, services, and education. Free workshops, Help Line, and websites in English and Spanish.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD & their families	Advocacy, information & referral to services: Mon.-Fri. 9am-5pm. (anytime in an emergency) Also, advocacy, parent-to-parent connections, help with educational transition & residential issues. Advocacy & meeting info by phone and e-mail for a fee: \$20, if affordable.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038	T: 212-788-2830 or 311 E: poh@cityhall.nyc.gov W: www.nyc.gov/mopd	Individuals with any disability diagnosis & their families	Information & referral on all disability-related issues. Assistance with NYC services. Assistance with disability related laws.
Metro Developmental Disabilities Regional Office (DDRO)	25 Beaver St. New York, NY 10004	T: 646-766-3220	Individuals with DD & their families	Front Door to access services. Information & referral.
Narcolepsy Institute of Montefiore Medical Center	111 E. 210th St. Bronx, NY 10467	Dr. Meeta Goswami T: 718-920-4841 W: www.montefiore.org/sleep-wake-disorders-narcolepsy-institute	Individuals with narcolepsy & their families	Screening, information & referral, individual & group counseling services at Montefiore Medical Center. Medicaid, Medicare & other insurance accepted.
New York City Department of Health and Mental Hygiene, Bureau of Developmental Disabilities	42-09 28th St., CN#20 Long Island City, NY 11101	T: 347-396-7192 W: https://www1.nyc.gov/site/doh/about/about-doh.page	Individuals with DD & their families	Information & referral.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Michelle Kraus or Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD	Information & referral related to legal issues for people with DD, including special education. Intake hours: Mondays-Fridays 10:00am-3:00pm

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
NY Connects	There are NY Connects offices located in every borough. Call for location	T: 844-862-7930 W: www.nyconnects.ny.gov	People of all ages or with any type of disability	NY Connects is your trusted place to go for free, unbiased information about long term services and supports in New York State. Participants can get information by phone, online, or in person. Our Benefits Counselors connect participants to long term services and supports regardless of diagnosis, age or how you will pay for services.
Ohel Bais Ezra	4510 16th Ave. Brooklyn, NY 11204	T: 718-436-6124 W: www.ohelfamily.org	Individuals with DD and their families	Offers outreach & education to individuals & their families. Special focus on at risk school age children & their families and families in low-income communities. Can be individual, face-to-face outreach or in groups.
Parent-to-Parent of New York State	25 Beaver St. 4th Floor New York, NY 10004	Ellen McHugh T: 646-766-3460 or 800-405-8818 E: emchugh@ptopnys.org W: www.parenttoparentnys.org	Families and caregivers of individuals with special health care needs or developmental disabilities of any age	Connecting and Supporting Families with Special Needs. Family-to-Family Health Care Information Center. Family-to-Family links matching families, support, information, referral, and advocacy. Spanish spoken.
Regional Center for Autism Spectrum Disorders (RCASD)	1 Park Avenue 7th Floor New York, NY 10016	T: 646-754-4873 E: CSC.RCASD@nyumc.org W: https://med.nyu.edu/child-adolescent-psychiatry/education/rcasd	Individuals with autism, families, caregivers, and professionals throughout New York City	Information & referral state-funded resource center with the goal of identifying, disseminating, and assisting in the implementation of evidence-based practices to build capacity to improve services and outcomes for children and youth with autism spectrum disorders.
Sinergia, Inc.	2082 Lexington Ave. 3rd Floor New York, NY 10035	Kirzis Lugo T: 212-643-2840 x336 E: klugo@sinergiany.org W: www.sinergiany.org	Individuals with DD & their families	Information & referral. Spanish spoken.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Individuals with DD and their families	Information & Referral Department provides referrals & links to diverse services & higher levels of care.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/link	People with DD and their families	YAI LINK provides information and referral services for the DD service system. Conducts workshops on how to navigate the DD service system for people with disabilities, parents, caregivers and service providers. English, Spanish and Mandarin spoken.