

## Respite: In-Home

In-home respite is temporary care of an individual with developmental disabilities, provided in the home by a trained respite worker. Respite is scheduled in advance; sessions vary in length according to respite agency.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 7th Floor New York, NY 10038	Referral & Information Center T: 212-780-4491 E: <a href="mailto:referrals@ahrcnyc.org">referrals@ahrcnyc.org</a> W: <a href="http://www.ahrcnyc.org">www.ahrcnyc.org</a>	Individuals with DD	Trained staff provides respite services in family's home. Hours & frequency vary according to the needs of the family & agency hours available. Expected to serve emergency and overnight. Spanish & Russian spoken.
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Jocelyn Roman T: 718-518-1500 x354 W: <a href="http://www.cfsny.org">www.cfsny.org</a>	Individuals with DD	In-home, short-term, relief provided to families.
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Jocelyn Roman T: 718-518-1500 x354 W: <a href="http://www.cfsny.org">www.cfsny.org</a>	Individuals with DD who have behavioral issues	In-home relief for parents who have children with challenging behaviors.
Community Assistance Resources and Extended Services (CARES)	465 Grand St. 2nd Fl. New York, NY 10002	Taryn Roistacher T: 212-420-1970 x121	Individuals with DD	In-home Respite. Most Chinese dialects and English.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: <a href="http://www.communityres.org">www.communityres.org</a>	Individuals with DD, all ages	Respite services, 16 hours a month.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: <a href="http://www.communityres.org">www.communityres.org</a>	Individuals with autism/challenging behaviors	Respite services, 8 hours per week.
Esperanza Center	516 West 181st St. New York, NY 10033	Emilia Canto T: 212-928-5810 x126 E: <a href="mailto:ecanto@esperanzacenter.com">ecanto@esperanzacenter.com</a> W: <a href="http://www.esperanzacenter.com">www.esperanzacenter.com</a>	Individuals with DD, living in northern Manhattan	Trained staff provides respite services in the family's home. Frequency varies according to need. Spanish spoken.

## Respite: In-Home (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Mercy Drive	3924 East Tremont Ave. Bronx, NY 10465	T: 718-275-9326/ 718-794-9375 E: <a href="mailto:p.ossona@mercydriveinc.org">p.ossona@mercydriveinc.org</a> / <a href="mailto:c.rivera@mercydriveinc.org">c.rivera@mercydriveinc.org</a> / <a href="mailto:e.paschall@mercydriveinc.org">e.paschall@mercydriveinc.org</a> / W: <a href="http://www.mercydriveinc.org">www.mercydriveinc.org</a>	Individuals with DD, age 3+. Medicaid eligible	In-home respite. Accepting family referred DSP's. Has to have gone through Front Door. Respite hours limited to what Front Door has authorized.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Johnny Nunez T: 718-728-8476 x1222 or 718-7AUTISM W: <a href="http://www.qsac.com">www.qsac.com</a>	All individuals with an autism spectrum disorder	In-home respite, 4 hours, once per week.
Sinergia	2082 Lexington Ave. 3 <sup>rd</sup> Floor New York, NY 10035	Dahiana Valerio T: 212-643-2840 x351 E: <a href="mailto:dvalerio@sinergiany.org">dvalerio@sinergiany.org</a> W: <a href="http://www.sinergiany.org">www.sinergiany.org</a>	Individuals with DD & their families	In-home relief for parents. Spanish spoken.
SKIP of NY	601 W. 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x100 W: <a href="http://www.SKIPofNY.org">www.SKIPofNY.org</a> E: <a href="mailto:info@SKIPofNY.org">info@SKIPofNY.org</a>	Individuals with DD	Hourly Respite Temporary care for families of individuals with disabilities to allow time for errands, "time off" and other planned activities
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: <a href="mailto:link@yai.org">link@yai.org</a> W: <a href="http://www.yai.org">www.yai.org</a>	People with DD, except medically fragile. Can serve people who are non-ambulatory	Trained staff are matched with families to provide scheduled care for their family member in the home. Unable to administer medication or perform medical tasks. English and Spanish spoken.