

Socialization Opportunities for Individuals with a High Level of Independence

These programs are for individuals who have developmental disability diagnoses such as Asperger's Syndrome, Learning Disabilities, and Tourette Syndrome, but don't necessarily meet OPWDD eligibility due to their level of independence.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center T: 212-780-4491 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals, ages 18+, with ID who travel independently	Sunday Trips, including cultural events, dining out, sporting events, theater. Fees charged. Super Saturday: October – June, various activities, including DJ lessons, Dance, Yoga, Music, Drama in one location. Free. Bowling: October – May, group meets weekly. Cost of bowling & shoe rental. Basketball Club: Group meets weekly for practice, drills and inter-group competitions. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center T: 212-780-4491 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals, ages 13+, with ID who travel independently	City Teens: Group meets weekly in one central location and travels on public transportation to events within NYC, including sports games, theater, dining out and cultural events. Free.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x14 W: www.efmny.org	Individuals, age 18+, ambulatory, with a primary diagnosis of epilepsy & IDD	NY Weekends Recreation Program. Activities in all 5 boroughs.
Felicity House	25 E. 22nd Street, New York, NY 10010	Leslie Sickels T: 646-362-0006 E: info@felicity-house.org W: www.felicity-house.org	Adult women with autism	Felicity House is a non-clinical community space just for adult women with autism. It's a place to meet, socialize, pursue interests, learn, create, laugh and find supportive people. At Felicity House you can enjoy the company and support of other women with autism while you engage in dynamic activities, meetings and workshops. It's a safe and welcoming space where you can be yourself, and part of a community.
Global & Regional Asperger Syndrome Partnership (GRASP)	369 Lexington Ave, 2nd floor, New York, NY 10017	T: 888-474-7277 E: info@grasp.org W: www.grasp.org	Teens and adults with Asperger Syndrome or ASD, their family members, caregivers, clinicians, professionals	Monthly support group in Manhattan for women with ASD. Contact us at info@grasp.org for date/time/location. Workshops available for all individuals with ASD, contact us for more information. Preregistration required. Also, online discussion groups in English and Spanish for teens, adults, family members, clinicians.

Socialization Opportunities for Individuals with a High Level of Independence (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Allison kleinman T: 646-505-4367 E: akleiman@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals, ages 16-21, with DD, including ASD, who have a high level of independence	Sunday recreation program emphasizing life skills & social skills. Fee charged.
JCC Manhattan	Adaptations 334 Amsterdam Ave. New York, NY 10023	Allison kleinman T: 646-505-4367 E: akleiman@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals in their 20s + 30's, 40s and 50s DD or LD who have a high level of independence	Individuals socialize, learn, grow & deepen connections to one another & the community. Offers social & recreational activities. Fee charged.
JCC Manhattan	Connections 334 Amsterdam Ave. New York, NY 10023	Allison kleinman T: 646-505-4367 E: akleiman@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD who are in their 20's and 30's who are not attending college. Must be able to travel independently	Community social & recreation program integrating independent & daily living skills. Designed to complement vocational & volunteer experiences. Fee charged.
JCC Manhattan	40+ Group 334 Amsterdam Ave. New York, NY 10023	Allison kleinman T: 646-505-4367 E: akleiman@jccmanhattan.org	Individuals with DD or LD in their 40's and 50's who have a high level of independence	Social activities, outings, support, and resources. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10001	Myrna Zinn T: 718-548-1933 W: www.matchkonnection.com	Individuals with ASD who have a high level of independence	Match Konnection. Teach appropriate social skills in a group setting. Transportation included.
L.E.A.D.D.	Mailing address: 2920 Ave. R Box 179 Brooklyn, NY 11229	Arnie Idelson T & Fax: 718-627-1981 E: info@leaddclub.com W: www.leaddclub.com for downloadable application and information	Individuals, ages 18+, w/ DD or LD who can travel independently on public transportation	Manhattan therapeutic recreation & socialization program. Meetings are Thurs. evenings from 6-8pm & 1 Saturday afternoon/month. \$60 monthly fee.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Floor New York, NY 10001	Rocio Chavez T: 718-728-8476 x 1414 or 718-7AUTISM W: www.qsac.com	Individuals who are diagnosed with ASD and have a high level of independence	Social Skills groups held twice a week to improve individual's socialization and interpersonal skills.

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Agency	Address	Contact	Population Served	Description of Program
Ramapo for Children	PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha T: 845-876-8406 W: www.ramapoforchildren.org	Individuals with IDD, ages 18-25	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	Michelle Gorenstein-Holtzman T: 212-241-9193 W: www.icahn.mssm.edu/research/centers/seaver-autism-center	School age children with autism spectrum disorder. Must be verbally fluent	Social skills groups for individuals with ASD. Fee charged.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals with Asperger's syndrome or other ASDs	Fee for service specialized social skills development. Free adult support group.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals DD	A plethora of support groups focusing on social skills, transition into work force, and building new relationships.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 18+, who are able to travel independently	Leisure Connection: Socialization/Recreation program. Fee Charged.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: hfm@yai.org W: www.yai.org/hfm	People with mild DD, ages 21+, with a high level of independence and who are able to travel independently	Hankering for More (HFM): HFM's primary goal is to help members spark social connections with peers that allow them to create and maintain their own social network without staff support and outside of formal HFM events.
YAI	460 W 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People on the autism spectrum, ages 17-21, who are either not OPWDD or not enrolled in the HCBS Waiver	Transition to Independence: Yoga/Mindfulness, Life Skills and Kitchen Skills groups for people with autism. Groups take place in the late afternoon and evening.