

Specialty Skills Training

Training programs that teach individuals with developmental disabilities specific skills to encourage independence, e.g., travel training, toilet training, socialization skills, and independent living skills.

Agency	Address	Contact	Population Served	Description of Program
Child Study Center at NYU	1 Park Avenue 7th Floor New York, NY 10016	T: 646-754-4873 E: CSC.Sociallearning@nyumc.org W: http://nyulangone.org/locations/child-study-center	Individuals with ADHD, autism, or other social challenges ages 3 years old to adulthood	Parent-assisted social skills program for children, teens, and young adults. Participants learn skills including choosing appropriate friends, initiating and sustaining conversations, hosting get-togethers, exhibiting good sportsmanship, and handling teasing. Evidence-based programs include Children's Friendship Program, Teen PEERS, and Young Adult PEERS. Fees charged. Reduced fee available.
Innovative Piano	106 West Circle Ave. Salisbury, MD 21801	T: 800-997-7093 W: www.innovativepiano.com	Individuals w/ DD of all ages	In home piano lessons and studio lessons if available. Piano lesson materials for individuals with DD. Combine ABA & classical piano techniques. Fee charged. Available nationwide.
JCC Manhattan	Adaptations 334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals in their 20's + 30's with DD or LD	Individuals socialize, learn, grow & deepen connections to one another & the community. Offers social & recreational activities. Fee charged.
NYU Nordoff-Robbins Center for Music Therapy	82 Washington Sq. East 4th Floor New York, NY 10003	Jacqueline Birnbaum T: 212-998-5151 W: www.steinhardt.nyu.edu/music/nordoff	Individuals with DD	Individual & group music therapy to address goals in the areas of communication, social interaction, language, physical, cognitive, and emotional development. Mon.-Fri. 9am-6pm; Sat. 9am-5pm. Fee: sliding scale.
Ramapo for Children	P.O. Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha T: 845-876-8406 W: www.ramapoforchildren.org	Individuals with DD, ages 18-25	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.

Specialty Skills Training (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	Michelle Gorenstein-Holtzman T: 212-241-9193 W: www.icaahn.mssm.edu/research/centers/seaver-autism-center	School age children with autism spectrum disorder. Must be verbally fluent	Social skills groups for individuals with ASD. Fee charged.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals of all ages with autism spectrum disorders	Adaptive skill development, life coaching, social cognition work. Fee charged.
Tech Kids Unlimited	NYU's Media & Games Network, Attn.: Eric Maiello 2 Metrotech Center 8th Fl. Brooklyn, NY 11201	Beth Rosenberg T: 917-334-7880 E: beth@techkidsunlimited.org W: www.techkidsunlimited.org W: www.Facebook.com/TechKidsUnlimited or www.Twitter.com/TechKidsU	Individuals who learn differently, ages 7-20	Tech workshops on weekends and holidays
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals with DD, ages 18+	A plethora of relationship building courses held in multiple locations. Individual social skills counseling also available.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 W: www.yai.org/ilp	People, ages 18+, with mild ID and who are able to travel independently	Independent Living Program (ILP): Comprehensive training (26 week course) to prepare adults with a mild disability to live as independently as possible.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	Caregivers of people with DD	Project Intervene is a short term in-home training program, focusing on behavior management, parent- child interactions, and skills acquisition. Toilet training groups also available. Also, see Project Grow in Family Training. English and Spanish spoken.

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YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 17+	You and I: A social skills training and recreation program allowing people to acquire social competencies and meet new people.
YAI	460 W 34th St. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People on the autism spectrum, ages 17-21, who are either not OPWDD or not enrolled in the HCBS Waiver	Transition to Independence: Yoga/Mindfulness, Life Skills and Kitchen Skills groups for people with autism. Groups take place in the late afternoon and evening.

See also under Behavior Management and Community Habilitation for additional skills training programs.