



# ESPERANZA CENTER

RECOGNIZING UNIQUENESS. EMPOWERING TO EXPLORE.

## RESPIRE GET-AWAY TRIPS

A three-day vacation to a variety of upstate New York destinations for individuals who live with their families. The closely supervised trips are conducted in groups of 8-10. The programs offer the individuals the opportunity for new experiences and to make new friends while providing a much needed respite for families.

### **GET-AWAY FOR ADULTS 21 AND UP**

### **GET-AWAY FOR CHILDREN 8 TO 20**

**Eligibility Requirements:**

- \* Medicaid Enrollment
- \* Eligible for OPWDD Services
- \* Manhattan and Bronx Residents
- \* Medicaid Service Coordination
- \* HCBS Waiver Enrollment

**Admission Requirements:**

- \* Psychological Evaluation
- \* Psychosocial Evaluation
- \* Medical Evaluation
- \* ISP and ISP Addendum
- \* OPWDD Level of Care

**For more information please contact Juan Carlos Espinal, 212-928-5810 ext. 105  
[jcespinal@esperanzacenter.com](mailto:jcespinal@esperanzacenter.com)**

**516 West 181st Street, New York, NY 10033, Tel: 212-928-5810 - Fax: 212-740-2053**



# ESPERANZA CENTER

RECONOCIENDO INDIVIDUALIDADES. EXPLORANDO HABILIDADES.

## VIAJES DE RESPIRO

Unas vacaciones de tres días a una variedad de destinos al norte del estado de Nueva York para las personas que viven con sus familias. Los viajes son supervisados de cerca y se llevan a cabo en grupos de 8-10. Los programas le ofrecen a los individuos la oportunidad de vivir nuevas experiencias y hacer nuevos amigos mientras le proveen un necesario respiro a las familias.

### VIAJES PARA ADULTOS DE 21 EN ADELANTE

### VIAJES PARA NIÑOS DE 8 A 20 AÑOS

**Requisitos de elegibilidad:**

- \* Inscripción Medicaid
- \* Elegible para Servicios de OPWDD
- \* Residentes de Manhattan y el Bronx
- \* Coordinación de Servicios de Medicaid
- \* Inscripción en HCBS Medicaid Waiver

**Requisitos de admisión:**

- \* Evaluación Psicológica
- \* Evaluación Psicosocial
- \* Evaluación Médica
- \* ISP y Addendum del ISP
- \* Nivel de Cuidado de OPWDD

Para obtener más información, comuníquese con Juan Carlos Espinal 212-928-5810 ext. 105  
[jcespinal@esperanzacenter.com](mailto:jcespinal@esperanzacenter.com)

516 West 181st Street, New York, NY 10033, Tel: 212-928-5810 - Fax: 212-740-2053

#### **Children/Education Services**

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Universal Pre-K
- Integrated programming
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

#### **After-School Program**

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396 & Annex at UCP
- Bronx P721x
- Transportation is provided

#### **Day Habilitation**

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- OPWDD eligibility
- HCBS Waiver (if living at home with family)

#### **Supported Employment**

Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Employment services for adults with developmental disabilities.

#### **Technology Resource Centers/Techworks to Go Van**

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

#### **SHARE Lending Library**

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

#### **ACTION DAY CAMP**

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

- Must be in OPWDD waiver

#### **SPIRIT**

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

- Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island. Transportation is provided

#### **EXPLORE Club Disco**

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island (SI individuals must be HCBS waiver)

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible. Transportation not provided
- Dinner and refreshments served

#### **Medicaid Service Coordination (MSC)**

Services available for Manhattan, Bronx, Brooklyn and Staten Island. MSC provides ongoing support and coordination of services for individuals and their families.

- Must have Medicaid to be eligible

#### **Individualized Supports & Services (ISS)**

OPWDD Housing Subsidy administered by ADAPT Community Network to assist individuals with achieving or maintaining independent living.

## **PROJECT CONNECT**

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, [Projectconnect@adaptcommunitynetwork.org](mailto:Projectconnect@adaptcommunitynetwork.org)

[www.adaptcommunitynetwork.org](http://www.adaptcommunitynetwork.org)

### Healthcare Services

**Medical Services** in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry and Neurology.

Article 16 clinic offering Occupational Therapy, Physical Therapy, Speech Therapy and Mental Health Counseling to adults who are OPWDD eligible.

### Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

### Bronx Overnight Respite

Serving all five boroughs. Fully accessible site

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island
- 3yrs and older
- Must be waiver enrolled

### Community Habilitation

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

### Doorways to Independence

#### Housing Assistance Services/Home Modifications

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments - a developed report on possible modifications and equipment to make the home more accessible.

#### Home Modifications

- Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

#### Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island Special Brooklyn Camp Funds available
- Manhattan Durable Medical Equipment Funds available
- Funding available to assist families in paying for an item Medicaid or other funds will not cover
- Families can apply every 12 months

#### Family Connect

Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

## PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, [Projectconnect@adaptcommunitynetwork.org](mailto:Projectconnect@adaptcommunitynetwork.org)

[www.adaptcommunitynetwork.org](http://www.adaptcommunitynetwork.org)

# ADAPT

COMMUNITY NETWORK

[ we change ]

## Family Reimbursement

ADAPT Community Network's Family Reimbursement program provides funds to individuals with disabilities and their families. These funds cover the cost of goods/services that are not obtainable through other sources ie. Medicaid, medical insurance, etc.

Items such as:

- Clothing
- Respite Care
- Beds
- Dressers
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chairs
- Hospital beds
- Commodes
- Walkers



If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

*Families can apply once per fiscal year, July 1<sup>st</sup> – June 30*

For more information call 877-827-2666  
ADAPT Community Network Family Reimbursement  
80 Maiden Lane, 8<sup>th</sup> Fl, New York, NY, 10038  
[projectconnect@adaptcommunitynetwork.org](mailto:projectconnect@adaptcommunitynetwork.org)  
[www.adaptcommunitynetwork.org](http://www.adaptcommunitynetwork.org)

# ADAPT [we change]

COMMUNITY NETWORK

## FREE WORKSHOP • AUTISM SERIES

● **THURSDAY, NOVEMBER 16, 2017**

TOPIC: SENSORY SMART™ STRATEGIES FOR REAL-LIFE CHALLENGES

PRESENTER: Lindsey Biel, M.A., OTR/L,  
ADDRESS: The CUNY Graduate Center  
365 Fifth Avenue, New York, NY 10016  
Time: 10:00 am to 12:00 pm

● **FRIDAY, NOVEMBER 17, 2017**

TOPIC 1: THE STRESS OF CARING FOR A FAMILY MEMBER WITH A DISABILITY

PRESENTER: Gary Shulman, M.S.Ed., Special Needs Consultant and Trainer

TOPIC 2: COMMUNICATING WITH KINDNESS

PRESENTER: Gary Shulman, M.S.Ed., Needs Consultant and Trainer  
ADDRESS: 1200 Van Next Ave. Bronx, NY

**For registration to this event please email [Pangelic@montefiore.org](mailto:Pangelic@montefiore.org)**

● **MONDAY, DECEMBER 4, 2017**

TOPIC: FRIENDSHIPS AND DATING IN ADOLESCENCE AND YOUNG ADULTHOOD WITH ASD

PRESENTER: Rebecca Shalev, PhD  
ADDRESS: The CUNY Graduate Center  
365 Fifth Avenue, New York, NY 10016  
Time: 10:00 am to 12:00 pm

● **MONDAY, MARCH 12, 2018**

TOPIC: WORKING WITH EMPLOYEES WITH ASD

PRESENTER: Lauren Donnelly, PhD  
ADDRESS: The CUNY Graduate Center  
365 Fifth Avenue, New York, NY 10016  
Time: 10:00 am to 12:00 pm

● **MONDAY, APRIL 9, 2018**

TOPIC: BUILDING COMMUNICATION SKILLS IN CHILDREN WITH AUTISM

PRESENTER: Rebecca Doggett, PhD  
ADDRESS: The CUNY Graduate Center  
365 Fifth Avenue, New York, NY 10016  
Time: 10:00 am to 12:00 pm

● **THURSDAY, APRIL 26, 2018- FAMILY CONNECT**

TOPIC 1 : WHAT IS A NEUROPSYCHOLOGICAL EVALUATION

PRESENTER: Alanna Gold, PhD

TOPIC 2 : PROBLEM-SOLVING DAILY LIVING CHALLENGES

PRESENTER: Lindsey Biel, M.A., OTR/L  
ADDRESS: New York School of Medicine  
1216 Fifth Avenue at 103rd St, New York, NY 10029

● **FRIDAY, MAY 11, 2018**

TOPIC: ANXIETY & DEPRESSION IN ASD

PRESENTER: Katherine Sullivan, PhD  
ADDRESS: The CUNY Graduate Center  
365 Fifth Avenue, New York, NY 10016  
Time: 10:00 am to 12:00 pm

**REGISTRATION IS REQUIRED BY EMAIL:**

**FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG**

**BY PHONE: 718-436-7979 EXT. 704**

**SEATING IS LIMITED**

**\*\*Childcare not available\*\***

**FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE**

# FREE WORKSHOP

## SENSORY SMART™ STRATEGIES FOR REAL- LIFE CHALLENGES

**ADAPT** [ we change ]  
COMMUNITY NETWORK

*(Formerly United Cerebral Palsy of New York City)*



### PRESENTED BY LINDSEY BIEL

Lindsey Biel, M.A., OTR/L, is a pediatric occupational therapist with a private practice in Manhattan where she evaluates and treats children, teens and young adults with sensory processing issues, autism spectrum disorder, and other developmental challenges.

She is co-author of the award-winning *Raising a Sensory Smart Child* with a foreword by Temple Grandin and the author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens*. Visit her website at [www.sensorysmarts.com](http://www.sensorysmarts.com).

**Date:** Friday, March 2<sup>nd</sup>, 2018

**Time:** 10:00am to 12:00pm

**Address:** 80 West End Ave, NYC 10023

**What We Will Discuss:** Providing practical strategies for managing sensitivities to noise, touch, movement, visuals, taste and smell as well as ways to avoid over-stimulation and sensory overload. This workshop will address the issues of kids, and teens on the autism spectrum and other disabilities. Our population faces sensory challenges that significantly impact how they function and feel at home, in school, and in the community. Join us at this workshop.

WORKSHOP FOR PARENTS, CAREGIVERS  
AND PROFESSIONALS ONLY. NO CHILDREN PLEASE.

**Registration is required**

Please call 718-436-7979 Ext. 704 or email

[familyconnect@adaptcommunitynetwork.org](mailto:familyconnect@adaptcommunitynetwork.org) to register

## TALLER GRATUITO

# ESTRATEGIAS SENSORIALES INTELIGENTES PARA LAS DIFICULTADES DE LA VIDA REAL

**Fecha:** Viernes, 2 de Marzo del 2018

**Hora:** 10:00am a 12:00pm

**Locación:** 80 West End Ave, NYC 10023

**Descripción Del Taller:** Este taller proveerá estrategias prácticas para dar manejo a la sensibilidades olfatorias, visuales, auditivas, de tactiles, y de movimiento y cómo evitar dichas la sobre-estimulación y sobrecarga sensorial. Nuestra población enfrentan dificultades sensoriales que impactan su funcionamiento en su casa, en la escuela, y en la comunidad.

EL TALLER ES ÚNICAMENTE PARA PADRES, CUIDADORES  
Y PROFESIONALES. FAVOR NO TRAER NIÑOS.

**SE REQUIERE REGISTRACIÓN**

Llame al 718-436-7979 Ext. 704 o escriba a

[familyconnect@Adaptcommunitynetwork.org](mailto:familyconnect@Adaptcommunitynetwork.org) para registrarse

ADAPT [ we change ]  
COMMUNITY NETWORK

(Formerly United Cerebral Palsy of New York City)



### PRESENTADORA: LINDSEY BIEL

Lindsey Biel, M.A., OTR/L, es una terapeuta ocupacional pediátrica con una práctica privada en Manhattan donde evalúa y trata a niños, adolescentes y adultos jóvenes con problemas de procesamiento sensorial, trastorno del espectro autista y otras dificultades del desarrollo.

Ella es coautora de la premiado crianza de un niño inteligente sensorial con un prólogo de Temple Grandin y autora de los desafíos de procesamiento sensorial: trabajo efectivo clinico con niños y adolescentes. Visite su sitio web en [www.sensorysmarts.com](http://www.sensorysmarts.com).



## FREE WORKSHOP AUTISM SERIES

# WORKING WITH EMPLOYEES WITH ASD

**DATE:** Monday, March 12<sup>th</sup>, 2018

**TIME:** 10:00 AM – 12:00 PM

**LOCATION:** The Graduate Center, CUNY  
365 Fifth Avenue, New York, NY 10016



HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**Description:** Individuals with Autism Spectrum Disorders (ASD) can thrive in the workplace at accomplishing their individual job tasks but challenges around social communication and sensory issues can make it difficult when working with other employees. This workshop discusses the characteristics of ASD and provides tips on how you can better understand, support, and work alongside your employees with ASD.

### PRESENTED BY LAUREN DONNELLY

Lauren Donnelly, PhD, is a faculty member of the Child Study Center at Hassenfeld Children's Hospital at NYU Langone on the autism spectrum disorder (ASD) service providing evaluations and treatment. She received her doctorate in School Psychology from Teachers College - Columbia University. She completed her clinical internship at the University of North Carolina School of Medicine and a two-year postdoctoral fellowship in ASD and neurodevelopmental disorders at the Seaver Autism Center for Research and Treatment at Mount Sinai. Lauren's additional areas of training and clinical interest include early identification and assessment of ASD, treatments to target ASD and co-morbid disorders, and social skills and parent training for ASD.



**WHO SHOULD ATTEND:** Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

**REGISTRATION IS REQUIRED**

**BY EMAIL:**

**FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG BY**

**PHONE: 718-436-7979 EXT. 704**

All attendees should bring a photo ID to present at the lobby security desk.

**\*\*Childcare not available\*\***

*Limited MetroCards for family members will be provided*

FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE

## TRABAJANDO CON EMPLEADOS CON ASD

**FECHA:** Lunes, 12 de Marzo del 2018  
**HORA:** 10:00 AM – 12:00 PM  
**DIRECCIÓN:** The Graduate Center, CUNY  
365 5ta Avenida (en la esquina de la calle 34)  
New York, NY 10016



HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**DESCRIPCIÓN DEL TALLER:** Las personas con autismo en su siglas en Ingles (ASD) pueden avanzar en el lugar de trabajo y lograr todas la metas que su trabajo requiere, aunque existen desafios sociales, de comunicación y procesamiento sensorial en el momento de trabajar con otros empleados. En este taller se discutirán las características del autismo y se proveerán sugerencias de como mejorar, apoyar, entender y el como trabajar mano a mano con empleados con autismo.

### PRESENTADORA: LAUREN DONNELLY

Lauren Donnelly, PhD, es miembro de la facultad del centro de estudios infantiles del Hassenfeld Children ' s Hospital de NYU Langone en el servicio de trastornos del espectro autista (ASD) que proporciona evaluaciones y tratamiento. Recibió su doctorado en psicología escolar por parte de Teachers College-Universidad de Columbia. Completó su pasantía clínica en la escuela de medicina de la Universidad de Carolina del norte y una beca posdoctoral de dos años en ASD y trastornos del neurodesarrollo en el centro autista de Seaver para investigación y tratamiento en el Monte Sinaí. Lauren's áreas adicionales de formación y de interés clínico incluyen la detección y evaluación temprana de ASD, tratamientos para dirigirse a ASD habilidades sociales y entrenamiento de padres para ASD.



**QUIÉN DEBERÍA ASISTIR:** Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**SE REQUIERE REGISTRACIÓN POR  
CORREO ELECTRÓNICO:  
[FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG](mailto:FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG)  
POR TELÉFONO: 718-436-7979 EXT. 704**

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

**\*\*EL CUIDADO DE NIÑOS NO SERA PROVEIDO\*\***

*Se proveerán MetroCards para miembros de la familia*

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO CIUDAD DE NUEVA YORK



# FREE WORKSHOP AUTISM SERIES

## BUILDING COMMUNICATION SKILLS IN CHILDREN WITH AUTISM

**DATE:** Monday, April 9<sup>th</sup>, 2018  
**TIME:** 10:00 AM – 12:00 PM  
**LOCATION:** The Graduate Center, CUNY  
365 Fifth Avenue, New York, NY 10016




HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**Description:** Functional communication and social conversation skills are often a significant area of challenge for children with ASD. This workshop will discuss tips and techniques for fostering communication skills using behavioral strategies for individuals of all ages. This workshop will include discussion of principles and techniques from Pivotal Response Treatment (PRT). PRT is an evidenced based intervention for ASD that can be applied to help build social communication skills.

**PRESENTED REBECCA DOGGETT**

Rebecca Doggett PhD, is an Assistant Clinical Professor of Child and Adolescent Psychiatry at the Hassenfeld Children's Hospital at NYU Langone Health. She is a specialist in Autism Spectrum Disorder (ASD). Dr. Doggett conducts diagnostic evaluations and provides individual and group treatments for children, adolescents, and young adults with ASD and other neurodevelopmental disorders. She completed her pre-doctoral internship and postdoctoral fellowship at the Yale Child Study Center, with a specialization in ASD. She has extensive training in Pivotal Response Treatment (PRT), a naturalistic behavior intervention, through her doctoral graduate training with Drs. Lynn Koegel and Robert Koegel at the University of California located in Santa Barbara.



**WHO SHOULD ATTEND:** Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

**REGISTRATION IS REQUIRED**  
**BY EMAIL: [FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG](mailto:FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG)**  
**BY PHONE: 718-436-7979 EXT. 704**

All attendees should bring a photo ID to present at the lobby security desk.

**\*\*NOT CHILDREN PLEASE\*\***

*Limited MetroCards for family members will be provided*

FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE

# CONSTRUYENDO HABILIDADES DE COMUNICACIÓN EN NIÑOS CON AUTISMO

**FECHA:** Lunes, 9 de Abril del 2018  
**HORA:** 10:00 AM – 12:00 PM  
**DIRECCIÓN:** The Graduate Center, CUNY  
365 5ta Avenida (en la esquina de la calle 34)  
New York, NY 10016



HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**DESCRIPCIÓN DEL TALLER:** La comunicación y las habilidades de conversación social son a menudo una área importante de desafío para los niños con Autismo. Este taller discutirá consejos y técnicas para mejorar las habilidades de comunicación usando estrategias para individuos de todas las edades. Este taller incluirá la discusión de principios y técnicas del tratamiento de respuesta pivotal (PRT), una intervención basada en evidencia para ASD, que puede ser aplicada para ayudar a construir habilidades de comunicación social.

## PRESENTADORA:

Rebecca Doggett, PhD, BCBA, es una profesora asistente clínico de psiquiatría infantil y adolescente en el Child Study Center de NYU Langone Medical Center. Ella se especializa en la evaluación e intervención de niños y adolescentes con desorden del espectro del autismo y las discapacidades del desarrollo. Completó su pasantía predoctoral y su beca de posdoctorado en el centro de estudios infantiles de Yale, con una especialización en autismo. Ella tiene una amplia formación en el tratamiento de respuesta pivotal (PRT), una intervención de comportamiento naturalista, a través de su formación de posgrado doctoral con los doctores Lynn Koegel y Robert Koegel en la Universidad de California, localizada en Santa Bárbara.



**QUIÉN DEBERÍA ASISTIR:** Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**SE REQUIERE REGISTRACIÓN  
POR CORREO ELECTRÓNICO:  
[FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG](mailto:FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG)  
POR TELÉFONO: 718-436-7979 EXT. 704**

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

**\*\*FAVOR NO TRAER NIÑOS\*\***

*Se proveerán MetroCards para miembros de la familia*

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO DE LA CIUDAD DE NUEVA YORK



# FREE WORKSHOP AUTISM SERIES

## ANXIETY AND DEPRESSION IN ASD

**DATE:** Friday, May 11<sup>th</sup>, 2018  
**TIME:** 10:00 AM – 12:00 PM  
**LOCATION:** The Graduate Center, CUNY  
365 Fifth Avenue, New York, NY 10016



HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**Description:** Even though mental illness can be more common for people on the autism spectrum (ASD) than in the general population, the mental health of individuals with ASD is often overlooked. In this workshop, we discuss the importance of understanding the nature of mood and anxiety challenges in children, teens, and young adults with ASD and how to adapt evidence based treatment.

### PRESENTED BY DR. KATHERINE SULLIVAN

Dr. Sullivan earned her Bachelor of Arts in Neuroscience at Middlebury College in Middlebury, Vermont. She then completed her Ph.D. in Child Clinical Psychology at the University of Washington in Seattle, Washington. Dr. Sullivan is currently a Clinical Assistant Professor of Child and Adolescent Psychiatry at NYU School of Medicine, working primarily within the Autism Spectrum Disorder Clinical and Research Program at the NYU Child Study Center. She conducts diagnostic evaluations, neuropsychological and educational testing, school consultations, parent management, and also provides individual, group, and family therapy services. Dr. Sullivan is the Director of the Autism Service's Social Learning Program, which promotes social skill development across the life-span through evidenced-based programming.



**WHO SHOULD ATTEND:** Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

**REGISTRATION IS REQUIRED**  
**BY EMAIL: [FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG](mailto:FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG)**  
**BY PHONE: 718-436-7979 EXT. 704**

All attendees should bring a photo ID to present at the lobby security desk.

**\*\*NOT CHILDREN PLEASE\*\***

*Limited MetroCards for family members will be provided*

FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE

## ANSIEDAD Y DEPRESIÓN EN ASD

**FECHA:** Viernes, 11 de Mayo del 2018  
**HORA:** 10:00 AM – 12:00 PM  
**DIRECCIÓN:** The Graduate Center, CUNY  
365 5ta Avenida (en la esquina de la calle 34)  
New York, NY 10016



HASSENFELD  
CHILDREN'S  
HOSPITAL  
OF NEW YORK  
AT NYU LANGONE

**DESCRIPCIÓN DEL TALLER:** Aunque la enfermedad mental pueda ser más común para las personas en el espectro del autismo (ASD) que en la población en general, la salud mental de individuos con ASD a menudo es pasada por alto. En este taller, hablamos de la importancia de entender el estado de ánimo y desafíos de la ansiedad en niños, adolescencia y jóvenes adultos con ASD y cómo adaptar el tratamiento basado en evidencias.

**PRESENTADORA: DR. KATHERINE SULLIVAN**

El Dr. Sullivan obtuvo su título de Bachiller en Artes en neurociencia en la Universidad de Middlebury en Middlebury, Vermont. Luego ella completó su doctorado en psicología clínica infantil en la Universidad de Washington en Seattle, Washington. La Dr. Sullivan es actualmente profesora asistente clínico de psiquiatría infantil y adolescente en la NYU School of Medicine, trabajando principalmente en el trastorno del espectro autista y el programa de investigación clínica en el NYU Child Study Center. Ella realiza las evaluaciones de diagnóstico, neuropsicológicos y evaluaciones educacionales, consultas, servicios de terapia, individuales o en grupos. La Dr. Sullivan es la Directora del servicio del Programa de Aprendizaje Social, que promueve el desarrollo de habilidades sociales a través de la vida y a través de programación basadas en evidencia.



**QUIÉN DEBERÍA ASISTIR:** Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**SE REQUIERE REGISTRACIÓN  
POR CORREO ELECTRÓNICO:  
[FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG](mailto:FAMILYCONNECT@ADAPTCOMMUNITYNETWORK.ORG)  
POR TELÉFONO: 718-436-7979 EXT. 704**

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

**\*\*FAVOR NO TRAER NIÑOS\*\***

*Se proveerán MetroCards para miembros de la familia*

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO DE LA CIUDAD DE NUEVA YORK

# ADAPT

## COMMUNITY NETWORK

(Formerly United Cerebral Palsy of New York City)

# [family connect]

SAVE THE DATE  
**2018**  
ANNUAL FAMILY SUMMIT



THURSDAY, APRIL 26<sup>th</sup>, 2018 | New York Academy of Medicine  
9:00 a.m. – 1:00 p.m. | 1216 5<sup>th</sup> Avenue, New York City

PROFESSIONALS | FAMILIES | SELF-ADVOCATES

OPEN TO THE PUBLIC

**FREE** FOR FAMILIES

FOR MORE INFORMATION:

familyconnect@adaptcommunitynetwork.org | 718-436-7979 ext. 704

# ADAPT COMMUNITY NETWORK

(Formerly United Cerebral Palsy of New York City)

## [family connect]

RECUERDE Y RESERVE LA FECHA

# 2018

CONFERENCIA ANUAL



JUEVES, 26 DE ABRIL DEL 2018

9:00 a.m.– 1:00 p.m.

New York Academy of Medicine

1216 5<sup>th</sup> Avenue, New York City

PROFESIONALES | FAMILIAS | AUTOS DEFENSORES

ABIERTO AL PUBLICO

**GRATIS** PARA LAS FAMILIAS

PARA MÁS INFORMACIÓN:

[familyconnect@adaptcommunitynetwork.org](mailto:familyconnect@adaptcommunitynetwork.org) | 718-436-7979 ext. 704



For information about connecting to YAI services, go to [yai.org/link](http://yai.org/link)  
or call us at 212.273.6182 - age range and eligibility requirements vary

## **BRONX**

Club Fun  
Day Habilitation  
Parent Training: Behavior Management

## **MANHATTAN**

Adult Recreation  
Crisis Intervention  
Emergency Respite Reimbursement  
Family Reimbursement  
Holiday Respite  
In-Home Respite  
In-Home Behavior Management  
Parent Training: Behavior Management  
Parent Training: Sexuality and Relationships  
Parent Training: Parents with Special Needs  
Social Skills for Children with Autism  
You and I: Social and Networking Skills

## **STATEN ISLAND**

Parent Training: Behavior Management

## **BROOKLYN**

Ballet Yoga Group for Children on the Autism Spectrum  
Emergency Respite Reimbursement  
Family Reimbursement  
In-Home Behavior Management  
Parent Training: Parents with Special Needs  
Social Skills Group for Children on the Autism Spectrum

## **QUEENS**

Adult Recreation  
Afterschool Program  
Crisis Intervention  
Day Habilitation  
Emergency Respite Reimbursement  
Family Reimbursement  
In-Home Behavior Management  
Non Medicaid Community Habilitation  
Overnight Respite  
Parent Training: Sexuality and Relationships  
Parent Training: Parents with Special Needs

## **MULTI REGION**

Free psychological, psychosocial and autism assessments - M, Bk, Qns  
Free Education Workshops: For people with disabilities, caregivers and professionals  
Independent Living Program  
NYSTART: Crisis Prevention and Response for People with I/DD (212.273.6300) - M, Bx, Qns  
Premier HealthCare: Internal Medicine, Pediatrics, Dental and Ophthalmology  
Skills Building: Transition to Independence for Young Adults on the Autism Spectrum  
Supported Employment Services  
Manhattan Star Academy: Private School  
Resources and Supports Workshop: Learn about the I/DD System and Services  
Residential: Contact YAI LINK for information on our residential waiting list



**RECREATION OPPORTUNITIES:** *(Contact the Referral and Information Center at (212) 780-4491 or 4493 for all).*

**City Teens Program:** Individuals aged between 12-21 who are diagnosed with ASD (Autistic Spectrum Disorder) and are NOT eligible for OPWDD services. Mostly open to teens from Brooklyn but can accommodate a few from other boroughs. Program meets Sundays during the school year in Union Square for fun adventures around the city. Please contact Sam Emsell at [samuel.emsell@ahrcnyc.org](mailto:samuel.emsell@ahrcnyc.org)

**Overnight Weekend/Getaway Respite Programs (Mini Camps, Adult Hotel Respite, Kids and Teens Holiday Respite, and Bronx Escorted Vacations):** Available for independent travelers and individuals that are able to self-medicate and those who enjoy trips to upstate New York from Friday evening through Sunday afternoon to discover various local attractions and seasonal activities. All individuals interested in this program must be in the HCBS Waiver. No cost, transportation provided. Please Contact Roxana Ancher at [roxana.ancher@ahrcnyc.org](mailto:roxana.ancher@ahrcnyc.org) or Sam Emsell at [samuel.emsell@ahrcnyc.org](mailto:samuel.emsell@ahrcnyc.org)

**Manhattan, Staten Island, Brooklyn and Queens Saturday Recreation and Socialization Programs for Children, Teens/Young Adults and Adults:** Operates Saturdays from October to May, 10 a.m. – 4 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children's program (ages 6 – 12 years) and adult program (18+). Please Contact Valerie Adolphe at [valerie.adolphe@ahrcnyc.org](mailto:valerie.adolphe@ahrcnyc.org)

**General Recreation Activities: Softball in Central Park, Brooklyn Basketball Program, Staten Island Restaurant Club, Bowling throughout NYC, Quarterly Dances, Super Saturday:** Available to individuals who lives in New York City and NOT eligible for OPWDD services. Please contact Sam Emsell at [samuel.emsell@ahrcnyc.org](mailto:samuel.emsell@ahrcnyc.org) for more information of days and time.

**Afterschool in Queens, Manhattan, Bronx and Brooklyn:** (for children and teens, ages 6-21). Individual must be in the HCBS waiver and live in the borough of the program. Individuals interested in **Harlem-After School** are individuals aged between 12-21 who are diagnosed with ASD (Autistic Spectrum Disorder) and are NOT eligible for OPWDD services. Please contact Karen Cullen at [karen.cullen@ahrcnyc.org](mailto:karen.cullen@ahrcnyc.org)

**OVERNIGHT/EMERGENCY In-Home Respite Hourly Waiver Services** to families residing in the boroughs of **Queens and Manhattan.** *Emergency respite* is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. Emergency respite may be provided in individual's home or a family care home. *Overnight respite* is a service that provides relief to a caregiver who is responsible for the primary care and support of an individual with a developmental disability. When a family member or Family Care provider has to deal with such things as illness, emergency, and caregiver vacation; emergency respite services can ensure that your loved ones are safe and their needs are met. A caregiver must reside with the individual in the same household and be a primary caregiver. An eligible person should be OPWDD eligible. Eligibility must be established before a referral can be made. An eligible person should have a current Level of Care (LOC) determined and be enrolled in a HCBS Waiver program. If you believe that your families or individual(s) might benefit from Overnight or Emergency In- Home Respite, please contact, Luba Zborovskaya at 212-780-2340 and/or Yulia Yaroshevskaya, Intake Field Supervisor at 212-780-4482.

**IN-HOME RESPITE:** Waiting list for people ages 3 and over in Brooklyn, Manhattan, Staten Island, the Bronx, and immediate opportunities in Queens. Require proof of developmental disability.

**COMMUNITY HABILITATION:** Waiting list for people from birth (with EI Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact the Referral and Information Center at (212) 780-4491 or 4493.

#### **EMPLOYMENT and BUSINESS SERVICES:**

**TechnoStart:** Program in S.I. for individuals with I/DD. 12 week pre-vocational training program. Program helps individuals 18 years and older to gain computer and office skills, and obtain certification in Microsoft Office Specialist. Job placement services and benefits assistance provided. Contact Mark Emsak or Anna Chakryan at 718-981-3452.

**Pathway to Employment:** The Pathway to Employment program offers individuals already enrolled in a waiver service an opportunity to discover their employment interests and improve their skill set. Participants will experience 3-4 job roles in the community through volunteer sites, receive job readiness training and personalized vocational discovery throughout this 1 year service with the goal of transitioning to paid employment. Contact Mark Emsak or Candi Genovese at 718-981-3452.

**Brooklyn Day Hab without walls:** Day Hab without walls program target towards employment. Some the of services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Christopher Michael 212-895-3376.

**Staten Island Day Hab without Walls:** Day Hab without walls program explores the world of work through daily activities out in the community. Some the of services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Irina Brusilovski or Candi Genovese at 718-981-3452.

**Senior Retirement Services:** Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099.

**Bronx and Staten Island Day Hab Without Walls:** This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of Day Hab and into employment. Contact Ana Kuharik, 718-944-5099 (Bronx) and Gina Gioe, 917-807-5142 (Staten Island).

**Youth Careers Training Programs:** OSY Pre-Vocational training program for NYC residents with DD or LD and/or low

income; 18–24 years old. 15 weeks of training combines classroom instruction with internship at major NYC institutions. Upon successful completion, program enrollees will obtain nationally recognized CMI Certification in Janitorial. There are three cycles during the year. The program offers job placement and job supports after graduation. Integrated program great for developing relationships and preparing for employment.

Brooklyn: Alla Gertsik, 212-895-3310; Bronx, Cristina or Yona, 718-944-5099, Staten Island, Anna Chakryan at 718-662-1432.

**Staten Island Young Adult Internship Program:** DYCD- 14 weeks of a paid internship program for young adults from 16-24 years old, who are out of school and out of work. Internship opportunities include; clerical, retail, culinary and maintenance. 350 hours of paid internship followed by job placement. Call Anna Chakryan 718-662-1432 or Natalya Sarukhanova at 718-981-3452.

**HIRE** - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325

Queens – Melissa Levin-Tormos 917-662-6496

Bronx – Wayne Thomas, 718-944-5099

Staten Island – Jaclyn Tocco (718) 981-3452

Manhattan – Isis Clark - 212-634-8673

**Job Connection Center-Psycho-social Clubhouse (Brooklyn):** A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (IDD/MI) in obtaining and maintaining a job. Call 212-895-3370.

**ADULT DAY SERVICES:** A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. For more details, call Central Intake at 212-780-4493/4491.

**Emergency Respite (Family Support Service):** for Queens and Brooklyn residents - Emergency respite is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected travel plans or relief needed for the caregiver due to special circumstances. Emergency respite may be provided in the eligible person's home or an alternate location where the service of care can be provided. The person providing the service does not have to reside in the home of the person eligible for this service, nor does the service have to occur in the borough of the person's OPWDD registration. Call 212-895-3478 or 917-715-8035. **Nicosia Family Reimbursement:** The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: Reside in the 5 Boroughs and Eligibility. Call 212-895-3478 or 917-715-8035.

**Intensive Behavioral Services** Program in the Bronx which provides Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566. **Queens Intensive Parent Training:** This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592. **Non-Medicaid Service Coordination:** The service includes information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: - reside in the five boroughs, No Medicaid and Eligibility. Call 212-895-3478 or 917-715-8035. **Article 16 Clinic Services:** Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. Ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at the 2488 Grand Concourse Clinic. Services are available in English, Spanish, and Mandarin. Anyone interested in these programs should contact Clara Cordero at (212) 780-2387. **REHAB Services:** Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services. **FREE Psychological/Psychosocial Evaluations:** AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled that do not have Medicaid and are residents of the five boroughs of NYC. Services are available in English, Spanish, and Mandarin. For more information or to make a referral call AHRC Central Intake at 212-780-4493 or 212-780-4491.

**OVERNIGHT RESPITE (out of home – NOT EMERGENCY; emergency above):** Guests must be age 8 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. Staten Island is the only wheelchair accessible respite facilities. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact the Referral and Information Center at (212) 780-4491 or 4493.

**RESIDENTIAL:** Anticipated and immediate openings in all boroughs. Details vary depending on the setting. **If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491/4493.**

cc: Department Heads

A. Spallino

L. Martinez

H. Amorini

K. Kelly

E. McNutt

K. Isenberg

P. Minkoff

S. Krakauer

B. Nugent

E. Weber

S. Dodson

[contactsidc@sidc.org](mailto:contactsidc@sidc.org)

[contactfssac@aol.com](mailto:contactfssac@aol.com)



Providing Multicultural, Lifespan Services For People with Disabilities

### **Day Habilitation Without Walls (Up Living)**

Sinergia's Day Habilitation Without Walls Program provides social recreation group services Monday through Friday while accessing the lively community of New York City. Group activities target individual goals including health and fitness, reading and writing, money management, employment readiness, travel training and more. Participants learn valuable skills to foster independence and personal growth.

### **Family Reimbursement**

Sinergia's Family Reimbursement Program has available funds for purchases, goods and services. The funds are only available for families with persons with developmental disabilities who are OPWDD eligible, and reside in the boroughs of the **Bronx, Manhattan, and Queens**. Family Reimbursement funds must be considered as a last resort. Each application must be accompanied by documentation of the developmental disability.

### **Family Support Services**

Non-Medicaid Case Management services are available for families with individuals diagnosed with a developmental disability who reside in **Manhattan, Brooklyn, the Bronx and Queens**. Services may include: coordination and linkage to services, assistance with SSI, Medicaid and other Public Benefits, referrals for camp, respite, family reimbursement, assistance with school issues, and Medicaid Waiver Enrollment.

### **Housing Advocacy**

Sinergia's Housing Advocacy Program is an initiative which provides advocacy for low-income, underserved communities who are developmentally disabled in all New York City boroughs. In existence for over 25 years, our Housing Advocates work to provide information on the following: Housing Court Support, Monthly Workshops, Housing Repairs, DRIE/SCRIE Rent Freeze Applications, Rental Arrears, Eviction Prevention, NYCHA & NYC Housing, and Connect Lottery Applications.

### **Pathway to Employment (*Caminos*)**

The *Caminos* program offers services to individuals interested in achieving employment. This service offers an individualized planning process that helps identify career or vocational direction. *Caminos* provides instruction and training in job readiness skills and develops a plan for achieving competitive, integrated employment at or above the New York state minimum wage. Services are available for the individuals of Sinergia and others in the community. To be eligible for *Caminos*, an individual needs to be enrolled in the Home and Community Based Waiver (HCBS).

### **Autism Initiative**

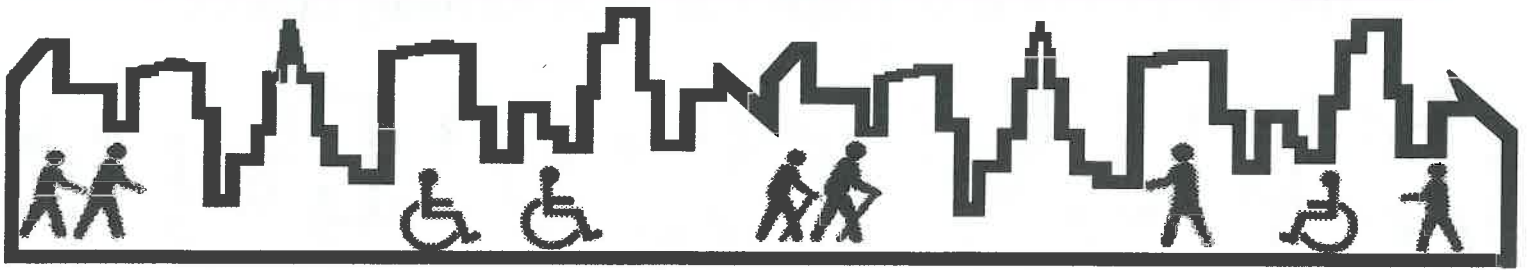
Support group for Spanish speaking parents, "Desayuno / Encuentro", next session will take place on Monday, December 11<sup>th</sup>, 2018 from 10:00 am to 12:00 m.

Afterschool art program, Friends are we! Building Social Skills through the Arts. Registration is open for the following sessions: Session II, March 2018, Session III, April 2018 and Spring Break 2018, Max. capacity per group 10 kids ages 3 up to 13 years old.

The Integrated Transition Program" for ASD Teens & Parents: Ongoing registration is open for Bronx Residents, young adults ages 14 up to 21 years old. Dates are available at <http://sinergiany.org/calendar> including dates of upcoming workshops.

***For more information, contact our Intake Specialist, Kirzis Lugo at 212-643-2840 ext. 336.***

## The Manhattan Family Support Services Advisory Council



### For family members of people with developmental disabilities and self-advocates with developmental disabilities!

Join with other family members and individuals from all neighborhoods in Manhattan to build a better life for people with developmental disabilities and their families. **Developmental disabilities** include intellectual disabilities, autism, cerebral palsy, epilepsy, and neurological impairments.

#### Come and Be Empowered:

- Learn about the many services that can help your family
- Meet other family members and people with disabilities
- Advocate with us for more and better services

Spanish or Cantonese interpretation provided if requested by December 24, 2017. Contact Margaret at 212-799-2042 or [margaret.puddington@gmail.com](mailto:margaret.puddington@gmail.com) to request interpretation.

### OPWDD's New Assessment Tool: Will It Affect Your Child's Services – and Funding?

OPWDD has begun using the Coordinated Assessment System (CAS), a new needs assessment tool, to identify the supports and services that match an individual's strengths, needs, and interests. Eventually, the CAS will drive the service authorization process and reimbursement. Come find out what this means for your family from **Kathy Broderick**, Associate Executive Director at AHRC, and formerly Associate Commissioner of OPWDD. Kathy's expertise encompasses services, budgets, policy, and more. Kathy is one of the most trusted and respected professionals in the developmental disabilities field. Come and see for yourself!

**WEDNESDAY, JANUARY 10, 2018**

**10:00 AM - NOON**

**AHRC**

**83 MAIDEN LANE, 11<sup>TH</sup> FLOOR BOARD ROOM**

**NEW YORK, N.Y. 10001**

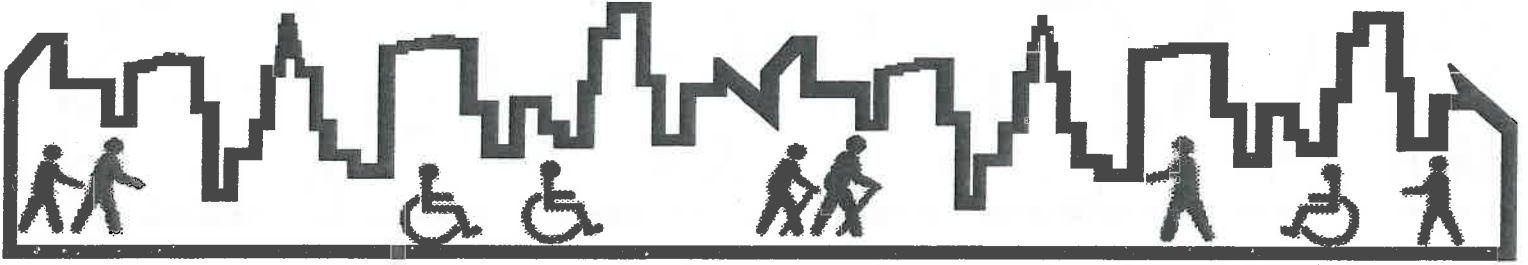
**(IT'S NOT HARD TO GET THERE!)**

\*Subway: 2, 3 to Wall St. (exit at uptown end of train), walk on William St. to Maiden Lane; A, C, 4, 5 to Fulton St. (exit near William St. and John St. at downtown end of train), walk on William St. to Maiden Lane. Bus: 5 to Broadway-Cortland St., walk to Maiden Lane; 15 to Pearl St.-Peck Slip, walk on Pearl St. to Maiden Lane.

**REFRESHMENTS WILL BE SERVED**

For further information, contact Margaret Puddington, chair, 212-799-2042, [Margaret.puddington@gmail.com](mailto:Margaret.puddington@gmail.com)

## The Manhattan Family Support Services Advisory Council



### **Padres de niños con discapacidades de desarrollo: Bienvenidos a la próxima reunión.**

Reunase con otras familias y individuos de todos los vecindarios de Manhattan para construir una vida mejor para las personas con discapacidades de desarrollo y sus familiares. **Discapacidades de desarrollo** incluyen: discapacidad intelectual, autismo, parálisis cerebral, epilepsia, incapacidades del aprendizaje, e impedimento neurológico.

### **Venga y Sientase Poderosa:**

- Aprenda sobre muchos servicios que le pueden ayudar a su familia.
- Forme una red de comunicación con otras familias y individuos.
- Abogar con nosotros para más y mejores servicios.

### **Nueva Herramienta de Evaluación de OPWDD: ¿Afectará los Servicios de su Hijo(a) – y los Fondos?**

OPWDD ha comenzado a utilizar el Sistema de Evaluación Coordinado (CAS), una nueva herramienta de evaluación de necesidades, para identificar servicios y apoyos que coincidan con las fortalezas, necesidades e intereses de un individuo. Finalmente, el CAS impulsará el proceso de autorización de servicios y reembolso. Venga y descubra lo que esto significa para su familia a través de Kathy Broderick, Directora Ejecutiva Asociada de AHRC y ex Comisionada Asociada de OPWDD. La experiencia de Kathy abarca servicios, presupuestos, políticas y más. Kathy es una de las profesionales más confiables y respetadas en el campo de las discapacidades del desarrollo. ¡Venga y verlo por usted mismo!

**Si necesita intérprete durante la reunión es necesario avisarle a Margaret al 212-799-2042 antes de 24 de diciembre del 2017.**

**MIÉRCOLES, 10 DE ENERO DEL 2018**

**10:00 AM - NOON**

**AHRC**

**83 MAIDEN LANE, 11<sup>TH</sup> FLOOR BOARD ROOM**

**NEW YORK, N.Y. 10083**

Tren: 2 ó 3 y apéese en la estación de Wall Street (utilice la salida de Uptown), luego camine en William Street hacia la calle Maiden Lane; A, C, 4 ó 5 y apéese en la estación de Fulton Street (utilice la salida de Downtown, la de William St. y John St.), luego camine en William Street hacia la calle Maiden Lane. Autobús: 5 y apéese en Broadway-Cortland Street y camine hacia la calle Maiden Lane; 15 y apéese en Pearl St.-Peck Slip y camine en Pearl Street hacia la calle Maiden Lane.

### **SE SERVIRÁ BOCADILLOS**

Para más información llame a Margaret Puddington, 212-799-2042.



December 7, 2017

Sign in Sheet

NAME	AFFILIATION	PHONE	EMAIL
Kathy Kelly	AHRC, NYC	212 780-2724	Kathy.Kelly@AHRCNYC.ORG
Jim Malley	ESPERANZA	212.928-5810	jmalley@esperanzacenter.com
IANA KATZ	Ohel Briss Ezer	718 686-3489	IANA.KATZ@ohelfamily.org
Yesenia Estrella	Esperanza	212-928-5810	yestrella@esperanzacenter.com
Wendy DeLeon	ADAPT	212-683-6100	wdeleon@adaptcommunitynetwork.org
Deidre Davis	ADAPT	811-811-266	ddavis@adaptcommunitynetwork.org
Anice Cox	Adapt	718-514-7710	Acox@adaptcommunitynetwork.org
Kathleen Kingston	OPWDD	646 766 3385	Kathleen.Kingston@opwdd.ny.gov
Ellen Beckman	OPWDD	646-766- 3247	Ellen.Beckman@opwdd.ny.gov
Betty Jelisavcic	Parent	917 558 0699	bjelisavcic@me.com
Tom Alvord	IAC	212 645-6360	TOM@IACNY.org
Lisa Gilday	Birch Family Services	212- 616-1868	lisa.gilday@birchfamilyservices.org
Tom Forester	Birch	212 616-1814	Thomas.Forester@BirchFamilyServices.org
MIRILYN RUBINSTEIN	ECDC/NYP	212 746 6175	MIRUBINST@NYP.ORG
Elly Reifer	NYC FAIR parent	917 833 4738	nycfair@gmail.com
JESSIE BACKE	AHRC NYC	212- 780-2348	jessie.backe@ahrcnyc.org
Stephanie Luciano	LESTFU	x1206 (212)260-0040	sluciano@lestfu.org
Celina Marin	QsAC	718-728-8466	cmarin@qsac.com

