

#### Family Reimbursement

ADAPT Community Network's Family Reimbursement program provides funds to individuals with disabilities and their families. These funds cover the cost of goods/services that are not obtainable through other sources ie. Medicaid, medical insurance, etc.

#### Items such as:

- Clothing
- Respite Care
- Beds
- Dressers
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chairs
- Hospital beds
- Commodes
- Walkers



If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

Families can apply once per fiscal year, July 1st - June 30

For more information call 877-827-2666

ADAPT Community Network Family Reimbursement
80 Maiden Lane, 8th Fl, New York, NY, 10038
projectconnect@adaptcommunitynetwork.org
www.adaptcommunitynetwork.org



#### Adapt Community Network Services and Supports 2018

#### Children/Education Services

Bronx, Brooklyn, Manhattan and Staten Island

- On-site therapeutic services
- Preschool services
- Universal Pre-K
- Integrated programming
- School-Age Program (Brooklyn Only)
- Early Childhood Direction Center (Brooklyn Only)

#### **After-School Program**

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396 & Annex at UCP
- Bronx P721x
- Transportation is provided

#### **Day Habilitation**

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- **OPWDD** eligibility
- HCBS Waiver (if living at home with family)

#### Supported Employment

Available for Bronx, Brooklyn, Manhattan, and Staten Island residents. Employment services for adults with developmental disabilities.

#### **Individualized Supports & Services (ISS)**

OPWDD Housing Subsidy administered by ADAPT Community Network to assist individuals with achieving or maintaining independent living.

#### Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short term loans, trainings and information and referral service.

#### **SHARE Lending Library**

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

#### **ACTION DAY CAMP**

Three week summer day camp experience for young people who reside in Brooklyn, ages 13-21, live with a family member.

Must be in OPWDD waiver

#### **SPIRIT**

Saturday Recreation Programs offered in Brooklyn, Manhattan, and Staten Island.

Individuals between the ages of 13-29, DD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island. Transportation is provided

#### **EXPLORE Club Disco**

Once a month, Friday nights events held in Manhattan, Brooklyn and Staten Island (SI individuals must be HCBS waiver)

- 18 yrs or older, DD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn
- Wheelchair accessible. Transportation not provided
- Dinner and refreshments served

#### PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island. 1-877-827-2666, Projectconnect@adaptcommunitynetwork.org

www.adaptcommunitynetwork.org



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## Adapt Community Network Services and Supports 2018

#### **Healthcare Services**

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents of the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Dental, Audiology Services, Psychiatry, Podiatry and Neurology.

Article 16 clinic offering Occupational Therapy, Physical Therapy, Speech Therapy and Mental Health Counseling to adults who are OPWDD eligible.

#### **Residential Services**

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- Must be OPWDD eligible

#### **Bronx Overnight Respite**

Serving all five boroughs. Fully accessible site

- Transportation provided in Brooklyn, Manhattan,
   Queens and Staten Island
- 3yrs and older
- Must be waiver enrolled

#### **Community Habilitation**

An individualized, goal-orientated program serving Bronx, Brooklyn, Manhattan, and Staten Island.

- Must be waiver enrolled
- Must be living independently or with a family member
- Should be able and willing to follow and participate in their Community Habilitation Plan.

#### Doorways to Independence

#### **Housing Assistance Services/Home Modifications**

Available in the Bronx, Brooklyn, Manhattan, Staten Island and Queens

- Must be Family Support eligible
- Provides housing case management services, advocacy and referrals
- NYCHA application status checks and assistance processing requests for transfers
- Housing court advocacy and Legal Aid Society referrals
- Home assessments a developed report on possible modifications and equipment to make the home more accessible.

#### **Home Modifications**

 Funds available for eligible individuals to modify their homes for necessary accessibility e.g. Ramps, Stairlifts.

#### **Family Reimbursement**

Funds available in the Bronx, Brooklyn, Manhattan, and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island
   Special Brooklyn Camp Funds available
- Manhattan Durable Medical Equipment Funds available
- Funding available to assist families in paying for an item
   Medicaid or other funds will not cover
- Families can apply every 12 months

#### **Family Connect**

Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

#### PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, <a href="mailto:Projectconnect@adaptcommunitynetwork.org">Projectconnect@adaptcommunitynetwork.org</a>

www.adaptcommunitynetwork.org



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## FREE WORKSHOP Autism Series

#### Great Evaluation! So now what?

**DESCRIPTION:** Families often instinctively know what is going on in the pit of their stomachs even before the evaluation. This doesn't make the "label" any less devastating. An evaluation is useless unless it brings support services and intervention. Let's explore what to do when you disagree with an evaluation or agree with it. How do we use the evaluation to move forward and get everything you need for your child?

#### **WHO SHOULD ATTEND:**

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

DATE: Friday, October 19th, 2018

**TIME:** 10:00 AM – 12:00 PM

LOCATION: The Graduate Center CUNY 365 Fifth Avenue New York, NY 10016

#### PRESENTED BY GARY SHULMAN



Gary Shulman, MS. Ed. was the Program Director of Social Services, Training Coordinator and Special Camp Fair Coordinator for Resources for Children with Special Needs, Inc. (RCSN) for over 24 years. He transitioned 3 years ago from that position to the role of consultant/trainer on a private basis. Prior to RCSN, Gary was the Special Needs Coordinator for the Brooklyn Children's Museum for 10 years, a multisensory interactive learning environment. He began his career working with children with and without disabilities as a Head Start teacher for 5 years. Gary's passion is bringing relief to families of children with disabilities as well as to the professionals who support them.

#### **REGISTRATION IS REQUIRED**

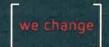
By Email: familyconnect@adaptcommunitynetwork.org By Phone: (718) 436-7979 Ext. 704

All attendees should bring a photo ID to present at the lobby security desk.

\*\*Childcare not available\*\*

Limited MetroCards for family members will be provided FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE





## [we change] TALLERES GRATUITOS Sobre Autismo

#### ¡BUENA EVALUACIÓN! ¡Y, AHORA QUÉ DEBO HACER!

DESCRIPCIÓN DEL TALLER: Las familias instintivamente saben lo que está sucediendo con su hijo(a) antes de la evaluación. Esto no hace que el "diagnostico" sea menos devastador. Una evaluación es inútil a menos que ofrezca servicios de apoyo y de intervención. Exploremos qué hacer cuando no esté de acuerdo o en desacuerdo con una evaluación. ¿Cómo podemos útilizar la evaluación para avanzar y obtenga los servicios que necesita su hijo(a)?

#### QUIÉN DEBERÍA ASISTIR:

Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**FECHA:** Viernes, 19 de Octubre del 2018

HORA: 10:00 AM - 12:00 PM

DIRECCIÓN: The Graduate Center

> CUNY 365 5th Avenida New York, NY 10016

#### PRESENTADOR: GARY SHULMAN



Gary Shulman, MS. Ed. era el Director del programa de servicios sociales, Coordinadora de capacitación y Coordinador de feria campo especial de recursos para niños con necesidades especiales, Inc. (RCSN) por más de 24 a ños. Él hace 3 años la transición desde esa posición el rol de Consultor/formador en forma privada. Antes de RCSN, Gary fue el coordinador especial de las necesidades para el Museo infantil de Brooklyn durante 10 años, un ambiente de aprendizaje interactivo multisensorial. Él comenzó su carrera trabajando con niños con y sin discapacidad como maestro de Head Start durante 5 a ños. Pasión de Gary es llevar alivio a las familias de niños con discapacidad, así como a los profesionales que los apoyan.

#### SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRÓNICO: familyconnect@adaptcommunitynetwork.org POR TELÉFONO: (718) 436-7979 ext. 704

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

\*\*EL CUIDADO DE NIÑOS NO SERA PROVEIDO\*\*

Se proveerán MetroCards para miembros de la familia ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO DE LA CIUDAD DE NUEVA YORK



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### FREE WORKSHOP Autism Series

#### VISUAL PROCESSING IN CHILDREN WITH AUTISM

**DESCRIPTION:** This session will cover visual processing development and challenges in childres on the autism spectrum, providing helpful insights, practical strategies, and fun activities tha empower parents and professionals to optimize vision (what the eyes see) and visual processing skills (how we use what we see).

#### WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

DATE: Friday, November 16th, 2018

TIME: 10:00 AM - 12:00 PM

LOCATION: The Graduate Center CUNY 365 Fifth Avenue New York, NY 10016

#### PRESENTED BY LINDSEY BIEL



Lindsey Biel, M.A., OTR/L, is a pediatric occupational therapist with a private practice in Manhattan where she evaluates and treats children, teens and young adults with sensory processing issues, autism spectrum disorder, and other developmental challenges. She is co—author of the award—winning Raising a Sensory Smart Child with a foreword by Temple Grandin and the author of Sensory Processing Challenges: Effective Clinical Work with Kids & Teens. Visit her website at www.sensorysmarts.com.

#### REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org By Phone: (718) 436-7979 Ext.704

All attendees should bring a photo ID to present at the lobby security desk.

\*\*Childcare not available\*\*

Limited MetroCards for family members will be provided FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE





## TALLERES GRATUITOS Sobre Autismo

#### Procesamiento Visual en Niños con Autismo

DESCRIPCIÓN DEL TALLER: En esta sesión se discutira el desarrollo del procesamiento visual y los desafíos en los niños con el espectro autista, proporcionando ideas útiles, estrategias prácticas y actividades divertidas que ayudaran a los padres y a los profesionales para optimizar la visión (lo que los ojos ven) y habilidades de procesamiento visual (cómo utilizamos lo que vemos).

#### QUIÉN DEBERÍA ASISTIR:

Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

FECHA: Viernes, 16 de Noviembre del 2018

HORA: 10:00 AM - 12:00 PM

DIRECCIÓN:

The Graduate Center CUNY 365 5th Avienda New York, NY 10016

#### PRESENTADORA: LINDSEY BIEL



Lindsey Biel, M.A., OTR/L, es una terapeuta ocupacional pediátrica con una práctica privada en Manhattan donde evalúa y trata a niños, adolescentes y adultos jóvenes con problemas de procesamiento sensorial, trastorno del espectro autista y otros dificultades del desarrollo. Ella es coautora de la premiado crianza de un niño inteligente sensorial con un prólogo de Temple Grandin y autora de los desafíos de procesamiento sensorial: trabajo efectivo clinico con niños y adolescentes. Visite su sitio web en www.sensorysmarts.com.

#### SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRÓNICO: familyconnect@adaptcommunitynetwork.org POR TELÉFONO: (718) 436-7979 ext. 704

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\*\*EL CUIDADO DE NIÑOS NO SERA PROVEIDO\*\*

Se proveerán MetroCards para miembros de la familia ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO CIUDAD DE NUEVA YORK ADAPT [we change]

### FREE WORKSHOP Autism Series

#### **TURNING WORDS INTO PICTURES!**

**DESCRIPTION:** Please join us for a training led by Nadine Maher, a Certified Teacher and Behavior Specialist, who will provide us with tips on how to use visual strategies to help manage our children's challenging behavior and support their learning and understanding of language.

Tips on how to effectively use visuals in your home and community.

#### WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. Although our primary focus is for individuals who have autism, we welcome anyone who strives to achieve the same goals.

DATE: Thursday, December 6th, 2018

TIME: 10:00 AM – 12:00 PM

LOCATION: The Graduate Center
CUNY 365 Fifth Avenue
New York, NY 10016

#### PRESENTED BY NADINE MAHER



Nadine Maher, M.Ed., BCBA, is a NYS certified General/Special Education teacher and Board Certified Behavior Analyst. She specializes in Applied Behavior Analysis (ABA) as it applies to teaching young children with Special Needs and coaching caregivers and teachers. As a former teacher and now a Clinical Supervisor in the field, Nadine has extensive experience in working with children with Autism Spectrum Disorder and in the training of parents, caregivers and teachers on behavior management strategies.

#### REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org
By Phone: (718) 436-7979 ext. 704

All attendees should bring a photo ID to present at the lobby security desk.

\*\*Childcare not available\*\*
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Limited MetroCards for family members will be provided FUNDED BY NYC COUNCIL'S AUTISM AWARENESS INITIATIVE



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### TALLERES GRATUITOS Sobre Autismo

### CONVERTIR PALABRAS EN IMÁGENES!

**DESCRIPCION DEL TALLER:** Este taller quién nos proporcionará consejos sobre cómo usar las estrategias visuales para ayudar a manejar el comportamiento desafiante de nuestros niños y apoyar su aprendizaje y comprensión del lenguaje. Se proveera consejos sobre cómo utilizar las ayudas visuales en el hogar y la comunidad..

#### QUIÉN DEBERÍA ASISTIR:

Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Aunque nuestros enfoques principales es para individuos que tienen autismo, damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

**FECHA:** Jueves, 6 de Diciembre del 2018

**HORA:** 10:00 AM - 12:00 PM

**DIRECCIÓN:** The Graduate Center CUNY 365 5th Avenida New York, NY 10016

#### PRESENTADORA: NADINE MAHER



Nadine Maher BCBA es una maestra certificada en educación especial y educación general al igual que analista del comportamiento en el estado de New York. Ella se especializa en análisis de comportamiento aplicado (ABA) y como se aplica a la enseñanza de niños con necesidades especiales y entrenamiento a cuidadores y profesores. Con experiencia en educación y ahora una supervisora clínica en este campo, Nadine tiene una amplia experiencia trabajando con niños con trastomo del espectro autista y entrenamiento de padres, cuidadores, y profesionales en el manejo de estrategias de comportamiento.

#### SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRÓNICO: familyconnect@adaptcommunitynetwork.org POR TELÉFONO: (718) 436-7979 ext. 704

Todos los asistentes deben traer una identificación con fotografía para presentar en el primer piso.

\*\*EL CUIDADO DE NIÑOS NO SERA PROVEIDO\*\*

Se proveerán MetroCards para miembros de la familia

ESTE TALLER ES POSIBLE POR LA INICIATIVA DE AUTISMO DEL CONSEJO DE LA CIUDAD DE NUEVA YORK

"May Every Life Have Hope"



## DAY HABILITATION WITHOUT WALLS PROGRAM



#### No more sitting in a classroom all day!

- Young people with disabilities have many abilities! In order to more fully realize their potential and ultimately lead more independent lives, our mission is to help individuals achieve their goals with the highest quality of service.
- Our Day Habilitation Without Walls Program stands apart in providing highly individualized programming within a community setting which emphasizes social skills development, independent life skills training, health and fitness support, job readiness training, fine arts and music aspirations, and much more.
- Door to door transportation is provided for each participant, who spends the day in the community volunteering, participating and engaging in various activities.

#### **ELEGIBILITY REQUIREMENTS**

- Diagnosis of Intellectual Disability and/or Developmental Disability
  - Medicaid Waiver Enrolled or Eligible
    - Currently not Enrolled in School

Day Habilitation is provided in the <u>boroughs</u> of: **Queens**, **Bronx**, **Manhattan** and **Brooklyn**. Day Habilitation staff speak the following <u>languages</u>: **SPANISH**, **CREOLE** and **HINDI** 

MERCY DRIVE, INC is a 501 (3)(c) Not for profit agency.

QUEENS HUB: 117-10 HILLSIDE AVE, JAMAICA NY 11418 TEL: (718) 268-4184

BRONX HUB: 3924 EAST TREMONT AVENUE, BRONX, NY 10465 TEL: (718) 794-1154

BROOKLYN HUB: 1943 ROCKAWAY PKWY, BROOKLYN NY 11236 TEL: (718) 717-8219

"May Every Life Have Hope"

## MERCY DRIVE'S DAY HABILITATION WITHOUT WALLS PROGRAM Activities Include:

-Academic Skills Training at our many locations citywide

- Vocabulary Building
- Reading and Writing skills
- Math Skills

-<u>Career Exploration</u> through web research and community outings

- Resume Building
- Learning about careers and employment options

-Science and the Environment to learn about how to take care of our environment

- Science projects
- Learning to Recycle

-Socialization and Recreation to make friends and have fun outdoors

- Horseback Riding
- Playland Amusement Park
- Going to the Circus and Zoo
- Bowling and going to the Pool

-<u>Fine Motor Skills</u> to increase dexterity and thus become more independent

- Puzzles and Sequencing
- **Piano** and instrument instruction

-<u>Community Integration</u> within New York city neighborhoods

- Purchasing goods at local stores
- Learning about the community and how to navigate it safely

-<u>Volunteering Locally</u> to develop skills, make friends, and give back to the community

- Soup Kitchens
- Local Libraries

-<u>Health and Wellbeing</u> to become aware of our eating habits and learn food preparation

- Shopping at Farmers Markets
- Healthy Meal Preparation at our hubs
- -<u>Fitness</u> to maintain health and engage in fun sports
  - Membership at the YMCA
  - City Parks Exploration

-Arts and Self Expression as a way to share our emotions and learn from each other

- Exploring Museums
- Art Making
- Learning about Music
- Performing Arts, including yearly

\* Holiday Talent Show!! \*

For more information, to schedule a tour or learn how to apply, please call our offices:

Queens Hub: 718-268-4184/ 718-268-4181 Brooklyn Hub: 718-717-8291 Ext: 2093 Bronx Hub: 718-794-1154/ 718-794-1164 Intake Line: 718-275-9326/ 718-275-9322



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QUEENS HUB: 117-10 HILLSIDE AVE, JAMAICA NY 11418 TEL: (718) 268-4184 BRONX HUB: 3924 EAST TREMONT AVENUE, BRONX, NY 10465 TEL: (718) 794-1154 BROOKLYN HUB: 1943 ROCKAWAY PKWY, BROOKLYN NY 11236 TEL: (718) 717-8219



#### FOR THE BOROUGHS OF MANHATTAN AND BRONX

Family Education and Training is a program that services families that have children with developmental disabilities. The purpose of this program is to provide information regarding the impact of the developmental disability and enhance the decision making capacity of the family, as well as inform them about possible methods to work with their child as well as services available.

Each family receives a visit in their home twice a year where topics are discussed and information is provided to further assist the family. FET is an HCBS funded program for families of individuals under the age of 18 only.

#### Some topics available:

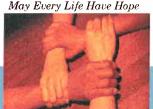
- -Stress Management
- -HCBS Waiver and Medicaid
- -Transitioning to Adulthood
- -Self Direction
- -Sexuality and Developmental Disabilities
- -Teaching Hygiene
- -And more...

- -Advocacy techniques
- -Developmental Disabilities Primer
- -Behaviors and their Management

FOR MORE INFORMATION CONTACT: FET DEPARTMENT: 718-275-9326

OR P.OSSONA@MERCYDRIVEINC.ORG

May Every Life Have Hope



"May Every Life Have Hope"



#### **In-Home Respite Services**

#### It's time to take a break!

- In-Home Respite is a service that provides relief to individuals who are responsible for the primary care and support of an individual with a developmental disability. In- Home Respite services provide *temporary* relief from the demands of care giving, which helps reduce overall family stress. This often enables families to better meet the needs of their loved one.
- This service is provided in the home, during the day or evenings. When a family member has to deal with such things as illness, emergency or vacation, respite services can ensure that the individual's needs are met. In some cases, the primary caregiver never leaves the premises but may simply be getting a break so that they can cook dinner or pay the bills. The respite worker comes to the home, and gets to know the individual in his or her normal environment to better serve him or her.

#### **Eligibility Requirements:**

- Diagnosis of Intellectual Disability and/or Developmental Disability
  - Medicaid Waiver Enrolled or Eligible
    - Receiving MSC services

If you would like more information on this program, please contact:

INTAKE/ ENROLLMENT DEPARTMENT: (718) 275-9326, (718) 794-9375

MERCY DRIVE, INC is a 501 (3)(c) Not for profit agency.

These services are provided in the <u>boroughs</u> of **Bronx**, **Manhattan**, **Brooklyn**, **Staten Island**, and **Queens**.

In Home Respite is funded through OPWDD. Eligibility requirements apply

3924 EAST TREMONT AVENUE, BRONX, NY 1046, p.ossona@mercydriveinc.org

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#### Servicio de Respiro En La Casa

#### Es Hora de Descansar!

- El servicio de Respiro en la Casa (In-Home Respite) es un servicio que da un alivio al cuidador de la persona con discapacidad de desarrollo. El cuidado de una persona con discapacidades puede ser dificultoso; la familia se siente abrumada y necesita un descanso. El cuidador efectivo reconoce que a veces se necesita una pausa de estas responsabilidades. En esta pausa el cuidador puede descansar y reponer sus energías para cuidar mejor a la persona con la discapacidad.
- Nuestro servicio de respiro en la casa provee una pausa para el cuidador de personas con discapacidades de desarrollo mientras que nuestro personal profesional trabaja con el individuo con la discapacidad en actividades que le ayuden a mejorarse y vivir más independientemente. El servicio de Respiro mejora la calidad de vida de la familia entera. Nuestro programa se empeña en crear un ambiente interactivo y seguro.

#### Requisitos de Elegibilidad:

- Diagnosis de Discapacidad de Desarrollo y/o Discapacidad Intelectual
  - Enrolados o Elegibles para el Medicaid Waiver
- Enrolado en el programa de Coordinación de Servicios de Medicaid

Si quisiera más información sobre este programa por favor llame a:

DEPARTAMENTO DE ENROLLO: (718) 275-9326, (718) 794-9375

MERCY DRIVE, INC es una agencia 501 (3)(c) sin fines de lucro.

Este servicio es brindado en los <u>condados</u> de **Bronx**, **Manhattan**, **Brooklyn**, **Staten Island** y **Queens**.

In Home Respite is funded through OPWDD. Eligibility requirements apply

3924 EAST TREMONT AVENUE, BRONX, NY 1046, p.ossona@mercydriveinc.org

"May Every Life Have Hope"



**Community Habilitation Services** 







It's time to learn!

- Community Habilitation Services (CHS) provides independent living skills training, socialization skills, and integration into the community. CHS assists individuals in acquiring, retaining, and improving adaptive skills and self-help skills needed to live independently at home and in community based settings.
- Participants and families partake in the development and implementation of the
  Individualized Habilitation plan. The plan focuses on the strengths, needs, and choices of the
  individuals in order to promote independence, individuality, inclusion, and productivity. Our
  professionally trained Community Habilitation Specialists assist the individuals on an array
  of outcomes to develop skills such as travel training, money management, writing,
  academics, etc.

#### Eligibility Requirements:

- Diagnosis of Intellectual Disability and/or Developmental Disability
  - Medicaid Waiver Enrolled or Eligible
    - Receiving MSC services

If you would like more information on this program, please contact:

INTAKE/ ENROLLMENT DEPARTMENT: (718) 275-9326, (718) 792-4801

MERCY DRIVE, INC is a 501 (3)(c) Not for profit agency.

This service is provided in the <u>boroughs</u> of: **Bronx**, **Manhattan**, **Brooklyn**, **Staten Island**, and **Queens**.

Community Habilitation is funded through OPWDD. Eligibility requirements apply

3924 EAST TREMONT AVENUE, BRONX, NY 10465, p.ossona@mercydriveinc.org

"May Every Life Have Hope"



Servicio de Habilitación Comunitaria









- El Servicio de Habilitación Comunitaria (CHS) ofrece entrenamiento para que las personas con discapacidades vivan más independientemente, desarrollen destrezas sociales, y se integren en la comunidad. CHS ayuda a la persona a obtener, mejorar y retener las habilidades de adaptación y habilidades de autoayuda necesarias para vivir de forma independiente en el hogar y la comunidad.
- La persona y su familia participan en el desarrollo e implementación del plan individualizado de habilitación. El plan se enfoca en las fortalezas, las necesidades y las opciones de la persona con discapacidades con el fin de promover independencia, individualidad, ser incluido y ser productivo. Nuestros especialistas de habilitación comunitaria son entrenados rigurosamente para asistir al individuo a desarrollar destrezas académicas, como la escritura y matemáticas, aprender a viajar independientemente, administrar sus finanzas, etc.

#### Requisitos de Elegibilidad:

- Diagnosis de Discapacidad Intelectual y/o Discapacidad de Desarrollo
  - Enrolados o Elegibles para el Medicaid Waiver
- Enrolado en el programa de Coordinación de Servicios de Medicaid Para más información por favor llame a:

DEPARTAMENTO ENROLLO: (718) 275-9326, (718) 792-4801

Este servicio es brindado en los <u>condados</u> de: **Bronx**, **Manhattan**, **Brooklyn**, **Queens** y **Staten Island**.

MERCY DRIVE, INC es una agencia 501 (3)(c) sin fines de lucro.

Community Habilitation is funded through OPWDD. Eligibility requirements apply

3924 EAST TREMONT AVENUE, BRONX, NY 10465, p.ossona@mercydriveinc.org



developmental disabilities. people with intellectual & PHP is about helping

PHP is about helping you get your support and services.

PHP is about teamwork that makes good care better.

PHP is designed for you, and is built to last.

phpcares.org

complete description of benefits. For more information, call Partners The benefit information in this document is a brief summary, not a Health Plan Participant Services or read the Partners Health Plan Participant Handbook. Limitations and restrictions may apply. Benefits may change on January 1 of each year.

Duals Advantage for Individuals with Intellectual and Developmental Medicare and the New York State Department of Health (Medicaid) to provide benefits to Participants through the Fully Integrated Disabilities (FIDA-IDD) Demonstration

H9869\_2018\_16749\_PHP\_FIDAIDD\_Trifold Brochure

Partners Health Plan is a managed care plan that contracts with NO POSTAGE **NECESSARY** IF MAILED

IN THE **UNITED STATES** 

PHP CARE COMPLETE FIDA-IDD PLAN

PEOPLE WITH INTELLECTUAL AND [MEDICARE-MEDICAID PLAN FOR DEVELOPMENTAL DISABILITIES]

BUSINESS REPLY
RST-CLASS MAIL PERMIT NO. 6168 MAIL NEW YORK, NY

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POSTAGE WILL BE PAID BY ADDRESSEE

PARTNERS HEALTH PLAN 2ND FLOOR 655 3RD AVENUE NEW YORK NY 10164-4520



# This is where people with challenges get the support they need and deserve.

A group of leaders in supporting people with intellectual and developmental disabilities worked together to shape a managed care plan that is designed for you and built to last.



We support you in living the life you choose.

What that means is when there is something you want to do – participate in an activity or play a sport, start a hobby or make a friend – we'll help make it happen.



We build a system of care around you.

When you have more options you have more pathways to the life you dream of. That's what you can expect with your own twoperson team: double the support.



# More transportation options, less waiting time, and other good news

When a life-changing piece of medical equipment is needed, we streamline the process. There is a reason you have your own support team. It means someone is working to get rid of hassles and make access to the things you need easier. It's that simple.

8am-8pm, 7 days a week	1-855-747-5483 / TTY 711	form in mail or call us at:	Fill the following and place completed	about Fartners Health Flan	Yes! I want to know more

Marketing Representative's Name:	Telephone (our representative may call):	State:	City:		Name:Address:
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## You can also enroll today!

Call New York Medicaid Choice at: 1-844-343-2433 / TTY 1-888-329-1541

Monday - Friday 8:30 AM to 8:00 PM

**Saturday** 10:00 AM to 6:00 PM

## LEGAL ASSISTANCE

#### NYLPI

**New York Lawyers For The Public Interest** 

151 W 30th Street, 11th Floor, New York, NY 10001 Tel 212-244-4664

#### Do You or Your Family Need Legal Assistance? Call NYLP!!

If you are a person with serious health conditions, and you are:

- Uninsured In immigration detention
- Living in unhealthy housing
   Denied language access at hospitals

If you are a person with disabilities, and you have a disability-related legal problem in:

- Education Housing Physical or communication access
- Transportation and more

#### **NYLPI** provides:

- Self-help materials Advice and referrals
- Legal representation

NYLPI has over 40 years of experience providing legal assistance to New Yorkers.

For more information about NYLPI, visit www.nylpi.org or call 212-244-4664.

NYLPI



#### New! Individual Day Supports Check Us Out!

#### Inquiries:

**NEW GRADUATES** 

**ENROLLMENT INFORMATION** 

**Contact Us** 

Luis Mota

Tel: 607-323-0771

Email: info@eprine.com

All participants must be eligible for **OPWDD Services and Waiver** enrolled.

#### DAY HABILITATION WITHOUT WALLS

Eprine offers an Enrichment Day Program "Without Walls" that places the individual directly in the community for day services. This highly individualized program is designed to help individuals maximize their employment readiness, social interactions and performance with daily activities in the community.

We encourage best practices and engaging activities:

- Life-Appropriate
- Offer Variety & Choice
- **Emphasize Community Experiences**
- **Focus on Individual Interactions** and Experiences
- Achieve community-oriented goals

#### For new Graduates and young adult- Eprine developed its Community Enrichment Program

The Community Enrichment Program is a community-based Day Habilitation Without Walls program that serves motivated young adults who wish to be active and productive. Assistance is provided to adults with intellectual disabilities who are in need of life skills training which could carry into career exploration. The program promotes individual independence and opportunities to grow and mature into responsible adults.

This model significantly increases the community-based experiences and job readiness skills of the new graduate. The program began to prepare individuals based on resources available in the community to support each individual as they adjust from school to adult life.





#### **ACCEPTING APPLICATIONS**

For:

Change of Provider
Agency
Inquiries
Enrollment information

Contact Us
Luis Mota

Tel: 607-323-0771

Email: info@eprine.com

All participants must be eligible for OPWDD Services and Waiver enrolled.

We Will Help You!!

#### **COMMUNITY HABILITATION**

Community Habilitation are habilitation services that are provided to individuals who live home with a family member or by themselves.

This service fosters independence, integration, individuality and productivity in the community.

Our program includes provision for self-directed and family directed Community Habilitation Services, which will enhance flexibility and freedom of choice.

Individuals participate in adaptive skill development, assistance with activities of daily living (hands-on), community inclusion and relationship building, training and support for independence in travel, transportation, adult educational supports, development of social skills, leisure skills, self-advocacy, informed choice skills, and appropriate behavior development to help the individual access their community.

#### **RESPITE SERVICES**

Respite services provide temporary relief from the demands of care giving, which helps reduce overall family stress. This often enables families to better meet the needs of their loved ones with a developmental disability. Respite can be provided in the home or out of the home during the day or evenings.





Preparing the I/DD Field for Managed Care

What Is the Managed Care Community of Practice in I/DD? The NYS Department of Health (DOH) and the NYS Office for People With Developmental Disabilities (OPWDD) continue to implement new approaches to service delivery through intellectual and developmental disabilities (I/DD) Specialized Managed Care Plans. Building on the strengths of New York's I/DD Provider Community, the new system will address the unique and specialized needs of the population and the sector.

Through funds in the 2018-19 State Budget, the New York Alliance for Inclusion & Innovation has launched this technical assistance project to guide and assist all providers of OPWDD services through the transition to managed care. The Managed Care Community of Practice in I/DD will offer training, technical assistance and collaborative educational opportunities on managed care readiness, quality improvement and new reimbursement strategies to all New York's I/DD providers to enable not-for-profit agencies to leverage their strengthens in the new environment.

There is no charge to access any of the Managed Care Community of Practice in I/DD resources.

Managed Care Community of Practice in I/DD - Our Approach The team of experts assembled as part of the Managed Care Community of Practice in I/DD will offer core trainings and develop learning collaboratives focused on the preparation for, and transition to, managed care. The importance of data collection and outcome measurement, key financial, administrative and services capabilities, and the importance of contracting, health information technology and demonstrating value will be covered, in depth.

A self-assessment for providers will soon be launched to establish baseline information on each provider agency's familiarity with managed care and managed care organizations. The assessment will cover all key aspects of organizational preparedness, including communication/ reporting and service authorizations, IT requirements, utilization management, finance and billing and other categories of processes, practices and change management activities necessary to effectively prepare for and enter into a business relationship with a managed care organization. The assessment will help each provider understand where their strengths lie and where they need to concentrate their preparedness efforts. The assessment will also help direct the means and methods by which the Managed Care Community of Practice in I/DD resources are deployed.

The Managed Care Community of Practice will also establish facilitated regional networks and learning collaboratives to provide I/DD agencies with the opportunity to address areas of common concern, identify and address outstanding issues, facilitate communication and collaboration and share best practices for replication. Both in-person trainings and a series of webinars will offer providers opportunities to learn about health systems and emerging networks.





RESOURCES & UPCOMING OPPORTUNITIES

#### Accessing The Resources

The Managed Care Community of Practice in I/DD resources will be made available, free of charge, to all providers of I/DD services in a variety of formats:

#### Webinars

Several series of webinars are planned to cover topics in a format that maximizes availability and usability for I/DD providers. Webinars will be announced via emails from the Managed Care Community of Practice in I/DD (Sign Up Here To Receive Email Updates) as well as on this website coming soon. Webinars will be recorded and archived on the website for reference and so that staff within provider organizations unable to attend a webinar can still learn.

#### In Person Events

In person events will be offered in regions throughout the state. The regional approach will help maximize the number of staff from each provider organization able to attend events and help cultivate the regionally-based community of learning envisioned by the project. Announcements for in person events will be made via emails from the Managed Care Community of Practice in I/DD (Sign Up Here to Receive Email Updates) and posted on the website.

#### **Technical Resources**

The Managed Care Community of Practice in I/DD envisions the creation of many technical resources. This includes a provider self-assessment to help guide individual provider organizations on their level of preparedness for managed care and technical documents that will guide providers as the organize their operational structures related to IT, claims testing and billing, etc.

#### **Upcoming Opportunities**

#### **WEBINARS**

Introduction to Managed Care Community of Practice in I/DD & The Basics of Managed Care: What is the Managed Care Community of Practice in I/DD and Why is Technical Assistance Needed

Monday, August 27, 2018 – 10:30AM – 11:30AM REGISTER

#### **Topics Covered:**

- Care Coordination Organization (CCO) Status Update
- Timelines for CCO and Managed Care Implementation
- Developing a common, basic understanding of care management concepts
- Measuring Quality

#### Managed Care Basics: An Introduction/Refresher

Thursday, August 30, 2018 – 10:30AM – 11:30AM REGISTER

#### **Topics Covered:**

- Basic understanding of managed care principles & how they connect to current CCO work
- Understanding key business capabilities required to work with CCOs and managed care entities
- What's the "value" provided by an I/DD agency and its services/supports?

Talking to Not-for-Profit Board of Directors About Care Coordination Organizations and Managed Care

Thursday, September 6, 2018 – 4:00PM – 5:00PM REGISTER

#### **Topics Covered:**

- Key policy issues Boards need to understand about the changing environment
- Common questions asked by Boards, and potential answers
- Resources for Executive Directors to talk to their Boards
- Driving ongoing involvement of Board through the transition

#### IN PERSON EVENTS:

To be announced. Sign up below to receive email updates.



From:

List <STAKEHOLDERS@LISTSERV.OPWDD.NY.GOV> on behalf of

opwdd.sm.commissioners.correspondence.unit

<commissioners.correspondence.unit@OPWDD.NY.GOV>

Sent:

Friday, August 31, 2018 4:27 PM

To:

STAKEHOLDERS@LISTSERV.OPWDD.NY.GOV

Subject:

Commissioner Delaney Announces Public Comment Period for Managed Care

Qualification Document

#### Dear Friends and Colleagues:

Over the past several years, we have received overwhelming feedback from the people we support, their family members, providers and others about the need for more flexibility, innovation and customization in the planning of services.

We have heard your concerns about the sustainability of our system, and how we must build upon our 40-year history of developing community-based services to create an improved system for the future. And we have experienced, with you, outcomes that once were thought impossible for many of the people we serve—having a job, self-directing their own services and enjoying meaningful relationships in the community.

Building on the strengths of our system, and in response to feedback we have heard around the State, we have been working hard to shape a more responsive system that better meets people's needs.

On July 1, the Office for People-With Developmental Disabilities (OPWDD) took the first step in this transformation and transitioned to an improved way of coordinating services through the establishment of Health Home Care Management provided by Care Coordination Organizations. Many people have already experienced the benefits of care that is truly coordinated across service systems, guided by a comprehensive Life Plan, and supported by enhanced information technology.

Today, we begin the movement to the second phase of OPWDD's transformation—the development of specialized Managed Care. OPWDD has posted for public comment a document that contains the requirements for the creation of specialized Managed Care Plans to coordinate and deliver all of an individual's services, including OPWDD-funded services, healthcare, behavioral health, and medication management which can be found at:

<a href="https://www.health.ny.gov/health-care/medicaid/program/medicaid-health-homes/idd/draft-idd-1115-waiver.">https://www.health.ny.gov/health-care/medicaid/program/medicaid-health-homes/idd/draft-idd-1115-waiver.</a>

htm.

This qualification document includes prerequisites for education and experience for medical and clinical directors, financial reserve requirements and other standards the plan applicants will be required to meet.

OPWDD has built its service system guided by the voices of the people we serve, their families and advocates. Over the coming months, we will be holding public forums to inform, educate and receive feedback from individuals, families and other stakeholders. I encourage you to provide your comments on the document released today to <a href="mailto:peoplefirstwaiver@opwdd.ny.gov">peoplefirstwaiver@opwdd.ny.gov</a> on or before October 3, 2018, and to attend these forums.

The partnership that we have created is now more important than ever. We look forward to working with you to help New Yorkers with developmental disabilities achieve their goals, build upon their strengths, and live richer lives.

Sincerely, Kerry A. Delaney Acting Commissioner

To unsubscribe from the STAKEHOLDERS list, click the following link:

http://listserv.opwdd.ny.gov/cgi-

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#### Memorandum



To:

**Executive Directors of Voluntary Provider Agencies** 

Developmental Disabilities State Operations Offices (DDSOOs) Directors

Developmental Disabilities Regional Offices (DDROs) Directors

**Provider Associations** 

**Executive Directors of Care Coordination Organizations** 

From:

Abiba Kindo, Deputy Commissioner.

Division of Service Delivery, Regional Office

a poer

Date:

September 6, 2018

Subject:

**SERVICE AUTHORIZATIONS POST JULY 1, 2018** 

This memorandum addresses the post July 1, 2018 status of the Preliminary Individual Service Plan (PISP) previously issued by OPWDD's Front Door, and requirements for Requests for Service Authorizations (RSA) when (1) an individual has a Preliminary Individualized Service Plan that was developed prior to the implementation of Care Coordination Organizations (CCOs) or (2) services are immediately needed for an individual but the individual's Life Plan has not been developed.

Service authorizations for OPWDD Home and Community Based Services (HCBS) waiver services after July 1, 2018 are based on information provided by an individual's care manager, including information drawn from the development of the individual's Life Plan. The Preliminary Individual Service Plan previously used as a basis for service authorizations is no longer produced.

#### Preliminary Individual Service Plan After July 1, 2018

Prior to July 1, 2018, the Front Door issued PISPs for individuals applying for OPWDD HCBS waiver services. The PISPs defined the services an individual needed prior to the development of the Individualized Service Plan (ISP). The PISP was used by Medicaid Service Coordinators (MSCs) when submitting a Request for Service Authorization to OPWDD's Front Door on behalf of an individual.

As of July 1, 2018, PISPs are no longer issued by OPWDD. PISPs developed between April 1, 2018 and June 30, 2018 are still in effect and are valid for up to six months beyond their issue date. These PISPs may be used to justify a Request for Service Authorization submitted to the Front Door. PISPs issued earlier than April 1, 2018 must be reviewed by the care manager and supported by more recent, available information outlined in this document.

The process to follow for service authorization when a PISP is no longer valid is described in Section II, "Post July 1, 2018 Process and Standards," below.

#### Pre-Life Plan Service Authorization

The processes below must be followed when an individual is leaving a nonqualifying setting and moving into an Individualized Residential Alternative (IRA). This includes conversion of an Intermediate Care Facility (ICF) to an IRA, or when individuals apply for/enroll in the HCBS waiver prior to CCO enrollment.

The post-July 1, 2018 process is similar to the pre-July 1, 2018 process. Providers should not notice a significant change in procedures.

#### I. Previous Process and Standards for Individuals Leaving Non-Qualifying Settings:

- A. Individuals leaving nonqualifying settings could move into an IRA prior to being enrolled in MSC.
- B. Individuals were required to be enrolled in Medicaid and the HCBS waiver.
- C. Pre-July 1, 2018, PISPs were issued, but PISPs were not used to support billing requirements. Billing was based on delivery of services.
- D. A PISP did not outline valued outcomes or goals. Valued outcomes were developed as the ISP was created and goals as habilitation plans were developed.
- E. The MSC had 60 days from the time of waiver enrollment or enrollment into MSC, whichever occurred first, to create an ISP.
- F. The service provider developed the initial habilitation plan which was forwarded to the service coordinator within 60 days of the start of the delivery of service.
- G. Services were documented in daily service documentation notes and monthly summary notes.

#### II. Post July 1, 2018 Process and Standards

- A. Individuals leaving nonqualified settings and enrolling in an IRA must:
  - 1. Meet eligibility and level of care requirements,
  - 2. Be enrolled in Medicaid,
  - 3. Be enrolled in the HCBS waiver, and
  - 4. Be approved for a certified residential opportunity by OPWDD.

- B. PISPs are no longer issued. However, PISPs created between April 1, 2018 and June 30, 2018 may be used by care managers to develop and provide justification for a Request for Service Authorization to be submitted to OPWDD's Front Door.
- C. Care managers must provide updated information and justification of service authorization requests for an individual if a preliminary Life Plan is not available and the individual has a PISP dated prior to April 1, 2018. Care managers may use other documents to develop and provide justification for a Request for Service Authorization. Other acceptable documentation may include, but is not limited to:
  - 1. Documents from the waiver application and/or Level of Care Eligibility Determination, including psychological or psycho-social reports;
  - 2. Individualized Education Plans (IEP) and 504 plans;
  - 3. Discharge plans developed by hospitals, nursing homes, correctional facilities:
  - 4. Assessments (e.g., clinical assessment(s), Coordinated Assessment System (CAS) summary, I Am tool);
  - 5. In-process Life Plans;
  - 6. Service planning packets developed during ICF to IRA conversions;
  - 7. Preliminary Adult Service Plans (PASPs) developed by a provider planning for an individual leaving a residential school.

Note: additional information is required to support an individual's request to live in a certified residential setting. Additional clinical information must be provided to OPWDD to justify the need for a certified residential setting and for a Staff Action Plan to be developed. The care manager must work with the Regional Office Certified Residential Opportunities (CRO) staff if an individual wants to move into a certified living setting.

- D. Care managers submitting a Request for Service Authorization must provide a brief justification for the individual's need for each service. The justification must be outlined on the appropriate section of the RSA form, which must include a reference to the specific document where more detail can be found (e.g., the psycho-social, IEP). The RSA and the referenced documents must be uploaded into CHOICES for OPWDD Front Door review and action. If CHOICES cannot be accessed by the care manager, the care manager should contact the district Front Door and discuss the best means of communication.
- III. Other Individuals Needing Waiver Services Prior to Enrollment in a CCO
  - A. Some individuals are in time-sensitive situations and need waiver services authorized prior to enrollment in a CCO. These individuals may apply for

enrollment in the waiver prior to meeting all CCO eligibility requirements and being enrolled in a CCO. The CCO enrollment start date is the first of the following month after submission of the CCO-1 enrollment form (CCO enrollment is effective the first of the following month after submission of the CCO-1). The CCO and DDRO must work together through the Front Door process to ensure that all required eligibility documents are provided.

- B. The IAM and/or Life Plan are the preferred documents for service authorization justification in these instances. If the IAM and/or Life Plan are not provided, the care manager must submit appropriate justification, as described in B, 1-7. The CCO must manually create an individual's record in the MediSked Coordinate system, which requires the individual's birthdate and TABS ID from the DDRO.
- C. The I AM and Life Plan may be shared with the Front Door as justification for a Request for Service Authorization.

#### IV. Medicaid Approval Including Parental Deeming

- A. Parental deeming cases requested prior to July 1, 2018 may use PISPs developed between April 1, 2018 and June 30, 2018 for service authorization.
- B. For individuals in parental deeming cases with PISPs created prior to April 1, 2018, care managers must provide updated documents (see **Post July 1**, **2018 Process and Standards**, D. 1-7) to justify service requests.
- C. Medicaid Service Coordination cannot be backdated.
  - 1. When an individual's Medicaid approval has a retroactive date prior to July 1, 2018, (s)he will need to work with the CCO to complete enrollment in the CCO. Please refer to the Frequently Asked Questions document for additional information. This may be found at: <a href="https://opwdd.ny.gov/providers">https://opwdd.ny.gov/providers</a> staff/care coordination organizations/provider fag.
  - 2. When an individual's Medicaid approval has a retroactive date of July 1, 2018 or later, (s)he will need to work with the CCO to complete CCO enrollment. CCO enrollment cannot be backdated, and enrollment might not match the Medicaid approval date.

#### **CURRENT PROGRAM OPENINGS**

SEPTEMBER 2018



Call (718) 728-8476 for inquiries

- 1. Farly Intervention (In-Home): Rhodie Volpe ext. 1512
- 2. Early Intervention Service Coordination; Ceres Joy Respicio ext 1252
- 3. Early Intervention (Center Based): Joe Traegler 1521
- 4. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 5. SEIT: Rhodie Volpe ext. 1512
- 6. SETSS: Rhodie Volpe ext. 1512
- 7. Day Habilitation: Farzana Karim ext. 1233
- 8. Social Skills Group High Functioning Autism: Dita DeSena ext.1418
- 9. Parent Training: Babina Chhetry ext. 1015
- 10. CPSE Evaluations: Rhodie Volpe ext. 1512

- 11. Evaluations for individuals without Medicaid (Psychological/Psychosocial): Rhodie Volpe
- 12. Supplemental Day Hab: Johnny Nunez ext. 1222
- 13. Non-Medicaid Service Coordination: Andrew Toscano ext. 1268
- 14. Self Direction: Broker Services Kevin Martinez ext.1240
- 15. Day School: Larisa Muratov ext. 1513
- 16. Respite: Johnny Nunez ext. 1222
- 17. Parent Support Group: Madelyn Wolfin ext. 1519
- 18. Family Reimbursement (Goods & Services): Annie Washington ext. 1219

#### BROOKLYN

- 1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
- 2. Early Intervention Service Coordination: Ceres Joy Respicio ext 1252
- 3. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 4. SEIT: Rhodie Volpe ext. 1512
- 5. SETSS: Rhodie Volpe ext. 1512
- 6. Non-Medicaid Service Coordination: Andrew Toscano ext. 1268
- 7. CPSE Evaluations: Rhodie Volpe ext. 1512



- 8. Preschool Centerbased Openings: Larisa Muratov ext. 1500
- 9. Housing Advocacy: Andrew Toscano ext. 1268
- 10. Self Direction: Broker Services Kevin Martinez ext.1240
- 11. Respite: Johnny Nunez ext. 1222
- 12. Family Reimbursement (Goods & Services): Annie Washington ext. 1219
- 13. Day School: Larisa Muratov ext. 1513





BRONX



- 1. Day School: Larisa Muratov ext. 1513
- 2. SEIT: Rhodie Volpe ext. 1512
- 3. SETSS: Rhodie Volpe ext. 1512
- 4. Early Intervention (In-Home): Rhodie Volpe ext. 1512
- 5. Early Intervention Service Coordination: Ceres Joy Respicio ext 1252
- 6. Early Intervention Evaluations: Rhodie Volpe ext. 1512

- 7. CPSE Evaluations: Rhodie Volpe ext. 1512
- 8. Day Habilitation: Farzana Karim ext. 1233
- 9. Respite: Johnny Nunez ext. 1222
- 10. After School Program Supplemental Day Hab: Johnny Nunez ext. 1222
- 11. Self Direction: Broker Services Kevin Martinez ext.1240
- 12. Family Reimbursement (Goods & Services): Annie Washington ext. 1219









- 1. Social Skills Group High Functioning Autism: Rocio Chavez ext.1414
- 2. Parent Support Group: Annie Washington ext. 1219
- 3. Early Intervention (In-Home): Rhodie Volpe ext. 1512
- 4. Early Intervention Service Coordination: Ceres Joy Respicio ext. 1252
- 5. Early Intervention Evaluations: Rhodie Volpe ext. 1512
- 6. SEIT contact: Rhodie Volpe ext. 1512
- 7. Family Reimbursement (Camp): Annie Washington ext. 1219
- 8. Family Reimbursement (Goods & Services): Annie Washington ext. 1219
- 9. Respite: Johnny Nunez ext. 1222
- 10. SETSS: Rhodie Volpe ext. 1512
- 11. CPSE Evaluations: Rhodie Volpe ext. 1512
- 12. Preschool Centerbased Openings: Larisa Muratov ext. 1500
- 13. Day Habilitation: Farzana Karim ext. 1233
- 14. After School Program Waiver Respite: Johnny Nunez ext. 1222
- 15. Self Direction: Broker Services Kevin Martinez ext.1240
- 16. Day School: Larisa Muratov ext. 1513



Long Island





MEDBLE

- 1. Sibling/Parent Support Group and Parent Training: Joan Moore ext. 1948
- 2. Day Habilitation: Farzana Karim ext. 1233
- 3. SEIT (Nassau only): Rhodie Volpe ext. 1512

- ONG ISLAND
  - 4. Self Direction: Broker Services Kevin Martinez ext.1240
  - 5. Respite: Johnny Nunez ext. 1222
  - 6. Day School: Larisa Muratov ext. 1513





STATEN ISLAND

1. Self Direction: Broker Services Kevin Martinez ext.1240

2. Day School: Larisa Muratov ext. 1513











DUMAGHOU

1. Self Direction: Broker Services Kevin Martinez ext.1240

2. Day School: Larisa Muratov ext. 1513



QSAC has After School opportunities available in

## Manhattan

#### Service:

- > After school service provided by trained QSAC direct care staff
- > Transportation is provided

#### Eligibility:

- > Individual must reside in Manhattan with their family
- > Individual must have a diagnosis of Autism Spectrum Disorder
- > Individual must be waiver enrolled
- > Individual must be over 8 year old

#### For more information please contact:

Contact:

Celina Marin

Telephone:

(718) 728-8476 x 1258

Fax:

(718) 204-7570

Address:

25-09 Broadway

Astoria, NY 11106

## **QSAC**

#### Day Habilitation Without Walls Manhattan & Bronx

**Program Description:** The Day Habilitation program offers individuals the opportunity to improve their vocational skills by participating in various community based volunteer training sites (i.e., retail stores, parks, community centers, etc). In addition, the program is designed to promote personal choice and independence at home and also out in the community. One day per week, individuals are offered the opportunity to participate in a recreational outing of their choice.

**Hours:** Monday – Friday 8:30am – 2:30pm

**Transportation:** Supervised transportation is provided to and from home, as well as to volunteer training sites and recreational outings.

**Admission Criteria:** The program is open to all individuals diagnosed with autism, or other developmental disability with autistic features.

**Staffing:**2 individuals to 1 staff

For more Information, please contact:

Farzana Karim, Intake Department, (718) 728-8476, ext. 1233

## Don't miss this! INTELLIGENT LIVES

A documentary by DAN HABIB (creator of Including Samuel)

OPENS SEPTEMBER 21, 2018

VILLAGE EAST CINEMA

181-189 2nd Ave., New York, NY 10003

View the trailer here.

Facebook | Twitter | Trailer | Instagram

>>TICKETS [https://www.citycinemas.com/villageeast/film/intelligent-lives] << GROUP DISCOUNTS AVAILABLE!

From award-winning filmmaker Dan Habib (*Including Samuel, Who Cares About Kelsey?*) comes **INTELLIGENT LIVES**, a catalyst to transform the label of intellectual disability from a life sentence of isolation into a life of possibility for the most systematically segregated people in America.

INTELLIGENT LIVES stars three pioneering young American adults with intellectual disabilities – Micah, Naieer, and Naomie – who challenge perceptions of intelligence as they navigate high school, college, and the workforce. Academy Award-winning actor and narrator Chris Cooper contextualizes the lives of these central characters through the emotional personal story of his son Jesse, as the film unpacks the shameful and ongoing track record of intelligence testing in the U.S.

INTELLIGENT LIVES challenges what it means to be intelligent, and points to a future in which people of *all* abilities can fully participate in higher education, meaningful employment and intimate relationships.

#### Dan Habib

Filmmaker and Project Director
University of New Hampshire Institute on Disability
56 Old Suncook Road, Suite 2
Concord, NH 03301
(603) 228-2085 x 46
dam.habib@umh.edu

www.intelligentlives.org · intelligent.lives@umh.edu

Facebook: intelligentlives • Twitter: @IntelligenceDoc • Insta: @danhabibfilms



#### INTELLIGENT LIVES A Documentary

#### Facebook Post:

Open doors to inclusive education and employment for young adults with disabilities! Come see the groundbreaking new documentary @IntelligentLives by award-winning disability rights filmmaker Dan Habib. Coming to NYC for an EXCLUSIVE one week theatrical premiere. Purchase your tickets today for showtimes September 21 through September 27 at @citycinemasnyc (group discounts available). #IntelligentLives #openingdoors http://bit.ly/ILNYPartners

#### Tweets:

Open doors to #inclusiveeducation & employment for youth & adults w/disabilities! New #documentary @intelligencedoc challenges what it means to be intelligent. See this film in NYC @villageeastcinemanyc for an EXCLUSIVE one week theatrical premiere. <a href="http://bit.ly/ILNYPartners">http://bit.ly/ILNYPartners</a>

What do we lose when intelligence is a number? New #documentary @intelligencedoc tackles this important question. Don't miss the chance to see this groundbreaking film in NYC @villageeastcinemanyc during its exclusive one week theatrical premiere. <a href="http://bit.ly/ILNYPartners">http://bit.ly/ILNYPartners</a>

#### **BIRCH FAMILY SERVICES**

ACROSS THE LIFESPAN

## YOUNG ADULT PARENT SUPPORT SERIES

Birch Family Services' Across the Lifespan series will provide a young adult parent support series to address the needs of parents/family members supporting children with Autism Spectrum Disorder.

#### LEAD BY DEBRA BARDAVID, LCSW

Birch's Administrative Office • 3rd floor conference room 104 W 29th St, New York City

#### **WEDNESDAY EVENINGS' STARTING SEPTEMBER 26, 2018**

6:00 pm – 7:15 pm

For more information or to register please contact: Kari-Ann Wanat, Assistant Director of New Frontier at newfrontier@birchfamilyservices.org or 212-616-1845.

\*Program will take place approximately every other Wednesday evening through December 19, 2018.

Parent Support Services is presented under the auspices of **ACROSS THE LIFESPAN**, a series of seminars and workshops for individuals on the autism spectrum and their families.



Birch Family Services is dedicated to supporting children, adolescents and adults with autism and other developmental disabilities as they learn, through our education and community programs, to live more independently, obtain competitive employment and become integral members of their communities. We are committed to empowering the individuals and families we support to realize their dreams and reach their fullest potential.

ACROSS THE LIFESPAN

# ESSENTIALS OF SOCIAL COMMUNICATION

Across the Lifespan presents a 12 week program on enhancing social skills development and peer to peer skills development for young adults with Autism Spectrum Disorder.

#### **ESSENTIALS OF SOCIAL COMMUNICATION** will utilize the

PEERS® (Program for the Education and Enrichment of Relational Skills) Curriculum developed at UCLA by Dr. Elizabeth Laugeson and Dr. Fred Frankel.

Workshops will be held on Wednesday evenings at the Birch Administrative Office 2nd floor Training Room • 104 W 29th Street, New York City 5:30-7:00 pm

Three sets of workshops for the upcoming 2018 – 2019 year: September 19 – December 19; January 2 – March 27; and April 3- June 19. The program will be facilitated by Kristen Cortese.

For more information or to register please contact Kari-Ann Wanat Assistant Director of New Frontier at newfrontier@birchfamilyservices.org or 212-616-1845.

Social Skills Workshops are presented under the auspices of **ACROSS THE LIFESPAN**, a series of seminars and workshops for individuals on the autism spectrum and their families.



ACROSS THE LIFESPAN

# HEALTH AND WELLNESS SERIES

Across the Lifespan presents a series of workshops focusing on the health and wellness of young adults with autism spectrum disorder. Workshops will focus on yoga and mindfulness, friendships and dating, and nutrition. Each series of workshops will be facilitated by experts in their content area and have two program assistants available.

The Health and Wellness Series will meet on Tuesday evenings starting September 18, 2019.\*

YOGA AND MINDFULNESS: September 18 – October 23 FRIENDSHIPS AND DATING: November 6 – December 11 NUTRITION: December 18 – February 5 (no sessions on 12/25 & 1/1)

All workshops will be held at Birch's Administrative Office 2nd floor Training Room • 104 W 29th Street, New York City 5:30-7:00 pm

For more information or to register please contact Kari-Ann Wanat Assistant Director of New Frontier at newfrontier@birchfamilyservices.org or 212-616-1845.

\*You can attend all three series of workshops or the series that interests you.

The Health and Wellness series is presented under the auspices of **ACROSS THE LIFESPAN**, a series of seminars and workshops for individuals on the autism spectrum and their families.



**PRESENTS** 



A Series of Seminars and Workshops For Individuals on the Autism Spectrum and the Families and Professionals Supporting Them

Choose a seminar, workshop or activity suited to your interests. Birch Family Services staff in partnership with other professionals will facilitate a variety of initiatives that include:

- Social Skills\* 12 week workshop series focused on enhancing an individual's abilities
- Social Leisure Club\* meets twice monthly with people of similar interests
- Family Planning/Transition
   Workshops Understand the
   resources available for you or your
   family member
- Social Sexuality Workshops Workshops designed to support and educate individuals, families, and professionals

- Financial Planning Workshops Understanding the resources available to individuals and their families to plan for the future
- Understanding Autism
   Workshops Understanding autism and how to support individuals on the spectrum
- Benefits Advisement —
   Understanding employment
   barriers facing individuals with
   disabilities
- Housing and Other Supports Understanding the different types of residential support within OPWDD

- Technology and Today —
   Understanding how technology is used in our everyday lives and internet safety
- Understanding Person Centered Planning/Self-Determination Workshops — Understanding the approach to person centered planning and self-determination
- Health and Wellness Series\* —
   A series of workshops on friendships and dating, nutrition, and healthy living
- Parent Support 8 week support series held in the fall and spring in various locations throughout the city
- \*These activities are part of Birch Family Services' New Frontier Program an initiative committed to supporting young adults living on the spectrum achieve their dreams, desires and goals.

#### **THE SERIES BEGINS IN AUGUST 2018**

For complete schedule, location and program information contact Kari-Ann Wanat, Assistant Director, New Frontier, newfrontier@birchfamilyservices.org, 212 616 1845.



ACROSS THE LIFESPAN



Starting August 2018 at the BIRCH FAMILY SERVICES Administrative Office\*

#### **ACTIVITIES WILL INCLUDE:**

# MOVIE NIGHT • MINI GOLF • GAME NIGHT NY BOTANICAL GARDEN • BOWLING RIPLEY'S • MUSEUMS

The New Frontier Social Leisure Club is for individuals with Autism Spectrum Disorder who would like to participate in socialization activities. Two groups of 15 participants will be staffed by New Frontier personnel. Each activity is planned based on participant suggestions.

The New Frontier Social Leisure Club has three goals: The first is to provide supervised socialization opportunities. The second is to help individuals develop skills and abilities to be able to socialize in group settings. The third is to have members form bonds and build lasting friendships.

Social Leisure Club is presented under the auspices of **ACROSS THE LIFESPAN**, a series of seminars and workshops for individuals on the autism spectrum and their families.

ACROSS THE LIFESPAN programming is funded by the City of New York's Autism Awareness Initiative.

If interested please contact Kari-Ann Wanat at 212-616-1845 or kariann.wanat@birchfamilyservices.org or Jessie Janvier at 212-616-1848 or Jessie.Janvier@birchfamilyservices.org.

\*Some programs and events will be held offsite primarily in Manhattan, Brooklyn, and the Bronx.



# Sinergia, Inc. Day Services Overview

Director of Day Habilitation and Employment Services: Erin McSorley

Contact: emcsorley@sinergiany.org; 212-643-2840, ext. 315

### Day Habilitation

#### Group Day Hab

(Site-Based Day Habiltiation)

Coordinator: Peter Sartori psartori@sinergiany.org, ext. 332

The on-site Group Day Hab program (GDH) operates five days a week (M-F, 10am to 3pm) with limited capacity.

Enrollment is currently closed.

#### **Up-Living Day Hab**

(Day Habilitation Without Walls) (Supplemental Day Habilitation)

Coordinator: Rafael Larrinaga rlarrinaga@sinergiany.org, ext. 333

UpLiving Day Hab (Without Walls) services are provided in the community in a small group setting. Services focus on increasing independence and can include travel training

Weekdays (M-F), 10am to 3pm.

Open Enrollment!

Supplemental Day Hab services are provided weekdays, 3-5pm, and on Saturdays, 10am to 3pm, in addition to other daytime services.

Day Habilitation and Employment services can be combined in various arrangements, according to each individual's need and eligibility.

> For Intake, contact: (212) 643- 2840, ext. 336

### **Employment Services**

#### Amina Ali

Assistant Coordinator & Job Developer aali@sinergiany.org, ext. 376

#### Rob Maldonado

Assistant Coordinator & Job Coach rmaldonado@sinergiany.org, ext. 374

#### Supported Employment (SEMP)

Through Extended SEMP, job coaching support is provided to individuals with employment in the community. Integrated employment earning minimum wage is required for enrollment.

Intensive SEMP provides job development through the Employment Training Program (ETP) to job seekers ready for employment.

#### Caminos

(Pathway to Employment)

This service helps people prepare for job seeking through volunteer opportunities focused on developing vocational interests and skills. Job preparation classes are also provided in this *part-time* program. Enrollment expires after one year or 278 hours of service.

Open Enrollment!

#### **Community-Based Prevocational Services**

Community Pre-Voc services focus on career exploration and discovery through volunteer and community-based experiences. Services are provided in a small-group setting and can be continued as needed according to individual need.

Open Enrollment!



## Sinergia, Inc. Descripción General de los Servicios Diurnos

Directora de Servicios de Habilitación y Empleo del Día: Erin McSorley

Contacto: emcsorley@sinergiany.org; 212-643-2840, ext. 315

#### Habilitación del día

#### Grupo De Habilitacion Del Día

(Habilitación del día basada en el sitio)

Coordinador: Peter Sartori psartori@sinergiany.org, ext. 332

La habitacion del día grupo en el sitio opera cinco días a la semana (lunes a viernes, de 10:00 a.m. a 3:00 p.m.) con capacidad limitada.

#### **Up-Living Day Hab**

(Habilitación diurna sin paredes) (Habilitación suplementaria del día)

Coordinador: Rafael Larrinaga rlarrinaga@sinergiany.org, ext. 333

Los servicios de UpLiving Day Hab (sin paredes) se brindan en la comunidad en un entorno de grupo pequeño. Los servicios se enfocan en aumentar la independencia y pueden incluir entrenamiento de viaje.

Días laborables (M-F), de 10 a.m. a 3 p.m.

[Inscripción abierta!

Los servicios suplementarios del grupo del día se brindan entre semana, de 3 a 5 p. M., Y los sábados de 10 a 3 p. M., Además de otros servicios diurnos.

Los servicios de Habilitación y Empleo diurnos se pueden combinar en varios arreglos, de acuerdo con las necesidades y la elegibilidad de cada individuo.

> Para la admisión, contacte: (212) 643 - 2840, ext. 336

#### Servicios de empleo

#### Amina Ali

Coordinadora asistente Y Desarrollador de trabajo aali@sinergiany.org, ext. 376

#### **Rob Maldonado**

Asistente de Coordinador y Entrenador de Trabajo rmaldonado@sinergiany.org, ext. 374

#### Empleo con apoyo (SEMP)

A través de SEMP extendido, se brinda apoyo de capacitación laboral a las personas con empleo en la comunidad. Se requiere un salario mínimo para ganar un empleo integrado para la inscripción.

SEMP intensivo proporciona desarrollo laboral a través del Programa de Capacitación Laboral (ETP) para personas en busca y listas para el empleo.

#### Caminos

(Camino Al Empleo)

Este servicio ayuda a las personas a prepararse para la búsqueda de trabajo a través de oportunidades de trabajo voluntario, centrado en el desarrollo de intereses y habilidades vocacionales. Las clases de preparación para el trabajo también se proporcionan en este programa a tiempo parcial. La inscripción expira después de un año o 278 horas de servicio.

¡Inscripción abierta!

#### Servicios Prevocacionales Basados En La Communidad

Los servicios comunitarios prevocacional se enfocan en la exploración y el descubrimiento de carreras a través de experiencias voluntarias y basadas en la comunidad. Los servicios se brindan en un entorno de grupos pequeños y pueden continuarse según sea necesario de acuerdo con las necesidades individuales.

¡Inscripción abierta!





# COMMUNITY-BASED PREVOCATIONAL SERVICES

This program provides services to individuals who are interested in future employment. Activities include career exploration and the development of vocational skills such as task completion, problem solving, increased productivity, social relationship-building, safe practices in a community environment, and other activities that facilitate self-discovery for the individuals we serve.

An applicant must be enrolled in the Home and Community Based Waiver (HCBS) for eligibility. To enroll, contact your Medicaid Service Coordinator (MSC).

For Intake, Contact: (212) 643-2840, ext. 336

# SERVICIOS PREVOCATORIOS BASADOS EN LA COMUNIDAD

Este programa brinda servicios a personas que están interesadas en futuro empleo. Las actividades incluyen la exploración de carreras y el desarrollo de habilidades vocacionales tales como finalización de tareas, resolución de problemas, productividad incrementada, construcción de relaciones sociales, prácticas seguras en un entorno comunitario y otras actividades que facilitan el autodescubrimiento para las personas a las que servimos.

Un solicitante debe estar inscrito en la exención basada en el hogar y la comunidad (HCBS) para la elegibilidad. Para inscribirse, comuníquese con su coordinadora de servicios de Medicaid (MSC).

Para admisión, contacte al: (212) 643-2840, ext. 336



# Save The Date



# Anniversary Gala

Thursday November 8, 2018 5:00pm - 10:00pm

## **MAESTRO'S CATERERS**

1703 Bronxdale Avenue Bronx, NY 10462



For information about connecting to YAI services, go to yai.org/link or call us at 212.273.6182 - age range and eligibility requirements vary

#### BROOKLYN

Ballet Yoga Group for Children on the Autism Spectrum
BCAP Weekend Recreation Program
Community Habilitation
Day Habilitation
Saturday Recreation Program
Emergency Respite Reimbursement
Family Reimbursement
Friday Night Social
In-Home Behavior Management

Parent Training: Parents with Special Needs

Social Skills Group for Children on the

#### **QUEENS**

**Autism Spectrum** 

Afterschool Program
Community Habilitation
Crisis Intervention
Day Habilitation
Emergency Respite Reimbursement
Family Reimbursement
In-Home Behavior Management
Non Medicaid Skills Training
Overnight Respite
Parent Training: Sexuality
Parent Training: Parents with Special Needs

#### BRONX

Adult Recreation Club Fun Community Habilitation Day Habilitation In-Home Respite

#### MANHATTAN

Adult Recreation
Behavior Management for Male Caregivers
Community Habilitation
Crisis Intervention
Day Habilitation: Site-Based and Without Walls
Emergency Respite Reimbursement
Family Reimbursement
Holiday Respite
In-Home Behavior Management
In-Home Respite
Parent Training Groups
Parent Training: Sexuality
Parent Training: Parents with Special Needs
Social Skills for Children with Autism
You and I: Social and Networking Skills

#### **MULTI REGION**

Free Education Workshops: For people with disabilities, caregivers and professionals Free psychological, psychosocial and autism assessements - Bk, M, Qns Independent Living Program

Leisure Trax

NYSTART: Crisis Prevention and Response for People with I/DD (212.273.6300) - M, Bx, Qns Premier HealthCare: Internal Medicine, Pediatrics, Dental and Ophthalmology Skills Building: Transition to Independence for Young Adults on the Autism Spectrum Supported Employment Services

Manhattan Star Academy: Private School

Resources and Supports Workshops: Learn about the I/DD System and Services

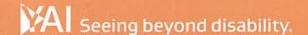


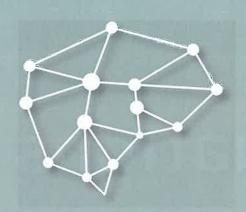
Free Psychological, Psychosocial and Autism Assessments for Brooklyn, Queens, and Manhattan residents\*

\*Eligibility criteria varies by borough. Applicants must be *ineligible* for Medicaid.

For more information, contact YAI LINK at 212.273.6182 or link@yai.org

Funding provided by the NYC Department of Health and Mental Hygiene and the NYS Office for People with Developmental Disabilities





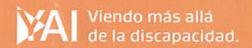
# Evaluaciones Gratuitas

Evaluaciones psicológicas, psicosociales y de autismo gratuitas para residentes de los condados de Brooklyn, Queens y Manhattan\*

\*El criterio de elegibilidad varía de acuerdo al condado.

Para más información, pónganse en contacto con YAI LINK al 212.273.6182 o link@yai.org

Financiado a través de NYC Department of Health and Mental Hygiene y NYS Office for People with Developmental Disabilities









Taking care of a family member with ID/DD is stressful at times. But when the family is overhwhelmed, the right support can make all the difference.

#### WE PROVIDE EXPERT ASSISTANCE WITH:

# SHORT-TERM CASE MANAGEMENT

Our social workers will help you apply for OPWDD eligibility and will help connect you with the supports you need.

### CRISIS COUNSELING

Short-term counseling to help enhance coping skills and identify solutions to problems.

### BEHAVIOR Management

We will empower and teach parents/caregivers how to address and modify challenging behaviorsin the home.

#### **MANHATTAN**

212,273,6200

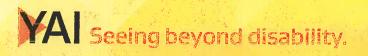
manhattancrisisintervention@yai.org

#### **OUEENS**

718.793.2182 X 4572 | 718.793.2182 × 4573 (español) queenscrisisintervention@yai.org

# yai.org/helpinacrisis

Must reside in Manhattan & Queens



¿EN CRISIS?

Obtener ayuda durante la crisis.



Cuidar a un familiar con ID/DD es a veces estresante, pero cuando la familia está estresada, el apoyo correcto puede hacer la diferencia.

#### **NOSOTROS LE PROVEEMOS ASISTENCIA CON:**

### MANEJO DEL CASO A CORTO PLAZO

Nuestros trabajadores sociales le ayudaran a aplicar por la elegibilidad de OPWDD y lo conectarán con los servicios que usted necesita.

### CONSEJERÍA EN MOMENTOS DE CRISIS

La consejería a corto
plazo le ayuda a usar las
estrategias para lidiar
con el estrés e
identificar soluciones a
sus problemas.

### MODIFICACIÓN DE LOS COMPORTAMIENTOS

Enseñamos y
empoderamos a los
padres/ cuidadores en su
propia casa a manejar
los comportamientos
desafiantes.

#### **MANHATTAN**

212.273.6200

manhattancrisisintervention@yai.org

#### **OUEENS**

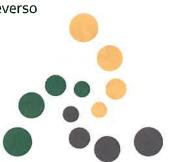
718.793.2182 X 4572 | 718.793.2182 × 4573 (español) queenscrisisintervention@yai.org

# yai.org/helpinacrisis

La persona debe residir en Manhattan o Queens.







# Advocacy RESOURCE CENTER

#### **RESOURCES AND SUPPORTS:**

Navigating the System for People with Developmental Disabilities

#### Learn About:

• Eligibility and access to services through NYS Office for People with Developmental Disabilities (OPWDD)

Morning Workshops (10am-12pm)

Wednesday, September 12<sup>th</sup>

Wednesday, October 10<sup>th</sup>

Wednesday, October 24<sup>th</sup>

Wednesday, November 14<sup>th</sup>

Wednesday, December 19<sup>th</sup>

**Evening Workshops (6pm-8pm)** 

Wednesday, September 26<sup>th</sup>

Wednesday, November 7<sup>th</sup>

Wednesday, December 19<sup>th</sup>

Unable to make it in person?

Phone-In Workshop (12pm-1pm)

Wednesday, October 3<sup>rd</sup>

Wednesday, December 5<sup>th</sup> Register online for access details.

Register at: yai.org/resourcesandsupports (Walk-ins also welcome)
460 W. 34<sup>TH</sup> St, 11<sup>TH</sup> Fl, New York

YAI LINK 212.273.6182 or link@yai.org

(Workshops are open to people with I/DD, families, caregivers, and professionals)

Supported in part by a generous grant from The Taft Foundation





# **RECURSOS Y APOYOS:**

# Navegando el Sistema para Personas con Discapacidades del Desarrollo

#### Infórmese sobre:

 Elegibilidad y acceso a servicios a través de la Oficina para Personas con Discapacidades del Desarrollo (OPWDD por sus siglas en inglés)

> Miércoles 3 de octubre 10am-12pm Miércoles 17 de octubre 10am-12pm Miércoles 28 de noviembre 10am-12pm Miércoles 12 de diciembre 10am-12pm

#### Registrarse en:

yai.org/resourcesandsupports (Puede acudir sin previa registración) 460 W. 34<sup>TH</sup> Street, 11<sup>TH</sup> Floor, New York

YAI LINK 212.273.6412 o link@yai.org

(Talleres abiertos a individuos, familias, proveedores de cuidado y profesionales)

Sesiones financiandas en parte con el generoso aporte de la Fundación TAFT

# SHOULDER TO SHOULDER

A safe space for male caregivers of people with developmental disabilities.

Are you a male caregiver of a person with a developmental disability? Come and join other caregivers to learn techniques to improve behaviors and interactions ... shoulder to shoulder.

#### **TOPICS INCLUDE:**

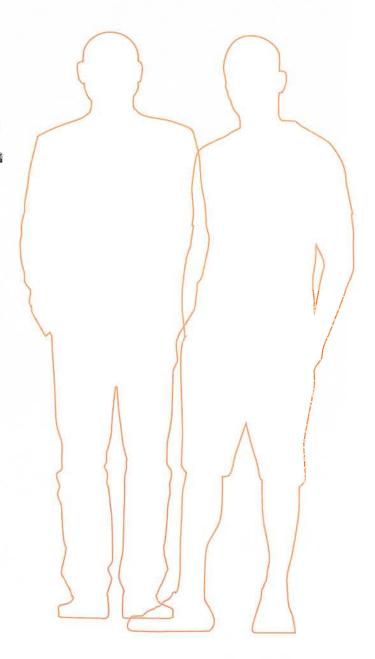
- Understanding Family Roles and Structure
- > Managing Challenging Behaviors
- > Promoting Positive Communication
- > Empowering the Male Caregiver

Person must reside at home with family in Bronx, Manhattan, or Staten Island

New York State Office for People with Developmental Disabilities (OPWDD) Eligibility Required

For more information and to register: call 212.273.6259 or email projectgrow@yai.org







For young adults, ages 17 - 21 on the autism spectrum.

# Yoga & Mindfulness

Engage in calming physical and mental activities that promote movement, relaxation, self-awareness, stress reduction and socialization.

### Life Skills

Develop and enhance life skills that focus on judgement, decision making, risk-taking, problem-solving and self-advocacy. Group topics include money management, community safety, self-care, relationships, and more!

#### Kitchen Skills

This course introduces cooking fundamentals like measuring, safety, and knife skills that are necessary in being able to prepare meals independently.

Groups available in the late afternoon and evening

For more information, please call: YAI LINK at 212.273.6182 or email link@yai.org

Must meet NYC Department of Health and Mental Hygiene program criteria.

# Manhattan Social Skills Group

For Adolescents & Young Adults (aged 9+) with Autism\*

yai.org/socialskills-manhattan



### **Group topics include:**

- friendships
- communication
- social boundaries
- awareness of others
- assertion/choice making

Sessions are open to people who live at home with their families in **Manhattan** 

10 weekly sessions in Fall and Spring

A light snack and travel reimbursement will be provided

For information call social skills intake at: 718.793.2182 x4993

\*Registration and New York State Office for People with Developmental Disabilities (OPWDD) Eligibility Required

