



Attention Manhattan Families

FAMILY REIMBURSEMENT PROGRAM!

New



Program Details

OHEL Bais Ezra offers family reimbursement for goods and services, which are not funded through other sources, for family members who have **a child diagnosed with a developmental disability.**

Do I Qualify?

Families qualify by completing an application and their child must be OPWDD eligible. *Reimbursement is based on a first come, first served basis as funding is limited.*



For more information:
718-686-3451



Communityservices@
ohelfamily.org





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RECREATION OPPORTUNITIES: (Contact the Referral and Information Center at (212) 780-4491). **Summer Day Camp in the City and School Holiday Respite (All Boroughs):** Operates when school is not in session during the school year, 10 a.m. – 4 p.m. This program is to provide respite to families when school is not in session. Transportation is provided, must be in the HCBS waiver Current openings in both the children's program (ages 6 – 13 years old); those interested in Summer Day Camp in the City **must not** be HCBS Waiver eligible and is 13 to 21 years of age. Please Contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org. **City Teens Program:** Individuals aged between 12-21 who are diagnosed with ASD (Autistic Spectrum Disorder) and are NOT eligible for OPWDD services. Mostly open to teens from Brooklyn but can accommodate a few from other boroughs. Program meets Sundays during the school year in Union Square for fun adventures around the city. Please contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org. **Overnight Weekend/Getaway Respite Programs (Mini Camps, Adult Hotel Respite, Teens Overnight Holiday Respite, and Bronx Escorted Vacations):** Available for independent travelers and individuals that are able to self-medicate and those who enjoy trips to various new places including upstate (Omitted days of trips) New York to discover various local attractions and seasonal activities. All individuals interested in this program must be in the HCBS Waiver. No cost, transportation provided. Please Contact Natalia Brzykcy at Natalia.Brzykcy@ahrcnyc.org. **Manhattan, Staten Island, Brooklyn and Queens Saturday Recreation and Socialization Programs for Children, Teens/Young Adults and Adults:** Operates Saturdays from September to June, 10 a.m. – 3 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children's program (ages 6 – 12 years), teens/young adult program (13+), adults (21+). Please Contact Emily Hirst at Emily.Hirst@ahrcnyc.org OR Sam Emsell at Samuel.Emsell@ahrcnyc.org. **General Recreation Activities: Softball in Central Park, Brooklyn Basketball Program, Staten Island and Brooklyn Restaurant Club, Bowling throughout NYC, Quarterly Dances, Super Saturday, Sunday Trips and Queens Leisure:** Available to people who lives in New York City and NOT eligible for OPWDD services. Please contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org OR Sam Emsell at Samuel.Emsell@ahrcnyc.org for more information of days and time. **Afterschool in Staten Island, Queens, Manhattan, Bronx and Brooklyn:** (for children and teens, ages 6-21). Children must live in the borough of the program. Each of our afterschool has different eligibility criteria; if you need more information please contact Robyn O'Brien at Robyn.O'Brien@ahrcnyc.org. **Overnight Summer Camps at Camp Anne and the Lodge:** Operates in the summer months with sub divided five different 11 day sessions based on age groups. Transportation is provided between NYC and the Camps. Various eligibility requirements. Please contact Mike Rose at Michael.Rose@ahrcnyc.org for Camp Anne and Matt Hatcher at Matthew.Hatcher@ahrcnyc.org for the Lodge.

OVERNIGHT/EMERGENCY In-Home Hourly Respite Hourly Program: This type of Respite is a temporary care of a person with intellectual and developmental disabilities provided on an emergency basis due to a family/caregiver situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. The overnight/emergency respite services ensure that the person receiving supports is safe and his/her basic needs are met. Emergency respite is provided in individual's home. A caregiver must reside with the individual in the same household to be eligible for services. An applying person should be OPWDD eligible. Services are provided to families residing in the boroughs of Queens and Manhattan. Contact Kesha Sutton, Program Intake Supervisor at 212-780-4482. **IN-HOME RESPITE PROGRAM:** is designed to provide a relief for the caregiver. The in-home respite services ensure that the person receiving supports is safe and his/her basic needs are met. A caregiver must reside with the individual in the same household. The caregiver does not need to be present in the home during service provision hours. Services can be provided in the home or out in the community. We are open for people ages 3 and over in 5 boroughs of NYC. Contact the Referral and Information Center at (212) 780-4491, **COMMUNITY HABILITATION:** CH is a goal oriented service designed to train and support individuals to increase their independence. Services can be provided in the home or out in the community and the caregiver does not need to be present in the home during service provision. Individual applying for services must be OPWDD waiver eligible. We are open for people ages 3 and over in 5 boroughs of NYC. Contact the Referral and Information Center at (212) 780-4491.

EMPLOYMENT and BUSINESS SERVICES: TechnoStart: Program in S.I. for individuals with I/DD. 12 week vocational training program. Program helps individuals 18 years and older to Become Certified in Microsoft Office Applications and become Document Management Specialists learn about digital archiving, data entry and more. Job placement services and benefits assistance provided. Contact Cynthia Azueta at 718-981-3452. **Pathway to Employment:** The Pathway to Employment program offers individuals already enrolled in a waiver service an opportunity to discover their employment interests and improve their skill set. Participants will experience 3-4 job roles in the community through volunteer sites, receive job readiness training and personalized vocational discovery throughout this 1 year service with the goal of transitioning to paid employment. A variety of internship sites are available and this offers great opportunity for thorough discovery. Contact Jessica Waardal at 718-981-3452 for Staten Island; Pilar Jones at 212-895-3339 for Brooklyn; Ana Kuharik at 718-944-5099 for Bronx, Flora Nikogosyan at 212-634-8700 for Manhattan; Belma Dautovic at 718-639-5500 for Queens. **Brooklyn Day Hab without walls:** Day Hab without walls program explores the world of work through daily activities out in the community. Some of services and activities provided are: resume preparation workshops, interview



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preparation, personal hygiene skills, self-care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Pilar Jones 212-895-3339. **Staten Island Day Hab without Walls:** Day Hab without walls program explores the world of work through daily activities out in the community. Some of the services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self-care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Jessica Waardal at 718-981-3452. **Senior Retirement Services:** Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099. **Bronx Day Hab Without Walls:** This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of Day Hab and into employment. Contact Ana Kuharik, 718-944-5099 (Bronx) **Youth:** Train & Earn Careers in Environmental Services Program is a vocational training program for NYC residents with DD/ID/MI and LD and/or low income; 18-24 years old. 15 weeks of training combines classroom instruction with paid internship at major NYC businesses. Successful graduates will become Certified Custodian Technicians- certified by third party. There are three cycles during the year. The program offers job placement and job supports after graduation. Integrated program great for developing relationships and preparing for employment. Brooklyn: Jeremiah Jenkins, 212-895-3310; Bronx, Cristina Mapoy 718-944-5099, Staten Island, Cynthia Azueta at 347-504-4882. **Staten Island Intern & Earn Program:** DYCD- 14 weeks of a paid internship program for young adults from 16-24 years old, who are out of school and out of work. Internship opportunities include; clerical, retail, culinary and maintenance. 350 hours of paid internship followed by job placement. Call Cynthia Azueta at 347-504-4882 or Natalya Sarukhanova at 718-981-3452. **HIRE - Supported Employment,** placement in jobs dependent on applicant's skills and abilities. Brooklyn: Sofiya Nibelitskaya, 212-895-3325. Queens: Melissa Levin-Tormos 917-662-6496. Bronx: Wayne Thomas, 718-944-5099. Staten Island: Jaclyn Tocco (718) 981-3452. Manhattan: Mikala Abrahams - 212-634-8673. **Job Connection Center-Psycho-social Clubhouse (Brooklyn):** A small, innovative, community-based membership program specifically designed to support people living with mental illness and intellectual and developmental disabilities. Voluntary participations allows members to gain free access to opportunities to rejoin the worlds of friendship, family, employment and education, and to the services and support they may individually need to continue their recovery. Call Blessing Nwulu at 212-895-3370.

ADULT DAY SERVICES: A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. **There are vacancies at all ADS sites throughout the 5 boroughs.** For more details, call Central Intake at 212-780-4491.

Emergency Reimbursement Program (Family Support Service): The Emergency Program provides reimbursement up to \$1,000 for people who have developmental disabilities and need emergency support. The requests may be for goods and/or short term services that will support the person during the time of an emergency. A wide variety of goods and services will be considered, including: costs to replace items lost in a fire, mattress replacement after bed bug infestation, utility suspensions, eviction risks and Emergency Respite Care. Emergency Respite Care is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected emergency travel plans or relief needed for the caregiver due to special circumstances. Criteria for program enrollment: resides with family in Brooklyn or Queens, OPWDD eligibility. For more information call 212-895-3478. **Nicosia Family Reimbursement:** The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: OPWDD eligibility, resides with family, vacancies for those living in Manhattan, Brooklyn, Queens, Bronx or Staten Island. For more information call 212-895-3478. **Intensive Behavioral Services** Program in the Bronx which provides Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566. **Queens Intensive Parent Training:** This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592. **Non-Medicaid Service Coordination:** The service includes assisting families through the Medicaid application process, information and referral services, outreach, parent networking and service access



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assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: resides with family, vacancies for Manhattan, Queens, Bronx, Brooklyn and Staten Island. No Medicaid required. For further information please call 212-895-3478. **Article 16 Clinic Services:** Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. There are also ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at the 2488 Grand Concourse Clinic. Services are available in English and Spanish. Anyone interested in these programs should contact AHRC Central Intake at 212-780-4491. **REHAB Services:** Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services. **FREE Psychological/Psychosocial Evaluations:** AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled who do not have Medicaid and are residents of the five boroughs of NYC. Services are available in English and Spanish. For more information or to make a referral, call AHRC Central Intake at 212-780-4491. **PEIR:** The program offers drug and alcohol prevention education groups for individuals with ID/DD and/or TBI who are at risk of abusing substances. The program also provides positive alternative groups such as creative arts therapy, recreation trips, and a weekend planning group. For more information contact Jason Conover at 212-780-2658. **Linkages:** Provides intensive case coordination for individuals diagnosed with ID/DD, TBI, and substance use disorder to assist with access to substance use disorder treatment and to help them maintain sobriety after they complete a rehabilitation program. The coordinator can assist individuals in accessing vocational training programs, psychosocial clubs, outpatient SUD programs, AA community meetings, and assistance applying for appropriate HRA housing. These services can be used by people already receiving other types of service coordination. For further information contact Danielle Kain at 646-845-6036

RESIDENTIAL: There are vacancies in supervised and supportive IRA's for people who do not have any ambulation issues. If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491. **OVERNIGHT RESPITE (out of home – NOT EMERGENCY; emergency above):** Guests must be age 8 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. There are availabilities in Manhattan, the Bronx, and Queens only. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact the Referral and Information Center at (212) 780-4491.

Healthcare Services

Medical Services in Article 28 clinics located in Brooklyn and Bronx, serving residents residing in the five boroughs of New York City. Clinics are wheelchair accessible. Services include Family Medicine, Women's Health, Psychiatry, Dental, Audiology, Podiatry and Neurology.

Article 16 clinic offers services in all five boroughs. Services include Occupational Therapy, Physical Therapy, Speech Therapy and Mental Health Counseling for adults (18+) who are OPWDD eligible.

Residential Services

Community Living Options are located in Bronx, Brooklyn, Manhattan and Staten Island.

- Information about accessing residential opportunities
- OPWDD eligibility is required

Bronx Overnight Respite

Open to all five boroughs. Fully accessible site.

- Transportation provided in Brooklyn, Manhattan, Queens and Staten Island.
- 3 years and older
- Waiver enrollment is required

Community Habilitation

Individualized service focused on personal goal attainment. Services are offered in the Bronx, Brooklyn, Manhattan and Staten Island.

- Waiver enrollment is required.
- Must be living independently or with a family member.
- Should be able and willing to work on self-identified valued outcomes.

Housing Assistance Services

Assists persons with disabilities and their families navigate New York City's vast housing systems while linking people with service and supports to navigate through housing challenges.

- Services available to people who are OPWDD eligible and living with family.
- Offers advocacy support, information and referrals on such topics as:
 - Eviction prevention, housing court, rent arrears
 - Affordable housing, low income and accessible housing (NYCHA, Subsidized Housing, Housing Connect/Lottery)

Doorways to Independence: Home Modifications

A program focused on assisting persons with disabilities in addressing their home accessibility needs.

- Funding available to cover the cost of wheelchair ramps, stairlifts, accessible bathrooms, widening of doors, grab bars, railings, and other necessary modifications.
- Home Assessments conducted by an Accessibility Consultant to determine feasibility of the requested modification and for scope of work development.
- Persons with permanent physical disabilities, elderly, and medically frail are eligible to apply.

Family Reimbursement

Funds available in the Bronx, Brooklyn, Manhattan and Staten Island.

- \$500.00 limit for Brooklyn, Manhattan, Staten Island
- Camp Funds available in Bronx, Brooklyn, Staten Island
- Durable Medical Equipment Funds available
- Funds available to cover items denied by Medicaid or other funding sources.
- Families can apply once per fiscal year (July 1- June 30).

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, Projectconnect@adaptcommunitynetwork.org

www.adaptcommunitynetwork.org

Children/Education Services

Bronx, Brooklyn, Manhattan, Queens and Staten Island

- On-site therapeutic services
- Preschool services
- Universal Pre-K
- Integrated programming
- School-Age Program (Brooklyn only)
- Early Childhood Direction Center (Brooklyn only)

After-School Program

Bronx, Brooklyn and Manhattan

- Manhattan PS 138@30
- Brooklyn PS 396 & Annex at ADAPT Community Network
- Bronx P721x
- Transportation is provided.

Day Habilitation

Day Programs available in Bronx, Brooklyn, Manhattan and Staten Island. Persons served must be age 18 or older to apply.

- OPWDD eligibility
- Must be waived/enrolled (if living at home with family).

Supported Employment

Service is available to Bronx, Brooklyn, Manhattan and Staten Island residents. Employment services and supports for people with disabilities. Waiver eligibility is preferred.

Family Connect

Family Connect Centers offer free weekly workshops, support services, and educational resources for New York City parents and families of children with disabilities. Through the Family Connect Centers, families are encouraged to learn, explore resources, and participate in improving outcomes for children with disabilities.

Technology Resource Centers/Techworks to Go Van

As the NYC centers of the NYS Assistive Technology Act Program, TechWorks is a free, public service to help minimize and overcome barriers due to disabilities. From simple utensil grasps to complex communication devices, a myriad of options can be offered to create more independence. Contact us for our device demonstrations, short-term loans, trainings and information and referral service.

SHARE Lending Library

Located in Staten Island, Brooklyn, Manhattan and the Bronx. Borrow books, adaptive toys and educational materials.

ACTION DAY CAMP

Three-week summer day camp experience for young people who reside in Brooklyn, ages 13-21, and live with a family member.

- OPWDD and Waiver-enrollment required

SPIRIT

Saturday Recreation Programs offered in Brooklyn, Manhattan and Staten Island.

- Individuals between the ages of 13-29, OPWDD eligible and live with a family member who resides in Manhattan, Bronx, Brooklyn or Staten Island. Transportation is provided.

EXPLORE Club Disco

Once a month, Friday night events held in Manhattan, Brooklyn and Staten Island (SI individuals must be HCBS waiver).

- 18 years or older, OPWDD eligible and live with a family member who resides in Manhattan, Bronx and Brooklyn.
- Wheelchair accessible. Transportation not provided.
- Dinner and refreshments served.

Individualized Supports & Services (ISS)

OPWDD Housing Subsidy administered by ADAPT Community Network to assist individuals with achieving or maintaining independent living.

PROJECT CONNECT

Information and referral for supports and services offered in Brooklyn, Bronx, Manhattan, Queens and Staten Island.

1-877-827-2666, Projectconnect@adaptcommunitynetwork.org

www.adaptcommunitynetwork.org

ADAPT [we live] COMMUNITY NETWORK



ADAPT Housing Assistance Program

The **ADAPT Housing Assistance Program** helps individuals living with disabilities and their families navigate New York City's vast housing system and live as independently as possible.

ADAPT offers advocacy support, information, legal guidance and referrals for individuals seeking accessible and affordable housing. We also provide access to home modification funds.

What We Offer:

- Housing and accessibility rights education
- Eviction prevention and housing court assistance
- Landlord and tenant negotiations
- Assistance with affordable, low-income and accessible housing (Section 8 & NYCHA transfers)
- Home modification funds

What's Needed to Apply:

In order to qualify for the Housing Assistance Program, at least one individual in the household must have a documented developmental or neurological disorder.

You should also have an **OPWDD eligibility letter** or a **letter** stating that you have gone through the **OPWDD Front Door** program.

Please note that ADAPT's Housing Assistance Program doesn't provide direct financial assistance nor do we rent apartments.

For more information, please contact **PROJECT CONNECT**,
projectconnect@adaptcommunitynetwork.org or 1.877.827.2666.

Doorways to Independence



ADAPT HOME MODIFICATION PROGRAM

Through the Doorways to Independence program, ADAPT Community Network provides home modification services to persons with disabilities, the elderly, and the medically frail. Funding is available to cover the cost of modifications that will improve physical access and safety within the home. Home owners, co-op owners, and renters may qualify for assistance. Home Modifications may include, but are not limited to: **wheelchair ramps, stair-lifts, grab bars, railings, widening of doorways, safety fences, wheelchair accessible bathrooms, and more...**



WHAT WE OFFER

Full project coordination including:

- Home assessments
- Scope of work development
- Obtaining estimates from qualified and licensed vendors/contractors
- Project management

ACCESS TO HOME GRANT

- Service available in all five boroughs
- Applicant could be living independently or with family
- Must have a permanent physical disability or have substantial difficulty with ADL's due to aging
- Total household income may not exceed 80% of area median income
- Allocations of funds may vary, however the project cap is 25k



FAMILY SUPPORTS AND SERVICES GRANT

- Service available for **Queens** and **Staten Island** residents
- Applicant must be residing with family
- Must be diagnosed with a developmental disability and be approved for OPWDD services
- There is no income requirement to qualify for this assistance
- Allocations of funds may vary, however project cap is 6k

ADAPT

COMMUNITY NETWORK

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Family Reimbursement

ADAPT Community Network's Family Reimbursement program provides funds to individuals with disabilities and their families. These funds cover the cost of goods/services that are not obtainable through other sources ie. Medicaid, medical insurance, etc.

Items such as:

- Clothing
- Respite Care
- Beds
- Dressers
- and More...

Also, Durable Medical Equipment, such as;

- Wheelchair parts/repair
- Shower chairs
- Hospital beds
- Commodes
- Walkers



If the request is for medical or adaptive equipment, medical documentation supporting a need for the equipment must be included, such as a letter from the PT, or OT (and must include signature and license #). You must also show proof that Medicaid or your medical insurance does not cover the item.

Families can apply once per fiscal year, July 1st - June 30

For more information call 877-827-2666
ADAPT Community Network Family Reimbursement
80 Maiden Lane, 8th Fl, New York, NY, 10038
projectconnect@adaptcommunitynetwork.org
www.adaptcommunitynetwork.org

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Programa de Reembolso de Familia

El Programa de Reembolso de Familia de ADAPT Community Network ofrece fondos a los individuos con discapacidades y a sus familiares. Estos fondos cubren el costo de bienes y servicios que no puedan ser obtenidos a través de otros recursos, ej., Medicaid, seguro médico, etc.

Artículos/Servicios tales como:

- Ropas
- Cuidado de Relevo
- Campamento
- Mobiliario Elegible
- Y Mas...

También, Equipo Médico Duradero, tales como:

- Reparaciones y piezas de sillas de ruedas
- Sillas para la ducha
- Camas de hospital/colchones
- Silla con orinal
- Andadores



Si la solicitud es para equipos médicos o de adaptación, documentación médica que apoye la necesidad para este equipo debe ser incluida, como una carta del fisioterapeuta, o terapeuta ocupacional (Y debe incluir la firma y el número de licencia). También debe mostrar prueba que Medicaid o su seguro médico no cubren el artículo.

Las familias pueden aplicar cada 12 meses.

Para más información favor de llamar al 877-827-2666
ADAPT Community Network Family Reimbursement
80 Maiden Lane, 8th Fl, New York, NY 10038
projectconnect@adaptcommunitynetwork.org
www.adaptcommunitynetwork.org

**Late November 2019
- And -
December 2019**

Workshops for all parents, professionals, and caregivers. No children please.

HAVING FUN WITH SENSORY INTEGRATION FOR YOUR CHILD

Tuesday, November 26th, 2019 281 Port Richmond Avenue, Staten Island, NY 10302 – Lower Level Time: 10am-12pm.

This hands-on workshop will explore sensory processing issues that may be causing your child's difficult to explain behaviors and his/hers decreased ability to process sensory information. There will be fun and practical activities demonstrated to support your child in home, school, and during recreational activities. There will also be opportunities to learn and practice exercises to help your child manage sensory overload.

Presenter: Margarita Gendelman, Certified Occupational Therapist

COMMUNICATING WITHOUT WORDS

Thursday, December 5th, 2019 80 West End Avenue, New York, NY 10023 – Room 124 Time: 10am-12pm.

Whether a child is verbal or nonverbal, visuals improve communication and behavior. Let's stop telling children what to do and start showing them. In this workshop you will create visual supports to help children understand and follow routines and take home the materials you have made. Materials will be provided.

Presenter: Ramapo for Children

TARGETING SOCIAL SKILLS & COMMUNICATION SKILLS

Thursday, December 12th, 2019 1770 Stillwell Avenue, Bronx, NY 10469– Second Floor Time: 10am-12pm.

This presentation will provide a research update on social skills interventions for children, teens, and adults with ASD. Dr. Gorenstein will focus on strategies that parents can use to help build their child's social communication skills.

Presenter: Dr. Michelle Gorenstein, Clinical Psychologist and Director of Outreach of the Seaver Autism Center for Research and Treatment at Mount Sinai.

THE EVALUATION PROCESS IN CHILDREN WITH ASD

Wednesday, December 18th, 2019 160 Lawrence Avenue, Brooklyn, NY 11230 – Room 205 Time: 10am-12pm.

This presentation will focus on the different diagnostic evaluations available to diagnose ASD. Dr. Gorenstein will discuss what parents should look for when seeking an independent evaluation for his or her child and provide an overview of what types of evaluations are needed to access services.

Presenter: Dr. Michelle Gorenstein, Clinical Psychologist and Director of Outreach of the Seaver Autism Center for Research and Treatment at Mount Sinai.

To register for a workshop please

Call 718-436-7979 Ext. 704 or

Email familyconnect@adaptcommunitynetwork.org



Talleres para padres, profesionales y cuidadores. Favor no traer niños

DIVIRTIÉNDOSE CON EJERCICIOS DE INTEGRACIÓN SENSORIAL PARA SU HIJO/A

Martes, 26 de Noviembre del 2019 281 Port Richmond Avenue, Staten Island, NY 10302 – Nivel Bajo Hora: 10am-12pm.

En este taller interactivo exploraremos los problemas sensoriales que están relacionados con los comportamientos difíciles, repetitivos y extraños que a veces presenta su hijo/a. También exploraremos las dificultades que tienen los niños para procesar estímulos sensoriales. Le daremos recomendaciones prácticas y divertidas así como ideas sobre actividades para ayudar a su hijo en la casa, la escuela y las actividades recreativas.

Presentadora: Margarita Gendelman, Certified Occupational Therapist

COMUNICARCE SIN PALABRAS

Jueves, 5 de Diciembre del 2019 80 West End Avenue, New York, NY 10023 – Salón 124 Hora: 10am-12pm.

Ya sea que un niño pueda comunicarse verbalmente o no, los símbolos visuales son una excelente estrategia para mejorar la comunicación y el comportamiento. Dejemos de decirle a los niños qué hacer y comenzar a mostráles. En este taller usted creará símbolos visuales para ayudarles a los niños a entender y seguir rutinas. Usted podrá llevarse a casa el material que haya creado. Nosotros proveeremos los materiales. *Presentadora: Ramapo for Children*

COMO INCREMENTAR HABILIDADES SOCIALES Y DE COMUNICACIÓN

Jueves, 12 de Diciembre del 2019 1770 Stillwell Avenue, Bronx, NY 10469– Segundo Piso Hora: 10am-12pm.

En este taller se presentará una presentación sobre los hallazgos actuales en investigación en el area de habilidades sociales en niños(as), adolescentes y adultos con autismo. La Dr. Gorenstein se enfocara en las estrategias pas los padres de familia y cuidadores en cómo ayudar a incrementar las habilidades sociales y de comunicación en su hijos(as).

Presentadora: Dra. Michelle Gorenstein es Psicóloga Clínica y Directora de Divulgación del Centro de Investigación y Tratamiento del Autismo de Seaver en el Monte Sinai.

EL PROCESO DE EVALUACIÓN EN NIÑOS (AS) CON AUTISMO

Miércoles, 18 de Diciembre del 2019 160 Lawrence Avenue, Brooklyn, NY 11230 – Salón 205 Hora: 10am-12pm.

Esta presentación se centrará en las diferentes evaluaciones disponibles para diagnosticar autismo. La Dr. Gorenstein discutirá qué deben buscar los padres cuando busquen una evaluación independiente para su hijo(a) y brindará una visión general de los tipos de evaluaciones que se necesitan para acceder a los servicios.

Presentadora: Dra. Michelle Gorenstein es Psicóloga Clínica y Directora de Divulgación del Centro de Investigación y Tratamiento del Autismo de Seaver en el Monte Sinai.

Para registrarse a un taller llame al

718-436-7979 Ext. 704 o escriba a

familyconnect@adaptcommunitynetwork.org



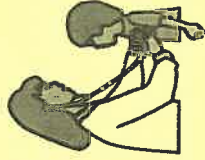
DISPONIBLE
TRADUCCION
AL ESPAÑOL

FREE WORKSHOP COMMUNICATING WITHOUT WORDS

ADAPT [we change]
COMMUNITY NETWORK
(Formerly United Cerebral Palsy of New York City)

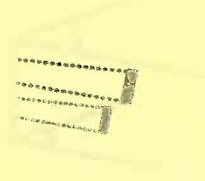
FIRST

Doctor visit



THEN

Playground



Date: Thursday, December 5th, 2019

Time: 10:00am to 12:00pm

Address: 80 West End Avenue, New York, NY 10023

Where: Room – 124

Presenter: Ramapo for Children

Whether a child is verbal or nonverbal, visuals improve communication and behavior

In this workshop you will...

- Create visual supports to help children understand and follow routines.
- Take home the materials you have made.

**WORKSHOP FOR PARENTS, CAREGIVERS
AND PROFESSIONALS ONLY. NO CHILDREN PLEASE.**

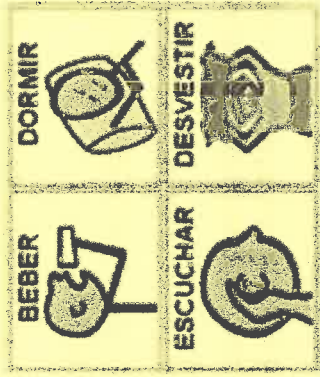
Please call 718-436-7979 Ext. 704 or email
familyconnect@adaptcommunitynetwork.org to register

**Let's stop telling children what to do
and start showing them.**

TALLER GRATUITO

COMUNICARCE SIN PALABRAS

ADAPT [we change]
COMMUNITY NETWORK
(Formerly United Cerebral Palsy of New York City)



Ya sea que un niño pueda comunicarse verbalmente o no, los símbolos visuales son una excelente estrategia para mejorar la comunicación y el comportamiento.

En este taller usted...

- Creará símbolos visuales para ayudarle a los niños a entender y seguir rutinas.
- Podrá llevarse a casa el material que haya creado.

Date: Jueves, 5 de Diciembre del 2019

Time: 10:00am a 12:00pm

Address: 80 West End Avenue, New York, NY 10023

Where: Salón 124

Presenter: Ramapo for Children

**EL TALLER ES ÚNICAMENTE PARA PADRES, CUIDADORES
Y PROFESIONALES. FAVOR NO TRAER NIÑOS.**

Llame al [718-436-7979](tel:718-436-7979) Ext. 704 o escriba a familyconnect@Adaptcommunitynetwork.org para registrarse

TARGETING SOCIAL SKILLS & COMMUNICATION SKILLS

DESCRIPTION: This presentation will provide a research update on social skills interventions for children, teens, and adults with ASD. Dr. Gorenstein will focus on strategies that parents can use to help build their child's social communication skills.

WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

DATE: Thursday, December 12, 2019

TIME: 10:00 AM – 12:00 PM

LOCATION: 1770 Stillwell Avenue
Bronx, NY 10469



PRESENTED BY DR. MICHELLE GORENSTEIN

Dr. Michelle Gorenstein is a Clinical Psychologist and Director of Outreach of the Seaver Autism Center for Research and Treatment at Mount Sinai. She earned her Doctoral (PsyD) in Clinical Psychology from Ferkauf Graduate School. Funding for her programs is received from UJA (United Jewish Appeal) Federation of New York to help disseminate more effective social skills programs to community centers across the tristate area. Additional areas of interests include treating comorbid anxiety and depression in individuals with ASD and creating more inclusive community programs for neurodiverse individuals.

REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org

By Phone: (718) 436-7979 Ext. 704

****Childcare not available****

Limited MetroCards for family members will be provided

COMO INCREMENTAR HABILIDADES SOCIALES Y DE COMUNICACION

DESCRIPCIÓN DEL TALLER: En este taller se presentará una presentación sobre los hallazgos actuales en investigación en el area de habilidades sociales en niños(as), adolescentes y adultos con autismo. La Dr. Gorenstein se enfocara en las estrategias pas los padres de familia y cuidadores en cómo ayudar a incrementar las habilidades sociales y de comunicación en su hijos(as).

QUIÉN DEBERÍA ASISTIR:

Padres, Familiares, cuidadores y profesionales que desean mejorar la vida de las ninos, las adolescentes. Damos la bienvenida a quien se esfuerza par alcanzar las mismos objetivos.

FECHA: Jueves 12 de Diciembre del 2019**HORA:** 10:00 AM - 12:00 PM**DIRECCIÓN:** 1770 Stillwell Avenue
Bronx, NY 10469**PRESENTADORA: DR. MICHELLE GORENSTEIN**

La Dra. Michelle Gorenstein es Psicóloga clínica y Directora de Divulgación del Centro de Investigación y Tratamiento del Autismo de Seaver en el Monte Sinai. Obtuvo su Doctorado en Psicología Clínica en la Escuela de Graduados de Ferkauf. El trabajo de la Doctora recibe fondos de la Federación UJA de Nueva York para ayudar a difundir programas de habilidades sociales más efectivos a los centros comunitarios en todo el área triestral. Adicionalmente las áreas de interés incluyen la cocunrencia de ansiedad y la depresión en individuos con el diagnostico de autismo. Dr. Gorenstein esta encargada de la creación de programas comunitarios para personas con sistema nerviosos diversos.

SE REQUIERE REGISTRACION**POR CORREO ELECTRONICO: familyconnect@adaptcommunitynetwork.org****POR TELEFONO: (718) 436-7979 ext. 704******EL CUIDADO DE NIÑOS NO SERA PROVEIDO******Se proveeran MetroCards para miembros de la Familia**

THE EVALUATION PROCESS IN CHILDREN WITH ASD

DESCRIPTION: This presentation will focus on the different diagnostic evaluations available to diagnose ASD. Dr. Gorenstein will discuss what parents should look for when seeking an independent evaluation for his or her child and provide an overview of what types of evaluations are needed to access services.

WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

DATE: Wednesday, December 18, 2019

TIME: 10:00 AM – 12:00 PM

LOCATION: 160 Lawrence Avenue
Brooklyn, NY 11230



PRESENTED BY DR. MICHELLE GORENSTEIN

Dr. Michelle Gorenstein is a Clinical Psychologist and Director of Outreach of the Seaver Autism Center for Research and Treatment at Mount Sinai. She earned her Doctoral (PsyD) in Clinical Psychology from Ferkauf Graduate School. Funding for her programs is received from UJA (United Jewish Appeal) Federation of New York to help disseminate more effective social skills programs to community centers across the tristate area. Additional areas of interests include treating comorbid anxiety and depression in individuals with ASD and creating more inclusive community programs for neurodiverse individuals.

REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org

By Phone: (718) 436-7979 Ext. 704

****Childcare not available****

Limited MetroCards for family members will be provided

EL PROCESO DE EVALUACIÓN EN NIÑOS (AS) CON AUTISMO

DESCRIPCIÓN DEL TALLER: Esta presentación se centrará en las diferentes evaluaciones disponibles para diagnosticar autismo. La Dr. Gorenstein discutirá qué deben buscar los padres cuando busquen una evaluación independiente para su hijo(a) y brindará una visión general de los tipos de evaluaciones que se necesitan para acceder a los servicios.

QUIÉN DEBERÍA ASISTIR:

Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

FECHA: Miércoles, 18 de Diciembre del 2019

HORA: 10:00 AM - 12:00 PM

DIRECCIÓN: 160 Lawrence Avenue
Brooklyn, NY 11230



PRESENTADORA: DR. MICHELLE GORENSTEIN

La Dra. Michelle Gorenstein es psicóloga clínica y Directora de Divulgación del Centro de Investigación y Tratamiento del Autismo de Seaver en el Monte Sinai. Obtuvo su Doctorado en Psicología Clínica en la Escuela de Graduados de Ferkauf. El trabajo de la Doctora recibe fondos de la Federación UJA de Nueva York para ayudar a difundir programas de habilidades sociales más efectivos a los centros comunitarios en todo el área triestral. Adicionalmente las áreas de interés incluyen la cocurrencia de ansiedad y la depresión en individuos con el diagnóstico de autismo. Dr. Gorenstein esta encargada de la creación de programas comunitarios para personas con sistema nerviosos diversos.

SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRÓNICO: familyconnect@adaptcommunitynetwork.org

POR TELÉFONO: (718) 436-7979 ext. 704

****EL CUIDADO DE NIÑOS NO SERÁ PROVEIDO****

Se proveerán MetroCards para miembros de la familia

USING SOCIAL STORIES & VISUAL SUPPORTS TO BUILD COPING SKILLS

DESCRIPTION: Children with autism spectrum disorder (ASD) and other Developmental Disabilities can often exhibit behaviors that may be challenging for parents, caregivers and educators. In this workshop, we will discuss how visual supports and social stories can be used to target problem behaviors. We will explore specific examples of how to create different types of visual supports (visual schedules, visual boundaries, visual labels, and visual locators) as well as discuss the steps to creating social stories.

WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

DATE: Thursday, January 23, 2020

TIME: 10:00 AM – 12:00 PM

LOCATION: 80 West End Avenue
New York, NY 10023



PRESENTED BY SARAH KERN

Sarah Kern, LCSW, is a Clinical Assistant Professor of Child and Adolescent Psychiatry at the Child Study Center at NYU Langone Medical Center. She specializes in the assessment and treatment of individuals with Autism Spectrum Disorder (ASD) as well as providing evidence-based treatments for children and teens with anxiety or mood disorders. In her clinical practice, Ms. Kern's treatment involves a range of interventions including cognitive behavioral interventions, parent management training, the naturalist behavioral intervention and other principles of behavior analysis, structured teaching, and/or positive behavior supports.

REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org

By Phone: (718) 436-7979 Ext. 704

****Childcare not available****

Limited MetroCards for family members will be provided

UTILIZANDO HISTORIAS SOCIALES Y SOPORTES VISUALES PARA CONSTRUIR HABILIDADES DE SOCIALIZACION

DESCRIPCION DEL TALLER: Los niños con trastorno del espectro autista (TEA) a menudo pueden exhibir conductas que pueden ser desafiantes para los padres, cuidadores y educadores. En esta presentación Analizaremos cómo se pueden utilizar los apoyos visuales y las historias sociales para mejorar los comportamientos desafiantes. Exploraremos ejemplos específicos de cómo crear diferentes tipos de soportes visuales (programaciones visuales, límites visuales, etiquetas visuales y localizadores visuales), así como analizar los pasos para crear historias sociales.

QUIÉN DEBERÍA ASISTIR:

Padres, familiares, cuidadores y profesionales que desean mejorar la vida de los niños, los adolescentes. Damos la bienvenida a quien se esfuerza por alcanzar los mismos objetivos.

FECHA: Jueves, 23 de Enero del 2020

HORA: 10:00 AM - 12:00 PM

DIRECCIÓN: 80 West End Avenue
New York, NY 10023



PRESENTADORA: SARAH KERN

Sarah Kern, LCSW, es un profesor asistente clínico de psiquiatría infantil y adolescente en el Child Study Center de NYU Langone Medical Center. Ella se especializa en la evaluación y el tratamiento de personas con trastornos del espectro autista (TEA), así como la prestación de tratamientos basados en la evidencia para niños y adolescentes con ansiedad o trastornos del estado de ánimo. En la práctica clínica, la Sra. Kern's el tratamiento implica una serie de intervenciones, incluidas intervenciones cognitivo-conductuales, capacitación en gestión de matrices, el naturalista la intervención conductual y otros principios de análisis de la conducta, la enseñanza estructurada, y/o apoyos del comportamiento positivo.

SE REQUIERE REGISTRACIÓN

POR CORREO ELECTRONICO: familyconnect@adaptcommunitynetwork.org

POR TELÉFONO: (718) 436-7979 ext. 704

****EL CUIDADO DE NIÑOS NO SERA PROVEIDO****

Se proveerán MetroCards para miembros de la familia

CURRENT PROGRAM OPENINGS

Call (718) 728 - 8476 for inquiries
(see extensions below)

NOVEMBER 2019



Quality Services for the Autism Community
Serving New York City and Long Island

QUEENS

1. Early Intervention (In-Home): Rhodie Volpe ext. 1512
2. Early Intervention Service Coordination: Ceres Joy Respcio ext 1252
3. Early Intervention (Center Based) : Joe Traegler 1521
4. Early Intervention Evaluations: Rhodie Volpe ext. 1512
5. SEIT: Rhodie Volpe ext. 1512
6. SETSS: Rhodie Volpe ext. 1512
7. Day Habilitation: Farzana Karim ext. 1233
8. Social Skills Group – High Functioning Autism: Dita DeSena ext.1418
9. Parent Training: Babina Chhetry ext. 1015
10. CPSE Evaluations: Rhodie Volpe ext. 1512
11. Supplemental Day Hab: Johnny Nunez ext. 1222
12. Non-Medicaid Service Coordination: Andrew Toscano ext. 1268
13. Self Direction: Broker Services Kevin Martinez ext.1240
14. Day School: Larisa Muratov ext. 1513
15. Respite: Johnny Nunez ext. 1222
16. Parent Support Group: Madelyn Wolfen ext. 1519
17. ABA Training: Madelyn Wolfen ext. 1519
18. ACCES-VR: Joseph Amodeo ext. 2016
19. Sibling Support Group: Madelyn Wolfen ext. 1519
20. Family Reimbursement (Goods & Services): Annie Washington ext. 2621
21. Preschool Centerbased Openings: Larisa Muratov ext. 1500
22. After School Program (Supplemental Day Hab): Farzana Karim ext. 1233
23. Non-Medicaid Evaluations: Rhodie Volpe ext. 1512

BROOKLYN

1. Early Intervention (In-Home) contact: Rhodie Volpe ext. 1512
2. Early Intervention Service Coordination: Ceres Joy Respcio ext 1252
3. Early Intervention Evaluations: Rhodie Volpe ext. 1512
4. SEIT: Rhodie Volpe ext. 1512
5. SETSS: Rhodie Volpe ext. 1512
6. Non-Medicaid Service Coordination: Andrew Toscano ext. 1268
7. CPSE Evaluations: Rhodie Volpe ext. 1512
8. Preschool Centerbased Openings: Larisa Muratov ext. 1500
9. Housing Advocacy: Andrew Toscano ext. 1268
10. Self Direction: Broker Services Kevin Martinez ext.1240
11. Respite: Johnny Nunez ext. 1222
12. Day School: Larisa Muratov ext. 1513
13. ACCES-VR: Joseph Amodeo ext. 2016
14. Family Reimbursement (Goods & Services): Annie Washington ext. 2621

BRONX

1. Day School: Larisa Muratov ext. 1513
2. SEIT: Rhodie Volpe ext. 1512
3. SETSS: Rhodie Volpe ext. 1512
4. Early Intervention (In-Home) : Rhodie Volpe ext. 1512
5. Early Intervention Service Coordination: Ceres Joy Respcio ext 1252
6. Early Intervention Evaluations: Rhodie Volpe ext. 1512
7. CPSE Evaluations: Rhodie Volpe ext. 1512
8. Day Habilitation: Farzana Karim ext. 1233
9. Respite: Johnny Nunez ext. 1222
10. Self Direction: Broker Services Kevin Martinez ext.1240
11. ACCES-VR: Joseph Amodeo ext. 2016
12. Family Reimbursement (Goods & Services): Annie Washington ext. 2621

MANHATTAN

1. Social Skills Group - High Functioning Autism: Rocio Chavez ext. 1414
2. Early Intervention (In-Home): Rhodie Volpe ext. 1512
3. Early Intervention Service Coordination: Ceres Joy Respcio ext. 1252
4. Early Intervention Evaluations: Rhodie Volpe ext. 1512
5. SEIT: Rhodie Volpe ext. 1512
6. Respite: Johnny Nunez ext. 1222
7. SETSS: Rhodie Volpe ext. 1512
8. CPSE Evaluations: Rhodie Volpe ext. 1512
9. Preschool Centerbased Openings: Larisa Muratov ext. 1500
10. Day Habilitation: Farzana Karim ext. 1233
11. After School Program - Waiver Respite: Johnny Nunez ext. 1222
12. Self Direction: Broker Services Kevin Martinez ext.1240
13. Day School: Larisa Muratov ext. 1513
14. ACCES-VR: Joseph Amodeo ext. 2016
15. Family Reimbursement (Camp): Annie Washington ext. 2621
16. Behavior Mgmt & Parent Training: Kristen Dumoulin ext. 1517
17. Family Reimbursement (Goods & Services): Annie Washington ext. 2621
18. Non-Medicaid Service Coordination: Kevin Martinez ext. 1240
19. After School Program (Respite) Farzana Karim ext. 1233

LONG ISLAND

1. Sibling/Parent Support Group and Parent Training: Violeta Macias ext. 1719
2. Day Habilitation: Farzana Karim ext. 1233
3. SEIT (Nassau only): Rhodie Volpe ext. 1512
4. Self Direction: Broker Services Kevin Martinez ext.1240
5. Respite: Johnny Nunez ext. 1222
6. Day School: Larisa Muratov ext. 1513
7. ACCES-VR: Joseph Amodeo ext. 2016

STATEN ISLAND

1. Self Direction: Broker Services Kevin Martinez ext.1240
2. Day School: Larisa Muratov ext. 1513
3. ACCES-VR: Joseph Amodeo ext. 2016

WESTCHESTER

1. Self Direction: Broker Services Kevin Martinez ext.1240
2. Day School: Larisa Muratov ext. 1513
3. ACCES-VR: Joseph Amodeo ext. 2016



Quality Services for the Autism Community
Serving New York City and Long Island

QSAC After School Program in Manhattan

OPPORTUNITIES AVAILABLE!

SERVICE

- After school service provided by trained QSAC direct care staff
- Transportation is provided

ELIGIBILITY

- Individual must reside in Manhattan with their family
- Individual must have a diagnosis of Autism Spectrum Disorder
- Individual must have OPWDD eligibility and be waiver enrolled
- Individual must be over 8 years old



PLEASE CONTACT

Contact: Celina Marin
Telephone: (718) 7-AUTISM x1258
Fax: (718) 204-7570
Address: 25-09 Broadway
Astoria, NY 11106

For more information about all of our programs and services, visit www.QSAC.com/what-we-do.



Providing culturally competent, Lifespan Services to New Yorkers with Disabilities Since 1978

Autism Initiative

- Ongoing support & training to parents of children on the autism spectrum.
- Individualized arts program for children on the spectrum. OPWDD eligibility not required.

Family Support Education Advocacy

- Offers training to parents, and helps them develop advocacy skills, and offers consultation.
- Intensive one-to-one case assistance.
- OPWDD eligibility: Manhattan Families.

Family Support Case Management

- Non-Medicaid case management for Manhattan, Brooklyn, Bronx, and Queens.
- Assistance with Medicaid enrollment, referrals, coordination & linkage to service.

Group Day Habilitation

- Fostering acquisition, maintenance, & enhancement of socialization skills, greater independence, and personal choice making.

UPLIVING (Day Hab Without Walls)

- Services entirely provided in the community; beginning day at a location or with an event of the individual's preference
- Focused on community integration through individualized daily planned events.

ACCES – VR

- Directed at maintaining employment and supporting independent living through training, vocational rehabilitation, and career development for students up to 21.

CAMINOS (Pathways to Employment)

- Prepares individuals for job seeking opportunities, enhancing vocational interests and skills.
- Training Duration: 1 year.

Supported Employment (SEMP Extended)

- Job development, placement, and job coaching.
- Exposure to targeted job skills training, developing resume, job pairing, and interviewing skills.

Pre-Vocational Services

- Career exploration & discovery, paving the way for identifying employable skills.
- Small group exposure, volunteering and workplace environment.

Free Evaluation

- Free psychological & psychosocial evaluations for Manhattan residents with no medicaid.
- For those seeking eligibility for OPWDD related services.

Family Reimbursement Program

- A one-time cash grants of up to \$500 to relieve financial hardship for families in Manhattan, Bronx, and Queens. Reimbursement for services or items.

Housing Advocacy

- Advocacy for low-income housing for fellow New Yorkers with developmental disabilities
- Deals with evictions, repairs & court support services

Community Habilitation

- Community habilitation assistance to individuals with disabilities that fosters relationship building and active community participation.

In-Home Respite

- Day and weekend respite services.
- Provides family a critical break while providing personal care for participants.

Overnight Respite Program

- Overnights & Emergency respite care for people with significant disabilities across all NYC boroughs.
- Provides relief for caregivers while preserving an individual's continued community living.

Family Care

- Population of services is individuals with disabilities already with an assigned Care Manager.
- Provides state certified residential placement within family oriented homes.

Residential

- Services provided at multiple sites in Manhattan, Brooklyn, the Bronx, and Queens.
- Sinergia operates certified and noncertified residences for individuals with developmental disabilities and varying needs for support.

Sinergia prides itself in providing culturally competent lifespan services to New Yorkers with Disabilities. Since 1978, we continue to work with underserved families, many with limited English proficiency, either at the risk of homelessness or struggling with insecure housing and income, lack of services and discrimination based on ethnicity, language status, immigration status, gender or poverty.

Call or visit us to learn more about what we do.

Contact Intake: 212.643.2840 Ext 336

2082 Lexington Avenue,
4th Floor - New York, NY 10035
TEL 212.643.2840
www.sinergiany.org





Providing Multicultural, Lifespan Services for People with Disabilities

FAMILY SUPPORT SERVICES FAMILY REIMBURSEMENT PROGRAM

Sinergia's Family Reimbursement Program has available funds for reimbursement for purchases, goods and services for families with persons with developmental disabilities who are OPWDD eligible, and reside in the boroughs of the **Bronx, Brooklyn, Manhattan, and Queens.** Applicants must have gone through The Front Door and completed the process.

Reimbursement is available for the following:

- ◆ Out-of-home Respite
- ◆ In Home Respite
- ◆ Transportation
- ◆ Furniture
- ◆ Short-term Housing Subsidy
- ◆ Appliances
- ◆ Adaptive equipment
- ◆ Clothing

For more information, please call (212) 643-2840

Kirzis Lugo
Intake Specialist
Sinergia Inc.,
2082 Lexington Ave. - 3rd Floor
New York, NY 10035
Tel:(212)643-2840 Ext: 336
Fax:(212)643-2871
klugo@sinergiany.org

SINERGIA, INC.

2082 Lexington Avenue, 4th Floor
New York, NY 10035
Phone: 212-643-2840
www.sinergiany.org





Proporcionando Multicultural, Esperanza de Vida de Servicios Para Personas con Discapacidades de Desarrollo

REEMBOLSO DE FONDOS A FAMILIAS

El Programa de Reembolso Familiar de Sinergia tiene fondos disponibles Para el reembolso de las compras, bienes y servicios para familias con personas con discapacidades del desarrollo que son elegibles de la agencia de OPWDD, Y residen en los condados del **Bronx, Brooklyn, Manhattan y Queens**. Los solicitantes deben haber pasado por la puerta principal (The Front Door) y haber completado el proceso.

Reembolso es disponible para lo siguiente:

- ◆ Respiro fuera de casa
- ◆ Respiro en la casa
- ◆ Transportación
- ◆ Muebles
- ◆ Asistencia para vivienda de Corto Plazo
- ◆ Utensilios de casa
- ◆ Equipos de adaptación
- ◆ Ropa

Para más información, por favor llame a 212-643-2840

Kirzis Lugo
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Sinergia Inc.,
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klugo@sinergiany.org

SINERGIA, INC.

2082 Lexington Avenue, 4th Floor
New York, NY 10035
Phone: 212-643-2840
www.sinergiany.org





Providing Multicultural, Lifespan Services for People with Disabilities

Site Based Program

Sinergia, Inc. Overnight Respite Care offers a quality home-like environment, with support, to meet the unique needs of each individual served. Individuals residing in Manhattan, Bronx, Brooklyn, and Queens, who are OPWDD* eligible, can benefit from time away from home. This service will provide support to caregivers needing a relief and/or a break, while helping preserve the individuals' continued community engagement.

*Approval for this service needs to be given by OPWDD

For more information, please contact us at 212-643-2840

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klugo@sinergiany.org

Egdabel Alvarado
Director of Community Services
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Phone: 212-643-2840
www.sinergiany.org





Providing Multicultural, Lifespan Services for People with Disabilities

Servicio de Descanso de Día y Noche

El Programa de Respiro Diurno/Nocturno de Sinergia, Inc. ofrece un ambiente hogareno de calidad con apoyos para satisfacer las necesidades unicas de cada individuo que servimos. Individuos viviendo en los condados de Manhattan, Bronx, Brooklyn y Queens; y que califican para los servicios de OPWDD pueden beneficiarse de un tiempo lejos de casa. Este servicio les proporcionara el apoyo fundamental que los padres y tutores necesitan para poder descansar y asi poder continuar viviendo con su familiar en la comunidad.

Sinergia le ofrecera un cuidado de calidad y un ambiente hogareno, diseñado para satisfacer las necesidades unicas de cada individuo. Este programa individualizado incluye asistencia con el cuidado personal , tecnicas para manejar individuos con problemas de comportamiento, programas de recreacion y actividades, y administracion de medicinas.

Para mas información por favor comuníquese con nosotros al 212-643-2840

Kirzis Lugo
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Phone: 212-643-2840
www.sinergiany.org



► Premier HealthCare

Different. Better.



Setting the standard for people with disabilities.

We specialize in the following services:

- Audiology
- Dentistry
- Desensitization
- Medical Social Work
- Mental Health Services
- Neurology
- Nutrition
- Occupational Therapy
- Ophthalmology
- Physical Therapy
- Podiatry
- Primary Care
 - Internal Medicine*
 - Family Practice*
 - Pediatrics*
- Prosthetics and Orthotics
- Psychiatry
- Speech Therapy
- Wheelchair/Equipment Clinic

For Appointments

Call 212.273.6272

yai.org/phc

Recognized as a Patient-Centered Medical Home by the National Committee on Quality Assurance.



Recognized by the US Surgeon General as a national model for the provision of specialized health care.

Recognized by the National Council on Disabilities for raising the standards of health care services for people with developmental and intellectual disabilities.

Affiliated program of The Seaver Autism Center for Research and Treatment at The Mount Sinai School of Medicine.

A member of the YAI Network.

YAI Seeing beyond disability.

LOCATIONS

Manhattan

Midtown

227 East 41st Street,
8th floor
New York, NY 10017

Reception

Tel. 212.273.6515
Fax 212.273.6539

Hours

Monday – Friday
8:00am to 7:00pm

Saturday

8:00am to 5:00pm



Subway 4, 5, 6, 7, S
Bus M15, M42, M101,
M102, M103

Bronx

Tremont

3060 East Tremont Ave.
2nd floor
Bronx, NY 10461

Reception

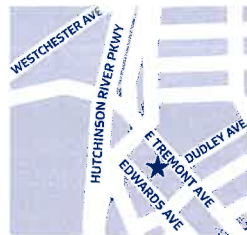
Tel. 718.239.1790
Fax 718.239.6063

Hours

Monday – Friday
8:30am to 7:00pm

Saturday

9:00am to 3:00pm



Subway 6
Bus B40, B42

Brooklyn

Remsen

175 Remsen Street
4th floor
Brooklyn, NY 11201

Reception

Tel. 718.306.1300
Fax 718.243.0352

Hours

Monday – Friday
8:30am to 7:00pm

Saturday

8:30am to 4:30pm



Subway A, C, F, R, 2, 3, 4, 5
Bus B38, B52, B26, B41,
B62, B37, B54

Nostrand

3364 Nostrand Ave.
Brooklyn, NY 11229

Reception

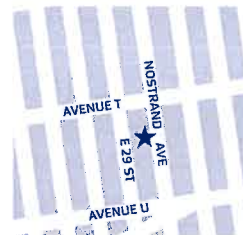
Tel. 718.743.3850
Fax 718.743.3895

Hours

Monday - Friday
8:30am to 7:00pm

Saturday

8:30am to 3:00pm



Subway Q, B, 2, 5
Bus B44, B3

Queens

Bayside

211-11 Northern Blvd
2nd floor
Bayside, NY 11361

Reception

Tel. 718.705.1000
Fax 718.224.1416

Hours

Monday – Thursday
8:00am to 7:00pm

Friday

8:00am to 5:00pm

Saturday

8:00am to 4:00pm



Bus Q12, Q13
LIRR

Premier HealthCare accepts Medicaid, Medicare, some private insurance, and private pay.

Bring your Medicaid, Medicare, or private insurance card(s) to each visit.

If you cannot keep an appointment, please notify us 24 hours in advance.

Administrative Office

220 East 42nd Street, 8th floor, New York, NY 10017

For information about connecting to YAI services, go to yai.org/link
or call us at 212.273.6182 - age range and eligibility requirements vary

BRONX

- Adult Recreation
- Club Fun
- Community Habilitation
- Day Habilitation
- Friday Night Social
- Holiday Respite
- Independent Living Skills Program
- In-Home Respite
- Caregiver Training: Behavior Management

MANHATTAN

- Community Habilitation
- Crisis Intervention
- Day Habilitation: Site-Based and Without Walls
- Emergency Respite Reimbursement
- Family Reimbursement
- Holiday Respite
- Independent Living Skills Program
- In-Home Behavior Management
- In-Home Respite
- Parent Training: Parents with Special Needs
- Caregiver Training: Sexuality
- Skills Building: Transition to Independence for Young Adults with Autism
- Social Skills for People with Autism
- You and I: Social and Networking Skills

BROOKLYN

- Ballet Yoga Group for Children with Autism
- BCAP Weekend Recreation Program
- Day Habilitation
- Emergency Respite Reimbursement
- Family Reimbursement
- Independent Living Skills Program
- In-Home Behavior Management
- Parent Training: Parents with Special Needs
- Saturday Recreation Program
- Social Skills for Children with Autism

QUEENS

- Afterschool Program
- Crisis Intervention
- Emergency Respite Reimbursement
- Family Reimbursement
- Independent Living Skills Program
- Non-Medicaid Skills Training
- Overnight Respite
- Caregiver Training: Sexuality
- Parent Training: Parents with Special Needs
- Saturday Adult Respite/Recreation

STATEN ISLAND

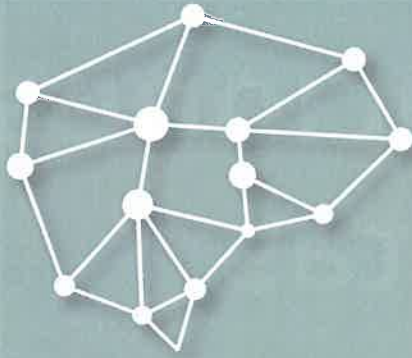
- Caregiver Training Workshops

MULTI-REGION

- Free psychological, psychosocial, and autism evaluations - M, Bk, Qns
- Hankering for More
- School: International Academy of Hope (iHOPE)
- NYSTART: Crisis Prevention and Response for People with I/DD (212.273.6300) - M, Bx, Qns
- Self Direction Broker Services - M, Bx, Bk, Qns
- Supported Employment Services
- School: Manhattan Star Academy
- Navigating the Service System Workshops: Learn about the I/DD System and Services
- Travel Training: For teens and adults with disabilities and Train the Trainer Program

YAI and its network agencies also provide services in Long Island, Rockland, Westchester, and New Jersey

Visit yai.org for more information



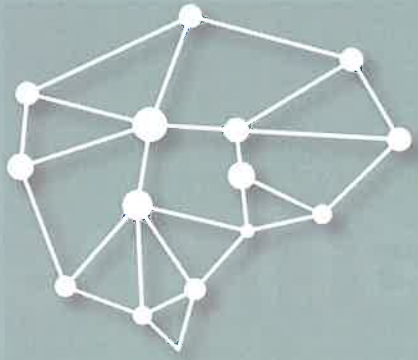
Free Evaluations

Free Psychological, Psychosocial and
Autism Assessments for Brooklyn,
Queens, and Manhattan residents*

*Eligibility criteria varies by borough.
Applicants must be *ineligible* for Medicaid.

For more information, contact YAI LINK
at **212.273.6182** or link@yai.org

*Funding provided by the NYC Department of Health and Mental Hygiene
and the NYS Office for People with Developmental Disabilities*



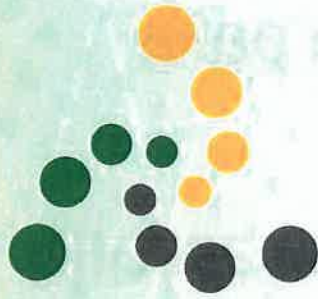
Evaluaciones Gratuitas

Evaluaciones psicológicas,
psicosociales y de autismo gratuitas
para residentes de los condados de
Brooklyn, Queens y Manhattan*

*El criterio de elegibilidad varía de acuerdo al condado.

Para más información, pónganse en contacto con
YAI LINK al **212.273.6182** o **link@yai.org**

*Financiado a través de NYC Department of Health and Mental Hygiene
y NYS Office for People with Developmental Disabilities*



Navigating the System for People with Developmental Disabilities

Learn about eligibility and access to services through NYS Office for People with Developmental Disabilities (OPWDD)

Workshops are open to people with I/DD, families, caregivers, and professionals

Workshops held at: 220 E 42nd St, 7th Floor, New York

Photo ID required to enter the building.

Pre-registration required

Morning (10am-12pm)

Wednesday, December 11, 2019

Wednesday, February 12, 2020

Evening (6pm-8pm)

*Please note the entrance is closed
to the public after 7pm*

Wednesday, January 6, 2020

PHONE IN (12pm-1pm)

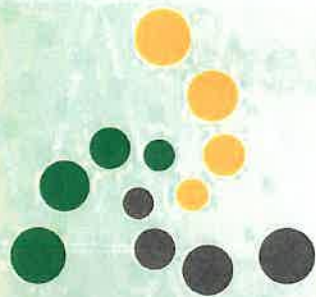
Wednesday, January 22, 2020

For more information or to register please visit:

yai.org/navigating

Pre-registration required

Questions? Contact YAI LINK 212.273.6182 or link@yai.org



Navegando el Sistema para Personas con Discapacidades del Desarrollo

Infórmese sobre elegibilidad y acceso a servicios a través de la Oficina para Personas con Discapacidades del Desarrollo (OPWDD por sus siglas en inglés)

Talleres están abierto a personas con I/DD, padres, familiares, proveedores de cuidados y profesionales

Lugar: 220 E 42nd St, 8th Floor, New York

Identificación personal con foto es necesaria para entrar al edificio.

Recuerde: Necesita registrarse

Miércoles 18 de diciembre 10am-12pm

Miércoles 29 de enero 10am-12pm

Miércoles 26 de febrero 10am-12pm

Para registrarse favor de visitar:

yai.org/navegando (Necesita registración previa)

Si tiene alguna **pregunta puede llamar a**

YAI LINK 212.273.6182 o link@yai.org



A school break recreation program for children aged 6-18 years old.* Providing community activities and socialization opportunities in a 3:1 staffing ratio.

9:30 AM - 3:30 PM

107 WEST 33RD STREET, NEW YORK, NY 10001

TRANSPORTATION IS PROVIDED

*Must reside with family in Manhattan. OPWDD eligibility and waiver enrollment required

For more information please contact **LINK** at 212.273.6182 or link@yai.org.

 **YAI** Seeing beyond disability.



Brooklyn Law School
ESTABLISHED 1901

Disability and Civil Rights Clinic

Free Legal Services for Adults with Intellectual and Developmental Disabilities

The Disability and Civil Rights Clinic provides free civil legal services for adults in a variety of issue areas including:

Housing
Medicaid/OPWDD Appeals
Special Education/Transition Planning
Access-A-Ride
Parental Rights
Alternatives to Guardianship
Discrimination in Housing, Employment & Access to Government Services

Who We Serve:

Area: Brooklyn, Manhattan, Queens, Bronx and Staten Island

Language(s) Spoken: Can provide interpreters for all languages.

Income Guidelines: Services are provided to individuals aged 18 and over with an intellectual and/or developmental disability in NYC without regard to income. The office does consider income and resource issues in making priority decisions.

Eligibility Restrictions: for help, you must be an adult (18 and over) with an intellectual and/or developmental disability, or a family member.

Please call: 718-780-7994

**Monday through Thursday between 9:30 a.m. and 5 p.m.
or e-mail clinics@brocklaw.edu to apply for services**

The Disability and Civil Rights Clinic is a free legal services clinic at Brooklyn Law School where law students provide legal representation to adults with intellectual and developmental disabilities under the supervision of attorney faculty members at Brooklyn Law School.

In regards to services provided, the Disability and Civil Rights Clinic does not discriminate on the basis of race, creed, sex, color, religion, sexual orientation, gender identity or expression, citizenship, marital status, age, national origin or disability.



Brooklyn Law School
ESTABLISHED 1901

Clínica de Discapacidad y Derechos Civiles ("CDDC")

Servicio jurídico gratuito para los adultos con discapacidades intelectuales y de desarrollo

La Clínica de Discapacidad y Derechos Civiles ofrece servicios de derechos civiles gratuitos para adultos en una variedad de áreas temáticas que incluyen:

Vivienda
Medicaid/OPWDD Appeals
Educación Especial/Planificación de la Transición
Derechos de los Presos
Access-VR appeals
Derechos de los Padres
Alternativas a la Tutela

Discriminación de Vivienda, el Empleo y el Acceso a los Servicios Gubernamentales

A Quienes Servimos:

Zona: Brooklyn, Manhattan, Queens, Bronx and Staten Island

Idioma(s) Hablados: Se puede proporcionar intérpretes para todos los idiomas.

Requisitos de Ingresos: Servicios se prestan a las personas mayores de 18 años con incapacidades intelectuales y/o de desarrollo en Brooklyn sin tener en cuenta los ingresos. La oficina considera cuestiones de ingreso y recursos para priorizar decisiones.

Restricciones de Elegibilidad: en busca de ayuda, debe ser un adulto (18 años o más) con una incapacidad intelectual y/o de desarrollo, o un representante familiar.

Por favor llame: 718-780-7994

De lunes a jueves entre las 9 a.m. and 5 p.m.

O envía un correo electrónico a clinics@brooklaw.edu para solicitar los servicios

La CDDC es una clínica que ofrece servicios legales gratis a Brooklyn Law School donde estudiantes de derechos proporcionan representación legal para los adultos con incapacidades intelectuales y de desarrollo bajo la supervisión de miembros de la facultad de abogados en Brooklyn Law School.

Con respecto a los servicios prestados, la CDDC no discrimina sobre la base de raza, credo, sexo, color, religión, orientación sexual, identidad o expresión de género, ciudadanía, estado civil, edad, origen nacional o incapacidad.



Manhattan Developmental Disabilities Council, c/o Kathy Kelly, AHRC NYC, 83 Maiden Lane, 9th fl, New York, N.Y. 10038

The Manhattan DD Council Transition Committee is being reestablished!

The goal of the Manhattan Transition Committee is to promote successful transition from school to adult services through OPWDD for students with developmental disabilities.

This month, come join us for a presentation and discussion on:

Adult Programs & Services: Meet & Greet **for Families & School Staff**

Wednesday 11/20, 10:00 a.m. – 12:00 p.m.
District 75 Main Office
400 1st Avenue, 2nd Floor, NY, NY 10010

What's next after high school and where can I go to get services? Come meet with representatives from agencies providing programs and services for adults with developmental disabilities, including day habilitation, supported employment, and other supports. We will be distributing an updated directory of adult day services for Manhattan residents.

We will also hold an open discussion about challenges and areas of need relation to transition planning. We're excited to hear from you about what's working, what's not, and how we can work together so every student has a successful transition from high school to adult services. Family members, school staff, and provider agency representatives are all encouraged to join! We want to hear everyone's voice, concerns, and ideas.

If you have any questions please feel free to contact us:

Maggie Maldonado, ADAPT Community Network, mmaldonado@adaptcommunitynetwork.org
Andrew Harris, P138M, aharris27@schools.nyc.gov



NOVEMBER 14, 2019

Sign in Sheet

NAME	AFFILIATION	PHONE	EMAIL
Peola Clairez Boze	MLCP	212 244-4664	p.mattuz-boone@nylpi.org
Sudhan Kunt	OPWDD	646 766 3247	Sudhan.Kunt@opwdd.ny.gov
Riddhi Mehta	NYSTART	646-941- 9991	riddhi.mehta@yai.org
Marcus Galloway	NYSTART	646-584- 5793	marcus.galloway@yai.org
ILANA KATZ	Ohel Bais Ezer	718 686 3489	Ilana-Katz@ohelfamily.org
Sandi Napor	Adapt	718-907-3194	snapor@adaptcommunitynetwork.org
Michael Hays	Parent	646-258-4913	mike066@rcu.com
Maggie Maldonado	Adapt	212-683- 6700 x1291	mmaldonado@adaptcommunitynetwork.org
Andrew Harris	P138M	646-557- 2840 x7	aharris27@schools.nyc.gov
Carol Lincoln	ADAPT	212-683- 6700 x1265	clinc@adaptcommunitynetwork.org
Wendy DeLeon	ADAPT	212-683 6700 x1154	wdeleon@adaptcommunitynetwork.org
JIM MALLEY	ESPERANZA	212-928-5810	jmalley@esperangacenter.com
Alex Roth	YAI Crisis Intervention	212-273- 6489	alexandra.roth@yai.org
Elena Shahom	parent/ advocate	917-842- 9591	eeshahom@gmail.com
Luis Cartagena	Home Insc. schools	718-710 8641	lcartaga@schools.nyc.gov
Jin Mei Chiu	parent		jinmei0123@gmail.com
Sonia Beltran	Premier Health Care-Yai	212.273. 6133	Sonia.beltran@yai.org
Maretha Yunez	Family Support Services	917 643 2040	marethayunez@sinergyanyc.org

NOVEMBER 14, 2019

NAME	AFFILIATION	PHONE	EMAIL
Contessa Office	Tri County Care	1-844-504-8400 ext 9221	c.office@tricitycare.org
Josephine Reyes	PHP	646-565-8683	JReyes@phpcares.org
Hilda Garcia	PHP	917-471-0268	hgarcia@phpcares.org
Jale Godder	MFSSA	917-723-0444	
Emily Gerner	YAI	212-273-6424	emily.gerner@yai.org
JOEL WEINBERG		917-664-0189	JoelWeinberg@gmail.com
Milca Takata	Sinergia	(212) 643-2840 ext 340	mperez@sinergiany.org
Lore Barcelona	Sinergia Inc.	212-643-2840	lbarcelona@sinergiany.org
Margaret Puddington	Parent	212-799-2024	margaret.puddington@gmail.com
Celina Marin	QSAC	718-428-8476	emarin@qsac.com
Jessie Backe	AARC NYC	212-780-2348	jessie.backe@aar NYC.org
Lynn Decker	SCAN/CIDNY	646-442-4188	ldecker@cidny.org
Susan Williams	Manhattan mothers only Parent	212-570-6260	manhattanmothers@gmail.com
Elly Ruper	NYC Parent Parent	917-833-4738	etc, etc
Marion Resnick	NYCFAIR	917-886-6116	magee922@gmail.com
Gavin Myers	DOHMH		gmyersehealth.nyc.gov
Mary McGuire-Weaver	Parent. MFSSAC	(917) 748-6076	manhattanfamilyadvisory@gmail.com msmarymcguire@gmail.com