

# HOME CARE SERVICES



**Hamaspik HomeCare**

*Legendary Support, Extraordinary Care*

# What is Home Care?

A Medicaid benefit designed to assist individuals with activities of daily living.



Dressing



Bathing



Transferring



Ambulating



Toileting



Eating

# Who is Eligible?

Approximately  
age 3+ (after  
early  
intervention)

Needs  
assistance with  
ADLs

- Home care will not be approved for housekeeping, meal prep, supervision, etc. unless there is also a need for assistance with ADLs
- Anyone who is eligible for home care will be eligible for CDPAP.

# Home Care Models



## Traditional

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- Caregivers are trained, fingerprinted, and vetted
- Hamaspik hires and schedules caregivers
- Hamaspik's nurse supervises the caregivers
- Available by Hamaspik in 5 Boroughs (except Staten Island), Rockland County, and Orange County.



## Consumer Directed

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- Consumer assigns a Designated Representative
- DR recruits, hires, trains, schedules and supervises the caregivers
- Available by Hamaspik in all of NYS

# CDPAP: Fiscal Intermediary



Designated Representative  
instructs and supervises



Caregiver  
follows DR  
instructions



Agency bills Medicaid  
and pays the caregiver

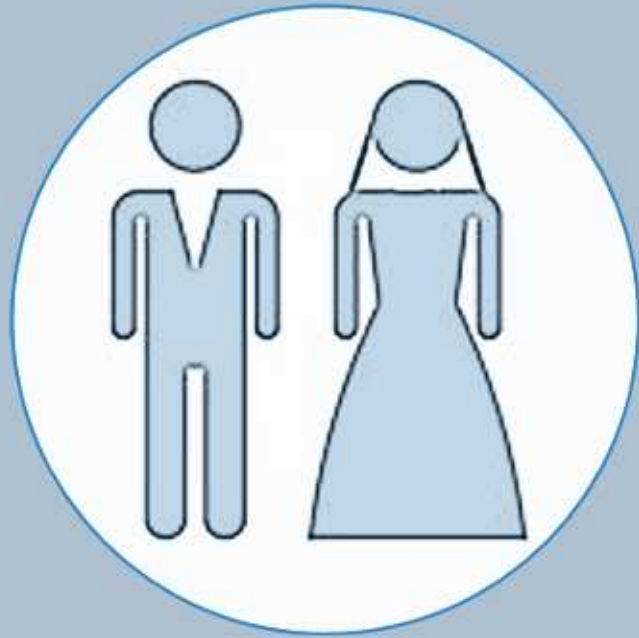
Since it's the DR's job to train the caregiver, caregiver is not limited to the standard Home Health Aide training.

Some nursing tasks that CDPAP workers are often trained to do:

- Administer medications
- Assist with feeding tubes
- Administer insulin
- Check vitals

# CDPAP: Restrictions

The following cannot be the caregiver:



Client's Spouse



Parent or guardian of client  
under age 21



Designated Representative

## Caregiver Requirements:

- **Must be at least 18 years old**
- **Must be legally allowed to work in the US**
- **Needs to undergo an annual physical examination**

# Who Pays?



## Managed Medicaid Plan

- Usually approves less hours

## Straight Medicaid

- Usually approves more hours
- Managed by local Medicaid offices

- **NOTE:** CDPAP is a Medicaid-only benefit and is NOT covered by Medicare or commercial (3rd party) insurance plans

# How to Choose?



## MLTC

- Medicaid requires MOST individuals to enroll in a managed Medicaid plan.
- The BEST managed Medicaid plan for home care is an MLTC (Managed Long Term Care). MLTC's approve more hours than other plans.
- MLTC enrollment is not recommended for Waiver participants, as they may lose eligibility for care management, care coordination, and/or Waiver services.



## Straight Medicaid

- Straight Medicaid is EVEN BETTER than an MLTC!
- Medicaid makes an exception for Waiver participants--they are not required to select a managed plan and may opt to remain with straight Medicaid.
- Waiver participants on straight Medicaid who receive home care services continue to receive all their Waiver benefits.



# Straight Medicaid:

- Human Resources Administration administers straight Medicaid (as well as other welfare programs) in the 5 Boroughs
- CASA is the home care division of HRA and pays for home care services for individuals with straight Medicaid in NYC
- HRA requires 2 designated representatives and at least 2 caregivers for each CDPAP consumer

**HRA/CASA**



- Local department of social services in every NY county
- Administers straight Medicaid (as well as other welfare programs)

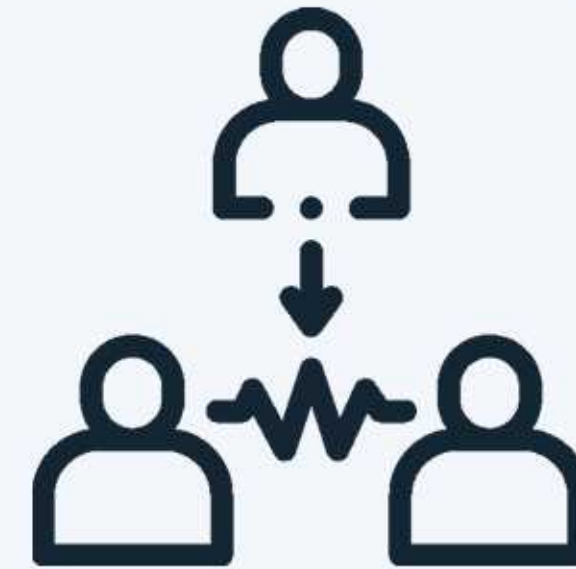
**LDSS**

# Managed Medicaid Plans:

Hamaspik HomeCare accepts the following plans for both traditional home care and CDPAP:

- United Healthcare
- Affinity
- Fidelis
- Empire BCBS - CDPAP only

MVP Health Plan -applicable to Hudson Valley



In addition, we accept the following plans for traditional home care services only:

- Healthfirst HMO
- HIP Emblem (HIP of Greater New York)

# Some Waiver Programs

## **OPWDD (Code 95)**

Office of People with Developmental Disabilities

- Entitles eligible individuals to services such as Day Habilitation, Community Habilitation, Respite Care, Residential Habilitation, and individual community housing

(such as IRA—Individual Residential Alternatives and ISS—Individual Support Services).

## **NHTD (Code 60)**

Nursing Home Transition and Diversion

For individuals age 18+

## **TBI (Code 81)**

Traumatic Brain Injury

To be eligible, brain injury needs to have occurred after age 18.

# OPWDD Services and Home Care



## Community Habilitation Worker



If there are ADL-related goals in the Life Plan, home care worker cannot be present at the same time as the Community Habilitation worker



If there are no ADL-related goals, home care worker is approved at any time.

If there are ADL-related goals, home care worker must work different hours than the Community Habilitation worker.



## Housing



Certified setting (IRA, Home Family Care)



ISS



## Day Hab, Respite



Home care worker **at the same time** as other services



Home care worker at any other hour

# Homecare Enrollment Process

## 18+ Years: Maximus/NYIA Assessment

NY Independent Assessor

Hotline: 855-222-8350

A. Nursing Assessment (about 3 hours)

B. Clinical Assessment (about 1 hour)

Assessments can be done at consumer's home or via Zoom.

Zoom appointments are usually available sooner.

Completion letter will be mailed to consumer's home address. This letter will be needed later.

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## Under 18 Years: M11Q or DOH 4359

MD request for Home Care

NYC residents use M11Q form

Outside of NYC, DOH 4359 is used

# CDPAP Enrollment Process

## CASA (NYC): M13D

**Consumer Directed Personal Assistance Application**

Paper application must be completed and can be downloaded here:

[https://www1.nyc.gov/assets/hra/downloads/pdf/services/micsa/m\\_13d.pdf](https://www1.nyc.gov/assets/hra/downloads/pdf/services/micsa/m_13d.pdf)

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## HMO Plans: MOU

**Memorandum of Understanding**

This must be completed by the Designated Representative

# CDPAP Enrollment Process

## Plan of Care Authorization

Payer (insurance or straight Medicaid) will authorize amount  
of hours approved per week

Some insurances will do a review with family

**When contacted, Consumer or Designated Representative  
must request Hamaspik HomeCare as the provider.**

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# CDPAP Enrollment Process

## At the same time...

Consumer/DR must identify the PA's (Personal Assistants)  
PA's must complete Hamaspik HomeCare's enrollment requirements before starting work.





# Traditional Home Care Enrollment

## CHHA (NYC Straight Medicaid)

When applying for traditional home care services through Hamaspik HomeCare, a CHHA (Certified Home Health Agency) will approve the case. Hamaspik HomeCare will staff the case with caregivers. NYIA assessments are not needed; a referral form will be provided. (Pediatrics receiving services through a CHHA are usually eligible for more hours)

## All Others

## 18+ Years: Maximus/ NYIA Assessment

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B. Clinical Assessment (about 1 hour)

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# Referrals and Questions

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